Designation: E666 – 21

Standard Practice for
Calculating Absorbed Dose From Gamma or X Radiation[1]

1. Scope

1.1 This practice presents a technique for calculating the absorbed dose in a material from knowledge of the radiation field, the composition of the material, (**1-5**)[2,3] and a related measurement. The procedure is applicable for X and gamma radiation provided the energy of the photons fall within the range from 0.01 to 20 MeV.

1.2 A method is given for calculating the absorbed dose in a material from the knowledge of the absorbed dose in another material exposed to the same radiation field. The procedure is restricted to homogeneous materials composed of the elements for which absorption coefficients have been tabulated. All 92 natural elements are tabulated in (**2**). It also requires some knowledge of the energy spectrum of the radiation field produced by the source under consideration. Generally, the accuracy of this method is limited to the accuracy to which the energy spectrum of the radiation field is known.

1.3 The results of this practice are only valid if charged particle equilibrium exists in the material and at the depth of interest. Thus, this practice is not applicable for determining absorbed dose in the immediate vicinity of boundaries between materials of widely differing atomic numbers. For more information on this topic, see Practice E1249.

1.4 Energy transport computer codes[4] exist that are formulated to calculate absorbed dose in materials more precisely than this method. To use these codes, more effort, time, and expense are required. If the situation warrants, such calculations should be used rather than the method described here.

1.5 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use.*

1.6 *This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.*

2. Referenced Documents

2.1 *ASTM Standards:*[5]

E170 Terminology Relating to Radiation Measurements and Dosimetry

E668 Practice for Application of Thermoluminescence-Dosimetry (TLD) Systems for Determining Absorbed Dose in Radiation-Hardness Testing of Electronic Devices

E1249 Practice for Minimizing Dosimetry Errors in Radiation Hardness Testing of Silicon Electronic Devices Using Co-60 Sources

2.2 *International Commission on Radiation Units and Measurements (ICRU) Reports:*[6]

ICRU Report 18 Specification of High Activity Gamma-Ray Sources

ICRU Report 21 Radiation Dosimetry: Electrons with Initial Energies Between 1 and 50 MeV

ICRU Report 34 The Dosimetry of Pulsed Radiation

ICRU Report 51 Radiation Quantities and Units in Radiation Protection Dosimetry

ICRU Report 60 Radiation Fundamental Quantities and Units for Ionizing Radiation

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[2] The boldface numbers in parentheses refer to the list of references appended to this practice.

[3] See also ICRU Report 80. For calculation of absorbed dose in dosimetry systems and materials used in radiation processing, mass attenuation coefficients and mass-energy absorption coefficients for key elements, compounds and materials used in radiation processing dosimetry over the photon range from 100 keV to 20 MeV are given in Appendix 1 of that report.

[4] Information on and packages of computer codes can be obtained from The Radiation Safety Information Computational Center, Oak Ridge National Laboratory, P.O. Box 2008, Oak Ridge, TN 37831-6362. This information center collects, organizes, evaluates, and disseminates shielding information related to radiation from reactors, weapons, and accelerators and to radiation occurring in space.

[5] For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

[6] Available from International Commission on Radiation Units and Measurements (ICRU), 7910 Woodmont Ave., Suite 400, Bethesda, MD 20841.

ICRU Report 80 Dosimetry Systems for Use in Radiation
Processing
ICRU Report 90 Key Data for Ionizing-Radiation Dosim-
etry: Measurement Standards and Applications

3. Terminology

3.1 *energy fluence spectrum, ψ(E)*—the product of the
particle fluence spectrum (see Terminology E170) and the
particle energy. In this standard, the particles referred to are
photons. The energy fluences spectrum is the same as the
energy fluence per unit energy.

3.2 *energy fluence, ψ*—the integral of the energy fluence
spectrum over the complete range of particle energies that are
present.

3.3 *mass-depth and mass-thickness, t*—the product of a
length traversed in a material and the mass density of the
material. The mass-depth and the mass-thickness have dimen-
sions of mass per unit area.

4. Significance and Use

4.1 The absorbed dose is a more meaningful parameter than
exposure for use in relating the effects of radiation on materi-
als. It expresses the energy absorbed by the irradiated material
per unit mass, whereas exposure is related to the amount of
charge produced in air per unit mass. Absorbed dose, as
referred to here, implies that the measurement is made under
conditions of charged particle (electron) equilibrium (see
Appendix X1). In practice, such conditions are not rigorously
achievable but, under some circumstances, can be approxi-
mated closely.

4.2 Different materials, when exposed to the same radiation
field, absorb different amounts of energy. Using the techniques
of this standard, charged particle equilibrium must exist in
order to relate the absorbed dose in one material to the
absorbed dose in another. Also, if the radiation is attenuated by
a significant thickness of an absorber, the energy spectrum of
the radiation will be changed, and it will be necessary to
correct for this.

NOTE 1—For comprehensive discussions of various dosimetry methods
applicable to the radiation types and energies and absorbed dose rate
ranges discussed in this method, see ICRU Reports 34 and 80.

5. Calculation of Absorbed Dose

5.1 The absorbed dose, *D*, at a point may be expressed as:

$$D = I \int_0^\infty \psi(E)[\mu_{en}(E)/\rho]dE \qquad (1)$$

where ψ(E) is the energy fluence per unit energy at the point
of interest; μ_en (E)/ρ is the mass energy absorption coefficient
(2); and *I* is a normalizing factor. If all of the variables in Eq
1 are expressed in SI units, I = 1. In this case the units for *D*
are Gy (J·kg.$^{-1}$), of ψ(E), are m^{-2} , of μ_en/ρ are m^2·kg^{-1}, and of
E are J. For an alternative use of the normalizing factor I, see
Appendix X2. For further information on the use of energy
absorption coefficients to calculate absorbed dose see the
discussion in Attix (1). The energy fluence spectrum, ψ(E), is
that which is incident at the point where the dose is to be
determined. In practice, the limits of integration are the limits

of energy over which ψ(E) is of a significant magnitude. If
material intervenes between the source and the point of dose
determination, then the spectrum used in the calculation must
be the output spectrum of the source modified by the absorbing
effects of the intervening material. The values of μ_en(E)/ρ are
found in the tables of Ref 2.

NOTE 2—For units and terminology in reports of data, E170 and ICRU
Reports 51 and 60 may be used as guides.

5.2 If the material in which the absorbed dose is to be
calculated is a homogeneous combination of materials not
listed in the tables of Ref 2, μ_en(E)/ρ is determined as follows:

5.2.1 From Ref 2, obtain values of $\mu_{en}^i(E)/\rho$ for each
component, *i*.

5.2.2 Determine the mass fraction, w_i, for each component.

5.2.3 Calculate μ_en(E)/ρ from the following equation:

$$\mu_{en}(E)/\rho = \sum_i w_i[\mu_{en}^i(E)/\rho] \qquad (2)$$

5.2.4 Values of μ_en(E)/ρ must be determined for each value
of *E* for which ψ(E) is significant, where *E* is the photon
energy.

5.3 The integral contained in Eq 1 is evaluated numerically.
The values of μ_en(E)/ρ in Ref 2 are tabulated for specific
energies. In evaluation of the integral referred to in actual
practice, it is often desirable to choose energy intervals that
would not correspond to the tabulated values in Ref 2. In such
cases, the appropriate value of μ_en(E)/ρ for the chosen energies
should be determined by an acceptable interpolation procedure.
The range of energy over the total photon spectrum is divided
into energy intervals or bins. The width of these bins is
somewhat flexible but should be chosen small enough so as not
to distort the shape of the spectrum. For the purpose of
selecting appropriate values of μ_en(E)/ρ, the energy value
selected for each energy interval can be taken either as that
energy at the beginning or midpoint of each energy interval
over the entire spectrum.

5.4 The energy fluence spectrum, ψ(E), is commonly given
in arbitrary units and may be normalized to some source
parameter. If a standard or calibrated dosimeter is used, then
the integral in Eq 1 must be calculated for the material from
which this dosimeter is constructed. The value of *I* is then
given by the observed dose, *D*, measured by the dosimeter,
divided by the value of the integral.

6. Estimating the Absorbed Dose in One Material from That Measured in Another Material

6.1 If the absorbed dose is known in one material, A, then
the absorbed dose can be estimated in another material, B,
using the method described in this section.

6.1.1 The absorbed dose observed in A occurs at some depth
in the region of material A; similarly, it is desired to know the
absorbed dose in material B at some depth in the region of
material B. If it is presumed that we know the surface energy
fluence spectrum ψ_o(E) (the energy fluence spectrum incident
on the surface of materials A and B) then the energy fluence
spectrum ψ(E) to be used in Eq 1 must be related to the known

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surface energy fluence spectrum $\psi_o(E)$. A good approximation to the attenuated energy fluence spectrum at mass-depth t is given by

$$\psi_t(E) = \psi_o(E)\exp(-[\mu_{en}(E)/\rho]t) \qquad (3)$$

where t is the mass-depth (in kg·m^{-2}) of material between the surface and the depth of interest, E is a particular energy represented in the spectrum, and $\psi_t(E)$ is the energy fluence per unit energy at mass-depth t. For a derivation of Eq 3 see Appendix X4. See also the qualifications of 6.1.3 and 6.1.4. For a demonstration of the experimental plausibility of Eq 3, see Appendix X5.

6.1.2 Using Eq 1 and 3, the relationship between the known dose D_A and the desired dose D_B can be expressed as

$$\frac{D_A}{D_B} = \frac{\int_0^\infty [\psi_o(E)\exp(-[\mu_{en}^A(E)/\rho_A]t_A)][\mu_{en}^A(E)/\rho_A]dE}{\int_0^\infty [\psi_o(E)\exp(-[\mu_{en}^B(E)/\rho_B]t_B)][\mu_{en}^B(E)/\rho_B]dE} \qquad (4)$$

where μ_{en}^A, ρ_A, and t_A are the energy absorption coefficient, the density and the relevant mass-depth for material A, and where similar notation is used for material B. For further details on the derivation of Eq 4, see Appendix X6. All the variables in Eq 4 are presumed to be known except the desired value for D_B. The integrals in Eq 4 must be performed numerically.

6.1.3 The use of Eq 3 is based on the existence of charged particle equilibrium (for further discussion see 1.3). This condition may be reasonably well met when the region of interest is at a sufficient distance from boundaries representing changes in atomic number or material density (see Appendix X1).

6.1.4 *Wide Beam versus Narrow Beam Approximation:*

6.1.4.1 The use of the energy coefficient, μ_{en}, in Eq 3 is based on the assumption that the irradiation approaches the "wide beam" as opposed to "narrow beam" condition. The wide beam and narrow beam conditions represent limiting cases which are only approximately realized for real experiments. In the narrow beam case, photons which are scattered out of the narrow beam are assumed to be lost from the beam, and are assumed to have no further importance to the experiment. In the broad beam case, photons which are scattered out of a given small region of the broad beam are presumed to be replaced by photons scattering in from adjacent regions of the beam. For the narrow beam limiting case, Eq 3 should be replaced by

$$\psi_t(E) = \psi_o(E)\exp(-[\mu(E)/\rho]t) \qquad (5)$$

where μ is the photon attenuation coefficient. Values of $\mu(E)/\rho$ are found in the tables of Ref 2. For most practical problems the results of photon attenuation lie between the results of Eq 3 and Eq 5.

6.1.4.2 It is possible to determine the magnitude of the change which would have resulted had Eq 1 and Eq 5 been used rather than using Eq 1 and Eq 3 in order to develop Eq 4. The resulting change in the ratio D_A/D_B calculated by Eq 4 is related to the factor

$$F(E) = \frac{\exp(-[\mu_{en}^B(E)/\rho_B]t)}{\exp(-[\mu^B(E)/\rho_B]t)}\frac{\exp(-[\mu^A(E)/\rho_A]t)}{\exp(-[\mu_{en}^A(E)/\rho_A]t)} \qquad (6)$$

If, over the energy range of interest, $F(E)$ differs from unity by a percentage which is greater than the acceptable dosimetry error, then the application of this practice may be inappropriate. In that case an appropriate transport calculation is recommended (see 1.4).

6.1.4.3 Depending on the scattering geometry, it is possible for the absorbed dose to be different from that calculated using either μ or μ_{en}. The use of μ_{en} in Eq 3 is an expedient device that is used as a means for yielding what is usually a conservative value, so that exact calculation of the scattering component can be circumvented. For an extensive discussion of this and similar effects, see Ref 1.

7. Accuracy

7.1 The accuracy of this practice depends primarily on the accuracy to which the incident energy spectrum is known. In general, even a poor estimate of a spectrum will give a better estimate of the absorbed dose at a given location than one would get by assuming some sort of single" effective photon energy." Although ^{60}Co and ^{137}Cs have well-defined primary gamma-ray energies, the radiation energy spectrum from most practical sources contains a significant Compton scattered component that could lead to significant errors if neglected (see ICRU Report 18).

7.2 As stated in 1.3, the results of this practice are not valid unless charged particle equilibrium conditions exist in the material at the depth of application. For depths less than that required for equilibrium, the absorbed dose could be higher or lower than this method would predict. At depths greater than required for equilibrium, the accuracy of the results depends primarily upon the accuracy of the attenuation correction applied in Eq 3 and the knowledge of the incident energy spectrum.

7.3 The procedures used in this method neglect the possible nonlocality of energy deposition by secondary electrons but do correct for production of bremsstrahlung by secondary electrons. For the energy range specified in this practice, these considerations contribute about 5 % or less to the overall uncertainty.

8. Keywords

8.1 calculation of absorbed dose; charged particle equilibrium; radiation dosimetry

APPENDIXES

(Nonmandatory Information)

X1. CHARGED PARTICLE EQUILIBRIUM DEPTH

X1.1 Whenever a material is irradiated with X or gamma rays, there is initially an increase in energy absorption as the radiation penetrates the material. After some finite depth, the radiation energy absorption reaches a maximum and then decreases. The depth necessary to reach the maximum energy deposition is commonly called the "charged particle equilibrium" depth and is a function of the radiation energy and the mass energy absorption coefficient of the material being irradiated.

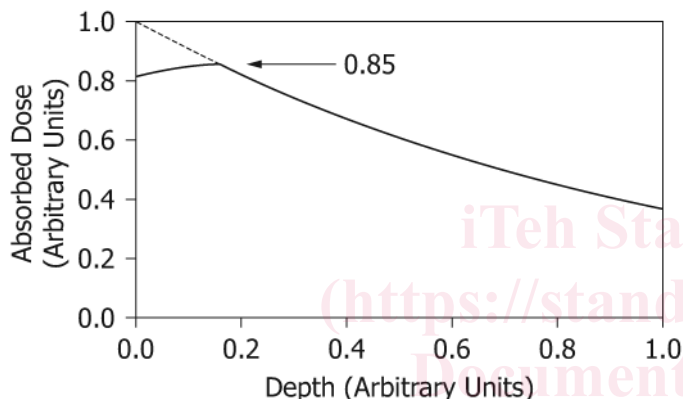X1.2 Fig. X1.1 is a typical plot of energy deposition as a function of depth in a material. The absorbed dose of 0.85 is used for illustration purposes only. Each source and absorbing material combination will have its own characteristic curve. Whenever a specimen is irradiated from all sides, it is necessary to surround the specimen with an equilibrator in order to ensure charged particle equilibrium throughout the specimen. However, when a specimen is irradiated unidirectionally, approximate charged particle equilibrium can be achieved by placing equilibrators only in contact with the front and back surfaces of the specimen. Frequently, the initial rise in Fig. X1.1 is not seen. This is due to electrons from the environment striking the target along with the incident photons.

X1.3 In some instances, the equilibrium depth should be taken to be equal to the practical range, R_p, of the maximum energy secondary electrons. For aluminum, R_p, in g·cm^{-2} can be calculated from the following equation taken from ICRU Report 21:

$$R_p = 0.530\, E_o - 0.106 \qquad (X1.1)$$

where E_o is the energy in MeV of the maximum energy secondary electrons generated by the photons from the source. The value of equilibrium depth determined by this method is greater than that described in X1.1 and X1.2. (See Appendix X3 of Practice E668 for a detailed discussion of the conditions for applying each method.)

FIG. X1.1 Typical Absorbed Dose versus Depth in a Material

X2. SAMPLE CALCULATION OF ABSORBED DOSE FOR BROAD PHOTON ENERGY SPECTRA

X2.1 To illustrate this method, a sample calculation is presented here. It is based on the following assumptions:

X2.1.1 A properly used silicon dosimeter has measured the output from a flash X-ray machine to be 15 Gy (1.5×10^3 rad) at a specific location.

NOTE X2.1—Gy symbolizes gray which is the SI unit for absorbed dose. One gray = one joule per kilogram. The old unit of absorbed dose was the rad. 1 Gy = 100 rad.

X2.1.2 The output X-ray spectrum from the machine varies as $1/E$ from 100 keV to 1 MeV as shown in Fig. X2.1, where E is the photon energy. The output photon fluence of the flash X-ray machine is shown in Fig. X2.1 to be normalized to the photon energy in keV at the point of measurement and the input energy to the machine in joules. Therefore, the units of the arbitrary scale of the abscissa are photons cm^{-2} · keV^{-1} · J^{-1}.

X2.2 Since the quantity of interest is the absorbed dose, the normalized output energy fluence is required rather than photon fluence. The normalized energy fluence for each energy interval can be obtained by multiplying the normalized photon fluence in Fig. X2.1 by the corresponding value of the photon
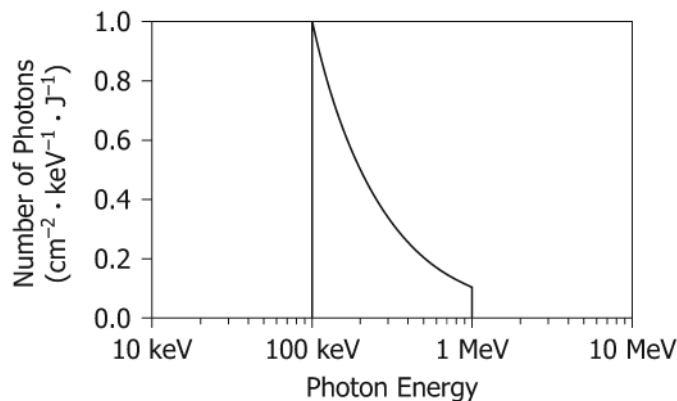

FIG. X2.1 Assumed Number-Energy Spectrum of X Rays from a Flash Machine

energy per energy interval. The results are shown in Fig. X2.2, where the normalized energy fluence has a constant value equal to 100 keV · cm^{-2}·keV^{-1}·J^{-1} over the entire energy range.

X2.3 At this point, consider the dosimeter that is calibrated in terms of absorbed dose in silicon and is contained in a layer
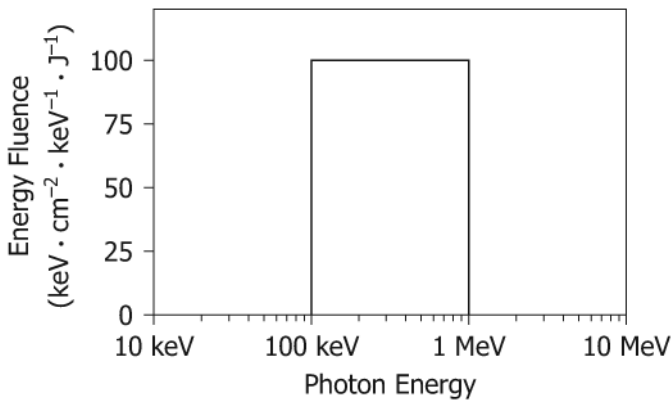
FIG. X2.2 Assumed Energy Fluence Spectrum of X Rays from a Flash Machine

of material that puts it at the peak of the absorbed dose versus depth curve. An illustration of such a curve is shown in Fig. X1.1 for the described spectrum. Although this curve is typical of some measured, it must always be determined experimentally for each irradiation source and relevant conditions.

X2.3.1 Fig. X1.1 indicates that the peak in the silicon-absorbed dose versus depth curve is 85 % of the extrapolated surface dose for the incident spectrum shown in X2.1. Therefore, the surface extrapolated dose in this example is obtained by dividing the measured absorbed dose (15 Gy) by 0.85 and is equal to 17.6 Gy.

X2.3.2 This surface dose just calculated has the same functional relationship with $\psi(E)$ as the dose defined in Eq 1. The other parameters in that equation are those assumed for this example; that is, $\psi(E)$ is the incident energy fluence spectrum; $\mu_{en}(E)/\rho$ is the mass energy absorption coefficient for silicon; and I is the normalizing constant. The energy limits for the integral are from 0.1 to 1 MeV as shown in Fig. X2.2. The photon fluence is taken to be the value at the lower energy of the bin. The characteristic photon energy for each bin is the lower energy of the bin. If the midpoint energy of the bin were used (see 5.3), the energy fluence for each bin would be somewhat higher leading to an overestimate of the energy fluence. The values for the mass energy absorption coefficients, $\mu_{en}(E)/\rho$, are given in Table X2.1 for the energy intervals used.

As previously discussed in X2.2, $\psi(E)$ is normalized to the input energy to the machine and has units of keV·cm^{-2}·keV^{-1}·J^{-1}.

X2.3.3 The normalizing constant, I, is obtained by the use of Eq 1 as follows:

$$= \frac{17.6}{27.23 \times 10^2} \tag{X2.1}$$

$$I = \frac{D}{\int_{0.1 \text{ MeV}}^{1 \text{ MeV}} \psi(E)\,[\mu_{en}(E)/\rho]\,dE}$$

$$= 6.5 \times 10^{-3}\,\text{Gy·J·g·keV}^{-1}$$

where the surface dose, D, is from that calculated in X2.3.1, and the integral is evaluated numerically with the detailed results shown in Table X2.1.

X2.4 Now, consider in this sample calculation what absorbed dose would occur at some depth in an iron specimen. The depth of interest is taken to be 6.4 mm (about 0.25 in.) and is equivalent to 5 g·cm^{-2}.

X2.4.1 To make this calculation, Eq 1 is used with $\psi(E)$ that is now the energy fluence spectrum at a depth of 5 g·cm^{-2} in iron and is not the spectrum incident on its surface. The appropriate attenuated spectrum is calculated by use of Eq 3. Values of the mass energy absorption coefficients are obtained from Ref 2, and the incident spectrum is from Fig. X2.1. Details of this calculation are shown in Table X2.2, with the resulting energy fluence spectrum shown in Fig. X2.3. As can be seen, 5 g·cm^{-2} of iron significantly changes the shape of the energy fluence spectrum.

X2.4.2 The calculation of the integral in Eq 1 is now carried out as in X2.3.3, using values for $\mu_{en}(E)/\rho$ for iron from Ref 2 and this attenuated spectrum from Table X2.2. The result is shown in Table X2.3.

X2.4.3 The absorbed dose for this sample calculation for an iron specimen is then the product of the integral from Table X2.3 times the normalization factor, I, as determined in X2.3.3; that is:

$$D = 6.4 \times 10^{-3} \times 28.03 \times 10^2 = 18\,\text{Gy(Fe)} \tag{X2.2}$$

TABLE X2.1 Numerical Evaluation of the Integral in Eq X2.1 for the Number-Energy Spectrum Shown in Fig. X2.1 to Determine the Normalization Constant I

Photon Energy, keV	Energy Fluence Times Energy Interval, keV· cm^{-2}·J^{-1}	μ_{en}/ρ (cm^2·g^{-1})	Product, keV·J^{-1}·g^{-1}
100	50 × 10^2	0.04513	2.26 × 10^2
150	50 × 10^2	0.03086	1.54 × 10^2
200	100 × 10^2	0.02905	2.91 × 10^2
300	100 × 10^2	0.02932	2.93 × 10^2
400	100 × 10^2	0.02968	2.97 × 10^2
500	100 × 10^2	0.02971	2.97 × 10^2
600	200 × 10^2	0.02951	5.90 × 10^2
800	200 × 10^2	0.02875	5.75 × 10^2
Total			27.23 × 10^2

TABLE X2.2 Conversion of the Incident X-Ray Spectrum Shown in Fig. X2.1 to the Attenuated Energy-Fluence Spectrum Shown in Fig. X2.3

Photon Energy, keV	Incident Spectrum, cm^{-2}·keV^{-1}·J^{-1}	μ_{en}/ρ (cm^2·g^{-1})	Attenuated Spectrum, cm^{-2}·keV^{-1}·J^{-1}	Energy Fluence Spectrum, keV · cm^{-2}·keV^{-1}·J^{-1}
100	1.0	0.2177	0.34	34
150	0.67	0.0796	0.45	67
200	0.50	0.04825	0.39	79
300	0.33	0.03361	0.28	84
400	0.25	0.03039	0.21	86
500	0.20	0.02914	0.17	86
600	0.17	0.02836	0.15	89
800	0.13	0.02714	0.11	91