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# Standard Guide for Irradiation of Fresh Agricultural Produce as a Phytosanitary Treatment<sup>1</sup>

This standard is issued under the fixed designation F1355; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon ( $\epsilon$ ) indicates an editorial change since the last revision or reapproval.

## INTRODUCTION

The purpose of this guide is to present information on the use of ionizing energy (radiation) in treating fresh agricultural produce to control insects and other arthropod pests, in order to meet phytosanitary requirements.

This guide is intended to serve as a recommendation to be followed when using irradiation technology where approved by an appropriate regulatory authority. It is not to be construed as a requirement for the use of irradiation nor as a required code of practice. While the use of irradiation involves certain essential requirements to attain the objective of the treatment, some parameters can be varied in optimizing the process.

This guide has been prepared from a Code of Good Irradiation Practice published by the International Consultative Group on Food Irradiation (ICGFI), under the auspices of the Food and Agriculture Organization (FAO), the World Health Organization (WHO), and the International Atomic Energy Agency (IAEA). **(1)**<sup>2</sup>

## 1. Scope

1.1 This guide provides procedures for the radiation processing of fresh agricultural produce, for example, fruits, vegetables, and cut flowers, as a phytosanitary treatment. This guide is directed primarily toward the treatment needed to control regulated pests commonly associated with fresh agricultural produce.

1.2 This guide covers gamma, electron beam and X-radiation treatment.

1.3 The typical absorbed dose range used for phytosanitary treatments is between ~~150~~60 gray (Gy) and 600 gray (Gy). The practical minimum or maximum dose of a treatment may be higher or lower than this range, depending on the type of pest to be controlled and the radiation tolerance of a particular type of ~~fruit-produce~~. If the minimum effective dose necessary to achieve the desired phytosanitary effect is greater than the radiation tolerance of the produce, then irradiation is not an appropriate treatment (see 5.2).

1.4 The values stated in SI units are to be regarded as standard. No other units of measurement are included in this standard.

1.5 This document is one of a set of standards that provides recommendations for properly implementing and utilizing radiation processing. It is intended to be read in conjunction with ISO/ASTM Practice 52628.

*1.6 This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate ~~safety~~-safety, health, and ~~health~~environmental practices and determine the applicability of regulatory limitations prior to use.*

1.7 This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.

<sup>1</sup> This guide is under the jurisdiction of ASTM Committee E61 on Radiation Processing and is the direct responsibility of Subcommittee E61.05 on Food Irradiation. Current edition approved June 1, 2014Dec. 1, 2019. Published June 2014December 2019. Originally approved in 1991. Last previous edition approved in 20062014 as F1355–06.F1355 – 06(2014). DOI: 10.1520/F1355-06R14.10.1520/F1355-19.

<sup>2</sup> The boldface numbers in parentheses refer to a list of references at the end of this standard.

## 2. Referenced Documents

### 2.1 ASTM Standards:<sup>3</sup>

[E170 Terminology Relating to Radiation Measurements and Dosimetry](#)  
[F1640 Guide for Selection and Use of Contact Materials for Foods to Be Irradiated](#)  
[E3083 Terminology Relating to Radiation Processing: Dosimetry and Applications](#)

### 2.2 ISO/ASTM Standards:

~~51204 Practice for Dosimetry in Gamma Irradiation Facilities for Food Processing~~  
[51261 GuidePractice for Calibration of Routine Dosimetry Systems for Radiation Processing](#)  
[51539 Guide for Use of Radiation-Sensitive Indicators](#)  
[5143151608 Practice for Dosimetry in Electron-Beam and X-ray \(Bremsstrahlung\) Irradiation Facilities for Food Processing and X-Ray \(Bremsstrahlung\) Facility for Radiation Processing at Energies between 50 keV and 7.5 MeV](#)  
[51649 Practice for Dosimetry in an Electron Beam Facility for Radiation Processing at Energies between 300 keV and 25 MeV](#)  
[51702 Practice for Dosimetry in a Gamma Facility for Radiation Processing](#)  
[52303 Guide for Absorbed-Dose Mapping in Radiation Processing Facilities](#)  
[52628 Practice for Dosimetry in Radiation Processing](#)  
~~5153952701 Guide for Use of Radiation-Sensitive Indicators~~[Performance Characterization of Dosimeters and Dosimetry Systems for Use in Radiation Processing](#)

### 2.3 Codex Alimentarius Commission Recommended International Codes of Practice and Standards:<sup>4</sup>

[CX STAN 1-1985, Rev. 1991, Amend 2001 General Standard for the Labeling of Prepackaged Foods](#)  
[CX STAN 106-1983, Rev. 2003 General Standard for Irradiated Food](#)  
[CAC/RCP 19-1979, Rev. 2003 Recommended International Code of Practice for the Radiation Processing of Food](#)

### 2.4 ISO Standards:<sup>5</sup>

~~ISO 873 Peaches—Guide Peaches — Guide to Cold Storage~~  
~~ISO 931 Green Bananas—Guide Bananas — Guide to Storage and Transport~~  
~~ISO 1134 Pears—Guide Pears — Guide to Cold Storage~~  
~~ISO 1212 Apples—Guide Apples — Guide to Cold Storage~~  
~~ISO 1838 Fresh Pineapples—Guide Pineapples — Guide to Storage and Transport~~  
~~ISO 2168 Table Grapes—Guide Grapes — Guide to Cold Storage~~  
~~ISO 2826 Apricots—Guide Apricots — Guide to Cold Storage~~  
~~ISO 3631 Citrus Fruits—Guide Fruits — Guide to Cold Storage~~  
~~ISO 3659 Citrus Fruits and Vegetables—Ripening Vegetables — Ripening After Cold Storage~~  
~~ISO 6660 Mangoes—Guide Mangoes — Guide to Storage~~  
~~ISO 6661 Fresh Fruits and Vegetables—Arrangement Vegetables — Arrangement of Parallelepipedic Packages in Land Transport Vehicles~~  
~~ISO 6664 Bilberries and Blueberries—Guide Blueberries — Guide To Cold Storage~~  
~~ISO 6665 Strawberries—Guide Strawberries — Guide to Cold Storage~~  
~~ISO 6949 Fruits and Vegetables—Principles Vegetables — Principles and Techniques of the Controlled Atmosphere Method of Storage~~  
[ISO 7558 Guide to the Prepacking of Fruits and Vegetables](#)  
[ISO 12749-4 Nuclear energy, nuclear technologies, and radiological protection — Vocabulary — Part 4: Dosimetry for radiation processing](#)

### 2.5 U.S. Food and Drug Administration, Code of Federal Regulations:<sup>6</sup>

[CFR Title 21, Part 110 Current Good Manufacturing Practices in Manufacturing, Packaging, or Handling Human Food](#)  
[CFR Title 21, Section 179.25 General Provisions for Food Irradiation](#)  
[CFR Title 21, Section 179.26 Irradiation in the Production, Processing and Handling of Food](#)  
[CFR Title 7, Part 305.31 Irradiation treatment of imported regulated articles for certain plant pests](#)

### 2.6 International Commission on Radiation Units and Measurements (ICRU) Report:<sup>7</sup>

[ICRU 85a Fundamental Qualities and Units for Ionizing Radiation](#)

### 2.7 Joint Committee for Guides in Metrology (JCGM) Reports:<sup>8</sup>

[JCGM 200:2012, \(JCGM 200:2008 with minor revisions\) VIM, International vocabulary of metrology – Basis and general concepts and associated terms](#)

<sup>3</sup> For referenced ASTM standards, visit the ASTM website, [www.astm.org](http://www.astm.org), or contact ASTM Customer Service at [service@astm.org](mailto:service@astm.org). For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

<sup>4</sup> Available from Joint FAO/WHO Food Standards Programme Joint Office, FAO, Viale delle Terme di Caracalla 00100 Rome, Italy.

<sup>5</sup> Available from American National Standards Institute (ANSI), 25 W. 43rd St., 4th Floor, New York, NY 10036.

<sup>6</sup> Available from the U.S. Government Printing Office, Superintendent of Documents, Washington, DC 20402-9328.

<sup>7</sup> Available from the International Commission on Radiation Units and Measurements, 7910 Woodmont Ave., Suite 800, Bethesda, MD 20814 USA.

<sup>8</sup> Document produced by Working Group 2 of the Joint Committee for Guides in Metrology (JCGM/WG 2). Available free of charge from at the BIPM website (<http://www.bipm.org>).

### 3. Terminology

#### 3.1 Definitions:

3.1.1 Other terms used in this guide may be defined in Terminology E170.

3.1.1 *absorbed dose*—quantity/quotient of ionizing radiation  $d\bar{\epsilon}$  by  $dm$ , energy imparted per unit mass of a specified where  $d\bar{\epsilon}$  is the mean energy imparted by ionizing radiation to matter of mass  $dm$ , material. thus

$$D = d\bar{\epsilon}/dm$$

The SI unit of absorbed dose is the gray (Gy), where one gray is equivalent to the absorption of 1 joule per kilogram of the specified material (1 Gy = 1 J/kg).

#### 3.1.1.1 Discussion—

A standard definition the SI unit of absorbed dose appears in Terminology E170 (Gy), where one gray is equivalent to the absorption of 1 joule per kilogram of the specified material (1 Gy = 1 J/kg).

3.1.2 *absorbed dose mapping*—measurement of absorbed dose within an irradiated product to produce a one-, two-, or three-dimensional distribution of absorbed dose, thus rendering a map of absorbed dose values.

3.1.3 *dose distribution*—variation in absorbed dose within a process load exposed to ionizing radiation.

3.1.4 *good manufacturing practice (GMP)*—procedure established and exercised throughout the production, manufacturing processing, packing, and distribution of foods, encompassing maintenance of sanitation system, quality control and assurance, qualification of personnel and other relevant activities, to ensure the delivery of commercially acceptable and safe product.

3.1.5 *pest*—any species, strain or bio type of plant, animal or pathogenic agent injurious to plant or plant products (2).

3.1.6 *process load*—volume of material with a specified product loading configuration irradiated as a single entity.

3.1.7 *quarantine pest*—a pest of potential economic importance to an endangered area and not yet present there, or present but not widely distributed and being officially controlled (3).

3.1.8 *quarantine treatment*—pertaining to the killing, removal, or rendering infertile of regulated plant pests on host material that has been placed in quarantine (or seized and detained) by regulatory authorities because of the potential or actual presence of a quarantine pest (4).

3.1.9 *regulated non-quarantine pest*—non-quarantine pest whose presence in plants for planting affects the intended use of those plants with an economically unacceptable impact and which is therefore regulated within the territory of the importing contracting party (3).

3.1.10 *regulated pest*—quarantine pest or a regulated non-quarantine pest (3).

3.1.11 *transport system*—the conveyor or other mechanical means used to move the process load through the irradiator.

3.2 Definitions of other terms used in this standard that pertain to radiation measurement and dosimetry may be found in ISO/ASTM 52628, Terminology E3083, and ISO Terminology 12749-4. Definitions in these documents are compatible with ICRU Report 85a, and therefore, may be used as alternative references. Where appropriate, definitions used in this standard have been derived from, and are consistent with, general metrological definitions given in the VIM.

### 4. Significance and Use

4.1 The purpose of radiation treatment, as discussed in this guide, is to minimize the pest risk and to maximize the safety associated with the movement and use of fresh agricultural produce.

4.2 Irradiation as a phytosanitary treatment can prevent development or emergence of the adult stage where adults are not present in the agricultural produce (for example, fruit flies) or sterilize the adult where that stage is present (for example, weevils). (4)

### 5. Selection of Fresh Agricultural Produce for Irradiation

5.1 Most fresh agricultural produce is not adversely affected at the minimum doses indicated in 8.5.2. In particular, the following fruits have been found to be tolerant of those minimum doses: apple, cantaloupe, carambola, cherry, citrus, currant, date, fig, grape, guava, honeydew melon, kiwi, lychee, mango, muskmelon, nectarine, papaya, peach, prune, raspberry, strawberry, and tomato.

5.2 Some fresh agricultural produce may be damaged or exhibit unacceptable changes in shelf-life, color, taste, or other properties at the minimum doses indicated in 8.5.2, making it necessary to evaluate the effects of irradiation on the fruit at the required dose level. Differences among varieties, origins, growing and harvest conditions, conditions, and elapsed time between harvest and processing should be considered.

5.3 Irradiation of product will result in a distribution of absorbed dose in a process load, which is characterized by a maximum and minimum absorbed dose. Thus, in addition to evaluating the suitability of treating product at the minimum dose necessary to inactivate pests, tolerance of the product to the expected maximum dose should be evaluated.

## 6. Packaging and Product Loading Configuration

6.1 ~~Guide F1640 provides guidance on packaging materials in contact with food during irradiation.~~ *Packaging*

6.1.1 Guide F1640 provides guidance on packaging materials in contact with food during irradiation.

6.2 Appropriate packaging materials should be used for safeguarding the produce as part of the effort to ensure phytosanitary integrity (for example, see Ref7 (CFR5) 305.31).;

6.3 *Product Loading Configuration*

6.3.1 The size, shape, and loading configuration of a process load for the commodities to be irradiated should be determined primarily by considering design parameters of the irradiation facility (see ISO/ASTM Practices 51608, 51649, and 51702). Critical irradiation parameters include the characteristics of product transport systems and of the radiation source as they relate to the dose distribution obtained within the process load. These parameters and product dose specifications should be taken into account in determining the size, shape and loading configuration of a process load (8.3).

## 7. Pre-Irradiation Product Handling and Treatment

7.1 Fresh agricultural produce intended to be irradiated should be of good overall quality and reflect the results of good agronomic practices.

7.1.1 Upon receipt at the irradiation facility, inspect packages and containers of the commodities according to relevant Good Manufacturing Practices (GMPs) to ensure that their integrity has not been compromised. See for example 21 CFR 110.

7.2 Radiation can be applied to these commodities in bulk, in-line prior to packaging, or in commercial packages. However, some countries may require that pest-proof packaging be in place prior to irradiation.

7.3 Fresh agricultural produce should be appropriately segregated or otherwise safeguarded prior to irradiation as part of the effort to ensure phytosanitary integrity.

7.4 Normal storage procedures should be used prior to radiation treatment. Pre-irradiation storage should include appropriate temperature and atmospheric conditions. Information on storage conditions is provided in ISO Standards (see 2.4).

7.5 Handling of the commodities in an irradiation facility should be in accordance with relevant and current GMPs. There are no special requirements for handling of the commodities prior to irradiation except for providing control measures to prevent post-irradiation re-contamination in storage facilities and for ensuring separation of irradiated and non-irradiated product.

7.6 *Product Separation*—It may not be possible to distinguish irradiated from non-irradiated product by inspection. It is essential therefore important that appropriate means integral with facility design, means, such as physical barriers, or clearly defined staging areas, be used to separate/maintain non-irradiated product separate from irradiated product.

NOTE 1—Radiation-sensitive indicators undergo a color change when exposed to radiation in the pertinent dose range. These indicators may be useful within the irradiation facility as a visual check for determining whether or not a product has been exposed to the radiation source. They are not dosimeters intended for measuring absorbed dose and must not be used as a substitute for proper dosimetry. Information about dosimetry systems and the proper use of radiation-sensitive indicators is provided in ISO/ASTM Guides 51261 and 51539, respectively.

## 8. Irradiation

8.1 *Standard Operating Procedures (SOPs)*—Standard operating procedures for food irradiation are documented procedures for ensuring that the absorbed dose that are used to ensure that the technologically established dose range and irradiation conditions selected by the radiation processor are adequate under commercial processing conditions to achieve the intended effect achievable on a specific product in a specific facility. These procedures should be established and validated by qualified persons having knowledge in irradiation requirements specific for the food and the irradiation facility (see CAC/RCP 19).

8.1.1 Installation qualification, operational qualification, performance qualification and process control should be performed following the requirements of ISO/ASTM Practices 51702, 51608, or 51649.

8.2 *Radiation Sources*—The sources of ionizing radiation that may be employed in irradiating fresh agricultural produce are limited to the following (see CX STAN 106):

8.2.1 *Isotopic Sources*—gamma rays from the radionuclides  $^{60}\text{Co}$  (1.17 and 1.33 MeV) or  $^{137}\text{Cs}$  (0.66 MeV);MeV) (see ISO/ASTM Practice 51702);

8.2.2 *Machine Sources*—X-rays and accelerated electrons;electrons (see ISO/ASTM Practices 51608 and 51649).

NOTE 2—The Codex Alimentarius Commission as well as regulations in some countries currently limit the maximum electron energy and nominal X-ray energy for the purpose of food irradiation (CX STAN 106 and Ref21 (CFR,6) 179.26).;

8.3 *Absorbed Dose:*

8.3.1 *Absorbed Doses Required to Accomplish Specific Effects*—Food irradiation specifications provided by the owner of the product should include minimum and maximum absorbed dose limits: a minimum necessary to ensure the intended effect, and a