

---

---

**Izpostavljenost električnim in magnetnim poljem v nizkem in srednjem  
frekvenčnem obsegu – Metode za izračunavanje trenutne gostote in  
notranjega induciranelega električnega polja v človeškem telesu – 1. del:  
Splošno**

Exposure to electric or magnetic fields in the low and intermediate frequency range –  
Methods for calculating the current density and internal electric field induced in the  
human body – Part 1: General

**iTeh STANDARD PREVIEW**  
**(standards.iteh.ai)**

[SIST EN 62226-1:2005](https://standards.iteh.ai/catalog/standards/sist/3fca857-0ce1-484a-bbf-9fda67a9037f/sist-en-62226-1-2005)

[https://standards.iteh.ai/catalog/standards/sist/3fca857-0ce1-484a-bbf-  
9fda67a9037f/sist-en-62226-1-2005](https://standards.iteh.ai/catalog/standards/sist/3fca857-0ce1-484a-bbf-9fda67a9037f/sist-en-62226-1-2005)

**iTeh STANDARD PREVIEW**  
**(standards.iteh.ai)**

SIST EN 62226-1:2005

<https://standards.iteh.ai/catalog/standards/sist/3fca857-0ce1-484a-bbff-9fda67a9037f/sist-en-62226-1-2005>

EUROPEAN STANDARD

**EN 62226-1**

NORME EUROPÉENNE

EUROPÄISCHE NORM

March 2005

ICS 17.220.20

English version

**Exposure to electric or magnetic fields  
in the low and intermediate frequency range –  
Methods for calculating the current density  
and internal electric field induced in the human body  
Part 1: General  
(IEC 62226-1:2004)**

Exposition aux champs électriques  
ou magnétiques à basse et moyenne  
fréquence –

Méthodes de calcul des densités  
de courant induit et des champs  
électriques induits dans le corps humain

Partie 1: Généralités  
(CEI 62226-1:2004)

Sicherheit in elektrischen oder  
magnetischen Feldern im niedrigen  
und mittleren Frequenzbereich -

Verfahren zur Berechnung der induzierten  
Körperstromdichte und des im  
menschlichen Körper induzierten

elektrischen Feldes

Teil 1: Allgemeines

(IEC 62226-1:2004)

[SIST EN 62226-1:2005](https://standards.iteh.ai/catalog/standards/sist/Bf1e1c-62226-1-2005/9fda67a9037f/sist-en-62226-1-2005)

<https://standards.iteh.ai/catalog/standards/sist/Bf1e1c-62226-1-2005/9fda67a9037f/sist-en-62226-1-2005>

This European Standard was approved by CENELEC on 2005-02-01. CENELEC members are bound to comply with the CEN/CENELEC Internal Regulations which stipulate the conditions for giving this European Standard the status of a national standard without any alteration.

Up-to-date lists and bibliographical references concerning such national standards may be obtained on application to the Central Secretariat or to any CENELEC member.

This European Standard exists in three official versions (English, French, German). A version in any other language made by translation under the responsibility of a CENELEC member into its own language and notified to the Central Secretariat has the same status as the official versions.

CENELEC members are the national electrotechnical committees of Austria, Belgium, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland and United Kingdom.

**CENELEC**

European Committee for Electrotechnical Standardization  
Comité Européen de Normalisation Electrotechnique  
Europäisches Komitee für Elektrotechnische Normung

**Central Secretariat: rue de Stassart 35, B - 1050 Brussels**

## Foreword

The text of document 106/78/FDIS, future edition 1 of IEC 62226-1, prepared by IEC TC 106, Methods for the assessment of electric, magnetic and electromagnetic fields associated with human exposure, was submitted to the IEC-CENELEC parallel vote and was approved by CENELEC as EN 62226-1 on 2005-02-01.

The following dates were fixed:

- latest date by which the EN has to be implemented at national level by publication of an identical national standard or by endorsement (dop) 2005-11-01
- latest date by which the national standards conflicting with the EN have to be withdrawn (dow) 2008-02-01

---

## Endorsement notice

The text of the International Standard IEC 62226-1:2004 was approved by CENELEC as a European Standard without any modification.

In the official version, for Bibliography, the following notes have to be added for the standards indicated:

CISPR 11	NOTE	Harmonized in EN 55011 series (modified).
CISPR 14	NOTE	Harmonized in EN 55014 series (not modified).
CISPR 16	NOTE	Harmonized in EN 55016 series (not modified).

NORME  
INTERNATIONALE  
INTERNATIONAL  
STANDARD

CEI  
IEC

62226-1

Première édition  
First edition  
2004-11

---

---

**Exposition aux champs électriques ou  
magnétiques à basse et moyenne fréquence –  
Méthodes de calcul des densités de courant induit  
et des champs électriques induits dans le  
corps humain –**

**STANDARD PREVIEW**  
**Partie 1:**  
**Généralités**  
(standards.iteh.ai)

SIST EN 62226-1:2005

<https://standards.iteh.ai/catalog/standards/sist/3fca857-0ce1-484a-bbff>

**Exposure to electric or magnetic fields  
in the low and intermediate frequency range –  
Methods for calculating the current density  
and internal electric field induced in  
the human body –**

**Part 1:  
General**

© IEC 2004 Droits de reproduction réservés — Copyright - all rights reserved

Aucune partie de cette publication ne peut être reproduite ni utilisée sous quelque forme que ce soit et par aucun procédé, électronique ou mécanique, y compris la photocopie et les microfilms, sans l'accord écrit de l'éditeur.

No part of this publication may be reproduced or utilized in any form or by any means, electronic or mechanical, including photocopying and microfilm, without permission in writing from the publisher.

International Electrotechnical Commission, 3, rue de Varembe, PO Box 131, CH-1211 Geneva 20, Switzerland  
Telephone: +41 22 919 02 11 Telefax: +41 22 919 03 00 E-mail: inmail@iec.ch Web: www.iec.ch



Commission Electrotechnique Internationale  
International Electrotechnical Commission  
Международная Электротехническая Комиссия

CODE PRIX  
PRICE CODE

N

Pour prix, voir catalogue en vigueur  
For price, see current catalogue

## CONTENTS

FOREWORD.....	5
INTRODUCTION.....	9
1 Scope.....	11
2 General data on electromagnetic fields and human exposure .....	11
2.1 General .....	11
2.2 Electric field .....	13
2.3 Magnetic field.....	13
3 Terms and definitions, symbols and abbreviations.....	15
3.1 Terms and definitions .....	15
3.2 Physical quantities and units .....	21
3.3 Physical constants .....	23
4 General procedure for assessing compliance with safety limits.....	23
Bibliography.....	25
Figure 1 – Overview of different methods for assessing compliance with exposure limits .....	23

**iTeh STANDARD PREVIEW**  
**(standards.iteh.ai)**

SIST EN 62226-1:2005

<https://standards.iteh.ai/catalog/standards/sist/3fca857-0ce1-484a-bbff-9fda67a9037f/sist-en-62226-1-2005>

## INTERNATIONAL ELECTROTECHNICAL COMMISSION

**EXPOSURE TO ELECTRIC OR MAGNETIC FIELDS IN THE LOW  
AND INTERMEDIATE FREQUENCY RANGE –  
METHODS FOR CALCULATING THE CURRENT DENSITY  
AND INTERNAL ELECTRIC FIELD INDUCED IN THE HUMAN BODY –**

**Part 1: General**

**FOREWORD**

- 1) The International Electrotechnical Commission (IEC) is a worldwide organization for standardization comprising all national electrotechnical committees (IEC National Committees). The object of IEC is to promote international co-operation on all questions concerning standardization in the electrical and electronic fields. To this end and in addition to other activities, IEC publishes International Standards, Technical Specifications, Technical Reports, Publicly Available Specifications (PAS) and Guides (hereafter referred to as "IEC Publication(s)"). Their preparation is entrusted to technical committees; any IEC National Committee interested in the subject dealt with may participate in this preparatory work. International, governmental and non-governmental organizations liaising with the IEC also participate in this preparation. IEC collaborates closely with the International Organization for Standardization (ISO) in accordance with conditions determined by agreement between the two organizations.
- 2) The formal decisions or agreements of IEC on technical matters express, as nearly as possible, an international consensus of opinion on the relevant subjects since each technical committee has representation from all interested IEC National Committees.
- 3) IEC Publications have the form of recommendations for international use and are accepted by IEC National Committees in that sense. While all reasonable efforts are made to ensure that the technical content of IEC Publications is accurate, IEC cannot be held responsible for the way in which they are used or for any misinterpretation by any end user.
- 4) In order to promote international uniformity, IEC National Committees undertake to apply IEC Publications transparently to the maximum extent possible in their national and regional publications. Any divergence between any IEC Publication and the corresponding national or regional publication shall be clearly indicated in the latter.
- 5) IEC provides no marking procedure to indicate its approval and cannot be rendered responsible for any equipment declared to be in conformity with an IEC Publication.
- 6) All users should ensure that they have the latest edition of this publication.
- 7) No liability shall attach to IEC or its directors, employees, servants or agents including individual experts and members of its technical committees and IEC National Committees for any personal injury, property damage or other damage of any nature whatsoever, whether direct or indirect, or for costs (including legal fees) and expenses arising out of the publication, use of, or reliance upon, this IEC Publication or any other IEC Publications.
- 8) Attention is drawn to the Normative references cited in this publication. Use of the referenced publications is indispensable for the correct application of this publication.
- 9) Attention is drawn to the possibility that some of the elements of this IEC Publication may be the subject of patent rights. IEC shall not be held responsible for identifying any or all such patent rights.

International Standard IEC 62226 has been prepared by IEC technical committee 106: Methods for the assessment of electric, magnetic and electromagnetic fields associated with human exposure.

The text of this standard is based on the following documents:

FDIS	Report on voting
106/78/FDIS	106/82/RVD

Full information on the voting for the approval of this standard can be found in the report on voting indicated in the above table.

This publication has been drafted in accordance with the ISO/IEC Directives, Part 2.

This International Standard constitutes Part 1 of the IEC 62226 series, which will regroup several international standards and technical reports within the framework of the calculation of induced current densities and internal electric fields, and will be published under the general title *Exposure to electric or magnetic fields in the low and intermediate frequency range - Methods for calculating the current density and internal electric field induced in the human body*.

This series is planned to be published according to the following structure:

Part 1: General

Part 2: Exposure to magnetic fields

Part 2-1 : 2D models

Part 2-2 : 3D models

Part 2-3 : Guidelines for practical use of coupling factors

Part 3: Exposure to electric fields

Part 3-1: Analytical and 2D numerical models

Part 3-2: 3D numerical models

Part 4: Electrical parameters of human living tissues (Technical Report)

The committee has decided that the contents of this publication will remain unchanged until the maintenance result date indicated on the IEC web site under "<http://webstore.iec.ch>" in the data related to the specific publication. At this date, the publication will be

- reconfirmed;
- withdrawn;
- replaced by a revised edition, or
- amended.



## INTRODUCTION

Public interest concerning human exposure to electric and magnetic fields has led international and national organisations to propose limits based on recognised adverse effects.

This standard applies to the frequency range for which the exposure limits are based on the induction of voltages or currents in human body, when exposed to electric and magnetic fields. This frequency range covers the low and intermediate frequencies, up to 100 kHz. Some methods described in this standard can be used at higher frequencies under specific conditions.

The exposure limits based on biological and medical experimentation about these fundamental induction phenomena are usually called “basic restrictions”. They include safety factors.

The induced electrical quantities are not directly measurable, so simplified derived limits are also proposed. These limits, called “reference levels”, are given in terms of external electric and magnetic fields. They are based on very simple models of coupling between external fields and the body. These derived limits are conservative.

Sophisticated models for calculating induced currents in the body have been used and are the subject of a number of scientific publications. These use numerical 3D electromagnetic field computation codes and detailed models of the internal structure with specific electrical characteristics of each tissue within the body. However such models are still developing; the electrical conductivity data available at present has considerable shortcomings; and the spatial resolution of models is still advancing. Such models are therefore still considered to be in the field of scientific research and at present it is not considered that the results obtained from such models should be fixed indefinitely within standards. However it is recognised that such models can and do make a useful contribution to the standardisation process, especially for product standards in which particular cases of exposure are considered. When results from such models are used in standards, the results should be reviewed from time to time to ensure they continue to reflect the current status of the science.