



Designation: C1074 – 19

# Standard Practice for Estimating Concrete Strength by the Maturity Method<sup>1</sup>

This standard is issued under the fixed designation C1074; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon ( $\epsilon$ ) indicates an editorial change since the last revision or reapproval.

## 1. Scope\*

1.1 This practice provides a procedure for estimating concrete strength by means of the maturity method. The maturity index is expressed either in terms of the temperature-time factor or in terms of the equivalent age at a specified temperature.

1.2 This practice requires establishing the strength-maturity relationship of the concrete mixture in the laboratory and recording the temperature history of the concrete for which strength is to be estimated.

1.3 The values stated in SI units are to be regarded as standard for determining the maturity index. No other units of measurement are included for this purpose. There is, however, no restriction on the system of units for expressing strength in developing the strength-maturity relationship.

1.4 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use. (Warning—Fresh hydraulic cementitious mixtures are caustic and may cause chemical burns to skin and tissue upon prolonged exposure.)<sup>2)</sup>*

1.5 *This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.*

## 2. Referenced Documents

### 2.1 ASTM Standards:<sup>3</sup>

<sup>1</sup> This practice is under the jurisdiction of ASTM Committee C09 on Concrete and Concrete Aggregates and is the direct responsibility of Subcommittee C09.64 on Nondestructive and In-Place Testing.

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<sup>2</sup> Section on Safety Precautions, Manual of Aggregate and Concrete Testing, *Annual Book of ASTM Standards*, Vol 04.02.

<sup>3</sup> For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

- C31/C31M Practice for Making and Curing Concrete Test Specimens in the Field
- C39/C39M Test Method for Compressive Strength of Cylindrical Concrete Specimens
- C78/C78M Test Method for Flexural Strength of Concrete (Using Simple Beam with Third-Point Loading)
- C109/C109M Test Method for Compressive Strength of Hydraulic Cement Mortars (Using 2-in. or [50-mm] Cube Specimens)
- C125 Terminology Relating to Concrete and Concrete Aggregates
- C192/C192M Practice for Making and Curing Concrete Test Specimens in the Laboratory
- C511 Specification for Mixing Rooms, Moist Cabinets, Moist Rooms, and Water Storage Tanks Used in the Testing of Hydraulic Cements and Concretes
- C803/C803M Test Method for Penetration Resistance of Hardened Concrete
- C873/C873M Test Method for Compressive Strength of Concrete Cylinders Cast in Place in Cylindrical Molds
- C900 Test Method for Pullout Strength of Hardened Concrete
- C918/C918M Test Method for Measuring Early-Age Compressive Strength and Projecting Later-Age Strength
- C1768/C1768M Practice for Accelerated Curing of Concrete Cylinders

## 3. Terminology

### 3.1 Definitions:

3.1.1 For definitions of terms used in this practice, refer to Terminology C125.

### 3.2 Definitions of Terms Specific to This Standard:

3.2.1 *maturity method*—a technique for estimating concrete strength that is based on the assumption that samples of a given concrete mixture attain equal strengths if they attain equal values of the maturity index **(1, 2, 3)**.<sup>4</sup>

3.2.2 *strength-maturity relationship*—an empirical relationship between concrete strength and maturity index that is obtained by testing specimens whose temperature history up to the time of test has been recorded.

<sup>4</sup> The boldface numbers in parentheses refer to the list of references at the end of this standard.

\*A Summary of Changes section appears at the end of this standard

#### 4. Summary of Practice

4.1 A strength-maturity relationship is developed by laboratory tests on the concrete mixture to be used.

4.2 The temperature history of the field concrete, for which strength is to be estimated, is recorded from the time of concrete placement to the time when the strength estimation is desired.

4.3 The recorded temperature history is used to calculate the maturity index of the field concrete.

4.4 Using the calculated maturity index and the strength-maturity relationship, the strength of the field concrete is estimated.

#### 5. Significance and Use

5.1 This practice can be used to estimate the in-place strength of concrete to allow the start of critical construction activities such as: (1) removal of formwork and reshoring; (2) post-tensioning of tendons; (3) termination of cold weather protection; and (4) opening of roadways to traffic.

5.2 This practice can be used to estimate strength of laboratory specimens cured under non-standard temperature conditions.

5.3 The major limitations of the maturity method are: (1) the concrete must be maintained in a condition that permits cement hydration; (2) the method does not take into account the effects of early-age concrete temperature on the long-term strength (see [Note 6](#)) (3, 4); and (3) the method needs to be supplemented by other indications of the potential strength of the field concrete.

5.4 The accuracy of the estimated strength depends, in part, on using the appropriate parameters (datum temperature or value of  $Q$ ) for the maturity functions described in [Section 6](#).

**NOTE 1**—Approximate values of the datum temperature,  $T_o$ , and the  $Q$ -value for use in [Eq 1](#) or [Eq 2](#), respectively, are given in [Appendix X2](#). If maximum accuracy of strength estimation is desired, the appropriate values of  $T_o$  or  $Q$  for a specific concrete mixture may be determined using the procedures given in [Appendix X1](#).

#### 6. Maturity Functions

6.1 There are two alternative functions for computing the maturity index from the measured temperature history of the concrete. Refer to [Note 1](#).

6.2 One maturity function is used to compute the *temperature-time factor* as follows:

$$M(t) = \sum (T_a - T_o) \Delta t \quad (1)$$

where:

$M(t)$  = the temperature-time factor at age  $t$ , degree-days or degree-hours,

$\Delta t$  = a time interval, days or hours,

$T_a$  = average concrete temperature during time interval,  $\Delta t$ , °C, and

$T_o$  = datum temperature, °C.

If during a time interval  $\Delta t$  the value of  $T_a$  is less than  $T_o$ , the value  $(T_a - T_o)$  shall be taken equal to zero for that time interval.

6.3 The other maturity function is used to compute *equivalent age* at a specified temperature as follows (5):

$$t_e = \sum e^{-Q(\frac{1}{T_a} - \frac{1}{T_s})} \Delta t \quad (2)$$

where:

$t_e$  = equivalent age at a specified temperature  $T_s$ , days or h,

$Q$  = activation energy divided by the gas constant, K,

$T_a$  = average temperature of concrete during time interval  $\Delta t$ , K,

$T_s$  = specified temperature, K, and

$\Delta t$  = time interval, days or h.

**NOTE 2**—Temperature used in [Eq 2](#) is expressed using the absolute temperature scale. Temperature in kelvin (K) equals approximately temperature °C + 273 °C.

#### 7. Apparatus

7.1 A device is required to monitor and record the concrete temperature as a function of time and compute the maturity index in accordance with [Eq 1](#) or [Eq 2](#).

**NOTE 3**—Acceptable devices include commercial maturity instruments that monitor temperature and compute and display either temperature-time factor or equivalent age. Some commercial maturity instruments use fixed values of datum temperature or activation energy in evaluating the maturity index; thus the displayed maturity index may not be indicative of the true value for the concrete mixture being used. Refer to [Appendix X2](#) for information on correcting displayed time-temperature values for another value of datum temperature. Equivalent-age values displayed by a maturity instrument cannot be adjusted for another activation energy value.

7.2 Alternative devices include temperature sensors connected to data-loggers, or embedded digital devices that measure, record, and store temperature data as a function of time. The temperature data are used to calculate the maturity index according to [Eq 1](#) or [Eq 2](#).

7.3 The time interval between temperature measurements shall be ½ h or less for the first 48 h and 1 h or less thereafter. The temperature recording device shall be accurate to within  $\pm 1$  °C.

#### 8. Procedure to Develop Strength-Maturity Relationship

8.1 Prepare at least 15 cylindrical specimens according to [Practice C192/C192M](#). The mixture proportions and constituents of the concrete shall be similar to those of the concrete whose strength will be estimated using this practice. If two batches are needed to prepare the required number of cylinders, cast an equal number of cylinders from each batch, and test one cylinder from each batch at the test ages given in [8.4](#).

8.2 After the specimens are molded, embed temperature sensors to within  $\pm 15$  mm of the centers of at least two specimens ([Note 4](#)). After inserting the sensor, tap the side of the cylinder mold with a rubber mallet or the tamping rod so that the fresh concrete comes into contact with the sensor. After tapping is completed, connect the sensors to a maturity instrument or to a temperature-recording device.

**NOTE 4**—A method to assist in the proper positioning of the sensor is to insert a small diameter rigid rod into the center of the freshly made cylinder. The rod will push aside any interfering aggregate particles. The rod is removed and the sensor is inserted into the cylinder.

8.3 Unless specified otherwise, moist cure the specimens in a water storage tank or in a moist room meeting the requirements of [Specification C511](#).

NOTE 5—Curing under water will aid in reducing temperature differences among test specimens.

NOTE 6—To account for the reduction in long-term concrete strength due to high early-age curing temperatures, the test specifier could require that specimens be moist-cured at an elevated temperature close to the expected average in-place temperature during the first 24 h after placement.

8.4 Unless specified otherwise, perform compression tests at ages of 1, 3, 7, 14, and 28 days in accordance with Test Method C39/C39M. Test two specimens at each age and compute the average strength. If the range of compressive strength of the two specimens exceeds 10 % of their average strength, test another cylinder and compute the average of the three tests. If a low test result is due to an obviously defective specimen, discard the low test result.

NOTE 7—If the concrete mixture has rapid strength development, if strength estimates are to be made at low maturity index values, or if as mentioned in Note 6 specimens are cured at temperatures higher than the standard curing temperature, the first test age should be as soon as practicable after final setting. Subsequent tests should be scheduled to result in approximately equal increments of strength gain between test ages. At least five test ages should be used.

8.5 At each test age, record the average maturity index for the instrumented specimens.

8.5.1 If maturity instruments are used, record the average of the displayed values.

8.5.2 If temperature recorders are used, evaluate the maturity index according to Eq 1 or Eq 2. Unless specified otherwise, use a time interval ( $\Delta t$ ) of 1/2 h or less for the first 48 h of the temperature record. Longer time intervals are permitted for the relatively constant portion of the subsequent temperature record.

NOTE 8—Judgement should be used in selecting the initial time intervals to record temperature in mixtures that result in rapid changes in early-age temperature due to rapid hydration. Appendix X3 gives an example of how to evaluate the temperature-time factor or equivalent age from the recorded temperature history of the concrete.

8.6 Plot the average compressive strength as a function of the average value of the maturity index. Draw or calculate a best-fit curve to the data (Note 9). The resulting curve is the strength-maturity relationship to be used for estimating the strength of the concrete mixture cured under other temperature conditions. Fig. 1 is an example of a relationship between compressive strength and temperature-time factor, and Fig. 2 is an example of a relationship between compressive strength and equivalent age at 20 °C.

NOTE 9—The strength-maturity relationship can be established by using regression analysis to determine a best-fit equation to the data. Possible equations that have been found to be suitable for this purpose may be found in Ref. (3). A popular equation is to express strength as a linear function of the logarithm of the maturity index (see Fig. 3).

8.7 If specified, a flexural strength versus maturity index relationship is permitted. Prepare at least 15 beam specimens in accordance with Practice C192/C192M. If two batches are needed to prepare the required number of specimens, cast an equal number of beams from each batch, and test one beam from each batch at the test ages given in 8.4. Embed temperature sensors in two specimens, one from each batch if two batches are made. Connect the sensors to maturity instruments or temperature recording devices, and moist cure the speci-

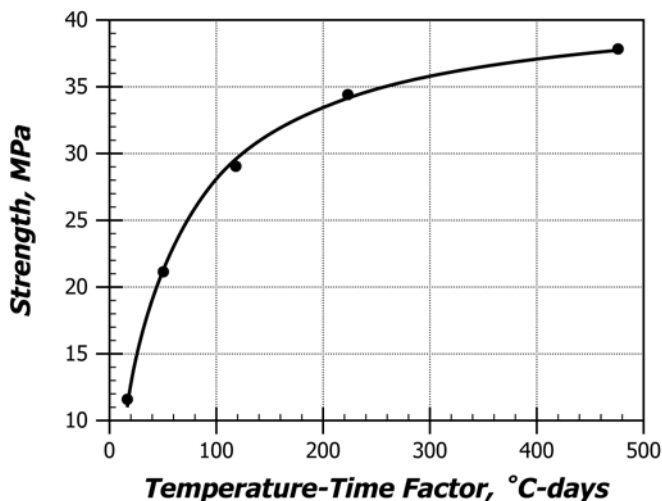


FIG. 1 Example of a Relationship Between Compressive Strength and Temperature-Time Factor

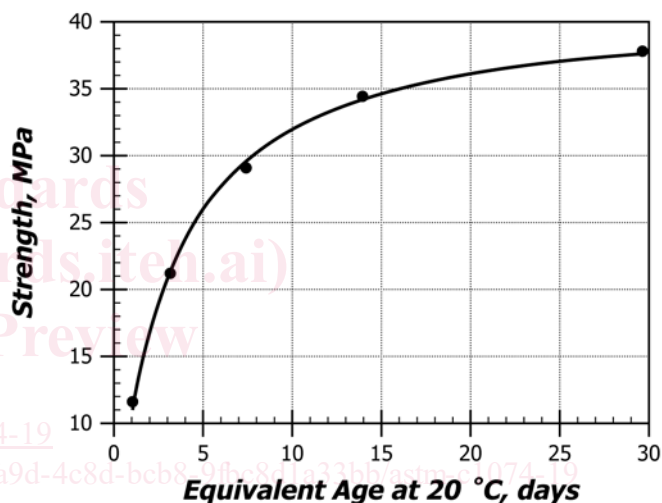


FIG. 2 Example of a Relationship Between Compressive Strength and Equivalent Age at 20 °C

mens in a water bath or in a moist room meeting the requirements of Specification C511 (see Note 5). Measure flexural strength in accordance with Test Method C78/C78M at time intervals of 1, 3, 7, 14 and 28 days, or as specified otherwise (see Note 7). Test two specimens at each age and compute the average strength. If the range of flexural strength of the two specimens exceeds 15 % of their average strength, test another beam and compute the average of the three tests. If a low test result is due to an obviously defective specimen, discard the low test result. Use the same procedures as in 8.5 and 8.6 to develop the flexural strength-maturity relationship.

8.8 It is also permitted to develop a relationship between cube strength of concrete and the maturity index. Follow the procedure as given for cylinders except that the cubes are to be prepared and tested in accordance with the applicable test method. Insert temperature sensors at the centers of at least two cubes. Test two cubes at each test age. In deciding whether to discard a low cube strength result, use the precision statement of the standard test method for cube strength as guidance.

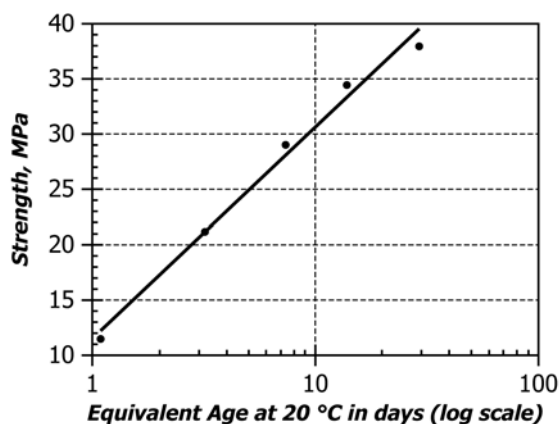


FIG. 3 Example of Compressive Strength as a Function of Logarithm of Equivalent Age

### 9. Procedure to Estimate In-Place Strength

9.1 Secure temperature sensors within the section to be cast before concrete placement, or embed temperature sensors into the fresh concrete as soon as is practicable after concrete placement (see Note 10). Place temperature sensing elements so that they will be surrounded by concrete and not be in direct contact with metallic embedments or other features that will be partially exposed to the environment (see Note 11). If this practice is used to decide whether critical construction operations may begin, install sensors at locations in the structure that are critical in terms of exposure conditions and structural requirements (see Note 12).

NOTE 10—The appropriate method will depend on the type of sensor that is used and the conditions at the construction site. Manufacturer’s recommendations provide additional guidance.

NOTE 11—The intent is to avoid placing temperature sensing elements in contact with embedments that are partially exposed to the ambient environment and that could potentially be at a different temperature than the concrete.

NOTE 12—In building construction, exposed portions of slabs and slab-column connections are typically critical locations. The advice of the Engineer should be sought for critical locations in the particular structure under construction.

9.2 Connect the sensors to maturity instruments or temperature-recording devices and activate the recording devices as soon as is practicable. Use the same value of datum temperature or  $Q$ -value, whichever is applicable, as was used in computing the maturity index during development of the strength-maturity relationship (see Section 8).

9.3 When the strength at the location of a sensor is to be estimated, read the value of the maturity index from the maturity instrument or evaluate the maturity index from the temperature record.

9.4 Using the strength-maturity relationship developed in Section 8, determine the value of compressive (or flexural) strength corresponding to the measured maturity index.

9.5 Before performing critical operations, such as formwork removal or post-tensioning, that are based on estimated strength from the concrete maturity, perform other tests to ensure that the concrete in the structure has a potential strength that is similar to that of the concrete used to develop the strength-maturity relationship. Appropriate techniques include:

9.5.1 In-place tests that give indications of strength, such as Test Method C873/C873M, Test Method C803/C803M, or Test Method C900.

NOTE 13—The latter two test methods require mixture-specific strength relationships to estimate in-place strength.

9.5.2 Early-age compressive strength tests in accordance with Test Method C918/C918M of standard-cured specimens molded from samples of the concrete as-delivered.

9.5.3 Compressive strength tests on specimens molded from samples of the concrete as-delivered and subjected to accelerated curing in accordance with Practice C1768/C1768M.

9.5.4 Early-age tests of field-molded cylinders instrumented with maturity instruments. These cylinders shall be subjected to standard curing in accordance with Practice C31/C31M. The early-age strengths are measured after the in-place maturity of the structure indicates that the concrete has attained the target strength on the basis of the strength-maturity relationship. The measured strengths are compared with the strengths estimated from the established strength-maturity relationship and the maturity index of the test cylinders. If the difference consistently exceeds 10 %, a new strength-maturity relationship is to be developed in accordance with Section 8.

### 10. Interpretation

10.1 This practice is used to estimate the in-place strength of concrete based on the measured thermal history at a point in the structure and a previously established strength-maturity relationship. The accuracy of the estimated strength depends on several factors, such as the appropriateness of the maturity function for the specific concrete mixture, the in-place early-age temperature history, and the actual mixture proportions of the field concrete. High early-age temperature of the field concrete may reduce the long-term potential strength (3, 4) and thereby result in lower in-place strength than would be estimated from the strength-maturity relationship obtained under standard curing temperatures. To overcome this problem, the strength-maturity relationship could be developed by curing at a temperature similar to the average early-age temperature expected during the first 24 h after placement (see Note 6). If attainment of a minimum level of in-place strength is critical for safety, the estimated strength obtained from the strength-maturity relationship needs to be verified in accordance with 9.5.

### 11. Keywords

11.1 in-place strength; maturity method; nondestructive testing; temperature

X1. DETERMINATION OF DATUM TEMPERATURE OR *Q*-VALUE

X1.1 Procedure

X1.1.1 The testing required to determine experimentally the datum temperature or the *Q*-value (activation energy divided by the gas constant) can be performed using mortar specimens, and the results are applicable to the concrete under investigation (6, 7, 8). The basic approach is to establish the compressive strength versus age relationships for mortar specimens cured in water baths maintained at three different temperatures. Two of the baths are at the maximum and minimum concrete temperatures expected for the in-place concrete during the period when strengths are to be estimated. The third bath temperature is approximately midway between the extremes and is typically chosen as the temperature for standard curing. More than three curing temperatures can be used to improve the estimated value of the datum temperature or the *Q*-value.

X1.1.2 Proportion a mortar mixture with a fine aggregate-to-cementitious materials ratio (by mass) that is the same as the coarse aggregate-to-cementitious materials ratio of the concrete mixture under investigation (7). The mortar needs to have the same cementitious materials, the same water-cementitious materials ratio, and the same admixture dosages that will be used in the field concrete.

X1.1.3 Prepare three sets of 50-mm mortar cubes, with at least 21 cubes per set. For each set of cubes, record the time, in hours and minutes, when water and cementitious materials make initial contact. This time will be taken as zero age for the cubes. Mold the cubes in accordance with Test Method C109/C109M and submerge each set into one of the temperature baths. Submerge the molds slowly to minimize water turbulence. For each set, remove the molds and return the specimens to their respective baths approximately 1 h before the first test age for that bath temperature.

X1.1.4 For each set of cubes, determine the compressive strength of three cubes at each age in accordance with Test Method C109/C109M. Strength values are shown in units of MPa, but the user is permitted to express strength in other units if desired. Perform the first test when the compressive strength is approximately 4 MPa. It is important to test at this low strength level to obtain a good fit to the strength-age data as described in X1.1.6. Perform subsequent tests on three cubes from each set at ages that are approximately twice the age of the previous tests. For example, if the time of the first test was 12 h, successive compressive strength tests would be performed at 1, 2, 4, 8, 16, and 32 days. The test age shall be taken as the average age of the three cubes. Record test age to the nearest 0.01 day.

X1.1.5 Table X1.1 shows an example of average cube strengths at different test ages for three water-bath temperatures. The strength versus age data are analyzed to determine the relationship between the rate constant for strength development (*k*-value) and the curing temperature.

TABLE X1.1 Example of Mortar Cube Strength Data

Bath Temperature, °C	Age, day	Strength, MPa
12	0.97	4.5
	2.04	14.5
	4.51	27.8
	8.97	43.5
	18.97	54.4
	31.93	56.4
23	45.93	62.5
	0.48	3.0
	1.11	13.6
	2.36	25.5
	5.01	40.2
	9.97	49.4
32	20.99	57.1
	33.92	59.0
	0.38	4.4
	0.79	13.8
	1.79	27.0
	4.11	40.3
	8.94	48.2
	15.97	52.5
	25.79	53.1

X1.1.6 The first step is to determine the *k*-values by fitting the following equation to the strength-age data for each curing temperature (6, 9):

$$S = S_u \frac{k(t - t_o)}{1 + k(t - t_o)} \tag{X1.1}$$

where:

- S* = average cube compressive strength at age *t*, MPa,
- t* = test age, day,
- S<sub>u</sub>* = limiting strength, MPa,
- t<sub>o</sub>* = age when strength development is assumed to begin, day, and
- k* = the rate constant, 1/day.

X1.1.7 The best-fit values of the parameters *S<sub>u</sub>*, *t<sub>o</sub>*, and *k* can be obtained using a computer program that will perform least-squares regression analysis for a user-defined function, that is, Eq X1.1. Alternatively, the best-fit values of the three parameters can be determined using the “Solver” function available in spread sheet programs. Fig. X1.1 shows a spreadsheet that has been set up to use “Solver” to obtain the best-fit values of the parameters. The strength-age data are shown in cells A9:B15. Cells C9:C15 show the estimated strength using Eq X1.1 and the values of the parameters shown in cells B1:B3. Cells D9:D13 show the square of the error, that is, the square of the differences between the measured and estimated strengths. Cell B4 shows the sum of the errors squared. The “Solver” function is set up to minimize the value in cell B4 by varying automatically the values of the three parameters in cells B1:B3. The user can also specify constraints on the parameters; for example, the value of the estimated parameter *t<sub>o</sub>* can be constrained to be a positive value. The values shown in Fig. X1.1 are the best-fit values after the “Solver” function

	A	B	C	D
1	$S_u =$	57.5	MPa	
2	$k =$	0.59	1/day	
3	$t_o =$	0.24	day	
4	Sum Error <sup>2</sup> =	1.35		
5	RSD =	0.6	MPa	
6	$n =$	7		
7				
8	Age, day	Strength, MPa	Estimate, MPa	Error <sup>2</sup>
9	0.38	4.4	4.24	0.03
10	0.79	13.8	13.95	0.02
11	1.79	27.0	27.35	0.12
12	4.11	40.3	39.90	0.16
13	8.94	48.1	48.05	0.00
14	15.97	52.5	51.84	0.43
15	25.79	53.1	53.86	0.58

FIG. X1.1 Example of Spreadsheet Set Up for Using “Solver” Function

has been executed. Cell B5 shows the residual standard deviation of the best-fit curve. Table X1.2 shows the resulting best-fit values and residual standard deviation for the example data in Table X1.1.

**X1.2 Determination of Datum Temperature**

X1.2.1 Plot the  $k$ -values as a function of the water bath temperatures as shown in Fig. X1.2. Determine the best-fitting straight line to the three points and determine the intercept of the line with the temperature axis. This intercept is the datum temperature,  $T_o$ , that is to be used in computing the temperature-time factor for the field concrete according to Eq 1. In this example, the datum temperature is 3.4 °C.

**X1.3 Determination of  $Q$ -value**

X1.3.1 Calculate the natural logarithms of the  $k$ -values, and determine the absolute temperatures (in kelvin) of the water baths (kelvin = Celsius + 273).

TABLE X1.2 Best-fit Values for Parameters for Example Data

Parameter	Bath Temperature		
	12 °C	23 °C	32 °C
$S_u$ , MPa	68.7	64.8	57.5
$k$ , 1/day	0.19	0.34	0.59
$t_o$ , day	0.63	0.34	0.24
RSD, MPa	1.7	0.6	0.6

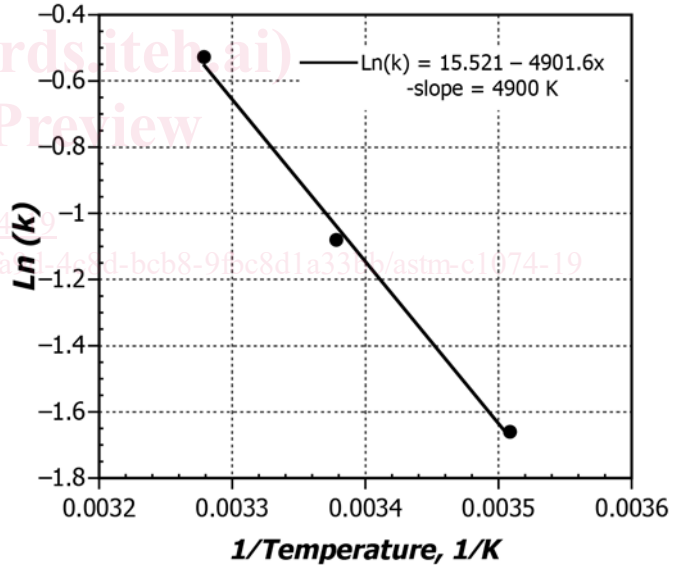


FIG. X1.2 Example of Plot of  $k$ -Values Versus Curing Temperature to Determine the Datum Temperature used in Calculating Temperature-Time Factor

X1.3.2 Plot the natural logarithm of the  $k$ -values as a function of the reciprocal absolute temperature as shown in Fig. X1.3. Determine the best-fitting straight line to the three points. The negative of the slope of the line is the  $Q$ -value that is to be used in computing equivalent age for the field concrete according to Eq 2. In this example, the  $Q$ -value is 4900 K.