

# TECHNICAL REPORT

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Guidance for residual stress measurement of optical fibre

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IEC Central Office  
3, rue de Varembe  
CH-1211 Geneva 20  
Switzerland  
Email: [inmail@iec.ch](mailto:inmail@iec.ch)  
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INTERNATIONAL  
ELECTROTECHNICAL  
COMMISSION

PRICE CODE

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GUIDANCE FOR RESIDUAL STRESS MEASUREMENT  
OF OPTICAL FIBRE

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The text of this technical report is based on the following documents:

Enquiry draft	Report on voting
86A/1143/DTR	86A/1148/RVC

Full information on the voting for the approval of this technical report can be found in the report on voting indicated in the above table.

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## GUIDANCE FOR RESIDUAL STRESS MEASUREMENT OF OPTICAL FIBRE

### 1 Scope

The measurement of residual stress distribution in an uncoated glass optical fibre is considered to be important as it affects critical fibre parameters such as refractive index, intrinsic polarization mode dispersion, mode field diameter and dispersion. The optical polarimetric method is a well-established technique to measure the residual stress of an optical material. This technical report describes a transverse polarimetric method to measure the residual stress profile of any type of optical fibre.

The principle and detailed procedure for measuring the optical transverse stress profile of a fibre, which is cylindrically symmetric, is described in detail. It is based on a polariscope, which is constructed with a fixed polarizer, a quarter-wave plate and an analyzer. An optical tomographic technique is also described for measuring the stress profile of a fibre with a cylindrically non-symmetric structure.

### 2 Justification of measurement

Residual stress in an optical fibre is induced by the combination of the fibre construction and the drawing process. The stress information is important because it affects many important parameters of an optical fibre due to the following reasons.

- Temperature dependent changes of fibre parameters are larger for a fibre with larger residual stress, and these are responsible for the statistical behaviour of polarization mode dispersion (PMD) changes in deployed fibre links. (See references [10-12].)<sup>1)</sup>
- The variation of important fibre parameters such as chromatic dispersion, mode field diameter, PMD depends on the intrinsic residual stress of an optical fibre. (See references [13-17].)
- The asymmetric residual stress profile of a fibre causes fibre curl, which affects cleaving quality for an optical fibre ribbon.
- The asymmetric residual stress of a fibre is a major cause of the intrinsic PMD of an optical fibre. (See references [18-20].)
- Excessive residual stress can lead to core cracking that might be seen in, for example, the preparation of the ends for connectors.
- The design of polarization retaining fibres normally involves inducing a non-symmetric stress field. This measurement can be used to confirm these designs.

Much progress has been made in measuring the residual stress profile of an optical fibre (see references [1-9]) such that spatial resolution can be as small as 0,6  $\mu$  and accuracy in measuring stress can be as low as 0,4 MPa.

Depending on the application, either one- or two-dimensional stress data may be needed. This document describes methods by measuring the polarization rotation of a transversely exposed laser light across a fibre cross-section using a polarimetric method.

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<sup>1)</sup> Figures in square brackets refer to the Bibliography.

### 3 Apparatus

#### 3.1 General

An optical transverse phase retardation measurement method is used to determine the residual stresses in a fibre. Figure 1 shows a simple polariscopic phase retardation measurement setup consisting of a polarizer, fibre sample, Babinet variable phase compensator, and an analyzer. Stressed material shows stress-induced birefringence for light propagating through the medium. By measuring the polarization dependent phase retardation of light transmitted through a sample, the stress can be measured.

#### 3.2 Light source

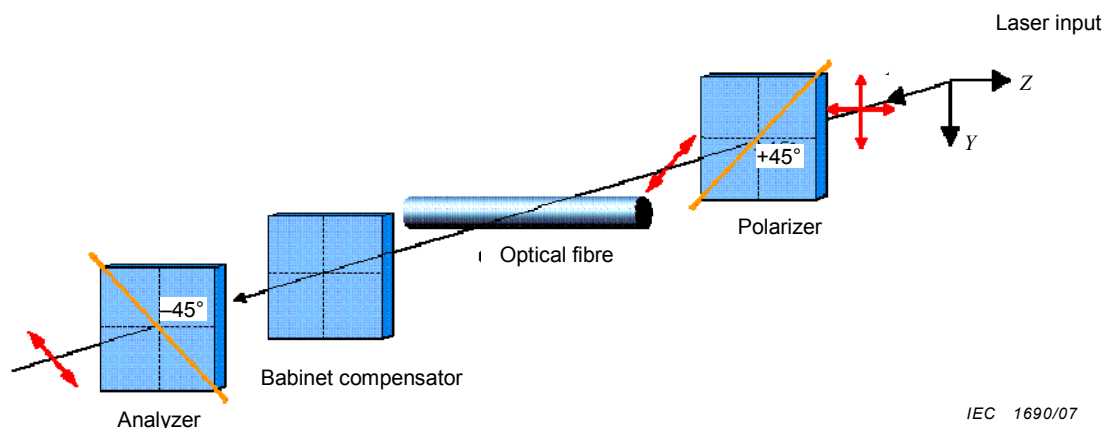
The light source shall be a laser with a specified optical wavelength and narrow optical spectrum bandwidth (maximum 2 nm at FWHM [full width at half maximum]). A collimated laser light source is recommended. When a laser is used, a rotating diffuser is recommended in order to remove coherent interference effects.

#### 3.3 Polarizer and analyzer

The polarizer and the analyzer shall have a minimum polarization dependent transmission contrast of 1:200. The transmission angles of the polarizer and the analyzer are set perpendicular with each other within 0,1-degree accuracy.

#### 3.4 Sample fibre preparation

The fibre sample shall be a few centimetres long. The jacket or plastic coating on the sample shall be removed. The prepared sample is placed between the polarizer and the analyzer. Immerse the sample in an index matching gel or fluid. The refractive index difference between the cladding material of the fibre and the index matching material shall be less than 0,005. The angle between the fibre axis and the polarizer or the analyzer shall be 45° within 0,1-degree accuracy.



**Figure 1 – Polariscopic phase retardation measurement setup for an optical fibre**

For measuring a two-dimensional stress profile, a fixture that holds the fibre on a constant axis at the holding position and allows the fibre to be rotated through 180° is required. The fixture is required in order to be rotated with a motorized stage with an accuracy of 0,1°.

#### 3.5 Variable phase compensator

A Babinet variable phase compensator is placed just after a fibre sample to add an external phase term, which is used for an accurate phase retardation measurement. If the fibre sample has non-zero axial stress components, it acts as a phase retarder due to stress-induced



birefringence. Without a fibre sample and the Babinet phase compensator, no light can pass through the analyzer.

### 3.6 Optical intensity detection

An optical intensity detection system is needed to detect the transmitted light intensity after the optical analyzer shown in Figure 1. Such a device may consist of a single optical detector with a small aperture size in the order of a few microns combined with a motorized linear scanning system. A detector array may be used to provide a more precise location of the deflections than might be obtained by a single detector. Such a system might include a detector array or a CCD with a frame grabber.

### 3.7 Data acquisition

A computer is recommended to provide motion control, acquire data and perform computations.

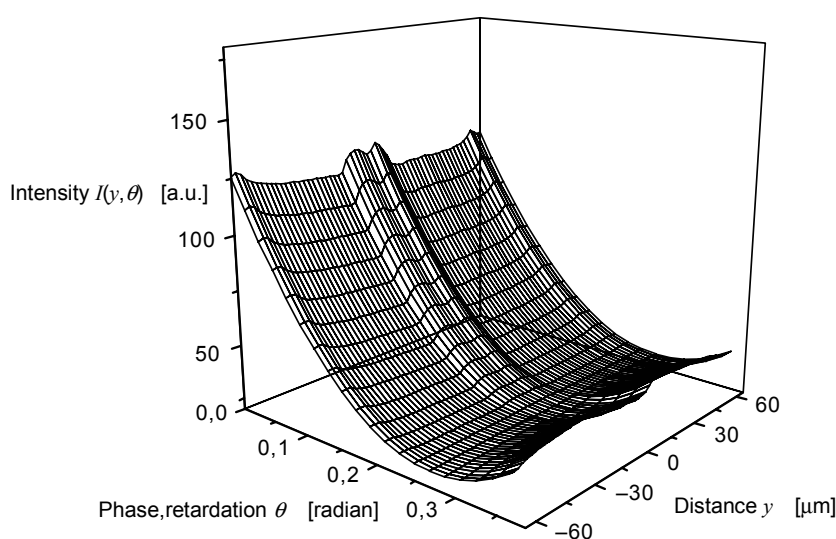
## 4 Data analysis and formula

### 4.1 General

The transmitted optical intensity  $I(y)$  as a function of the transverse distance of a fibre  $y$ , can be written as:

$$I(y, \theta) = I_o \sin^2 \left\{ (\delta(y) + \theta) / 2 \right\}, \quad (1)$$

where  $I_o$  is background intensity,  $\theta$  is the external phase retardation term from the Babinet compensator and  $\delta(y)$  is the phase shift induced by linear birefringence due to the stress profile of the fibre sample located between the polarizer and the analyzer. Figure 2 shows typical sine square intensity profiles as a function of  $\theta$  for each ray displaced  $y$  value from the centre of the fibre sample.



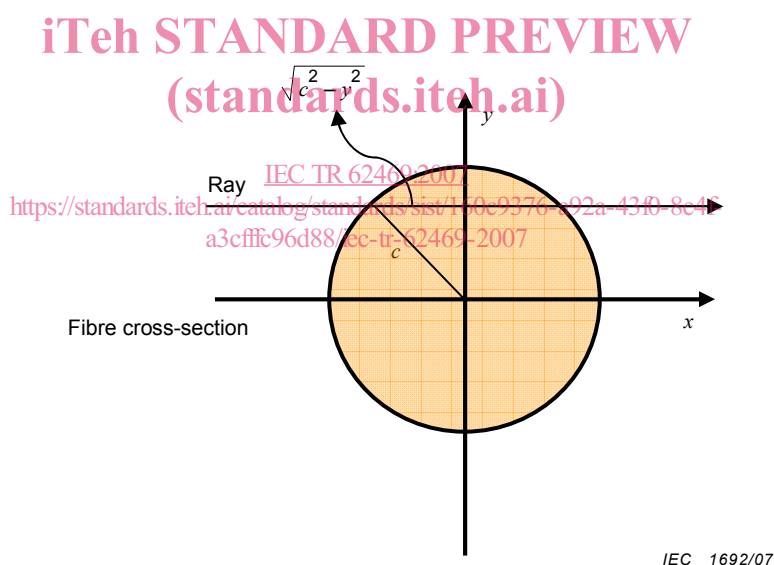
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**Figure 2 – Measured transmission intensity as a function of fibre radius and external phase**

As illustrated in Figure 3, laser light passes through the fibre's cross-section along the  $x$  axis and  $c$  is the outer radius of a fibre. For each transversely propagating ray through the cross-section its phase  $\delta(y)$  can be expressed as:

$$\begin{aligned}\delta(y) &= \frac{2\pi}{\lambda} \int_{-\sqrt{c^2-y^2}}^{\sqrt{c^2-y^2}} (n_z - n_y) dx \\ &= \frac{2\pi}{\lambda} \int_{-\sqrt{c^2-y^2}}^{\sqrt{c^2-y^2}} C \sigma_z dx\end{aligned}\quad (2)$$

where  $n_z$  is the refractive index along the fibre axis  $z$ ,  $n_y$  is the refractive index along the transverse axis  $y$ ,  $c$  is the outer radius of a fibre,  $\lambda$  is the wavelength of a light source and  $\sigma_z$  is the axial stress of a fibre. Here,  $C$  is the stress optic coefficient of silica given as  $C = 35,5 \times 10^{-13} \text{ Pa}^{-1}$  [1].



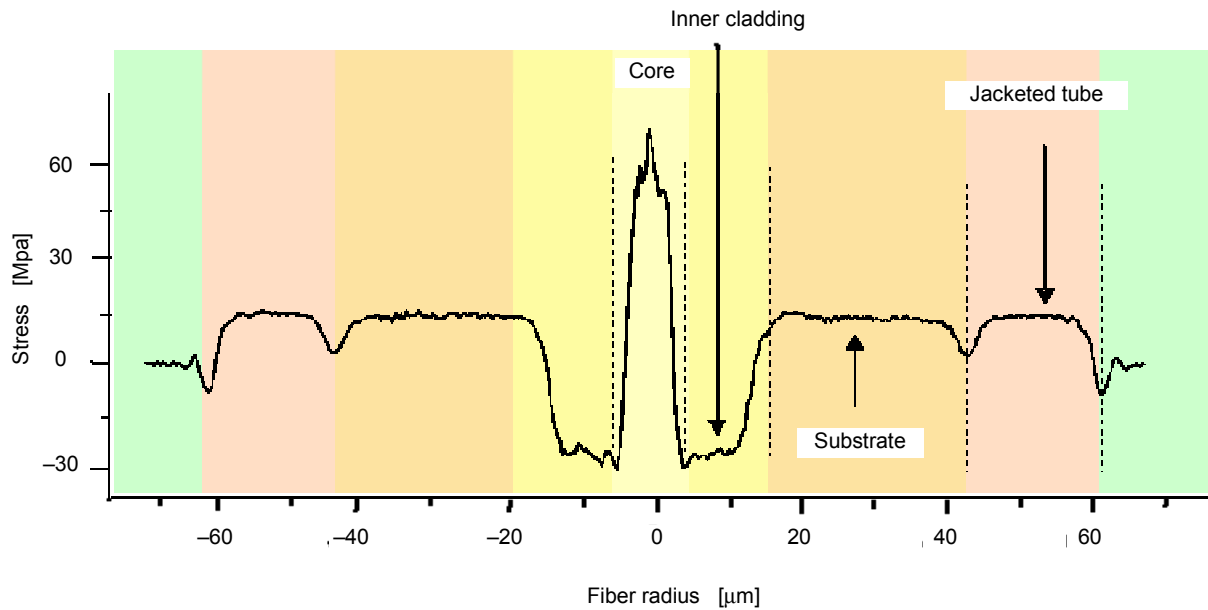
**Figure 3 – Propagation of laser light across the fibre cross-section.**

#### 4.2 1-D stress profile for a fibre with a cylindrically symmetric structure

By using the Abel transformation [1-5], the stress profile  $\sigma_z(r)$  of an axially symmetric fibre can be obtained as:

$$\sigma_z(r) = \frac{-\lambda}{2\pi^2 C} \int_r^c \frac{d\delta(y)/dy}{\sqrt{y^2 - r^2}} dy \quad (3)$$

Figure 4 shows a typical calculated stress profile for a jacketed depressed inner cladding fibre. It shows large stress peaks for the boundary between the substrate and the jacketing tube as well as the boundary between the core and inner cladding.



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**Figure 4 – Stress profile for a fibre with depressed inner cladding and jacketed tube**

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### 4.3 2-D stress profile for a fibre with a cylindrically non-symmetric structure

For a fibre with a non-axially symmetric stress distribution such as a polarization maintaining (PM) fibre, a two-dimensional (2-D) cross-sectional stress profile can be determined from one or more projected phase profiles with different projection angles  $\alpha$  between  $0^\circ$  and  $180^\circ$  [6,7].

Figure 5 illustrates an example of the measurement procedure of projected phase retardation measurements for a PM fibre. The PM fibre is rotated along the fibre axis by  $45^\circ$  for each measurement. The phase retardation  $\delta(y, \alpha)$  is measured as a function of the fibre radius  $y$  for each projection angle  $\alpha$ .

For a certain projection angle  $\alpha$ , the projected phase retardation profile can be written as a line integral:

$$\delta(y, \alpha) = 2\pi/\lambda \int [n_z - n_y] dx \quad (4)$$

Figure 6 shows projected phases for fifty different projection angles between  $0^\circ$  and  $180^\circ$  for a PM fibre. Such phase retardation profiles with many different projection angles form a 2-D projected phase retardation profile and are used to calculate the 2-D axial stress distribution  $\sigma_{zz}(x, y)$  of a fibre with non-axially symmetric structure by using the inverse Radon transformation [8, 9]:

$$\sigma_{zz}(x, y) = \lambda/2\pi C \cdot \text{iradon}\{\delta(y, \alpha)\} \quad (5)$$