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Standard Guide for Preparation of Biological Samples for Inorganic Chemical Analysis¹

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1. Scope

1.1 This guide describes procedures for the preparation of test samples collected from such locations as streams, rivers, ponds, lakes, estuaries, oceans, and toxicity tests and is applicable to such organisms as plankton, mollusks, fish, and plants.

1.2 The procedures are applicable to the determination of volatile, semivolatile, and nonvolatile inorganic constituents of biological materials. Analyses may be carried out or reported on either a dry or wet basis.

1.3 The values stated in SI units are to be regarded as standard. No other units of measurement are included in this standard.

1.4 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use.* For a specific hazard statement, see 9.3.3.

1.5 *This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.*

2. Referenced Documents

2.1 *ASTM Standards:*²

D1129 Terminology Relating to Water

D1193 Specification for Reagent Water

¹ This guide is under the jurisdiction of ASTM Committee D19 on Water and is the direct responsibility of Subcommittee D19.05 on Inorganic Constituents in Water.

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² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

3. Terminology

3.1 *Definitions:*

3.1.1 For definitions of terms used in this standard, refer to Terminology D1129.

4. Summary of Guide

4.1 Samples are collected, where possible, with nonmetallic or TFE-fluorocarbon-coated sampling equipment to prevent contamination, stored in plastic containers, and kept either at 4 °C or frozen until returned to an adequate facility for analysis.

4.2 Before analysis, samples are allowed to return to room temperature. Large foreign objects are mechanically removed from the samples based upon visual examination; smaller foreign objects are also removed mechanically, with the aid of a low-power microscope.

4.3 Wet samples of small organisms such as plankton, are mixed for preliminary homogenization, then allowed to settle, to remove most of the occluded water. Larger organisms, such as fish, should be patted dry, using paper towels.

4.4 Where less than a whole organism is to be analyzed, tissue excisions are made with nonmetallic tools such as plastic knives or TFE-fluorocarbon-coated scalpels.

4.5 Moisture determinations are made on separate samples from those analyzed for volatile or semivolatile constituents.

4.6 Analyses for volatile constituents are made using wet samples from which supernatant liquid or occluded water has been removed (see 4.3). The results may be calculated to the dry, original-sample basis, using the results of a moisture determination carried out on a separate sample.

4.7 Analyses for semivolatile constituents are made on wet samples or samples previously dried at a temperature (dependent on constituents of interest), or using a procedure, found to be adequate for the purpose, and specified in the corresponding analytical procedure.

4.8 Analyses for nonvolatile constituents are made on samples previously dried at a temperature (dependent on constituents of interest), or using a procedure found to be adequate for the purpose, and specified in the corresponding analytical procedure.

4.9 Digest the samples according to the procedures outlined in Section 9.

4.10 A flow diagram outlining typical procedures is shown in Fig. 1.

5. Significance and Use

5.1 The chemical analysis of biological material, collected from such locations as streams, rivers, lakes, and oceans can provide information of environmental significance. The chemical analysis of biological material used in toxicity tests may be useful to better interpret the toxicological results.

5.2 Many aquatic biological samples, either as a result of their size, or their method of collection, are inherently heterogeneous in that they may contain occluded water in varying and unpredictable amounts and may contain foreign objects or material (for example, sediment) not ordinarily intended for analysis, the inclusion of which would result in inaccurate analysis.

5.3 Standard methods for separating foreign objects, to facilitate homogenization, will minimize errors due to poor mixing and inclusion of extraneous material.

5.4 Standardized procedures for drying provide a means for reporting analytical values to a common dry weight basis, if desired. Analyses may also be carried out or reported on a wet weight basis.

6. Preliminary Treatment of Samples

6.1 Treat small heterogeneous samples, such as plankton, as follows:

6.1.1 Allow for the sample to return to room temperature.

6.1.2 Remove foreign objects, such as leaves and twigs, mechanically, using nonmetallic instruments. Use a low-power microscope to facilitate removal of smaller foreign objects such as paint chips.

6.1.3 Transfer the sample to a beaker and thoroughly mix it with a glass stirring rod or equivalent, and allow it to settle so that most or all of the occluded water can be decanted.

6.1.4 If chemical analyses are to be carried out on a wet sample, and a large amount of material is available, remove a number of small portions (at least five) from random locations in the beaker, and composite them to obtain a representative sample of a size sufficient for chemical analysis and a separate moisture determination. Using a tissue disrupter, blender, or equivalent, homogenize the sample or composite (to ensure lack of contamination, carry a standard or blank, or both, through this procedure). Remove a subsample for moisture determination and proceed to Section 7. Retain the remainder and proceed to Section 9.

6.1.5 If chemical analyses are to be carried out on a dry sample, and a large amount of material is available, remove a number of small portions (at least five) from random locations in the beaker, and composite them to obtain a representative

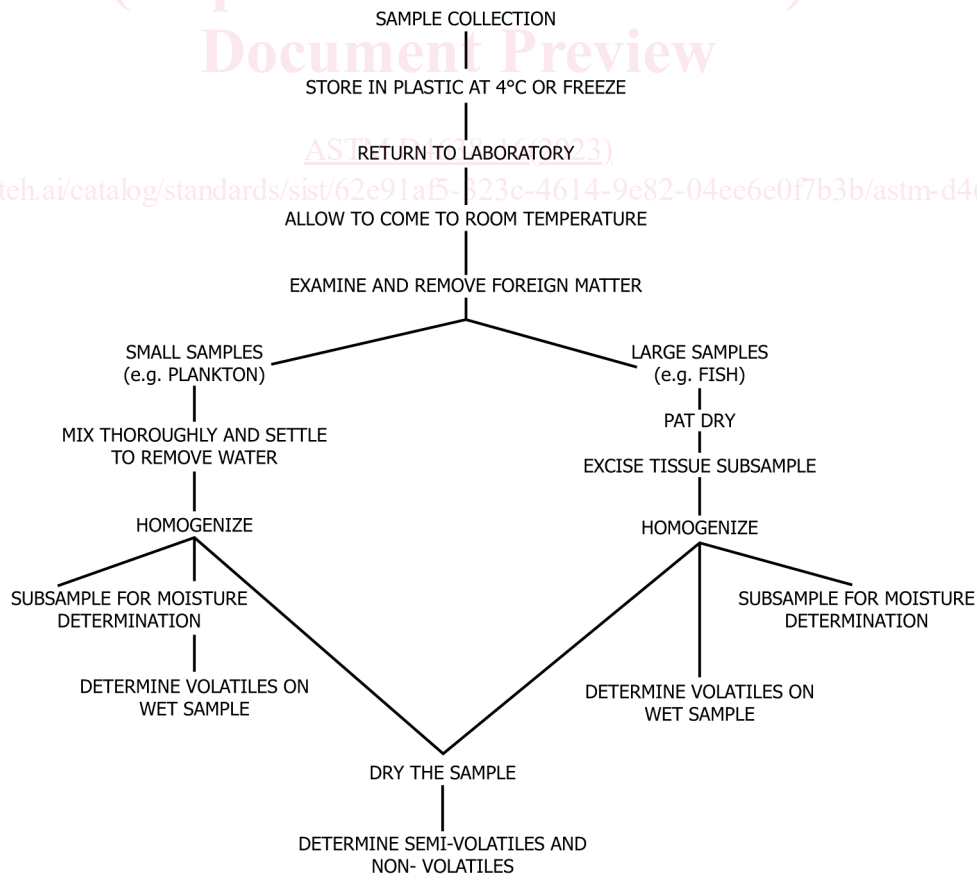


FIG. 1 Flow Diagram for the Preparation of Biological Samples for Inorganic Analysis

sample of a size sufficient for the analysis. Using a tissue disrupter, blender, or equivalent, homogenize the sample, or composite (to ensure lack of contamination, carry a standard or blank, or both, through this procedure), and proceed to Section 7.

6.2 Treat large samples such as fish as follows:

6.2.1 Allow the sample to return to room temperature.

6.2.2 Pat the sample dry with paper toweling to remove as much water as possible.

6.2.3 Transfer the sample to a nonmetallic surface, such as a flat glass plate, and excise a sufficient quantity of material, or specific organs, to obtain sufficient material for analysis. Make excisions with plastic knives or TFE-fluorocarbon-coated scalpels.

6.2.4 If chemical analyses are to be carried out on a wet sample, use a tissue disrupter, blender, or equivalent, to homogenize the material (to ensure lack of contamination, carry a standard or blank, or both, through this procedure). Remove a subsample for moisture determination and proceed to Section 7. Retain the remainder and proceed to Section 9.

6.2.5 If chemical analyses are to be carried out on a dry sample, use a tissue disrupter, blender, or equivalent, to homogenize the material (to ensure lack of contamination, carry a standard or blank, or both, through this procedure) and proceed to Section 7.

7. Drying Procedures

7.1 Use a sample or subsample prepared in accordance with the directions given in Section 6.

7.2 Treat subsamples from biological materials that are to undergo chemical analysis without drying for moisture determinations as follows:

7.2.1 Accurately weigh 5 g to 10 g \pm 1 mg or 10 g to 25 g \pm 10 mg of material into a nonmetallic container which has been previously tared, and weighed with the same accuracy.

7.2.2 When a limited amount of material is available, determine the moisture on a 1 g to 2 g sample, and weigh with an accuracy of \pm 0.1 mg. The use of samples smaller than 1 g is not recommended for moisture determination.

7.3 When an entire sample is to be dried prior to chemical analysis, a moisture determination is also required. Transfer the accurately weighed material (1 g to 2 g \pm 0.1 mg, 5 g to 10 g \pm 1 mg, >10 g \pm 10 mg) into a dry nonmetallic container which has been previously tared, and weigh with the same accuracy.

7.4 If a moisture determination (or sample drying) is to be made using an oven, treat as follows:

7.4.1 Transfer the containers holding the material to an oven and dry for 2 h at one of the following temperatures:

7.4.1.1 For the determination of semivolatile constituents, use the temperature specified in the analytical procedure for the constituents(s).

7.4.1.2 For determination of nonvolatile constituents use 105 °C \pm 2 °C.

7.4.2 Cool in a desiccator, then weigh the dried samples with the same accuracy as the wet samples.

NOTE 1—Biological materials tend to be very hygroscopic. Keep

weighing times to a minimum.

7.4.3 Repeat drying at hourly intervals, to attain a constant weight.

7.5 If a moisture determination (or sample drying) is to be made at room temperature, treat as follows:

7.5.1 If drying is to be done in a desiccator, ensure that the desiccant in the bottom is fresh, and some means is available to indicate when the desiccant loses its drying capacity (for example, color change). A vacuum desiccator may also be used.

NOTE 2—If a vacuum desiccator is used, bear in mind that this may cause the loss of volatile or semivolatile inorganics such as mercury, if the dried sample is to be subjected to chemical analysis.

7.5.1.1 Transfer the containers holding the material to a desiccator.

7.5.1.2 Leave the material in the desiccator for 48 h, then weigh the dried samples with the same accuracy as the wet sample.

7.5.1.3 Repeat weighings at 4-h intervals, to attain a constant weight (see Note 1).

7.5.2 Alternatively, sample drying or moisture determinations may be carried out in a laminar flow hood; treat as follows:

7.5.2.1 Transfer the containers holding the material to an appropriate hood and turn it on.

7.5.2.2 Leave the material in the hood for 48 h, then weigh the dried samples with the same accuracy as the wet sample.

7.5.2.3 Repeat weighings at 4-h intervals, to attain a constant weight (see Note 1).

NOTE 3—Air-drying in the open is strongly discouraged unless it is carried out in a clean room, where possible contamination from airborne particulates can be controlled.

7.6 If a moisture determination (or sample drying) is to be made using a freeze dryer, treat the determination as follows:

7.6.1 Transfer the containers holding the material to the freeze dryer.

7.6.2 Follow the manufacturer's instructions for the particular unit in use. Make certain that a trap is placed between the vacuum pump and the drying chamber to prevent pump oil fumes from possibly contaminating the sample. Drying is usually complete when the internal pressure in the drying chamber reaches 50 millitorrs or less.

7.6.3 Transfer the freeze-dried samples to a desiccator for storage, and weigh them with the same accuracy as the wet samples (see Note 1).

NOTE 4—Because freeze drying occurs under vacuum, this may cause the loss of volatile or semivolatile inorganics such as mercury, or both, if the dried sample is to be subjected to chemical analysis.

7.7 The possibility of loss of volatile constituents dictates the drying procedure to be used, prior to chemical analysis. Determine volatile constituents using undried samples. Determine semivolatile constituents using samples dried at a temperature at which no significant losses occur.

7.8 Analytical data reported on a dry weight basis should include percent moisture so that wet weight values can be

obtained. Likewise, wet weight analytical data should include percent moisture to permit recalculation to a dry weight basis.

7.9 Use the following equations to calculate percent moisture and to correct analytical results from samples analyzed when wet.

7.9.1 Calculate percent moisture as follows:

$$\text{moisture, \%} = (W_w/W_d)100 \quad (1)$$

where:

W_w = wet weight, g, and

W_d = dry weight, g

7.9.2 To calculate concentrations on a dry weight basis, when determinations have been made on an undried sample, use the following equation:

$$C_d = \frac{C_w (100)}{100 - \% \text{ moisture}} \quad (2)$$

where:

C_d = concentration on a dry weight basis, and

C_w = concentration on a wet weight basis.

8. Reagents and Materials

8.1 *Purity of Reagents*—Reagent grade chemicals shall be used in all tests. Unless otherwise indicated, it is intended that all reagents conform to the specifications of the Committee on Analytical Reagents of the American Chemical Society where such specifications are available.³ Other grades may be used, provided it is first ascertained that the reagent is of sufficiently high purity to permit its use without lessening the accuracy of the determination.

8.2 *Purity of Water*—Unless otherwise indicated, references to water shall be understood to mean reagent water conforming to Specification **D1193**, Type I. Other reagent water types may be used, provided it is first ascertained that the water is of sufficiently high purity to permit its use without adversely affecting the bias and precision of the test method. Type II water was specified at the time of round robin testing of this method.

8.3 All of the following reagents may not be required for a particular procedure. Check the digestion procedure(s) of interest (Section 9) prior to preparing any reagents.

8.3.1 *Amyl Alcohol*.

8.3.2 *Hydrochloric Acid (1+1)*—Mix one volume of hydrochloric acid (HCl, sp gr 1.19) with one volume of water.

8.3.3 *Hydrogen Peroxide Solution (30 % H₂O₂ w/v)*—Commercially available.

8.3.4 *Magnesium Nitrate Solution (7 g/L)*—Dissolve 7 g of magnesium nitrate Mg(NO₃)₂·6H₂O in water and dilute to 1000 mL.

8.3.5 *Nitric Acid (sp gr 1.42)*—Concentrated ultra-pure nitric acid (HNO₃).

³ ACS Reagent Chemicals, *Specifications and Procedures for Reagents and Standard-Grade Reference Materials*, American Chemical Society, Washington, DC. For suggestions on the testing of reagents not listed by the American Chemical Society, see *Analar Standards for Laboratory Chemicals*, BDH Ltd., Poole, Dorset, U.K., and the *United States Pharmacopeia and National Formulary*, U.S. Pharmacopeial Convention, Inc. (USPC), Rockville, MD.

8.3.6 *Nitric Acid (1+9)*—Mix one volume of nitric acid (HNO₃, sp gr 1.42) with nine volumes of water.

8.3.7 *Nitric-Perchloric Acid Solution (3+1)*—Mix three volumes of ultra-pure concentrated nitric acid (HNO₃, sp gr 1.42) with one volume of ultrapure concentrated perchloric acid (HClO₄, sp gr 1.67).

8.3.8 *Sulfuric Acid (sp gr 1.84)*—Concentrated ultra-pure sulfuric acid (H₂SO₄).

8.3.9 *Sulfuric Acid (1+9)*—Mix one volume of sulfuric acid (H₂SO₄, sp gr 1.84) with nine volumes of water.

8.4 *Filter Paper*—Purchase suitable filter paper. Typically the filter papers have a pore size of 0.45- μ m membrane. Material such as fine-textured, acid-washed, ashless paper, or glass fiber paper are acceptable. The user must first ascertain that the filter paper is of sufficient purity to use without adversely affecting the bias and precision of the test method.

9. Digestion Procedures

9.1 Many procedures are available for the destruction of biological material prior to inorganic analysis, but almost all the methods fall into one of two main classes: dry ashing and wet digestion. Each of these classes has advantages and disadvantages, as do the individual procedures that fall under them. Before choosing a particular method, the user should consult the pertinent literature to determine the utility and applicability of any method, prior to a final selection. Even then, experience with a particular sample type or digestion apparatus, or both, may have to be the final arbiter in method selection.

NOTE 5—Contradictory reports, regarding recoveries for various procedures, can be found in the following literature.^{4,5,6,7}

9.2 *Dry ashing entails procedures in which organic matter is oxidized by reaction with gaseous oxygen, generally with the application of energy in some form.* Included in this general term are the methods in which the sample is heated to a relatively high temperature in a stream of air or oxygen and the related low-temperature technique where excited oxygen is used.

9.2.1 For high temperature ashing, digest as follows:

9.2.1.1 Place a weighed 2 g to 10 g sample, prepared according to the procedures outlined in Section 7, into an acid-washed 250-mL borosilicate beaker. Spread the sample evenly, and over as wide an area as possible. If a wet sample is used, as in the case of volatile or semivolatile constituents, first dry the sample at low temperature. This may be accomplished with an infrared lamp, on a low-temperature hot plate, or at a low setting in a muffle furnace.

⁴ Middleton, G., and Stuckey, R., "The Preparation of Biological Material for the Determination of Trace Metals, Part II," *Analyst*, Vol 79, 1954, pp. 138–142.

⁵ Gorsuch, T. T., "Radiochemical Investigations on the Recovery for Analysis of Trace Elements in Organic and Biological Materials," *Analyst*, Vol 84, 1959, pp. 135–173.

⁶ Prasad, M., and Spiers, M., "Comparative Study of Ashing Techniques for the Digestion of Horticultural Plant Samples," *Journal of Agricultural Food Chemistry*, Vol 26, 1978, pp. 824–827.

⁷ Knight, M. J., "A Comparison of Four Digestion Procedures Not Requiring Perchloric Acid for the Trace Element Analysis of Plant Material," *Argonne National Laboratory Report ANL/LRP-TM18*, 1980, p. 27.