



Designation: C 578 – 01

Standard Specification for Rigid, Cellular Polystyrene Thermal Insulation¹

This standard is issued under the fixed designation C 578; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (ϵ) indicates an editorial change since the last revision or reapproval.

This standard has been approved for use by agencies of the Department of Defense.

1. Scope

1.1 This specification² covers the types, physical properties, and dimensions of cellular polystyrene intended for use as thermal insulation for temperatures from -65 to $+165^{\circ}\text{F}$ (-53.9 to $+73.9^{\circ}\text{C}$). This specification does not cover cryogenic applications. Consult the manufacturer for specific recommendations and properties in cryogenic conditions.

1.2 The use of thermal insulation materials covered by this specification may be regulated by building codes that address fire performance. For some end uses, specifiers should also address the effect of moisture. Guidelines regarding these end use considerations are included in Appendix X1.

1.3 The values stated in inch-pound units are to be regarded as the standard. The values given in parentheses are provided for information only.

1.4 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:

- C 165 Test Method for Measuring Compressive Properties of Thermal Insulations³
- C 168 Terminology Relating to Thermal Insulation³
- C 177 Test Method for Steady-State Heat Flux Measurements and Thermal Transmission Properties by Means of the Guarded-Hot-Plate Apparatus³
- C 203 Test Methods for Breaking Load and Flexural Properties of Block-Type Thermal Insulation³
- C 272 Test Method for Water Absorption of Core Materials

- for Structural Sandwich Constructions⁴
- C 303 Test Method for Dimensions and Density of Preformed Block-Type Thermal Insulation³
- C 390 Criteria for Sampling and Acceptance of Preformed Thermal Insulation Lots³
- C 518 Test Method for Steady-State Thermal Transmission Properties by Means of the Heat Flow Meter Apparatus³
- C 550 Test Method for Measuring Trueness and Squareness of Rigid Block and Board Thermal Insulation³
- C 870 Practice for Conditioning of Thermal Insulating Materials³
- C 1045 Practice for Calculating Thermal Transmission Properties Under Steady-State Conditions³
- C 1058 Practice for Selecting Temperatures for Evaluating and Reporting Thermal Properties of Thermal Insulation³
- C 1114 Test Method for Steady-State Thermal Transmission Properties by Means of the Thin-Heater Apparatus³
- C 1303 Test Method for Estimating the Long-Term Change in the Thermal Resistance of Unfaced Rigid Closed Cell Plastic Foams by Slicing and Scaling Under Controlled Laboratory Conditions³
- C 1363 Test Method for the Thermal Performance of Building Assemblies by Means of a Hot Box Apparatus³
- D 1600 Terminology for Abbreviated Terms Relating to Plastics⁵
- D 1621 Test Method for Compressive Properties of Rigid Cellular Plastics⁵
- D 1622 Test Method for Apparent Density of Rigid Cellular Plastics⁵
- D 2126 Test Method for Response of Rigid Cellular Plastics to Thermal and Humid Aging⁵
- D 2863 Test Method for Measuring the Minimum Oxygen Concentration to Support Candle-like Combustion of Plastics (Oxygen Index)⁶
- E 84 Test Method for Surface Burning Characteristics of Building Materials⁷
- E 96 Test Methods for Water Vapor Transmission of Materials³
- E 176 Terminology of Fire Standards⁷

¹ This specification is under the jurisdiction of ASTM Committee C16 on Thermal Insulation and is the direct responsibility of Subcommittee C 16.22 on Organic and Nonhomogeneous Inorganic Thermal Insulations.

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² This specification is similar to ISO 4898-1984, “Cellular Plastics—Specification for Rigid Cellular Materials Used in the Thermal Insulation of Buildings,” in title only. The scope and technical content are significantly different.

ISO standards are available from ANSI, 11 W. 42nd St., 13th Floor, New York, NY 10036.

³ *Annual Book of ASTM Standards*, Vol 04.06.

⁴ *Annual Book of ASTM Standards*, Vol 15.03.

⁵ *Annual Book of ASTM Standards*, Vol 08.01.

⁶ *Annual Book of ASTM Standards*, Vol 08.02.

⁷ *Annual Book of ASTM Standards*, Vol 04.07.



3. Terminology

3.1 Definitions:

3.1.1 Terms used in this specification are defined in Terminology C 168.

3.1.2 Terms used in this specification that relate to fire standards are defined in Terminology E 176.

3.2 Definitions of Terms Specific to This Standard:

3.2.1 *RCPS*—letter designations for the rigid cellular polystyrene thermal insulation classified by this specification that identifies the product as rigid cellular polystyrene.

3.2.2 *PS*—used in this specification to represent polystyrene in accordance with Terminology D 1600.

4. Classification

4.1 This specification covers types of RCPS thermal insulations currently commercially available as described by the physical property requirements in Table 1.

5. Ordering Information

5.1 Acquisition documents shall specify the following:

5.1.1 Title, number, and year of this specification,

5.1.2 Type (see Table 1),

5.1.3 *R*-value or thickness required (see Tables 1 and 2),

5.1.3.1 *Thermal Resistance/Thickness Relationship*—The thermal resistance (*R*-value) and the thermal resistivity (*R*-value/inch) of RCPS thermal insulation may vary with thickness. Therefore, when ordering, specify the *R*-value or the thickness, or both. For additional information, see Test Methods C 177, C 518, C 1114, C 1363 or Practice C 1045.

5.1.4 Density, if other than specified in Table 1,

5.1.5 Tolerance, if other than specified (see 8.2),

5.1.6 Length and width required (see Table 2),

5.1.7 If other than straight edges are required (see 8.3),

5.1.8 If either ship-lap or tongue-and-groove edges are required (see 8.6),

5.1.9 *Tapered Insulation*—special ordering information. In addition to other applicable requirements in Section 5 (Note 1), acquisition documents for tapered RCPS thermal insulation shall specify the following:

5.1.9.1 Minimum starting thickness,

5.1.9.2 Slope, in./ft (mm/m),

5.1.9.3 Average *R*-value,

5.1.9.4 Minimum thickness,

5.1.9.5 *Shop Drawings*—The tapered insulation supplier shall provide shop drawings to illustrate installation patterns and dimensions for each tapered module,

5.1.10 Sampling, if different (see 10.1),

5.1.11 If a certificate of compliance is required (see 14.1), and

5.1.12 If marking is other than specified (see 15.1).

NOTE 1—Physical properties of tapered insulation should be determined on blocks of RCPS thermal insulation before the insulation is tapered.

6. Materials and Manufacture

6.1 RCPS thermal insulation shall be formed by the expansion of polystyrene resin beads or granules in a closed mold, or by the expansion of polystyrene base resin in an extrusion process. RCPS thermal insulation shall be of uniform density and have essentially closed cells. All RCPS thermal insulation shall contain sufficient flame retardants to meet the oxygen index requirements of Table 1.

7. Physical Requirements

7.1 *Inspection Requirements*:

7.1.1 The physical requirements listed in this section are defined as inspection requirements (refer to Criteria C 390).

<https://standards.iteh.ai/catalog/standards/sist/e96e9346-6c7e-4127-9bc5-fe64e9e3cfbc/astm-c578-01>

TABLE 1 Physical Property Requirements of RCPS Thermal Insulation

NOTE 1—The values for properties listed in this table may be affected by the presence of a surface skin which is a result of the manufacturing process. Where boards are tested with skins-in-place, this condition shall be noted in the test report.

NOTE 2—Type III has been deleted because it is no longer available.

NOTE 3—Classifications are used to cross-reference Fed. Spec. HH-I-524C (see X1.6.1).

NOTE 4—In addition to the thermal resistance values in Table 1, values at mean temperatures of 25 ± 2°F (-4 ± 1°C), 40 ± 2°F (4 ± 1°C) and 110 ± 2°F (43 ± 1°C) are provided in Table X1.1 for information purposes.

Property	0.70 (12)	0.90 (15)	1.15 (18)	1.20 (19)	1.30 (21)	1.35 (22)	1.60 (26)	1.80 (29)	1.80 (29)	2.20 (35)	3.00 (48)
Density, min, lb/ft ³ (kg/m ³)											
Thermal resistance of 1.00-in. (25.4-mm) thickness, min, F-ft ² -h/Btu (K-m ² /W)											
Mean temperature:											
75 ± 2°F (24 ± 1°C)	3.10 (0.55)	3.60 (0.63)	3.80 (0.67)	4.60 (0.81)	5.00 (0.88)	4.00 (0.70)	5.00 (0.88)	4.20 (0.74)	5.00 (0.88)	5.00 (0.88)	5.00 (0.88)
Compressive resistance at yield or 10 % deformation, whichever occurs first (with skins intact), min, psi (kPa)	5.0 (35)	10.0 (69)	13.0 (90)	15.0 (104)	15.0 (104)	15.0 (104)	25.0 (173)	25.0 (173)	40.0 (276)	60.0 (414)	100.0 (690)
Flexural strength, min, psi (kPa)	10.0 (70)	25.0 (173)	30.0 (208)	40.0 (276)	40.0 (276)	35.0 (240)	50.0 (345)	50.0 (345)	60.0 (414)	75.0 (517)	100.0 (690)
Water vapor permeance of 1.00-in. (25.4-mm) thickness, max, perm (ng/Pa-s-m ²)	5.0 (287)	5.0 (287)	3.5 (201)	1.1 (63)	1.1 (63)	3.5 (201)	1.1 (63)	2.0 (115)	1.1 (63)	1.1 (63)	1.1 (63)
Water absorption by total immersion, max, volume%	4.0	4.0	3.0	0.3	0.3	3.0	0.3	2.0	0.3	0.3	0.3
Dimensional stability (change in dimensions), max,%	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0
Oxygen index, min, volume%	24.0	24.0	24.0	24.0	24.0	24.0	24.0	24.0	24.0	24.0	24.0
Classification	Type XI	Type I	Type VIII	Type XII	Type X	Type II	Type IV	Type IX	Type VI	Type VII	Type V



TABLE 2 Common Dimensions of RCPS Thermal Insulation

Type	XI, I, VIII, II, IX	X, IV, XII	VI, VII	V
Width, in. (mm)	12 to 48 (305 to 1219)	16, 24, 48 (406, 610, 1219)	24 (610)	16 (406)
Length, in. (mm)	48 to 192 (1219 to 4877)	48, 96 108 (1219, 2438, 2743)	48, 96, (1219, 2438)	96 (2438)
Thickness, in. (mm)	3/8 to 24 (9.5 to 610)	1/2 to 4 (13 to 102)	1 to 4 (25 to 102)	1 to 4 (25 to 102)

7.1.2 All dimensional requirements are described in Section 8.

7.1.3 All workmanship, finish, and appearance requirements are described in Section 9.

7.1.4 Density shall be in accordance with Table 1.

NOTE 2—For lots of 150 units or less, the tightened inspection sampling plan in Criteria C 390 will be followed.

7.2 Qualification Requirements:

7.2.1 The physical properties listed in this section of the specification are defined as qualification requirements (refer to Criteria C 390). Thermal resistance, compressive resistance, flexural strength, water vapor permeance, water absorption, dimensional stability, and oxygen index shall be in accordance with Table 1.

7.2.2 The mean thermal resistance of the material tested shall not be less than the minimum value identified in Table 1. The thermal resistances of individual specimens tested shall not be less than 90 % of the minimum value identified in Table 1.

7.2.3 Compliance with qualification requirements shall be in accordance with Criteria C 390.

7.3 Table 1 describes types of RCPS thermal insulation. However, it does not cover all available products on the market. The values stated in Table 1 should not be used as design values. It is the buyer's responsibility to specify design requirements and obtain supporting documentation from the material supplier.

7.4 *Combustibility Characteristics*—RCPS thermal insulation is an organic material and is, therefore, combustible. It should not be exposed to flames or other ignition sources. The values obtained by the oxygen index test (see Table 1 and 11.10) do not necessarily indicate or describe the fire risk of the materials and are used in this specification primarily to distinguish between insulations formulated with flame retardants and those not so formulated.

8. Dimensions and Permissible Variations

8.1 The materials covered by this specification are commonly available in the sizes shown in Table 2. Other sizes may be agreed upon between the supplier and the user.

8.2 *Dimensional Tolerances*—Unless otherwise specified, the length tolerance shall not exceed ± 0.03 in./ft (± 2.5 mm/m) of length; the width tolerance shall not exceed ± 0.06 in./ft (± 5.0 mm/m) of width; and the thickness tolerance shall not exceed ± 0.06 in./in. (± 59.5 mm/m) of thickness. For products less than 1.00 in. (25.4 mm) in thickness, the thickness tolerance shall not exceed ± 0.06 in. (1.5 mm).

8.3 *Edge Trueness*— Unless otherwise specified, RCPS thermal insulation shall be furnished with true edges. Edges shall not deviate more than 0.03 in./ft (2.5 mm/m) of length or width.

8.4 *Face Trueness*— RCPS thermal insulation shall not deviate from absolute trueness by more than 0.03 in./ft (2.5 mm/m) of length or width.

8.5 *Squareness*—RCPS thermal insulation shall not deviate from squareness by more than 0.06 in./ft (5.0 mm/m) of length or width.

8.6 *Ship-Lap and Tongue-and-Groove Edges*—When specified, RCPS thermal insulation shall be furnished with either ship-lap or tongue-and-groove edges.

8.6.1 For RCPS thermal insulation manufactured with ship-lap edges, the depth of the ship-lap cut shall be one half the board thickness + 0.06, - 0 in. (+ 1.5, - 0 mm). The minimum width of the cut for RCPS thermal insulation of 1.00-in. (25.4-mm) thickness or greater shall be 0.50 ± 0.06 in. (12.7 ± 1.5 mm). For RCPS thermal insulation less than 1.00 in. (25.4 mm) in thickness, the minimum width of the cut shall be 0.25 ± 0.06 in. (6.4 ± 1.5 mm). The ship-lap cut shall be made on opposite faces of the board for both length and width. The resulting joint shall be smooth and uniform.

8.6.2 For RCPS thermal insulation manufactured with tongue-and-groove edges, the tongue of one shall fit snugly into the groove of a second. The resulting joint shall be smooth and uniform.

9. Workmanship, Finish, and Appearance

9.1 *Defects*—RCPS thermal insulation shall have no defects that will adversely affect its service qualities. RCPS thermal insulation shall be of uniform texture and free of foreign inclusions, broken edges and corners, slits, and objectionable odors.

9.2 *Crushing and Depressions*—RCPS thermal insulation shall have no crushed or depressed areas on any surface exceeding 0.13 in. (3.3 mm) in depth on more than 10 % of the total surface area.

9.3 The total number of voids on the board surface shall not exceed an average of 1 per square foot with dimensions larger than 0.13 by 0.13 by 0.13 in. (3.3 by 3.3 by 3.3 mm).

10. Sampling

10.1 Unless otherwise specified in the purchase order or contract, the material shall be sampled in accordance with Criteria C 390.

11. Test Methods

11.1 Conditioning and Aging:

11.1.1 Samples shall be conditioned as required by the test method to either preconditioned moisture equilibrium or conditioned moisture equilibrium, using procedures defined by Practice C 870. Samples shall be held at equilibrium conditions until they are transferred into the testing equipment. Samples to be used for density test, dimensional stability test, and water vapor transmission test shall be conditioned at $73.4 \pm 4^\circ\text{F}$ (23