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An American National Standard

Standard Test Method for Performance of Pressure Fryers¹

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1. Scope

- 1.1 This test method evaluates the energy consumption and cooking performance of pressure and kettle fryers. The food service operator can use this evaluation to select a fryer and understand its energy efficiency and production capacity.
- 1.2 This test method is applicable to floor model natural gas and electric pressure fryers.
- 1.3 The fryer can be evaluated with respect to the following:
- 1.3.1 Energy input rate (10.2),
- 11en Standards
- 1.3.2 Preheat energy and time (10.4), tps://standards.iteh.ai)
- 1.3.3 Idle energy rate (10.5),
- **Document Preview**
- 1.3.4 Pilot energy rate (10.6, if applicable),
- 1.3.5 Cooking energy rate and efficiency (10.9), and ASTM F1964-21
 - https://standards.iteh.ai/catalog/standards/sist/01310e97-8758-43cc-b2aa-028e32bc8f32/astm-f1964-2
- 1.3.6 Production capacity (10.9).
- 1.4 The values stated in inch-pound units are to be regarded as standard. The SI units given in parentheses are for information only.
- 1.5 This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use.
- 1.6 This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.

2. Referenced Documents

2.1 ANSI Standard:²

ANSI Z83.11 Gas Food Service Equipment

¹ This test method is under the jurisdiction of ASTM Committee F26 on Food Service Equipment and is the direct responsibility of Subcommittee F26.06 on Productivity and Energy Protocol.

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² Available from American National Standards Institute (ANSI), 25 W. 43rd St., 4th Floor, New York, NY 10036.

2.2 AOAC Standard:³

AOAC Official Action 950.46 Air Drying to Determine Moisture Content of Meat and Meat Products

2.2 ASHRAE Standard:³

ASHRAE 2-1986 (RA90) Engineering Analysis of Experimental Data

3. Terminology

- 3.1 Definitions:
- 3.1.1 *pressure fryer, n*—an appliance with a deep kettle containing oil or fat and covered by a heavy, gasketed lid with a pressure valve; the appliance kettle operates between 10 and 12 psig. psig (69 and 83 kPa).
 - 3.2 Definitions of Terms Specific to This Standard:
- 3.2.1 *cold zone*, *n*—the volume in the fryer below the heating elements or heat exchanger surface designed to remain cooler than the cook zone.
- 3.2.2 *cooking energy, n*—total energy consumed by the fryer as it is used to cook breaded chicken product under heavy- and light-load conditions.
- 3.2.3 *cooking energy efficiency, n*—quantity of energy imparted to the chicken during the cooking process expressed as a percentage of the quantity of energy input to the fryer during the heavy tests.
- 3.2.4 cooking energy rate, n—average rate of energy consumed by the fryer while cooking a heavy load of chicken.
- 3.2.5 *cook zone*, *n*—the volume of oil in which food is cooked.
- 3.2.6 energy input rate, n—peak rate at which a fryer consumes energy (Btu/h (kJ/h) or kW), typically reflected during preheat.
- 3.2.7 *idle energy rate*, *n*—average rate of energy consumed (Btu/h (kJ/h) or kW) by the fryer while holding or idling the frying medium at the thermostat(s) set point.
- 3.2.8 pilot energy rate, n—average rate of energy consumption (Btu/h) (Btu/h (kJ/h)) by a fryer's continuous pilot (if applicable).
- 3.2.9 *preheat energy, n*—amount of energy consumed (Btu (kJ) or kWh) by the fryer while preheating the frying medium from ambient room temperature to the calibrated thermostat(s) set point.
- 3.2.10 *preheat rate, n*—the average rate (°F/min) (°F/min (°C/min)) at which the frying medium temperature is heated from ambient temperature to the fryer's calibrated thermostat(s) set point.
 - 3.2.11 *preheat time*, *n*—time required for the frying medium to preheat from ambient room temperature to the calibrated thermostat(s) set point.
- 3.2.12 *production capacity, n*—maximum rate (lb/h) (lb/h (kg/h)) at which a fryer can bring the specified food product to a specified cooked condition.
 - 3.2.13 *uncertainty, n*—measure of systematic and precision errors in specified instrumentation or measure of repeatability of a reported test result.

4. Summary of Test Method

4.1 The fryer under test is connected to the appropriate, metered energy source. The measured energy input rate is determined and checked against the rated input before continuing with testing.

³ Available from the Association of Official Analytical Chemists, 1111 N. 19th Street, Arlington, VA 22209.

³ Available from American Society of Heating, Refrigerating, and Air-Conditioning Engineers, Inc. (ASHRAE), 1791 Tullie Circle, NE, Atlanta, GA 30329.

- 4.2 The frying medium temperature in the cook zone is monitored at a location chosen to represent the average temperature of the frying medium while the fryer is idled at 325°F. 325°F (163°C). Fryer temperature calibration to 325°F (163°C) is achieved at the location representing the average temperature of the frying medium.
- 4.3 The preheat energy and time and idle energy rate are determined while the fryer is operating with the thermostat(s) set at a calibrated 325°F. 325°F (163°C). The rate of pilot energy consumption also is determined, when applicable, to the fryer under test.
- 4.4 Energy consumption and time are monitored while the fryer is used to cook breaded chicken. Cooking energy efficiency, cooking energy rate, and production capacity are determined for heavy-load cooking tests.

5. Significance and Use

- 5.1 The energy input rate test is used to confirm that the fryer under test is operating in accordance with its nameplate rating.
- 5.2 Fryer temperature calibration is used to ensure that the fryer being tested is operating at the specified temperature. Temperature calibration also can be used to evaluate and calibrate the thermostat control dial.
- 5.3 Preheat energy and time can be used by food service operators to manage their restaurants' energy demands, and to estimate the amount of time required for preheating a fryer.
- 5.4 Idle energy rate and pilot energy rate can be used to estimate energy consumption during noncooking periods.
- 5.5 Preheat energy, idle energy rate, pilot energy rate, and heavy-load cooking energy rates can be used to estimate the fryer's energy consumption in an actual food service operation.
- 5.6 Cooking energy efficiency is a direct measurement of fryer efficiency at different loading scenarios. This information can be used by food service operators in the selection of fryers, as well as for the management of a restaurants' energy demands.
- 5.7 Production capacity is used by food service operators to choose a fryer that matches their food output requirements.

6. Apparatus

- 6.1 *Analytical Balance Scale*, for measuring weights up to 25 lb, with a resolution <u>value</u> of 0.01 lb (0.004 kg) and an uncertainty of 0.01 <u>lb. lb</u> (0.004 kg).
- 6.2 *Barometer*, for measuring absolute atmospheric pressure, to be used for adjustment of measured gas volume to standard conditions. The barometer shall have a resolution value of 0.2 in. Hg (670 Pa) and an uncertainty of 0.2 in. Hg. Hg (670 Pa).
- 6.3 Canopy Exhaust Hood, 4 ft (1.2 m) in depth, wall-mounted with the lower edge of the hood 6 ft, 6 in. (1.98 m) from the floor and with the capacity to operate at a nominal exhaust ventilation rate of 300 cfm per linear foot (460 L/s per linear metre) of active hood length. This hood shall extend a minimum of 6 in. (152 mm) past both sides and the front of the cooking appliance and shall not incorporate side curtains or partitions. Makeup air shall be delivered through the face registers or from the space, or both.
- 6.4 Convection Drying Oven, with temperature controlled at 215 to $\frac{220^{\circ}\text{F}}{,}\frac{220^{\circ}\text{F}}{,}\frac{100 \pm 3^{\circ}\text{C}}{,}$ used to determine moisture content of both the raw and cooked food product.
 - 6.5 Data Acquisition System, for measuring energy and temperatures, capable of multiple temperature displays updating at least every 2 s.
 - 6.6 Fry Basket, chrome-plated steel construction, supplied by the manufacturer of the fryer under test. At least two baskets are required to test each pressure fryer according to this standard.

- 6.7 Gas Meter, for measuring the gas consumption of a fryer, shall be a positive displacement type with a resolution <u>value</u> of at least 0.01 ft³ (0.0003 m^3) and a maximum uncertainty no greater than 1 % of the measured value for any demand greater than 2.2 ft³/h. /h (0.06 m^3) . If the meter is used for measuring the gas consumed by the pilot lights, it shall have a resolution <u>value</u> of at least 0.01 ft³ (0.0003 m^3) and a maximum uncertainty no greater than 2 % of the measured value.
- 6.8 Pressure Gage, for monitoring gas pressure, with a range from 0 to 15 in. $H_2O_{\bullet}O$ (0 to 3.7 kPa), a resolution value of 0.5 in. $H_2O_{\bullet}O$ (125 Pa), and a maximum uncertainty of 1 % of the measured value.
- 6.9 Stopwatch, with a 1-s resolution.
- 6.10 Temperature Sensor, for measuring natural gas temperature in the range from 50 to 100°F with an uncertainty of ± 1 °F.
- 6.11 Thermocouple(s), TeflonTM—insulated, TeflonTM-insulated, 24 gage, Type T or Type K thermocouples capable of immersion with a range from 50 to 400°F and an uncertainty of $\pm 1^{\circ}F$: $\pm 2^{\circ}F$ (1.1°C).
 - 6.12 *Thermocouple Probe(s)*, "fast response" Type T or Type K thermocouple probe, $\frac{1}{16}$ in. or smaller diameter, with a 3-s response time, capable of immersion with a range from 30 to 250°F and an uncertainty of $\pm 1^{\circ}F$. $\pm 2^{\circ}F$ (1.1°C).
- 6.13 *Watt-Hour Meter*, for measuring the electrical energy consumption of a fryer, shall have a resolution <u>value</u> of at least 10 W/h and a maximum uncertainty no greater than 1.5 % of the measured value for any demand greater than 100 W. For any demand less than 100 W, the meter shall have a resolution <u>value</u> of at least 10 W/h and a maximum uncertainty no greater than 10 %.

7. Reagents and Materials

- 7.1 Enriched Flour—Order a sufficient quantity of all-purpose, enriched white flour to conduct the heavy load tests.
- 7.2 *Chicken*—Order sufficient quantity of frozen, 5-oz, 5-oz (142 g), whole meat, boneless, skinless chicken breasts to conduct the cooking tests.
- 7.3 Cooling Racks—Stainless steel construction, measuring 18 by 26 in., by 1-in. (46 by 66 cm), by 1-in. (2.5 cm) high, to be used for draining chicken.
- 7.4 Bucket—Food grade, 5-gal (18.9 L) bucket for coating the chicken pieces in a dipping solution.
- 7.5 *Breading Bin, or Food Storage Box*—made from food-grade plastic, measuring 18 by 26 by 9 in. (46 by 66 by 23 cm) for coating the chicken pieces in flour breading.
- 7.6 *Frying Medium*—Shall be 100 % pure vegetable oil. New frying medium shall be used for each fryer tested in accordance with this test method. The new frying medium that has been added to the fryer for the first time shall be heated to 325°F (163°C) at least once before any test is conducted.
 - Note 1—Generic all-vegetable oil (soybean oil) has been shown to be an acceptable product for testing.
- 7.7 Sheet Pans—Measuring 18 by 26 by 1 in., in. (46 by 66 by 2.5 cm), for use in holding the chicken.
- 7.8 Tongs—Heavy-duty, 15-in. (38 cm) tongs for holding hot pieces of chicken.

8. Sampling of Test Units

8.1 Fryer—A representative production model shall be selected for performance testing.



9. Preparation of Apparatus

- 9.1 Install the appliance in accordance with the manufacturer's instructions under a 4-ft (1.2 m) deep canopy exhaust hood mounted against the wall with the lower edge of the hood 6 ft, 6 in. (1.98 m) from the floor. Position the fryer with the front edge of frying medium inset 6 in. (15 cm) from the front edge of the hood at the manufacturer's recommended working height. The length of the exhaust hood and active filter area shall extend a minimum of 6 in. (15 cm) past the vertical plane of both sides of the fryer. In addition, both sides of the fryer shall be a minimum of 3 ft (0.9 m) from any side wall, side partition, or other operating appliance. A drip station positioned next to the fryer is recommended. The exhaust ventilation rate shall be based on 300 cfm per linear foot (460 L/s per linear metre) of hood length. The associated heating or cooling system shall be capable of maintaining an ambient temperature of $75 \pm 5^{\circ}$ F $(24 \pm 3^{\circ}$ C) within the testing environment when the exhaust system is operating.
- 9.2 Connect the fryer to a calibrated energy test meter. For gas installations, a pressure regulator shall be installed downstream from the meter to maintain a constant pressure of gas for all tests. Both the pressure and temperature of the gas supplied to a fryer, as well as the barometric pressure, shall be recorded during each test so that the measured gas flow can be corrected to standard conditions. For electric installations, a voltage regulator may be required to maintain a constant "nameplate" voltage during tests if the voltage supply is not within $\pm 2.5 \%$ of the manufacturer's nameplate voltage.
- 9.3 For a gas fryer, adjust (during maximum energy input) the gas supply pressure downstream from the fryer's pressure regulator to within ± 2.5 % of the operating manifold pressure specified by the manufacturer. Make adjustments to the fryer following the manufacturer's recommendations for optimizing combustion. Proper combustion may be verified by measuring air-free carbon monoxide (CO) in accordance with ANSI Z83.11.
- 9.4 For an electric fryer, confirm (while the fryer elements are energized) that the supply voltage is within ± 2.5 % of the operating voltage specified by the manufacturer. Record the test voltage for each test.
- Note 2—This test method is intended to evaluate the performance of a fryer at its rated gas pressure or electric voltage. If an electric fryer is rated dual voltage (that is, designed to operate at either 208 or 240 V with no change in components), the voltage selected by the manufacturer or tester, or both, shall be reported. If a fryer is designed to operate at two voltages without a change in the resistance of the heating elements, the performance of the fryer (for example, preheat time) may differ at the two voltages.
- 9.5 Make fryer ready for use in accordance with the manufacturer's instructions. Clean fryer by "boiling" with the manufacturer's recommended cleaner and water and then rinsing the inside of the fry pot thoroughly.
- 9.6 To prepare the fryer for temperature calibration, attach an immersion-type thermocouple in the fry pot before beginning any tests. The thermocouple used to calibrate the fryer shall be located within 1 in. (2.5 cm) of the tip of the thermostat probe. If it is not possible to locate a thermocouple near the thermostat probe, position the thermocouple at the rear of the fry pot, 2 in. $(\underline{5} \text{ cm})$ below the oil fill line and $\frac{1}{2}$ in. $(\underline{1.3 \text{ cm}})$ from rear wall of the fry pot.

10. Procedure

- 10.1 General:
- 10.1.1 For gas fryers, record the following for each test run:
- 10.1.1.1 Higher heating value,
- 10.1.1.2 Standard gas pressure and temperature used to correct measured gas volume to standard conditions,
- 10.1.1.3 Measured gas temperature,
- 10.1.1.4 Measured gas pressure,
- 10.1.1.5 Barometric pressure,
- 10.1.1.6 Ambient temperature, and
- 10.1.1.7 Energy input rate during or immediately prior to test.

- Note 3—Use of a calorimeter or gas chromatograph in accordance with accepted laboratory procedures is the preferred method for determining the higher heating value of gas supplied to the fryer under test. It is recommended that all testing be performed with gas having a higher heating value of 1000 to 1075 Btu/ft³- (37 300 to 40 100 kJ/m³).
- 10.1.2 For gas fryers, add electric energy consumption to gas energy for all tests, with the exception of the energy input rate test (see 10.2).
- 10.1.3 For electric fryers, record the following for each test run:
- 10.1.3.1 Voltage while elements are energized,
- 10.1.3.2 Ambient temperature, and
- 10.1.3.3 Energy input rate during or immediately prior to test run.
- 10.1.4 For each test run, confirm that the peak input rate is within $\pm 5\%$ of the rated nameplate input. If the difference is greater than 5%, terminate testing and contact the manufacturer. The manufacturer may make appropriate changes or adjustments to the fryer.
- 10.2 Energy Input Rate:
- 10.2.1 Load the fryer with wateroil to the indicated fill line and turn the fryer on with the temperature controls set to the maximum setting possible. 325°F (163°C). If the fryer does not have an indicated fill line, fill to the manufacturer's recommended weight with a 5 % tolerance of oil. After the fryer has been preheated, use a sharpie to mark ½ in. above the oil level to indicate a fill line. For any test, oil must be added to the fryer if the oil level drops below ½ in. below the manufacturer's recommended hot fill line.
- 10.2.2 For gas fryers, operate the unit for a period of 15 min, then monitor the time required for the fryer to consume 5 ftLet the fryer run until the burner or heating element first cycles off. Calculate the input rate for the last 3 min before the of gas. burner or heating element cycles off. Adjustments to input rate may be made by adjusting gas manifold pressure gressure (gas fryers).
- 10.2.3 For electric fryers, monitor the energy consumption for 15 min with the controls set to achieve maximum input. If the unit begins eyeling during the 15-min interval, record the time and energy consumed for the time from when the unit was first turned on until it begins cycling.
- 10.2.3 Confirm that the measured input rate or power (Btu/h (kJ/h) for a gas fryer or kW for an electric fryer) is within 5 % of the rated nameplate input or power (it is the intent of this test method to evaluate the performance of a fryer at its rated energy input rate). If the difference is greater than 5 %, terminate testing and contact the manufacturer. The manufacturer may make appropriate changes or adjustments to the fryer or supply another fryer for testing.
 - 10.3 Calibration:
- 10.3.1 Ensure that the frying medium is loaded to the indicated fryer fill line. Preheat to 325°F (163°C) and allow the fryer to stabilize for 30 min before beginning temperature calibration.
 - 10.3.2 The frying medium temperature shall be measured by attaching a calibrated immersion-type thermocouple in the cook zone as detailed in 9.6. The median temperature recorded over three complete thermostat cycles at this point shall be considered as the average temperature for the frying medium.
 - 10.3.3 Where required, adjust the fryer temperature control(s) to calibrate the fryer at an average frying medium temperature of $325 \pm 5^{\circ}\text{F.} 5^{\circ}\text{F} (163 \pm 3^{\circ}\text{C})$. Record the frying medium temperature over three cycles and average the temperatures over the three cycles to verify that the average measured temperature at the frying medium sensor location is $325 \pm 5^{\circ}\text{F.} + 5^{\circ}\text{F} (163 \pm 3^{\circ}\text{C})$.
 - 10.4 Preheat Energy and Time:

- 10.4.1 Ensure that the frying medium is loaded to the indicated fryer fill line. Record the frying medium temperature and ambient kitchen temperature at the start of the test. The frying medium temperature shall be $75 \pm 5^{\circ}$ F ($24 \pm 3^{\circ}$ C) at the start of the test.
- 10.4.2 With the fry pot uncovered, turn the fryer on with the temperature controls set to attain a temperature within the frying medium of a calibrated 325°F. 325°F (163°C). The fryer shall remain uncovered throughout this preheat test.
- 10.4.3 Begin monitoring energy consumption, time, and temperature as soon as the fryer is turned on. For a gas fryer, the preheat time shall include any delay between the time the unit is turned on and the burners actually ignite. Preheat is judged complete when the temperature at the monitored location reaches 325°F.325°F (163°C).
- 10.5 Idle Energy Rate:
- 10.5.1 Ensure that the frying medium is loaded to the indicated fryer fill line.
- 10.5.1 Preheat to $325^{\circ}F$ and allow Allow the frying medium to stabilize at $325^{\circ}F$ $325 \pm 5^{\circ}F$ $(163 \pm 3^{\circ}C)$ for at least 3060 min after the last thermostat has commenced cycling at about the thermostat set point.
- 10.5.2 After a minimum 60 min stabilization period, wait for the fryer to reach the top of a thermal cycle (units with proportional controls) or the heater cycle off (units with snap-action controls), then immediately start monitoring elapsed time, vat temperature(s) and energy consumption.
- 10.5.3 Monitor the clapsed time, temperature, and energy consumption of the fryer while it is operated under this idle condition. The idle energy rate test shall be run for a minimum of 2 h. The fryer shall remain uncovered throughout this idle test.h and include a minimum of 10 complete thermal cycles or heater cycles. After the test period (either 2 h or 10 thermal/heater cycles, whichever is longer), end the test. If the test unit does not exhibit clear thermal cycles, then the test shall be run for 3 h.
- Note 4—Models with proportional controls may not exhibit distinct heater cycles. The intent of the test is to accurately represent the average energy consumption of the holding cabinet, while minimizing any error that may be introduced as a result of capturing partial thermal cycles.
- 10.5.4 Monitor and record the time elapsed, number of duty cycles and energy consumed between the first and last duty cycle. For gas fryers, monitor and record all electric energy consumed during the idle test.
- 10.6 Pilot-Energy Consumption (Gas Models with Standing Pilots): 5/58-45cc-bZaa-UZ8e3Zbc8i3Z/astm-11964-Z
- 10.6.1 Where applicable, set the gas valve controlling the gas supply to the appliance at the pilot position. Otherwise set the temperature controls to the off position.
- 10.6.2 Light and adjust pilots in accordance with the manufacturer's instructions.
- 10.6.3 Record gas reading, electric energy consumed, and time before and after a minimum of 8 h of pilot operation.
- 10.7 Test Product Preparation:
- 10.7.1 Prepare enough chicken for a minimum of 4 test runs of the heavy-load tests. The heavy-load size is determined by the manufacturer's stated capacity for the fryer, based on eight chicken breasts for every head of chicken that the fryer can cook at one time (see Table 1).
- 10.7.2 The chicken may be thawed by immersing it in cold running water. Place the chicken in a single layer onto a drip rack on a sheet pan and cover with plastic wrap. Place the covered chicken in the refrigerator and allow it to stabilize at 38 to $\frac{40^{\circ}\text{F}}{20^{\circ}\text{F}}$ (3 to 4°C).
- Note 5—Unless the chicken has been continuously held below 40°F, 40°F (4°C), it may be unsafe and should not be eaten.
 - 10.7.3 Separate the chicken into individual load batches, based on eight pieces for head of chicken that the fryer can cook at one time. The weight of the uncooked chicken breasts shall be 2.4 ± 0.1 lb $(1.1 \pm 0.1 \text{ kg})$ per each group of eight chicken breasts.

TABLE 1 Sample Heavy-Load Sizes Based on Nominal Oil Capacity

Heavy-Load Size, Number of Pieces 16 ± 1	Heavy-Load Weight 5.0 ± 0.5 lb
16 ± 1	5.0 ± 0.5 lb
	$(2.3 \pm 0.3 \text{ kg})$
32 ± 2	$10.0 \pm 0.5 \text{ lb}$ (2.3 ± 0.3 kg)
48 ± 3	$\frac{(2.3 \pm 0.3 \text{ kg})}{15.0 \pm 0.5 \text{ lb}}$
	$(2.3 \pm 0.3 \text{ kg})$
64 ± 4	$20.0 \pm 0.5 \text{ lb}$ (2.3 ± 0.3 kg)

- If it is not possible to find eight chicken breasts that weigh 2.4 ± 0.1 lb, lb $(1.1 \pm 0.1 \text{ kg})$, then add or remove no more than one chicken breast to the group until the target weight is met.
 - 10.7.4 Monitor the internal temperature of a sample piece of chicken with a thermocouple probe. Its internal temperature must reach 38 to 40°F (3 to 4°C) before the chicken can be removed from the refrigerator and breaded. If necessary, adjust the refrigerator temperature to achieve this required internal temperature.
 - Note 6—If the chicken is not cooked within 24 h, it should be covered with plastic wrap. Thawed chicken should not be stored in the refrigerator for more than one week.
 - 10.7.5 Randomly select 4 raw pieces of chicken for moisture content determination in accordance with recognized laboratory procedures (AOAC Official Actionthe moisture content determination procedure in Annex A2950.46). Place the sample in a self-sealing bag in the freezer unless the moisture content test is run immediately. This will be used for determining the energy of vaporization component of the cooking energy efficiency equation.
 - 10.8 Cook Time Determination:
 - Note 7—This is a trial-and-error procedure and may take several iterations to obtain the correct cook time.
 - 10.8.1 Ensure that the frying medium is loaded to the indicated fryer fill line. Confirm that the frying medium temperature is 325 \pm 5°F (163 \pm 3°C) as calibrated in 10.3. Allow the fryer to stabilize for 3060 min at 325°F, 325°F (163°C), then briefly submerge the frying basket or rack(s) into the oil, remove, and allow the basket(s) or rack(s) to drip over the fryer.
 - Note 8—Submerging the frying baskets or racks provides a coating of oil that inhibits food sticking to the containers and facilitates removal of the cooked food product. This procedure should be followed at the beginning of every cook-time determination test.
- 10.8.2 After the 30–min $\underline{60}$ -min stabilization, vigorously stir the cold zone with a long spoon or equivalent until the temperature at the bottom of the cold zone is within 10° F $\underline{(5^{\circ}$ C)} of the temperature at the center of the cook zone (fryers with cold zones). Allow the fryer to stabilize for 15 ± 5 min after stirring the cold zone.
 - Note 9—While it is recognized that stirring the cold zone is not practiced in industry, it is included in this test method because stirring provides a simple way to eliminate the variations in cold-zone temperature that could cause a significant fluctuation in the measured cooking-energy efficiency. To make the cooking-energy efficiency test repeatable, the cold zone must be at the same temperature when beginning each test. This is accomplished with minimal time and effort through manual stirring.
 - 10.8.3 Prepare the dipping solution by cooling tap water with ice to achieve a water temperature between 45°F and 50°F. 45 and 50°F (7 and 10°C). Pour the solution in a food grade bucket.
 - 10.8.4 Pour enough flour to fill the breading bin half-way. Allow to stabilize at room temperature.
 - 10.8.5 Remove the chicken pieces from the refrigerator and immerse briefly in the dipping solution. Remove the chicken pieces from the solution and allow to drip briefly over the dipping container. Transfer the dipped pieces of chicken to the breading bin. Ensure that each piece is evenly coated on all sides. The breaded chicken shall weigh 2.5 ± 0.1 lb $(1.1 \pm 0.1 \text{ kg})$ for every group of 8 pieces. The total load weight shall meet the specifications in Table 1. Record the total initial weight of the chicken load.

- 10.8.6 Insert high gauge thermocouples into the thickest parts of two of the chicken breasts for each fryer head and wrap them around the chicken piece to prevent the thermocouple from coming out during cooking. The average chicken temperature shall be $50 \pm 5^{\circ}\text{F}$ ($10 \pm 3^{\circ}\text{C}$) at the start of the cooking test, before being loaded into the fryer.
- 10.8.7 Estimate a cook time for a heavy-load of chicken. Set the timer on the fryer to this estimated cook time (fryers with timers).
- 10.8.8 Load the chicken into the fryer as follows:
- 10.8.8.1 For fryers with frying racks, place the breaded chicken pieces onto the fry rack(s). When the fryer has cycled off, immediately load the racks into the fryer per the manufacturer's instructions. Start monitoring time and fryer energy consumption when the racks are loaded into the fryer.
- 10.8.8.2 For fryers with open fry baskets, lower the empty basket into the oil. When the fryer has cycled off, immediately start methodically dropping the pieces into the oil on even intervals. Start monitoring time and fryer energy consumption when the first chicken pieces are loaded into the fryer. Loading time shall be no more than 15 s for each head of chicken (for example, 60 s for a 4-head fryer). Immediately after loading, vigorously stir the chicken pieces for 5 s to minimize product clumping.
- 10.8.9 Close and latch the lid per manufacturer's instructions. If necessary, tighten the lid spindle (or handle) to properly secure and seal the lid.
- 10.8.10 Activate the fryer's cook timer.
- Note 10—Many pressure fryers require the timer to be activated before it will allow pressure to build in the cooking container.
- 10.8.11 Monitor the temperature of the chicken during cooking. When the temperature of the coldest piece approaches 165°F, then cancel the cooking cycle and commence depressurizing the cooking vessel.
- 10.8.12 Wait for the cooking container to depressurize before attempting to open the lid.
- Note 11—If the actual cook time has elapsed before the time set on the fryer's cook timer, it may be necessary to override the fryer's cook timer in order to commence depressurization of the cooking vessel. Depressurization times may vary from fryer to fryer.
- 10.8.13 Lift the basket and allow to drain over the fryer for approximately 15 s. Pour the contents of the basket onto a sheet pan.
- 10.8.14 Measure and record the temperature of two randomly selected pieces per head of chicken by inserting a fast response thermocouple probe into a thick (meaty) portion of each piece. The additional temperatures shall be recorded within 5 min of removing the chicken from the cooking oil. The minimum chicken breast temperature shall be greater than $\frac{165^{\circ}\text{F.}}{165^{\circ}\text{F.}}$ 165°F (74°C). If the internal temperature of any piece is lower than $\frac{165^{\circ}\text{F.}}{165^{\circ}\text{F.}}$ 165°F, 165°F, 165°F, 165°F.
- 10.8.15 Weigh and record the weight of the cooked load. The weight loss shall be $27 \pm 2\%$.
- 10.8.16 Clean the fry basket(s) or rack(s) of debris between loads, making sure to remove any food that may be stuck on the inside of the basket.
- 10.8.17 If the percent weight loss is not $27 \pm 2\%$, repeat 10.8.3 10.8.16, adjusting the total cooking time to attain the $27 \pm 2\%$ weight loss. Subsequent loads may be inserted into the fryer when the oil temperature has returned to $325 \pm \frac{5^{\circ}F.5^{\circ}F}{163} \pm 3^{\circ}C$).
- 10.8.18 Record the final cooking time as the total time the chicken pieces are submerged in the cooking oil. Use the cooking time for the cooking energy efficiency determination and production capacity tests (see 10.9).
- 10.9 Cooking-Energy Efficiency and Production Capacity for Heavy-Load Cooking Tests:
- 10.9.1 The cooking energy efficiency and production capacity tests are to be run a minimum of three times. Additional test runs may be necessary to obtain the required precision for the reported test results (see Annex A1). The minimum three test runs for each loading scenario shall be run on the same day.

- 10.9.2 Each replicate of the cooking-energy efficiency and production capacity test will consist of five individual loads, run one after the other. The first load will be considered a stabilization load and loads 2 through 5 are considered test loads. The time between subsequent loads needs to be minimized once the fryer has returned to 320°F (160°C) after the previous load has been removed.
- 10.9.3 Ensure that the frying medium is loaded to the indicated fryer fill line. Confirm that the frying medium temperature is 325 \pm 5°F (163 \pm 3°C) as calibrated in 10.3. Allow the fryer to stabilize for 3060 min after being turned on, then briefly submerge the frying basket or rack(s) into the oil and allow to drip over the fryer.
- Note 12—Submerging the frying baskets or racks provides a coating of oil that inhibits food sticking to the containers and facilitates removal of the cooked food product. This procedure should be followed at the beginning of every cook-time determination test.
- 10.9.4 After the 30–min60-min stabilization, vigorously stir the cold zone with a long spoon or equivalent until the temperature at the bottom of the cold zone is within 10° F (5° C) of the temperature at the center of the cook zone (fryers with cold zones). Allow the fryer to stabilize for 15 ± 5 min after stirring the cold zone.
- 10.9.5 Prepare the dipping solution by cooling tap water with ice to achieve a water temperature between 45 and $50^{\circ}F$. $50^{\circ}F$ (7 and $10^{\circ}C$). Pour the solution in a food grade bucket.
- 10.9.6 Pour enough flour to fill the breading bin half-way. Allow to stabilize at room temperature.
- 10.9.7 Remove the chicken pieces from the refrigerator and immerse briefly in the dipping solution. Remove the chicken pieces from the solution and allow to drip briefly over the dipping container. Transfer the dipped pieces of chicken to the breading bin. Ensure that each piece is evenly coated on all sides. The total load weight shall meet the specifications in Table 1. Record the total initial weight of the chicken load.
- 10.9.8 Measure and record the temperature of 4 randomly selected chicken pieces. The average chicken temperature shall be 50 \pm 5°F (10 \pm 3°C) at the start of the cooking test, before being loaded into the fryer.
- 10.9.9 Set the fryer's cook timer for the time determined during the cook time determination test (10.8).
- 10.9.10 Load the chicken into the fryer as follows: \$101310e97-8758-43cc-b2aa-028e32bc8f32/astm-f1964-2
- 10.9.10.1 For fryers with frying racks, place the breaded chicken pieces onto the fry rack(s). When the fryer has cycled off, immediately load the racks into the fryer per the manufacturer's instructions. Start monitoring time and fryer energy consumption when the racks are loaded into the fryer.
- 10.9.10.2 For fryers with open fry baskets, lower the empty basket into the oil. When the fryer has cycled off, immediately start methodically dropping the pieces into the oil on even intervals. Start monitoring time and fryer energy consumption when the first chicken pieces are loaded into the fryer. Loading time shall be no more than 15 s for each head of chicken (for example, 60 s for a 4-head fryer). Immediately after loading, vigorously stir the chicken pieces for 5 s to minimize product clumping.
- 10.9.11 Close and latch the lid per manufacturer's instructions. If necessary, tighten the lid spindle to properly secure and seal the lid.
- 10.9.12 Activate the fryer's cook timer.
- 10.9.13 For loads 2 through 4, begin preparing the next load of chicken while the current load is cooking. Time the preparation to ensure that the initial temperature of subsequent loads is $50 \pm 5^{\circ}\text{F.5}^{\circ}\text{F}$ ($10 \pm 3^{\circ}\text{C}$).
- 10.9.14 When the cook time determined in 10.8 has elapsed, cancel the cooking cycle. Wait for the cooking container to depressurize before attempting to open the lid.
- 10.9.15 Lift the basket and allow to drain over the fryer for approximately 15 s.

- 10.9.16 Measure and record the temperature of two randomly selected pieces for every head of chicken by inserting a fast response thermocouple probe into a thick (meaty) portion of each piece. The additional temperatures shall be recorded within 5 min of removing the chicken from the cooking oil.
- 10.9.17 Weigh and record the weight of the cooked load. The weight loss shall be $27 \pm 2 \%$. If the weight loss is not $27 \pm 2 \%$, the test is invalid. Adjust the cooking time as appropriate and repeat 10.9.5 10.9.16.
- 10.9.18 Clean the fry basket(s) of debris between loads, making sure to remove any food that may be stuck on the inside of the basket.
- 10.9.19 Begin the next load 15 s per head of chicken after removing the previous load from the fryer, or after the cook zone thermocouple indicates that the oil temperature has recovered to 320°F, 320°F (160°C), whichever is longer. Start monitoring elapsed time and fryer energy consumption from the start of load #2. Repeat 10.9.5 10.9.18 until all five loads have been cooked.
- Note 13—The 15 s per head allowed between loads is a preparation time necessary for logistical considerations of running a test (that is, removing one load and placing the next load into the fryer). The actual recovery time may be less than the 15 s per head preparation time.
- 10.9.20 Terminate the test after removing the fifth (last) load and allowing the cook zone thermocouple to indicate that the oil temperature has recovered to $325 \pm \frac{5^{\circ}\text{F.}}{5^{\circ}\text{F}} \cdot \frac{5^{\circ}\text{F}}{(163 \pm 3^{\circ}\text{C})}$. Record the total elapsed time and energy consumption.
- 10.9.21 Reserve 4 pieces of cooked chicken (one from each load, from loads 2 through 5) for determining the moisture content. Unless the moisture content test is conducted immediately, place the chicken pieces in a self-sealing plastic bag and place the bag in the freezer.
- 10.9.22 Perform Replicates #2 and 3 by repeating 10.9.2 10.9.21. Ensure that the oil is topped off to the manufacturer's recommended fill line before starting subsequent test runs. Follow the procedure in Annex A1 to determine whether more than three test runs are required.
- 10.9.23 Determine the moisture content of the previously reserved chicken pieces for each test run in accordance with recognized laboratory procedures (AOAC Officialthe procedure outlined in Annex A2 Action 950.46) and calculate the moisture loss based on the initial moisture content of the chicken pieces (10.9.2). This will be used to determine the energy of vaporization component of the cooking energy efficiency equation.

11. Calculation and Report

- 11.1 *Test Fryer*—Summarize the physical and operating characteristics of the fryer. If needed, describe other design or operating characteristics that may facilitate interpretation of the test results.
- 11.2 Apparatus and Procedure:
- 11.2.1 Confirm that the testing apparatus conforms to all of the specifications in Section 6. Describe any deviations from those specifications.
- 11.2.2 For electric fryers, report the voltage for each test.
- 11.2.3 For gas fryers, report the higher heating value of the gas supplied to the fryer during each test.
- 11.3 Gas Energy Calculations:
- 11.3.1 For gas fryers, add electric energy consumption to gas energy for all tests, with the exception of the energy input rate test (see 10.2).
- 11.3.2 For all gas measurements, calculate the energy consumed based on:

$$E_{gas} = V \times HV \tag{1}$$