



Designation: D2176 – 16 (Reapproved 2021)

Standard Test Method for Folding Endurance of Paper and Plastics Film by the M.I.T. Tester¹

This standard is issued under the fixed designation D2176; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (ϵ) indicates an editorial change since the last revision or reapproval.

This standard has been approved for use by agencies of the U.S. Department of Defense.

1. Scope

1.1 This test method describes the use of the M.I.T.-type folding apparatus for determining folding endurance of paper and plastics film. The M.I.T. tester can be adjusted for samples of any thickness; however, if the outer layers thicker than about 0.25 mm (0.01 in.) rupture during the first few folds, the test loses its significance. The procedure for the Schopper-type apparatus is given in Test Method [D643](#).

1.2 The values stated in SI units are to be regarded as standard. The values given in parentheses are mathematical conversions to inch-pound units that are provided for information only and are not considered standard.

1.3 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use.*

1.4 *This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.*

2. Referenced Documents

2.1 *ASTM Standards:*²

[D585 Practice for Sampling and Accepting a Single Lot of Paper, Paperboard, Fiberboard, and Related Product \(Withdrawn 2010\)](#)³

¹ This classification system is under the jurisdiction of ASTM Committee [D20](#) on Plastics and is the direct responsibility of Subcommittee [D20.15](#) on Thermoplastic Materials.

Current edition approved July 1, 2021. Published July 2021. Originally approved in 1956. Last previous edition approved in 2016 as D2176 - 16. DOI: 10.1520/D2176-16R21.

² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

³ The last approved version of this historical standard is referenced on www.astm.org.

[D643 Test Method for Folding Endurance of Paper by the Schopper Tester \(Withdrawn 2010\)](#)³

[D685 Practice for Conditioning Paper and Paper Products for Testing](#)

[D1968 Terminology Relating to Paper and Paper Products](#)

[E122 Practice for Calculating Sample Size to Estimate, With Specified Precision, the Average for a Characteristic of a Lot or Process](#)

3. Terminology

3.1 Definitions shall be in accordance with Terminology [D1968](#) and the *Dictionary of Paper*.⁴

4. Significance and Use

4.1 The folding endurance is frequently used to estimate the ability of the paper and plastics film to withstand repeated bending, folding, and creasing.

4.2 Folding endurance has also been found useful in measuring the deterioration of paper and plastics film upon aging.

5. Apparatus

5.1 *Folding Tester*, consisting of:

5.1.1 A spring-loaded clamping jaw constrained to move without rotation in a direction perpendicular to the axis of rotation of the folding head specified below and having its clamping surfaces in the plane of this axis. The load is applied by a spring attached to the jaw assembly which is easily adjustable to provide any desired tension on the specimen within range of 4.9 to 14.72 N (500 to 1500 gf). The deflection of the spring when loaded shall be at least 17 mm (0.67 in.)/9.81 N, which is achieved by using a weight of 1 kg mass.

5.1.2 An oscillating folding head supporting two smooth, cylindrical folding surfaces parallel to, and symmetrically placed with respect to, the axis of rotation. Each of the two folding surfaces shall have a radius of curvature of 0.38 mm (0.015 \pm 0.001 in.) and a width of 19 mm (0.75 \pm 0.04 in.). The distance separating the folding surfaces is greater than the

⁴ Available from Technological Association of the Pulp and Paper Industry (TAPPI), 15 Technology Parkway South, Suite 115, Peachtree Corners, GA 30092, <http://www.tappi.org>.

uncompressed thickness of the specimen being tested by no more than 0.25 mm (0.010 in.). The position of the axis of rotation is midway between the common tangent planes of the two folding surfaces. The folding head is provided with a clamping jaw with its nearest edge not less than 9.5 mm (0.375 in.) beyond the axis of rotation. The rotary oscillating movement of the head is such as to fold the specimen through an angle of $135 \pm 2^\circ$, both to the right and to the left of the position of the unfolded specimen.

5.1.3 Various size folding heads are required for testing different thicknesses of specimens. Heads available will accommodate thicknesses from 0 to 0.25 mm (0 to 0.01 in.), 0.25 to 0.50 mm (0.01 to 0.02 in.), 0.50 to 0.75 mm (0.02 to 0.03 in.), 0.75 to 1.02 mm (0.03 to 0.04 in.), and 1.02 to 1.25 mm (0.04 to 0.05 in.).

5.2 *Power Driven Device*, for imparting a rotary oscillating motion of 175 ± 25 cycles/min to the folding clamp.

5.3 *Counter*, for registering the number of double folds required to break the specimen and a device to stop the instrument when the specimen breaks.

5.4 *Strip Cutter*, to cut 15-mm wide parallel strips within ± 0.02 mm with clean edges.

5.5 A means for controlling the temperature of the folding head so that, during folding, it does not increase more than 0.5°C . Temperature rises of this magnitude will reduce the relative humidity at the fold by more than 2 % and the number of folds by as much as 10 %. A common method for controlling the temperature of the folding head is by allowing an exhaust fan to draw conditioned room air from air rapidly over both the specimen and head. The fan shall be of the centrifugal type not less than 50 mm in diameter, mounted so that its inlet is adjacent to the folding head. Other methods that prevent heating of the folding head within the tolerances specified are acceptable.

6. Sampling

6.1 *Acceptance Sampling*—Acceptance sampling shall be done in accordance with Practice **D585**.

6.2 *Sampling for Other Purposes*—The sampling and the number of test specimens depends upon the purpose of the testing. Practice **E122** is recommended.

7. Conditioning

7.1 Condition the samples as required in Practice **D685**.

7.2 Folding endurance measurements are very sensitive to the moisture content of the paper. It is most important to observe all the requirements of Practice **D685** with regard to preconditioning from the dry side, conditioning, and maintaining the conditioned environment for testing when making folding endurance measurements.

8. Test Specimen

8.1 From each conditioned test unit cut ten specimens accurately and cleanly to a width of 15 ± 0.02 mm and a length of not less than 130 mm, and preferably 150 mm or longer in each of the principal directions. Test specimens must be cut

free of wrinkles or blemishes. The portion of the test specimen where folding will occur must be free of any portion of a watermark and have opacity and formation typical of the sample. Because the folding process occurs over a very short length of the total test specimen (that is, at the line of fold), data precision is heavily dependent upon the care taken in test specimen selection and preparation.

9. Instrument Maintenance and Calibration

9.1 The folding test results are very sensitive to tension, arc of fold, and radius of fold; therefore it is essential that regular calibration routines be established and followed.

9.2 Make sure that the folding edges are free from rust, nicks, dirt, and oil and that the counter operates properly.

9.3 Measure the plunger friction by determining the additional load required to move the plunger perceptibly under a load of 9.81 N or the load tension used for the testing. This shall not be greater than 0.245 N (25 gf).

9.4 The change in tension due to the eccentricity of rotation of the folding edges is measured as follows: Place a test specimen of the proper thickness, cut in the machine direction, in the tester as for making a folding test, and apply a tension of 9.81 N or that to be used for the testing. Rotate the folding head slowly by hand throughout the entire folding cycle and measure the maximum change in displacement of the plunger with an accuracy of 0.1 mm (0.004 in.). This displacement shall not be greater than that produced by adding a weight equivalent to 0.343 N (35 gf).

NOTE 1—The displacement must be equally centered around the plunger position when the strip of specimen is straight and the tension is 9.81 N, that is, when the slot in the following head is vertical.

9.5 The curvature of the folding edges can be measured by making casts, magnifying them in profile, and comparing them to true circles.

9.6 The two folding edges shall be at the same elevation when the slot head is vertical.

10. Procedure

10.1 Perform testing in an atmosphere in accordance with Practice **D685**. Handle the test specimens only by the ends, taking care not to touch them in the region in which they will be folded.

10.2 Turn the oscillating folding head so that the opening is vertical. Turn the motor control switch to the off position. Place a 1-kg weight on the top of the plunger (equivalent to the tension desired on the specimen); tap the plunger sideways to minimize friction effects and lock it in position. Without touching the part of the strip to be folded, clamp the specimen lying wholly within one plane, that is, flat, and with the sides, parallel to, and not touching the oscillating jaw-mounting-plate. Remove the weight and unscrew the plunger lock to apply the specified tension to the test strip. If the reading of the load indicator changes, reclamp the specimen to give it its proper tension. Zero counter, then start motor.

NOTE 2—The number of the folds vary by as much as the cube of the applied tension. Use a tension of 9.81 N (1 kgf), but if this gives an