



Designation: D1238 – 23

Standard Test Method for Melt Flow Rates of Thermoplastics by Extrusion Plastometer¹

This standard is issued under the fixed designation D1238; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (ϵ) indicates an editorial change since the last revision or reapproval.

This standard has been approved for use by agencies of the U.S. Department of Defense.

1. Scope*

1.1 This test method covers the determination of the rate of extrusion of molten thermoplastic resins using an extrusion plastometer.

1.2 The values stated in SI units are to be regarded as standard.

1.3 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use.*

NOTE 1—This standard and ISO 1133 address the same subject matter, but differ in technical content.

1.4 *This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.*

2. Referenced Documents

2.1 ASTM Standards:²

- [D618 Practice for Conditioning Plastics for Testing](#)
- [D883 Terminology Relating to Plastics](#)
- [D3364 Test Method for Flow Rates for Poly\(Vinyl Chloride\) with Molecular Structural Implications](#)
- [D4000 Classification System for Specifying Plastic Materials](#)
- [D5947 Test Methods for Physical Dimensions of Solid Plastics Specimens](#)

¹ This test method is under the jurisdiction of ASTM Committee D20 on Plastics and is the direct responsibility of Subcommittee D20.30 on Thermal Properties (Section D20.30.08).

Current edition approved Feb. 1, 2023. Published February 2023. Originally approved in 1965. Last previous edition approved in 2020 as D1238 - 20. DOI: 10.1520/D1238-23.

² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

[E4 Practices for Force Calibration and Verification of Testing Machines](#)

[E456 Terminology Relating to Quality and Statistics](#)

[E691 Practice for Conducting an Interlaboratory Study to Determine the Precision of a Test Method](#)

2.2 *ANSI Standard:*

[B46.1 on Surface Texture](#)³

2.3 *ISO Standard:*

[ISO 1133 Determination of the Melt-Mass Flow Rate \(MFR\) and the Melt Volume-Flow Rate \(MVR\) of Thermoplastics](#)³

3. Terminology

3.1 Terms used in this standard are defined in accordance with Terminology D883, unless otherwise specified. For terms relating to precision and bias and associated issues, the terms used in this standard are defined in accordance with Terminology E456.

4. Summary of Test Method

4.1 After a specified preheating time, resin is extruded through a die with a specified length and orifice diameter under prescribed conditions of temperature, load, and piston position in the barrel. Four procedures are described. Comparable results have been obtained by these procedures in interlaboratory round-robin measurements of several materials and are described in Section 16.

4.2 Procedure A is used to determine the melt flow rate (MFR) of a thermoplastic material. The units of measure are grams of material/10 min (g/10 min). It is based on the measurement of the mass of material that extrudes from the die over a given period of time. It is generally used for materials having melt flow rates that fall between 0.15 and 50 g/10 min (see Note 2).

4.3 Procedure B is an automatically timed measurement used to determine the melt flow rate (MFR) as well as the melt

³ Available from American National Standards Institute (ANSI), 25 W. 43rd St., 4th Floor, New York, NY 10036, <http://www.ansi.org>.

***A Summary of Changes section appears at the end of this standard**

volume rate (MVR) of thermoplastic materials. MFR measurements made with Procedure B are reported in g/10 min. MVR measurements are reported in cubic centimeters/10 min (cm³/10 min). Procedure B measurements are based on the determination of the volume of material extruded from the die over a given period of time. The volume is converted to a mass measurement by multiplying the result by the melt density value for the material (see [Note 3](#)). Procedure B is generally used with materials having melt flow rates from 0.50 to 1500 g/10 min.

4.4 Procedure C is an automatically timed measurement used to determine the melt flow rate (MFR) of polyolefin materials. It is generally used as an alternative to Procedure B on samples having melt flow rates greater than 75 g/10 min. Procedure C involves the use of a modified die, commonly referred to as a “half-die,” which has half the height and half the internal diameter of the standard die specified for use in Procedures A and B thus maintaining the same length to diameter ratio. The test procedure is similar to Procedure B, but the results obtained with Procedure C shall not be assumed to be half of those results produced with Procedure B.

4.5 Procedure D is a multi-weight test commonly referred to as a “Flow Rate Ratio” (FRR) test. Procedure D is designed to allow MFR determinations to be made using two or three different test loads (either increasing or decreasing the load during the test) on one charge of material. The FRR is a dimensionless number derived by dividing the MFR at the higher test load by the MFR at the lower test load. Results generated from multi-weight tests shall not be directly compared with results derived from Procedure A or Procedure B.

NOTE 2—Polymers having melt flow rates less than 0.15 or greater than 900 g/10 min may be tested by the procedures in this test method; however, precision data have not been developed.

NOTE 3—Melt density is the density of the material in it molten state. It is not to be confused with the standard density value of the material. See [Table 4](#).

5. Significance and Use

5.1 This test method is particularly useful for quality control tests on thermoplastics.

5.2 The data produced by this test method serves to indicate the uniformity of the flow rate of the polymer as made by an individual process. It is not to be used as an indication of uniformity of other properties without valid correlation with data from other tests.

5.3 The flow rate obtained with the extrusion plastometer is not a fundamental polymer property. It is an empirically defined parameter critically influenced by the physical properties and molecular structure of the polymer and the conditions of measurement. The rheological characteristics of polymer melts depend on a number of variables. It is possible that the values of these variables occurring in this test will differ substantially from those in large-scale processes, which would result in data that does not correlate directly with processing behavior.

5.4 Measure the flow rate of a material using any of the conditions listed for the material in [X4.1](#). For many materials, there are specifications that require the use of this test method,

but with some procedural modifications that take precedence when adhering to the specification. Therefore, it is advisable to refer to that material specification before using this test method. [Table 1](#) in [Classification D4000](#) lists the ASTM materials standards that currently exist. An alternative test method for poly (vinyl chloride) (PVC) compounds is found in [Test Method D3364](#).

5.5 Additional characterization of a material can be obtained if more than one condition is used. In the case that two or more conditions are employed, a Flow Rate Ratio (FRR) is obtained by dividing the flow rate at one condition by the flow rate at another condition. Procedure D provides one method to measure more than one condition in a single charge.

5.6 Frequently, variations in test technique, apparatus geometry, or test conditions, which defy all but the most careful scrutiny, exist, causing discrepancies in flow rate determinations. A troubleshooting guide is found in [Appendix X2](#) and it is a resource to be used to identify sources of test error.

6. Apparatus

6.1 Extrusion Plastometer (Alternative Names—Melt Indexer, Melt Flow Indexer):

NOTE 4—Older plastometers that were manufactured in accordance with “design specifications” detailed in previous revisions of this test method (pre D1238 - 04c) are deemed to be acceptable, as long as they meet the dimensional and performance specifications stated in this section.

NOTE 5—Relatively minor changes in the design and arrangement of the component parts have been shown to cause differences in results among laboratories. For the best interlaboratory agreement, it is important that the design adhere closely to the description herein; otherwise, it should be determined that modifications do not influence the results. Refer to [Fig. 1](#).

6.1.1 The apparatus is a dead-weight piston plastometer consisting of a thermostatically controlled heated steel cylinder with a bore that contains a die at the lower end, and a weighted piston operating within the cylinder. The essential features of the plastometer, illustrated in [Figs. 1 and 2](#), are described in [6.2-6.12](#). The bore of the extrusion plastometer shall be properly aligned in the vertical direction (see [Appendix X1](#)). All dimensional measurements shall be made when the article being measured is at $23 \pm 5^\circ\text{C}$. As an acceptable alternative, the test force can be applied via a drive system working with a load cell. In case of dispute between two cooperating laboratories, the dead weight plastometer shall be considered correct.

6.2 *Cylinder*—The cylinder shall be $50 \text{ mm} \pm 10 \text{ mm}$ in diameter, 115 to 180 mm in length with a smooth, straight bore $9.5504 \pm 0.0076 \text{ mm}$ in diameter. The cylinder bore shall be manufactured in a way that produces a finish approximately 12 rms or better in accordance with ANSI B46.1. Means shall be provided to monitor the temperature inside the bore.

6.3 Die (Orifice):

6.3.1 *Standard Die*—The outside diameter of the die shall be such that it will fall freely to the bottom of the hole in the cylinder. The orifice of the die shall have a smooth straight bore $2.095 \pm 0.005 \text{ mm}$ in diameter and shall be $8.000 \pm 0.025 \text{ mm}$ in length (see [Fig. 2](#)). The bore of the orifice and its finish are

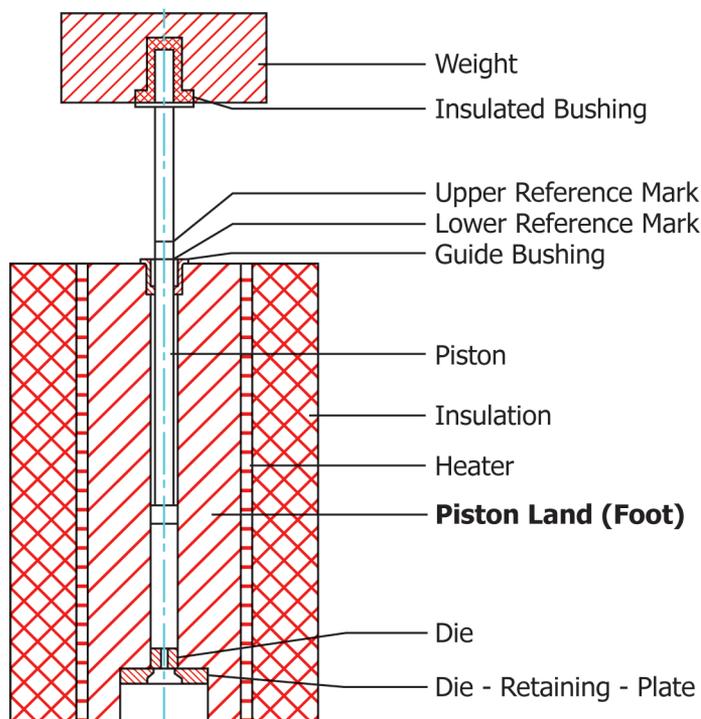


FIG. 1 General Arrangement of Extrusion Plastometer (See Section 6.)

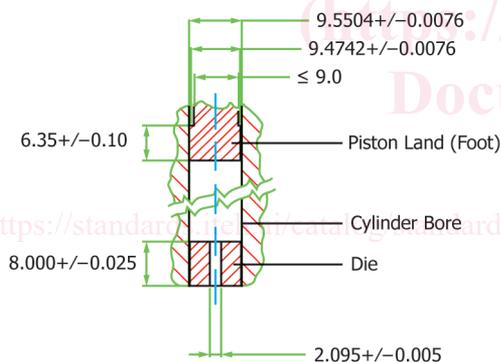


Figure #2 - Dimensions of the cylinder bore, piston foot & standard die

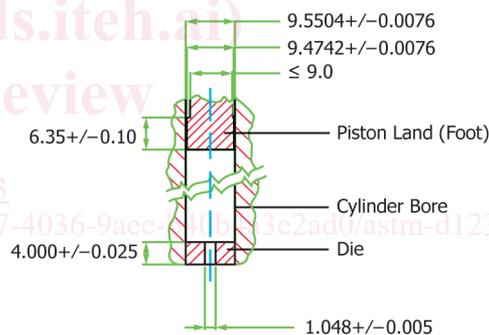


Figure #2a - Dimensions of the cylinder bore, piston foot & "half" die

FIG. 2 Details of Extrusion Plastometer

critical. It shall have no visible drill or other tool marks and no detectable eccentricity. The bore of the orifice shall be manufactured by techniques known to produce finishes approximately 12 rms or better in accordance with ANSI B46.1.

6.3.2 "Half" Die—Used for Procedure C. When testing polyolefins with a MFR of 75 or greater (using the standard die), an alternate die has shown to improve the reproducibility of results by reducing the flow rate of these materials. The outside diameter of the die shall be such that it will fall freely to the bottom of the hole in the cylinder. The orifice shall have a smooth straight bore 1.048 ± 0.005 mm in diameter and shall be 4.000 ± 0.025 mm in length (see Fig. 2A). The bore of the orifice and its finish are critical. It shall have no visible drill or other tool marks and no detectable eccentricity. The bore of the orifice shall be manufactured by techniques known to produce

finishes approximately 12 rms or better in accordance with ANSI B46.1 (Note Note 6). No spacer shall be used with this die.

NOTE 6—Recommended die material is tungsten carbide. Also satisfactory are steel, synthetic sapphire, and cobalt-chromium-tungsten alloy. When softer materials are used, it will be necessary to conduct critical dimensional checks and visual inspections on the die more often.

6.4 Piston:

6.4.1 The piston shall be made of steel. There shall be insulation at the top as a barrier to heat transfer from the piston to the weight. The piston shall be prevented from rubbing on the bore. Most commercially available instruments use a loose fitting metal guide sleeve, but other methods are acceptable. The weight of the sleeve shall not be considered as part of the test load. The land (foot) of the piston shall be

9.4742 ± 0.0076 mm in diameter and 6.35 ± 0.10 mm in length. Above the land, the piston shall be relieved to ≤ 9.0 mm in diameter (see Fig. 2). The piston land shall be manufactured by techniques known to produce finishes approximately 12 rms in accordance with ANSI B46.1. If corrosion is a problem, the piston or piston land, if removable, shall be made of corrosion resistant material.

6.4.2 For procedure A, the piston shall be scribed with two reference marks 4 mm apart in such fashion that when the lower mark coincides with the top of the cylinder, guide sleeve or other suitable reference point, the bottom of the piston is 48 mm above the top of the die (see Fig. 1) and the timed test run shall start within these two reference marks. The targeted starting point shall be 46 ± 2 mm above the upper face of the die. (see Fig. 1).

6.4.3 The combined weight of piston and load shall be within a tolerance of ±0.5 % of the selected load.

6.4.4 The load corresponding to a test weight may also be applied by a drive system working with a load cell. A calibration of the load cell in combination with the piston shall be performed, and performance shown to be equivalent or better than the requirements listed in 6.4.3. Information on calibration of the load cell can be found in 6.14.

6.4.5 If the instrument is equipped with such a drive system, its design shall ensure that no effect of temperature is present which is bigger than the given tolerances as defined for the test weights. A typical design of a well-protected load measurement system includes a closed housing around the load sensor to prevent it from short-term warming, an adapted insulation to prevent excessive heat transfer from the hot piston to the load sensor, and the use of a temperature compensated load cell.

6.5 Temperature Control System:

6.5.1 The equipment shall have the capability of heating and maintaining the temperature inside the bore of the cylinder in accordance with the requirements specified in Table 1 throughout the duration of the test.

6.5.2 The preferred method for calibrating the temperature is to use a temperature sensor assembly having a sensor with at least an accuracy of ±0.08°C at 200°C and a 20 ± 0.5-mm long brass tip press fit on the end of the sensor. The diameter of the brass tip shall closely match the diameter of the die and the length of the active measuring length of the temperature sensor (see Appendix X3).

6.5.3 Temperatures shall be verified with the bottom of the temperature sensor at 10 and 75 ± 1 mm above the upper face

of the die and at each test temperature, without touching the die. Allow at least four minutes for equilibrium of temperature to be reached for each position. Temperature variation shall be determined over a minimum of 15 minutes. When using the “half” die, the temperature indicating device shall be calibrated as stated in Table 1 except temperatures are measured at 79 ± 1 mm and 14 ± 1 mm above the upper surface of the die.

6.5.4 An alternative method is to insert the temperature sensor without a brass tip into the melt from the top of the cylinder so that it is 10 and 75 ± 1 mm above the upper face of the die.

6.5.5 The temperature sensor and readout equipment used for calibration of the extrusion plastometer shall be traceable to a national standard (for example, NIST).

6.6 *Timing Device/System*—For Procedure A, a timing device with an accuracy of 0.1 s shall be used. For Procedures B, C, and D, an automatic timing system shall measure and time piston movement within the specified travel range. The requirements of the automatic timing system shall be as follows:

6.6.1 Sense and indicate the piston travel time within ±0.01 s.

6.6.2 Measure piston travel within ±0.4 % of the nominal selected value (see 11.7) for use in the flow rate calculations. This requires that the measurement be 6.35 ± 0.025 mm or 25.4 ± 0.102 mm.

6.6.3 Operate within a fixed portion of the cylinder. This is defined as the portion of the cylinder between 48 mm and 18.35 mm above the top of the die.

6.6.4 Any effects on the applied load caused by the Timing Device/System must be included in the allowable tolerance given in 6.4.3.

6.6.5 The equipment used to calibrate the Timing Device/System shall be traceable to a national standard (for example, NIST).

6.7 Operating Tools:

6.7.1 *Level*—Used to verify the vertical alignment of the bore of the extrusion plastometer. This is necessary to minimize subtractive loads resulting from rubbing or friction between the piston tip and sidewall. Means of alignment are discussed in Appendix X1.

6.7.2 *Go/No-Go Gauge*:

6.7.2.1 For the standard die, a go/no-go gauge suitable to inspect the inner diameter of the hole in the die. The go member of the gauge shall be no smaller than 2.090 mm. The no-go member shall be no larger than 2.100 mm. (See Note 7.)

6.7.2.2 For the “half” die, a go/no-go gauge suitable to inspect the hole in the die. The go member of the gauge shall be no smaller than 1.043 mm. The no-go member shall be no larger than 1.053 mm. (See Note 7.)

NOTE 7—Frequent use of Go/No-Go Gauges subject them to wear. They should be verified routinely.

6.7.3 *Funnel*—For charging samples to the cylinder

6.7.4 *Packing Tool*—For charging samples to the cylinder

6.7.5 *Spatula*—Or similar device used to cut extrudate

6.7.6 *Balance*—Capable of weighing to 0.001 g

6.8 *Cleaning Equipment*:

6.8.1 *Cylinder bore cleaning tool*

TABLE 1 Maximum Allowable Variation in Temperature with Distance and Time Throughout the Test

Test temperature set point T °C	Temperature tolerance, °C	
	At 75 ± 1 mm above the die surface (°C) ^A	At 10 ± 1 mm above the die surface (°C) ^A
125 ≤ T < 250	±2.0	±0.2
250 ≤ T < 300	±2.5	±0.5
300 ≤ T	±3.0	±1.0

^AWhen using the “half” die, the temperature indicating device shall be calibrated as stated in this table except temperatures are measured at nominal 79 ± 1 mm and 14 ± 1 mm above the upper surface of the die.

6.8.2 *Die cleaning tool*

6.8.3 *Cotton patches*

6.9 *Weight Support*—Used with high Melt Flow Rate material to prevent material from flowing out during the preheat period.

6.10 *Die Plug*—Used with high melt flow rate material to plug the die when weight support measures are not enough to prevent material from flowing out during the preheat period.

6.11 *Automatic Weight Lowering and Lifting Device*—Optional for Procedures A, B, and C, but required for Procedure D. Device for automatically applying test loads to the piston. This device is often useful as a weight support.

6.12 *Multi-Weight (Flow Rate Ratio) Accessory*—For testing in accordance with Procedure D, it is necessary to have an accessory that permits Melt Flow Rate determinations to be made using two or three different test loads on one charge of material by loading or unloading test loads, or both, at pre-set heights.

NOTE 8—Different manufacturers of equipment may offer options that help to automate the test and/or data collection. These are acceptable for use provided they operate in a manner that does not conflict with descriptions in Section 6 and the procedures listed in Sections 10, 11, 12, and 13.

6.13 *Micrometer*—Apparatus for measuring the dimensions of the piston foot shall comply with the requirements of Test Method D5947.

6.14 If an extrusion plastometer utilizes a drive system instead of dead weights, the applied force shall comply with Practices E4, except the load measurement requirements shall fulfill the same accuracy requirements as the dead weight requirements in 6.4.3 ($\pm 0.5\%$ accuracy and repeatability).

6.14.1 *Apparatus:*

6.14.1.1 Calibration should mimic the use of the machine and include the combined weight of the piston and applied force of the load cell. The calibration set-up should resemble Fig. 3.

6.14.2 *Procedure:*

6.14.2.1 A calibration of the load cell shall be performed in accordance with Practices E4 with permissible maximum error of 0.50 % and repeatable within 0.50 % of each other.

7. Test Specimen

7.1 The test specimen is permitted to be in any form that allows it to be introduced into the bore of the cylinder, for example, powder, granules, strips of film, or molded slugs.

NOTE 9—It may be desirable to pre-form or pelletize a powder. Trapped air causes the piston to fall faster, hence measurements are affected.

8. Conditioning

8.1 Many thermoplastic materials do not require conditioning prior to testing. Some materials that contain volatile components, are chemically reactive, or have other special characteristics will require appropriate conditioning procedures. Moisture not only affects reproducibility of flow rate measurement but, in some types of materials, degradation is accelerated by moisture at the high temperatures used in testing. Check the applicable material specification for any

conditioning requirements before using this test. See Practice D618 for appropriate conditioning practices.

9. Procedural Conditions

9.1 A list of possible test conditions for various materials is shown in Table X4.1 found in Appendix X4. Test conditions shall be shown as: Condition _ _ _ / _ _ _ , where the temperature in degrees Celsius is shown first, followed by the weight in kilograms. For example: Condition 190/2.16.

NOTE 10—Some materials may require special materials of construction or handling for performing this test. Please refer to the material specification for appropriate recommendations.

10. Procedure A—Manual Operation

10.1 Select conditions of temperature and load from X4.1 or in accordance with material specifications. Where multiple test conditions exist, test conditions shall be agreed upon by the cooperating laboratories. If test conditions are not known, select conditions that result in flow rates between 0.15 to 50 g/10 min.

10.2 Inspect the extrusion plastometer for cleanliness (see Note 11). All surfaces of the cylinder bore, die and piston shall be free of any residue from previous tests.

NOTE 11—The degree of cleanliness can significantly influence the flow rate results, therefore a thorough method of cleaning should be established. It has been found that swabbing the barrel with a clean cotton patch several times is satisfactory for most materials and that the die, barrel, and piston are more easily cleaned while hot. For materials that are difficult to clean from the metal surfaces, use of a brass brush has been found to be satisfactory.

10.3 Check the die bore diameter at frequent intervals with appropriately sized go/no-go gauge (checked with die at $23 \pm 5^\circ\text{C}$) to verify that the die is within the tolerances given in 6.3.1. Visually examine the die bore to verify that it is not scratched or damaged. Also visually inspect the land of the piston foot to verify that it is not scratched or damaged and use a micrometer to verify that the dimensions are within the tolerances given in 6.4.1 (see Note 12).

NOTE 12—Cleaning and usage will eventually cause damage or wear to the, bore, die and the land of the piston. Data has shown that erroneous results will be obtained if these components are not within the appropriate tolerances.

10.4 Set the temperature in accordance with the manufacturer's instructions.

10.5 Insert the die and the piston into the bore. Allow the temperature of the cylinder, with the piston and die in place, to stabilize within $\pm 0.2^\circ\text{C}$ of the selected test temperature for at least 15 minutes before starting a test. When equipment is used continuously, it is not necessary to heat the piston and die for 15 minutes when runs of the same or similar material at the same test temperature are being measured over a continuous time frame, provided the piston and die are cleaned and re-inserted into the bore within five minutes after removal from the extrusion plastometer at the end of each test. If the piston, or die, or both, are removed from the bore for longer than five minutes, they shall be considered "cold" and the full 15 minutes heating stabilization time shall be required.

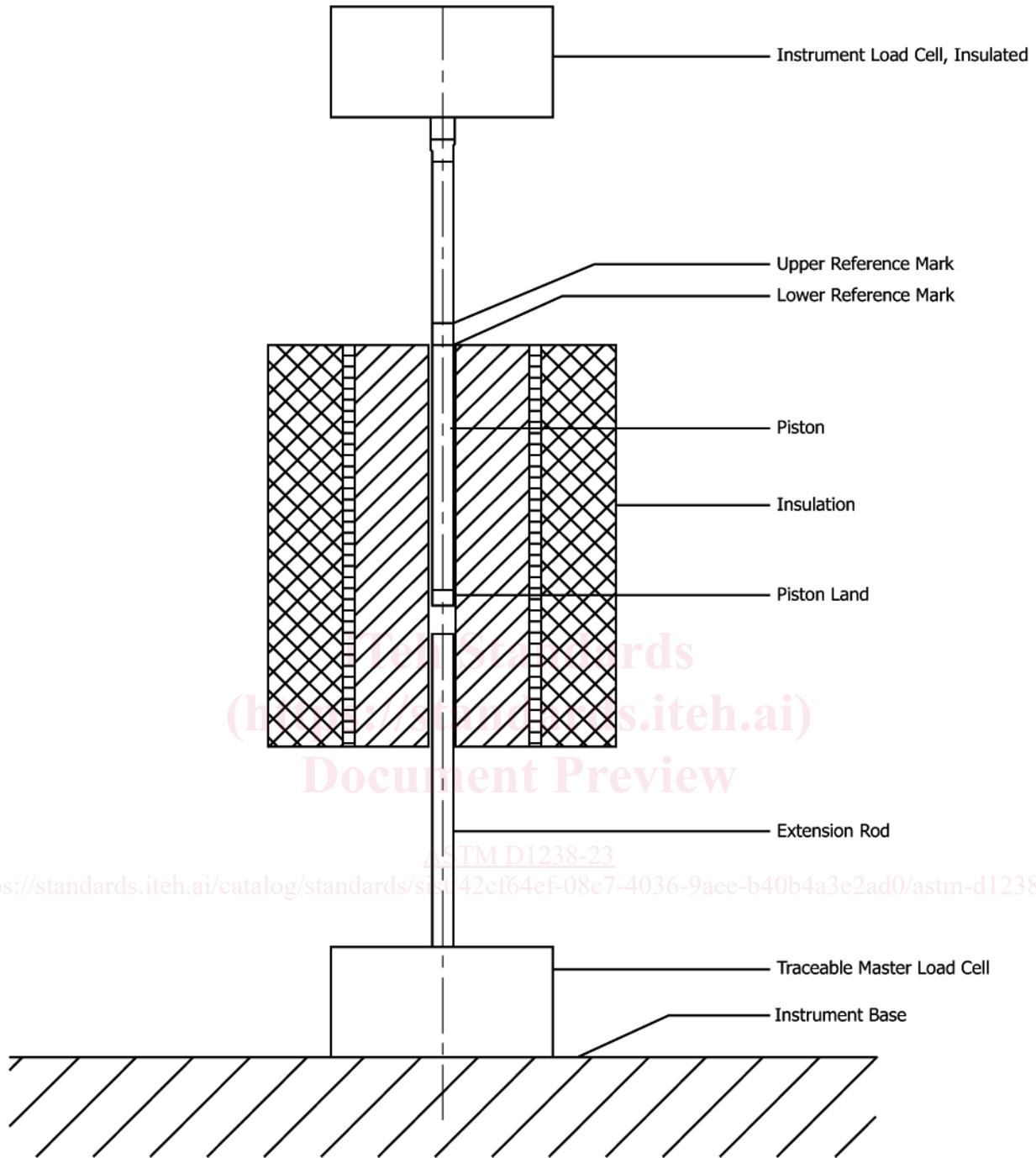


FIG. 3 Calibration Set-Up

10.6 Remove the piston from the bore (see Note 13). Within 60 seconds, charge the cylinder with a weighed portion of the sample in accordance with the expected flow rate (as given in Table 2), reinsert the piston and add the appropriate weight. The charging weights given in Table 2 are merely suggestions, and the actual charging weight for a specific sample, if not known, will need to be determined by trial and error. Adjust the charge weight so that the piston is in the proper position at the end of the pre-heat period. If necessary, it is acceptable to purge excess material from the cylinder bore so that the piston is in the proper position at the end of the pre-heat period.

Purging of material done at conditions with greater force than testing conditions shall be completed at least 2 minutes prior to making the initial cut-off (see Note 14).

NOTE 13—Placing the piston on an insulated surface after removing it from the bore will reduce heat loss.

NOTE 14—Material is purged by forcing the piston to a position that will ensure that subsequent travel of the piston during the remainder of the pre-heat period will position the piston at the correct start position. The material should be allowed to soften and melt before manually purging.

NOTE 15—Additional care may be necessary to prevent thermal degradation in the extrusion plastometer. This is sometimes done by the addition of an appropriate antioxidant. For highly unstable materials, it