# TECHNICAL REPORT 

First edition 1991-04-15

## Standard sizing systems for clothes

Systèmes de tailles standards pour vêtements

# iTeh STANDARD PREVIEW (standards.iteh.ai) 

ISO/TR 10652:1991
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## Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The main task of technical committees is to prepare International Standards. In exceptional circumstances a technical committee may propose the publication of a Technical Report of one of the following types:

- type 1, when the required support cannot be obtained for the publication of an International Standard, despite repeated efforts;
- type 2, when the subject is still under technical development or where for any other reason there is the future but not immediate possibility of an agreement on an International Standard;
- type 3, when a technical committee has collected data of a different kind from that which is normally published as an International Standard ("state of the art", for example).

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Technical Reports of types 1 and 2 are subject to review within three years of publi-b611-43d8-a5eacation, to decide whether they can be transformed into International Standards. Technical Reports of type 3 do not necessarily have to be reviewed until the data they provide are considered to be no longer valid or useful.

ISO/TR 10652, which is a Technical Report of type 2, was prepared by Technical Committee ISO/TC 133, Sizing systems and designations for clothes.

This document is being issued in the type 2 Technical Report series of publications (according to subclause G.6.2.2 of part 1 of the IEC/ISO Directives) as a "prospective standard for provisional application" in the field of sizing systems for clothes because there is an urgent need for guidance on how standards in this field should be used to meet an identified need.

This document is not to be regarded as an "International Standard". It is proposed for provisional application so that information and experience of its use in practice may be gathered. Comments on the content of this document should be sent to the ISO Central Secretariat.

A review of this type 2 Technical Report will be carried out not later than two years after its publication with the options of: extension for another two years; conversion into an International Standard; or withdrawal.

Annexes A, B and C of this Technical Report are for information only.

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International Organization for Standardization
Case postale 56 - CH-1211 Genève 20 • Switzerland
Printed in Switzerland

## Introduction

In order to size mass-produced clothes, the body size of the intended wearer has to be defined and identified with the nearest size on a table of standard sizes. In this garment-related system, the body size is defined by scales of the appropriate control dimensions, using preferred numbers. A good degree of standardization is achieved by the establishment of open-ended size scales with fixed intervals in at least the primary control dimension for each garment type. Where body shape is characterized by two girth control dimensions, the first is placed on a fixed scale, while the second (the dependent variable) is not. The nearest whole number in the survey data for that dimension is used for purposes of size designation.

The processing of body measurement data as described in this Technical Report results in the grouping of body sizes appropriate to the population concerned. Garment size tables are readily compiled from this information. It is necessary to use an open system with inbuilt flexibility, because body shape and proportions for any one population group differ significantly © . . 1 )

The frequency distribution of standard body sizes is a useful means of determining which body sizes are applicable to the bulk of the population. This Technical Report does not take into account the age of the subject, mainly because age is not a dimension used for fitting clothing. However, it is recognized that body shape is affected by age. Consequently systems may need to be adjusted, particularly in the case of waist girth for women's wear for which body shape is defined by dimensions other than the waist girth.

The sizing systems presented in annexes A to C are exemplary only, being mostly derived from regional survey data.

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# Standard sizing systems for clothes 

## Section 1: General

### 1.1 Scope

This Technical Report establishes a body sizing system to be used for compiling standard garment sizes for infants (Section 2), men and boys (Section 3) and women and girls (Section 4). Garment dimensions are not contained in this Technical Report.

### 1.2 Normative references

The following ISO/TR 10652
ISO/TR reference in this text, constitute provisions of this Technical Report. At the time of publication, the editions indicated were valid. All standards are subject to revision, and parties to agreements based on this Technical Report are encouraged to investigate the possibility of applying the most recent editions of the standards indicated below. Members of IEC and ISO maintain registers of currently valid International Standards.

ISO 3636: 1977, Size designation of clothes - Men's and boys' outerwear garments.

ISO 3637: 1977, Size designation of clothes - Women's and girls' outerwear garments.

ISO 3638: 1977, Size designation of clothes - Infants' garments.

ISO 4415: 1981, Size designation of clothes - Men's and boys' underwear, nightwear and shirts.

ISO 4416: 1981, Size designation of clothes - Women's and girls' underwear, nightwear, foundation garments and shirts.

ISO 4417: 1977, Size designation of clothes - Headwear.
ISO 4418: 1978, Size designation of clothes - Gloves.
ISO 5971: 1981, Size designation of clothes - Pantyhose.
ISO 7070: 1982, Size designation of clothes - Hosiery.

ISO 8559: 1989, Garment construction and anthropometric surveys - Body dimensions.

### 1.3 Definitions

Forthe purposes of this Technical Report, the following defiForthe purposes of this .
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control dimensions: Those body measurements in centimetres, on which a sizing system is built, and that are used 2:10 assign an appropriately sized garment to a wearer.

1G13.2 9 secondary dimensions: Those body measurements, other than control measurements, that are used to define garment size.
1.3.3 size scale: An open-ended control dimensional scale of preferred numbers and fixed intervals.
1.3.4 sizing system: A table of body dimensions including control and secondary dimensions, appropriate to one garment type, to which fitting and fashion tolerances are added to provide garment size tables.
1.3.5 size designation ("Mondoform system"): The official method of body size labelling on a garment, either by pictogram or by indicating the appropriate control dimensions and their numerical values. A component element of a sizing system.
1.3.6 body type: An indication of body shape as defined by the drop value.

### 1.3.7 drop value:

(1) Women: the difference, expressed in centimetres, between the hip girth and the bust girth.
(2) Men: the difference, expressed in centimetres, between the chest girth and the waist girth.
1.3.8 infant: A male or female person of height 104 cm or less.
1.3.9 girl: A female person whose growth in height is not yet finished.
1.3.10 boy: A male person whose growth in height is not yet finished.
1.3.11 woman: A female person whose growth in height is finished.
1.3.12 man: A male person whose growth in height is finished.

### 1.4 Meanings of numbers

Any number on a fixed scale represents a range from approximately midway between the preceding and the succeeding numbers. This rule must also be taken into account for ranges of sizes.

## EXAMPLES

1) Single numbers:
a) ... $889296 \ldots$ : the 92 includes $90,91,92$ and 93 .
b) ... $164170176 \ldots$ : the 170 includes $167,168,169,170$, 171 and 172.
c) $\ldots 808590 \ldots$ : the 85 includes $83,84,85,86$ and 87 .

## 2) Range of sizes:

A range of $92-100$ covers 90 to 101 inclusive, i.e. 12, as used with bust girth for jerseys.

In the size scales, the lateral adjustment of one dimensional scale to the fixed scale is indicated by an arrow.

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## Section 2: Infants' body sizes

### 2.1 Classification

Body measurement data, obtained preferably from a recent anthropometric survey with measurements taken in accordance with ISO 8559, shall be processed in such a way as to group measurements by the appropriate control dimension using preferred numbers and specified intersize intervals (see 2.2).

When a sizing system has to be devised, the following procedure should be followed.
a) List the secondary dimensions considered necessary for the construction of the garment.
b) Use the size range of the control dimension (see 2.2).
c) Prepare a sizing system to cover the bulk (or the required part) of the population, correlating the secondary with the control dimensions.

### 2.2 Size range

The size range and the interval between the sizes are given in table 1.

Table 1
Dimensions in centimetres

| Control dimension | Size range | Interval |
| :---: | :---: | :---: |
| Height | $50-104$ | 6 |

### 2.3 Size designation

Infants' garments shall be designated by body size as specified in ISO 3638. Garments intended to fit the head, hands or feet shall be designated in accordance with ISO 4417, ISO 4418 and ISO 7070 respectively.

See annex A for an example of a sizing system based on regional data.

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## Section 3: Men's and boys' body sizes

### 3.1 Classification

Body measurement data, preferably based on a recent anthropometric survey with measurements taken in accordance with ISO 8559, shall be processed in such a way to group measurements by the control dimensions appropriate to the garment type, using preferred numbers and specified intersize intervals (see 3.2).

First of all, each set of body measurements shall be grouped according to the fixed scale of the primary control dimension. From the men's data, determine the number of body types required to cover the bulk of the population. Define the drop values required and correlate the body types with the appropriate height groups.

When a sizing system has to be devised, the following procedure should be followed.
a) List, in order of importance, the control dimensions appropriate to the garment type.
b) List the secondary dimensions considered necessary for the construction of the garment.
c) Use the specified size scales (see 3.2). NTA NDA
d) Prepare sizing systems which cover the bulkróntie re-a $1^{\circ}$ c quired part) of the population, by correlating the secondary dimensions with the control dimensions.
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### 3.2 Size scales

The size scales and the intersize intervals are given in table 2 for different types of garments for men and boys.

Table 2
Dimensions in centimetres

| Control dimensions | Scale cores | Intervals |
| :---: | :---: | :---: |
| a) Men's outerwear covering the upper or the whole body, excluding knitwear |  |  |
| Chest girth <br> Waist girth Height | $\begin{gathered} \ldots 889296100 \ldots \\ \text { Integral values } \\ \ldots 164170176182 \ldots \leftrightarrow \end{gathered}$ | 4 <br> 6 |
| b) Men's outerwear covering the upper or the whole body Knitwear |  |  |
| Chest girth Height | $\begin{gathered} . .889296100 \ldots \\ \ldots 164170176182 \ldots \end{gathered}$ | $\begin{aligned} & 4 \\ & 6 \end{aligned}$ |
| c) Men's outerwear covering the lower body only, excluding swimwear |  |  |
| Waist girth Inside leg length | ... $76808488 .$. <br> Integral values | 4 |
| d) Men's outerwear covering the lower body only - Swimwear |  |  |
| Waist girth | ... $76808488 \ldots$ | 4 |

Table 2 (continued)

| Control dimensions | Scale cores | Intervals |
| :---: | :---: | :---: |
| e) Men's underwear covering the upper body, including informal shirts |  |  |
| Chest girth | $\ldots 889296100 \ldots$ | 4 |
| f) Men's formal shirts |  |  |
| Neck girth Arm length ${ }^{1)}$ | $\begin{gathered} \ldots 38394041 \ldots \\ \text { Integral values } \end{gathered}$ | 1 |
| g) Men's underwear and nightwear covering the whole body |  |  |
| Chest girth Height | $\begin{gathered} . .889296100 \ldots \\ \ldots 164170176182 \ldots \leftrightarrow \end{gathered}$ | $\begin{aligned} & 4 \\ & 6 \end{aligned}$ |
| h) Men's underwear and nightwear covering the lower body only |  |  |
| Waist girth | ... $76808488 \ldots$ | 4 |
| i) Boys' outerwear covering the upper or the whole body, excluding knitwear |  |  |
| Height <br> (HipsirtPRE and height Hip girth Chest girth <br> Chest girth | $\begin{gathered} 110116122128134140 \\ 146152 \\ \text { W.. } 62646668 \ldots \leftrightarrow \\ 158164170176 \ldots \\ \ldots 76808488 \ldots \leftrightarrow \\ \text { Integral values } \end{gathered}$ | $\begin{aligned} & 6 \\ & 2 \\ & 6 \\ & 4 \end{aligned}$ |
| 6id2:Boys' outerwear covering the upper or the whole body Knitwear $9 \mathrm{e} 5 \mathrm{3} 3 \mathrm{~b}-\mathrm{b} 611-43 \mathrm{~d} 8-\mathrm{a}$ ea- |  |  |
| Chest gifth 991 Height <br> and chest girth Height | $\begin{gathered} \ldots 60626466 \ldots \leftrightarrow \\ 110116122128134140 \\ 146152 \\ \ldots 72768084 \ldots \leftrightarrow \\ 158164170176 \ldots \end{gathered}$ | $\begin{gathered} 2 \\ 6 \\ 4 \\ 6 \end{gathered}$ |
| k) Boys' outerwear covering the lower body only, excluding swimwear |  |  |
| Height <br> Hip girth and height <br> Hip girth <br> Waist girth | $\begin{gathered} 110116122128134140 \\ 146152 \\ \ldots 62646668 \ldots \leftrightarrow \\ 158164170176 \ldots \\ \ldots 76808488 \ldots \leftrightarrow \\ \text { Integral values } \end{gathered}$ | $\begin{aligned} & 6 \\ & 2 \\ & 6 \\ & 4 \end{aligned}$ |
| I) Boys' swimwear |  |  |
| Waist girth | ... $52566064 \ldots$ | 4 |
| m) Boys' underwear covering the upper body, including informal shirts |  |  |
| Chest girth Height <br> and chest girth Height | $\begin{gathered} \ldots 60626466 \ldots \leftrightarrow \\ 110116122128134140 \\ 146152 \\ \ldots 72768084 \ldots \leftrightarrow \\ 158164170176 \ldots \end{gathered}$ | $\begin{aligned} & 2 \\ & 6 \\ & 4 \\ & 6 \end{aligned}$ |
| n) Boys' formal shirts |  |  |
| Neck girth Arm length ${ }^{1)}$ | $\begin{aligned} & \ldots 2829303132 \ldots \\ & \text { Integral values } \end{aligned}$ | 1 |

Table 2 (concluded)

| Control <br> dimensions | Scale cores | Intervals |
| :--- | :---: | :---: |
| o) Boys' underwear and nightwear covering the whole body |  |  |
| Height | 110116122128134140 |  |
|  | 146152 | 6 |
| Chest girth | $\ldots 60626466 \ldots \leftrightarrow$ | 2 |
| and height | $158164170176 \ldots$ | 6 |
| Chest girth | $\ldots 72768084 \ldots \leftrightarrow$ | 4 |
| p) Boys' underwear and nightwear covering the lower body only |  |  |
| Waist girth | $\ldots 58606264 \ldots \leftrightarrow$ | 2 |
| Height | 110116122128134140 |  |
| and waist girth | 146152 | 6 |
| Height | $\ldots 64687276 \ldots \leftrightarrow$ | 4 |
| 1) Arm length (shoulder to wrist). See ISO 8559. |  |  |

### 3.3 Size designation

Men's and boys' garments shall be designated by body size as specified in ISO 3636 and ISO 4415. Garments intended to fit the head, hands or feet shall be designated in accordance with ISO 4417, ISO 4418 and ISO 7070 respectively.

See annex $B$ for examples of sizing systems based on regional data.

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## Section 4: Women's and girls' body sizes

### 4.1 Classification

Body measurement data, preferably based on a recent anthropometric survey with measurements taken in accordance with ISO 8559, shall be processed in such a way as to group measurements by the control dimensions appropriate to the garment type, using preferred numbers and specified intersize intervals (see 4.2).

First of all, each set of body measurements shall be grouped according to the fixed scale of the primary control dimension. From the women's data, determine the number of body types required to cover the bulk of the population. Define the drop values required and correlate the body types with the appropriate height groups.

When a sizing system has to be devised, the following procedure should be followed.
a) List, in order of importance, the control dimensions appropriate to the garment type.
b) List the secondary dimensions considered necessary for the construction of the garment.
c) Use the specified size scales (see 4.2). STANDA
d) Prepare sizing systems which cover the bulk (or the required part) of the population, by correlating the secondary $1^{\circ}$. dimensions with the control dimensions.

### 4.2 Size scales

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The size scale and the intersize intervals are given in table 3 for different types of garments for women and girls.

Table 3

| Dimensions in centimetres |  |  |
| :---: | :---: | :---: |
| Control dimensions | Scale cores | Intervals |
| a) Women's outerwear covering the upper or the whole body, excluding knitwear and swimwear |  |  |
| Bust girth Hip girth Height | $\begin{gathered} \ldots 96100104110116 \ldots \\ \text { Integral values } \\ \ldots 156164172 \ldots \leftrightarrow \\ \text { or } \ldots 160168176 \ldots \leftrightarrow \end{gathered}$ | 4 and 6 <br> 8 <br> 8 |
| b) Women's outerwear covering the upper, or the whole body Knitwear |  |  |
| Bust girth Height | $\begin{gathered} \ldots 96100104110 \quad 116 \ldots \\ \ldots 156164172 \ldots \leftrightarrow \\ \text { or } \ldots 160168176 \ldots \leftrightarrow \end{gathered}$ | 4 and 6 8 <br> 8 |
| c) Women's outerwear covering the whole body - Swimwear |  |  |
| Bust girth Hip girth | ... $96100104110116 \ldots$ Integral values | 4 and 6 |

Table 3 (continued)

| Control <br> dimensions | Scale cores | Intervals |
| :--- | :---: | :---: |
| d) Women's outerwear covering the lower body only |  |  |
| Hip girth $\ldots 96100104108 \ldots$ 4 <br> Waist girth   <br> Height Integral values  <br>  $\ldots 156164172 \ldots \leftrightarrow$ 8 <br> or $\ldots 160168176 \ldots \leftrightarrow$ 8  |  |  |

e) Women's underwear covering the upper body, excluding foundation garments

| Bust girth | $\ldots 96100104110 \ldots$ | 4 and 6 |
| :--- | :---: | :---: |
| f) Women's and girls' <br> body only |  |  |
| Underbust girth <br> Bust girth | $\ldots 80859095 \ldots$ | 5 |

g) Women's and girls' foundation garments covering the whole body

| Underbust girth | $\ldots 80859095 \ldots$ | 5 |
| :--- | :---: | :--- |
| Bust girth | Mean integral values | 5 |
| Hip girth R W Integral values |  |  |

h). Women's and girls' foundation garments covering the lower Sbody anly. 21


Table 3 (concluded)


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## Annex A

## (informative)

## Example of a sizing system for infants' garments

Table A. 1 gives an example of a sizing system for infants' garments. It is applicable to jackets, trousers, suits, coats and jerseys.
Table A. 1 - Example of a sizing system for infants' garments
Dimensions in centimetres

| Control dimensions ${ }^{1)}$ |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Height (2.1.26) | 50 | 56 | 62 | 68 | 74 | 80 | 86 | 92 | 98 | 104 |
| Secondary dimensions ${ }^{1)}$ |  |  |  |  |  |  |  |  |  |  |
| Chest girth (2.1.7) $_{\text {Waist girth (2.1.11) }} \quad 41$ | 43 | 45 | 47 | 49 | 51 | 53 | 54 | 57 | 61 |  |
| Hip girth (2.1.12) | 41 | 43 | 45 | 47 | 49 | 50 | 52 | 53 | 55 | 57 |
| Trunk circumference (2.2.18) | 42 | 44 | 46 | 48 | 50 | 53 | 55 | 58 | 61 | 64 |
| Total crotch length (2.2.19) | 60 | 65 | 70 | 75 | 80 | 84 | 88 | 92 | 96 | 101 |

1) The numbers in parentheses refer to the subclauses of ISO 8559: 1989 where the dimensions are defined.

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