



Standard Specification and Test Methods for Metallic Medical Bone Screws¹

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This standard has been approved for use by agencies of the Department of Defense.

1. Scope

1.1 This specification provides requirements for materials, finish and marking, care and handling, and the acceptable dimensions and tolerances for metallic bone screws that are implanted into bone. The dimensions and tolerances in this specification are applicable only to metallic bone screws described in this specification.

1.2 This specification provides performance considerations and standard test methods for measuring mechanical properties in torsion of metallic bone screws that are implanted into bone. These test methods may also be applicable to other screws besides those whose dimensions and tolerances are specified here. The following annexes are included:

1.2.1 Annex A1—Test Method for Determining the Torsional Properties of Metallic Bone Screws.

1.2.2 Annex A2—Test Method for Driving Torque of Medical Bone Screws.

1.2.3 Annex A3—Test Method for Determining the Axial Pullout Strength of Medical Bone Screws.

1.2.4 Annex A4—Specifications for Type HA and Type HB Metallic Bone Screws.

1.2.5 Annex A5—Specifications for Type HC and Type HD Metallic Bone Screws.

1.2.6 Annex A6—Specifications for Metallic Bone Screw Drive Connections.

1.3 This specification is based, in part, upon ISO 5835, ISO 6475 and ISO 9268.

1.4 Unless otherwise indicated, the values stated in SI units are to be regarded as standard. The values in parentheses are given for information only.

1.5 *This standard may involve the use of hazardous materials, operations, and equipment. This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:

- E 4 Practices for Force Verification of Testing Machines²
- E 6 Terminology Relating to Methods of Mechanical Testing²
- E 8 Test Methods for Tension Testing of Metallic Materials²
- E 122 Practice for Choice of Sample Size to Estimate a Measure of Quality of a Lot or Process³
- F 67 Specification for Unalloyed Titanium for Surgical Implant Applications⁴
- F 86 Practice for Surface Preparation and Marking of Metallic Surgical Implants⁴
- F 116 Specification for Medical Screwdriver Bits⁴
- F 117 Test Method for Driving Torque of Medical Bone Screws⁴
- F 136 Specification for Wrought Titanium – 6 Aluminum – 4 Vanadium ELI (Extra Low Interstitial) Alloy (UNS R56401) for Surgical Implant Applications⁴
- F 138 Specification for Wrought 18 Chromium-14 Nickel-2.5 Molybdenum Stainless Steel Bar and Wire for Surgical Implants (UNS S31673)⁴
- F 565 Practice for Care and Handling of Orthopedic Implants and Instruments⁴
- F 620 Specification for Titanium-6 Aluminum-4 Vanadium ELI Alloy Forgings for Surgical Implants (UNS R56401)⁴
- F 799 Specification for Cobalt-28 Chromium-6 Molybdenum Alloy Forgings for Surgical Implants (UNS R31537, R31538, R31539)⁴
- F 983 Practice for Permanent Marking of Orthopedic Implant Components⁴
- F 1295 Specification for Wrought Titanium-6 Aluminum-7 Niobium Alloy for Surgical Implant Applications [UNS R56700]⁴
- F 1314 Specification for Wrought Nitrogen Strengthened-22 Chromium-12.5 Nickel-5 Manganese-2.5 Molybdenum Stainless Steel Bar and Wire for Surgical Implants⁴
- F 1472 Specification for Wrought Titanium-6 Aluminum-4 Vanadium Alloy for Surgical Implant Applications (UNS R56400)⁴

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² *Annual Book of ASTM Standards*, Vol 03.01.

³ *Annual Book of ASTM Standards*, Vol 14.02.

⁴ *Annual Book of ASTM Standards*, Vol 13.01.

- F 1537 Specification for Wrought Cobalt-28 Chromium-6 Molybdenum Alloy for Surgical Implants (UNS R31537, UNS R31538, UNS R31539)⁴
- F 1586 Specification for Wrought Nitrogen Strengthened-21 Chromium-10 Nickel-3 Manganese-2.5 Molybdenum Stainless Steel Bar for Surgical Implants⁴
- F 1622 Test Method for Measuring the Torsional Properties in Metallic Bone Screws⁴
- F 1691 Test Method for Determining the Axial Pull-Out Strength of Medical Bone Screws⁴
- F 1713 Specification for Wrought Titanium-13 Niobium-13 Zirconium Alloy for Surgical Implant Applications⁴
- F 1813 Specification for Wrought Titanium-12 Molybdenum-6 Zirconium-2 Iron Alloy for Surgical Implant Applications⁴
- F 1839 Specification for Rigid Polyurethane Foam for Use As a Standard Material for Testing Orthopaedic Devices and Instruments⁴
- 2.2 ISO Standards:
- 5835 Implants for Surgery—Metal Bone Screws with Hexagonal Driver Connection, Spherical Under Surface of Head, Asymmetrical Thread—Dimensions⁵
- 6475 Implants for Surgery—Metal Bone Screws with Asymmetrical Thread and Spherical Under-Surface—Mechanical Requirements and Test Methods⁵
- 9268 Implants for Surgery—Metal Bone Screws with Conical Under-surface of Head—Dimensions⁵

3. Terminology

3.1 *Definitions*—Some of the terms defined in this section are shown in Fig. 1.

3.1.1 *axial pullout strength*—the tensile force required to fail or remove a bone screw from a material into which the screw has been inserted.

3.1.2 *breaking angle*—angle of rotation at which the screw demonstrates its most rapid decrease in torque.

3.1.3 *buttress thread*—an asymmetrical thread profile characterized by a pressure flank which is nearly perpendicular to the screw axis

3.1.4 *cancellous screw*—a screw designed primarily to gain purchase into cancellous bone. Cancellous screws typically have a HB thread and may or may not be fully threaded.

⁵ Available from American National Standards Institute, 11 W. 42nd St., 13th Floor, New York, NY 10036.

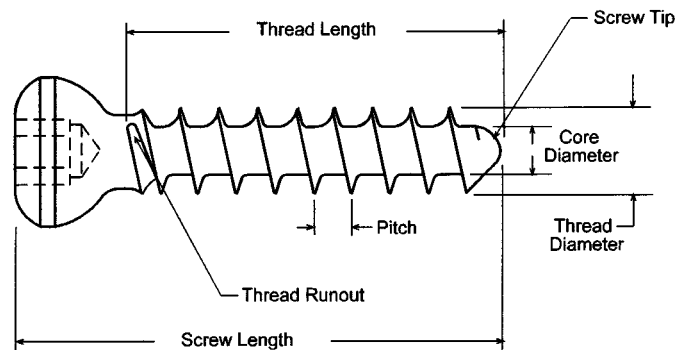


FIG. 1 Schematic of Screw Terms

3.1.5 *cortical screw*—a screw designed primarily to gain biocortical purchase into cortical bone. Cortical screws typically have a HA thread and are fully threaded.

3.1.6 *core diameter*—the smallest diameter of the threaded portion of the screw measured at the thread root. This is also known as the minor diameter or root diameter.

3.1.7 *gage length*—the distance between the holding device, for example, a split collet, and the underside of the screw head.

3.1.8 *grip length*—the length of threads held fast in the split collet or other holding mechanism.

3.1.9 *insertion depth*—the threaded length as inserted into the test block.

3.1.10 *insertion torque*—the amount of torque required to overcome the frictional force between the screw and the material used for testing while driving the screw into the material.

3.1.11 *maximum torque* (N-m)—the largest value of torque recorded during the period of rotation before screw failure in torsional shear when tested in accordance with Annex A1.

3.1.12 *nontapping screw*—a screw that has a tip that does not contain a flute. Nontapping screws usually require a tap to be inserted into the pilot hole before the insertion of the screw, when used in moderate or hard bone.

3.1.13 *partially threaded screw*—a screw whose threaded portion does not extend fully from the screw point to the screw head but instead has a smooth shaft running between the head and threads.

3.1.14 *pilot hole*—the hole drilled into the bone into which the screw tip is inserted. The pilot hole is normally slightly larger than the screw's core diameter. However, if the screw is to be used to provide compression across a fracture, a portion of the pilot hole may be larger to allow for a clearance fit.

3.1.15 *pitch*—the length between the thread crests.

3.1.16 *removal torque*—the amount of torque required to overcome the frictional force between the screw and the material used for testing while removing the screw from the material (for example, counterclockwise rotation for right-hand thread).

3.1.17 *screw head*—the end of the screw which is opposite of the tip and from which the means of inserting the screw is coupled.

3.1.18 *screw length*—the overall length of the screw measured from the screw head to the screw tip.

3.1.19 *screw thread*—a helical groove on a cylindrical or conical surface. The projecting helical ridge thus formed is called a screw thread, consisting of peaks (crests) and valleys (roots).

3.1.20 *self-tapping screw*—a screw that has any number of flutes at its tip which are intended to cut the screw's thread form into the bone upon insertion.

3.1.21 *size*—an identification of a screw based on its nominal thread diameter, as defined in Section 6.

3.1.22 *solid core*—a screw that does not contain a cannulation along its longitudinal axis.

3.1.23 *thread diameter*—the largest diameter of the threaded portion of the screw measured over the thread crests. This is also known as the major diameter.

3.1.24 *thread length*—the length of the threaded portion of

the screw, measured from the thread runout to the screw tip.

3.1.25 *thread runout*—the intersection of the screw thread with either the screw shaft or screw head.

3.1.26 *torsional yield strength* (N-m)—the point at which the screw reaches its proportional limit when tested in accordance with Annex A1. This will be determined by the offset method. A 2° offset value will be used.

4. Classification

4.1 There are a large variety of medical bone screws currently in use. They may be classified by the definitions provided in Section 3. This specification currently includes information that defines the following types of screws:

4.1.1 *Type HA*—Spherical undersurface of head, shallow, asymmetrical buttress thread, and deep screw head.

4.1.2 *Type HB*—Spherical undersurface of head, deep, asymmetrical buttress thread, and shallow screw head.

4.1.3 *Type HC*—Conical undersurface of head, symmetrical thread.

4.1.4 *Type HD*—Conical undersurface of head, asymmetrical thread.

5. Material

5.1 Screws shall be fabricated from one of the following materials:

5.1.1 Stainless steel alloy (Specification F 138).

5.1.2 Nitrogen-strengthened stainless steel alloy (Specifications F 1314 and F 1586).

5.1.3 Unalloyed titanium (Specification F 67).

5.1.4 Titanium-aluminum-vanadium alloy (Specifications F 136, F 620, and F 1472).

5.1.5 Titanium-aluminum-niobium alloy (Specification F 1295).

5.1.6 Titanium-niobium-zirconium alloy (Specification F 1713).

5.1.7 Cobalt-chromium-molybdenum alloy (Specifications F 799 and F 1537).

5.1.8 Titanium-molybdenum-zirconium-iron alloy (Specification F 1813).

6. Dimensions and Tolerances

6.1 There are many types of metallic bone screw designs available, so a complete list of dimensions and tolerances for all screws covered by this specification is unfeasible. However, this specification does provide required dimensions and tolerances for four types of screws as classified in 4.1. Screws conforming to this specification, and designated HA, HB, HC, or HD screws, shall be fabricated in accordance with the dimensions and tolerances described in Annex A4 and Annex A5, respectively.

7. Finish and Marking

7.1 The screw shall be free from nicks, dents, burrs, and scratches when examined in accordance with Practice F 86.

7.2 When size permits, the following information should be legibly marked on the head of the screw (in order of preference):

7.2.1 Manufacturer's name or logo,

7.2.2 *Screw Size*—If a screw is manufactured in accordance with ASTM or ISO specifications, the ASTM or ISO designa-

tion should be provided,

7.2.3 Material,

7.2.4 Catalog number, and

7.2.5 Manufacturing lot number.

7.3 Screws shall be marked in accordance with Practice F 983, unless otherwise specified in 7.2, in a manner such that the mechanical integrity of the screw is not compromised.

8. Care and Handling

8.1 Screws should be cared for and handled in accordance with Practice F 565, as appropriate.

9. Driving Instruments

9.1 A variety of screwdrivers exist for the insertion and removal of bone screws. The classification and dimensions for various screw-drive recesses currently used in the medical industry are documented in Annex A6. Specification F 116 provides related dimensional information for several types of medical screwdrivers.

9.2 Screws conforming to this specification, and designated HA, HB, HC, or HD screws, shall be manufactured with drive recesses that conform to the requirements specified in Annex A4 and Annex A5, respectively.

10. Performance Considerations and Test Methods

10.1 The following properties may be important when determining the suitability of a screw for a particular application. However, the test methods referenced as follows may not be appropriate for all types of implant applications. The user is cautioned to consider the appropriateness of the test methods in view of the devices being tested and their potential application.

10.1.1 *Torsional Strength*—This test method is an important parameter to prevent screw breakage during insertion or removal. The torsional strength shall be determined using the test methods described in Annex A1.

10.1.2 *Breaking Angle*—This test method provides a measure of the ductility of the screw when undergoing a torsional moment. A screw with a greater breaking angle may provide an earlier tactile warning to the surgeon that the screw is reaching its maximum torsional strength. The breaking angle shall be determined using the test methods described in Annex A1.

10.1.3 *Axial Pullout Strength*—This test method may be an important parameter if the screw is subjected to axial tensile forces, or if the screw is fixed into poor quality or osteoporotic bone. The pullout strength may be determined using the test methods described in Annex A3.

10.1.4 *Insertion Torque*—This test method may be an important parameter to avoid failure of the screw during insertion and to ensure that the screw may be easily inserted by the surgeon. The insertion torque should be much less than torsional yield strength of the screw and of the appropriate screwdriver bit. The insertion torque may be determined using the test methods described in Annex A2.

10.1.5 *Removal Torque*—This test method may be an important parameter to avoid failure of the screw during removal and to ensure that the screw may be easily removed by the surgeon. The removal torque should be much less than torsional yield strength of the screw and of the appropriate screwdriver bit. The removal torque may be determined using

the test methods described in Annex A2.

11. Performance Requirements

11.1 Screws shall meet the mechanical performance requirements specified in its associated specification annex.

12. Keywords

12.1 bone screw; dimensions; insertion; performance requirements; pullout; static; test methods; torsion

ANNEXES

(Mandatory Information)

A1. TEST METHOD FOR DETERMINING THE TORSIONAL PROPERTIES OF METALLIC BONE SCREWS

A1.1 Significance and Use

A1.1.1 This test method is used to measure the torsional yield strength, maximum torque, and breaking angle of the bone screw under standard conditions. The results obtained in this test method are not intended to predict the torque encountered while inserting or removing a bone screw in human or animal bone. This test method is intended only to measure the uniformity of the product tested or to compare the mechanical properties of different, yet similarly sized, products.

A1.2 Apparatus

A1.2.1 *Testing Fixture*—The torsion testing apparatus that is to be used for applying the required torque to the specimen shall be calibrated for the range of torques and rotational displacements used in the determination.⁶ A suitable testing fixture for the torsional yield strength-maximum torque-breaking angle test is illustrated in Fig. A1.1.

A1.2.1.1 *Test Speed*—The torsional force shall be applied at a constant rate of 1 to 5 r/min.

A1.2.1.2 *Torque Transducer*—A transducer to translate the applied torque into an electrical signal amenable to continuous

recording, calibrated over the range of torques, both in the clockwise and counterclockwise rotation, to be encountered in the test method, shall be provided.

A1.2.1.3 *Torsional Displacement Transducer*—A transducer to translate the angle of twist into an electrical signal amenable to continuous recording, calibrated over the range of angles to be encountered in the test and an accuracy of $\pm 0.3^\circ$, both in the clockwise and counterclockwise rotation, shall be provided.

A1.2.1.4 *Specimen Holder*—A mechanical device to clamp onto the bone screw to prevent its rotation while being stressed without significantly damaging its mechanical integrity shall be provided. One such method is to insert a threaded stopper into the opposite side of a test block. The test block for this holding mechanism will accommodate the insertion of a threaded stopper on the other side of the test block. The threaded stopper will prevent the screw from being completely inserted into the test block and will allow the torsional strength of the screw to be measured. This holder will be modified according to the size of the testing specimen so that the gage length of the specimen will be as outlined in A1.3.1.

A1.2.1.5 *Recorder*—The data recorder shall be suitable to continuously record torque versus angle of rotation, calibrated in units of Newton-metres for torque and degrees for angle of rotation. The value of torque shall have a resolution of 5 % of torsional yield strength. The angular displacement scale shall have a minimum sensitivity so as to enable an accurate offset measurement capability for a 2° angular displacement (see A1.3.3).

A1.2.2 *Test Specimen*—The test specimen shall be a completely fabricated and finished bone screw.

A1.3 Procedure

A1.3.1 *Torsional Yield Strength, Maximum Torque, and Breaking Angle*—Place the specimen in the holding device so that five threads, below the head of the screw, are exposed outside the holding device (for example, split collet, and so forth). If the test specimen cannot accommodate this setup because the screw is too small or is partially threaded, alternate procedures may be used. For fully threaded screws that are too small, the gage length of the specimen should represent 20 % of the threaded portion of the test specimen. For partially threaded screws, a large enough portion of the screw thread should be gripped to firmly secure the screw so that it does not

⁶ At the time that this specification was approved, no standard test method for the verification of torsion machines or transducers has been accepted. The user is urged to review E 8 for general guidance.

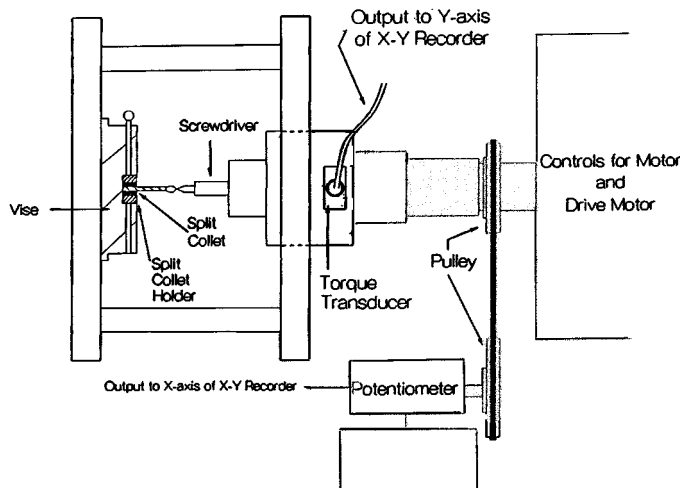


FIG. A1.1 Test Apparatus for Determination of Torsional Breaking Force and Breaking Angle

rotate when under torsional load. There are no specific requirements on the gage length or the grip length in this case; however, at least one full thread shall be exposed, if possible. Since the gage length and grip length can vary for these screws, the only requirement is that both be reported.

A1.3.2 The gage length or grip length should be kept the same length for test screws of similar design. If a split collet and collet holder are used, the following test method is appropriate: place the split collet in the collet holder. Clamp the split collet and holder in the vise. The clamping force of the vise should be sufficient to prevent rotation of the screw or the split collet. Drive the specimen in the direction of insertion, using an appropriate size and configured screwdriver bit, by applying a torsional force. If an axial load is required to maintain the screwdriver bit in the screw head, its value should be noted. The torque wrench shall be driven at a rate of 1 to 5 r/min.

NOTE A1.1—The simultaneous use of two chart recorders may simplify the ability to measure torsional yield strength accurately by the offset method. One chart recorder with an angular displacement scale or sensitivity of 50°/cm is convenient for measuring maximum torque and breaking angle. A second chart recorder with an angular displacement scale or sensitivity of 10°/cm or less is suggested to provide accurate offset measurement capability for measuring a 2° angular displacement. Alternatively, one chart recorder and a digital storage oscilloscope may be used.

A1.3.3 The torsional yield strength will be determined by the offset method (Fig. A1.2), using the torque versus angle of rotation curve produced in A1.3.1 and A1.3.2.

A1.3.3.1 On the torque versus angle of rotation curve, locate Point m equal to a rotation of 2°. Draw mn parallel to OA, and locate b, the intersection of mn with the torque versus angle of rotation curve. Torque B is defined as the torsional yield strength.

A1.3.3.2 The maximum torque is determined by the largest value of torque on the torque versus angle of rotation curve.

A1.3.3.3 The breaking angle is determined from the torque versus angle plot shown in Fig. A1.3. The breaking angle is

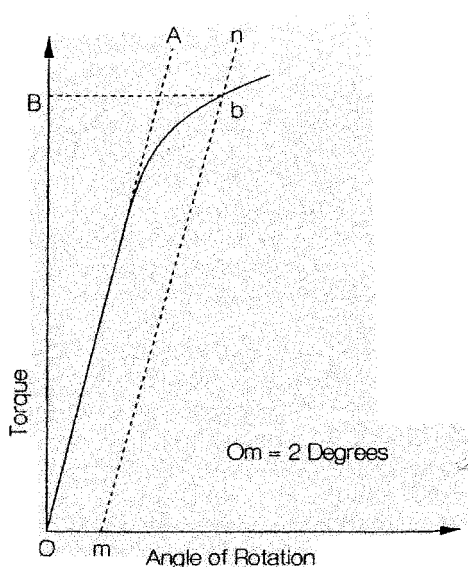


FIG. A1.2 Typical Torque Versus Angle of Rotation Curve

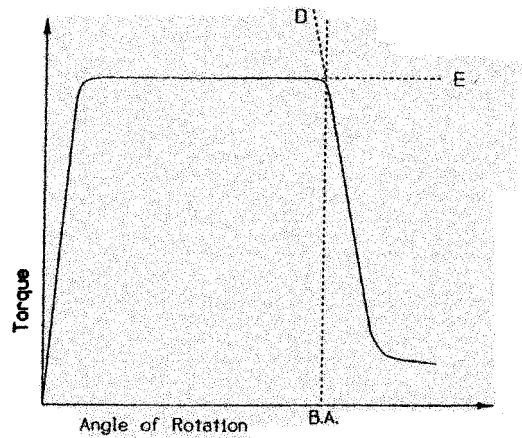


FIG. A1.3 Typical Plot of Torque Versus Torsion Angle

defined as the point at which the torque portion of the curve demonstrates its most rapid descent (negative slope) to total failure. The breaking angle (B.A.) is determined as the intersection of the two tangents (D and E) shown in Fig. A1.3. Line E is a tangent to the horizontal portion of the curve which represents maximum torque. Line D is drawn at the curve's most rapid descent. The intersection of these two lines is the breaking angle (B.A.) and is recorded to the nearest 10°.

A1.4 Report

A1.4.1 Report the following information for each specimen tested:

A1.4.1.1 *Screw Identification*—Reference any applicable ASTM or ISO specification that may apply to the specimen. If specifications do not exist, provide head form, thread form, major and minor diameter, thread pitch, overall screw length, head and shank (unthreaded portion of the screw excluding the head) length, and type of screw point.

A1.4.1.2 Screw chemical composition.

A1.4.1.3 Surface finish.

A1.4.1.4 Gage length.

A1.4.1.5 Torsional yield strength.

A1.4.1.6 Maximum torque.

A1.4.1.7 Breaking angle.

A1.4.1.8 Torque versus angle of rotation plot.

A1.4.1.9 The size of the exposed portion of the screwdriver (that is, the length and diameter relative to the tested screw) or the angular deformation of the screwdriver assembly at maximum torque.

A1.4.1.10 *Grip Length*—Does not have to be reported for a fully threaded screw of ASTM or ISO specification whose overall length is given.

A1.4.1.11 *Fracture Location*—The location can be specified by listing the number of threads below the head at which the screw fails or by measuring the distance below the head to the approximate fracture point.

A1.5 Precision and Bias

A1.5.1 Data establishing the precision and bias to be expected from this test method have not yet been obtained.

A2. TEST METHOD FOR DRIVING TORQUE OF MEDICAL BONE SCREWS

A2.1 Significance and Use

A2.1.1 This test method is used to measure the torque required to drive a bone screw into a standard material. The results obtained in this test method bear no direct correlation to the insertion torque required to insert the subject bone screw in human or animal bone. This test method is used only for purposes of maintaining the uniformity of the product tested.

A2.2 Apparatus

A2.2.1 *Testing Fixture*—A suitable test fixture as shown in Fig. A2.1 may be used for the insertion-removal torque tests.⁶ This fixture shall incorporate the test block material that conforms to Specification F 1839, test block clamp, drill bushing, and bushing support depicted. It shall be sufficiently rigid to not deflect or deform under the conditions of loading encountered during the test.

A2.2.1.1 *Torque Transducer*—A transducer to translate the applied torque into an electrical signal amenable to continuous recording, calibrated over the range of torques, both in the clockwise and counterclockwise rotation, to be encountered in the test shall be provided.

A2.2.1.2 *Torsional Displacement Transducer*—A transducer to translate the angle of twist into an electrical signal amenable to continuous recording, calibrated in a manner similar to Practices E 4 over the range of angles to be encountered in the test to an accuracy of $\pm 0.3^\circ$, both in the clockwise and counterclockwise rotation, shall be provided.

A2.2.1.3 *Data Recorder*—The data recorder shall be suitable to record torque versus angle of rotation continuously, calibrated in units of newton-metres for torque and degrees for angle of rotation. The value of torque shall have a resolution of 10 % of the maximum measured torque. The angular displacement scale shall have sensitivity such that at least four revolutions can be recorded and displayed.

A2.2.1.4 *Bushing*—A suitable replaceable bushing, fabricated from material that conforms to Specification F 1839,

shall be incorporated into the testing fixture. This bushing shall be of sufficient length and rigidity to ensure that specimens are driven into the test block normal to the top surface of the test block. The bore of the bushing shall be of such dimension as to ensure guidance of the test specimen with minimum frictional resistance between the major diameter of the test specimen and the bore of the bushing. Worn bushings shall be discarded and replaced with new bushings before conducting the test.

A2.2.1.5 *Test Block Clamp*—A clamp or holding device shall be incorporated into the testing fixture. This holding device shall maintain the drilled pilot hole in the test block in line with the test specimen. The holding device shall not deform the test block during clamping of the test block or performance of the test.

A2.2.1.6 *Test Specimen*—The test specimen shall be a completely fabricated, finished, and sterilized bone screw of sufficient length to transverse the bushing and test block.

A2.2.1.7 *Test Block*—The test block shall be fabricated from a uniform material that conforms to Specification F 1839. The top and bottom surfaces shall be flat, smooth, and parallel (within ± 0.4 mm ($1/64$ in.)) as required to ensure that the test block will be supported in the fixture with the top surface at an angle of 90° to the centerline of the test specimen. The edges of the test block shall be of such contour or squareness as required to ensure that the test block clamp shall hold the test block free of relative motion without deformation of the test block during clamping or testing. The test block thickness shall be not less than 4.8 mm ($3/16$ in.).

A2.2.1.8 *Pilot Holes in Test Block*—Pilot holes shall be drilled in the test block for insertion and removal of the test specimen. The drill size used shall be that specified by the screw manufacturer, for the size screw being tested. If specified by the screw manufacturer, the specified sized tap shall be used to tap the pilot hole before testing. The holes shall be drilled at 90° to the top surface of the test block. The holes shall be drilled straight and true, free of taper, bell mouth, or barrel

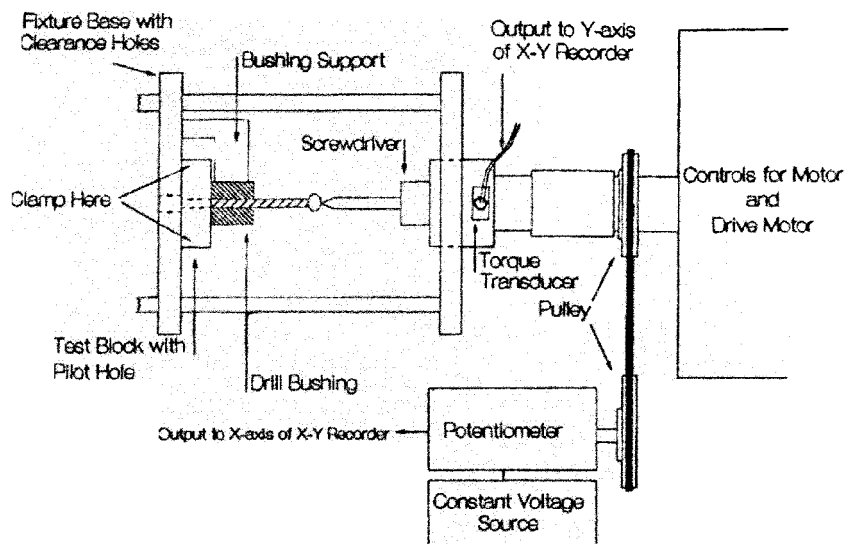


FIG. A2.1 Schematic of Test Apparatus for Driving Force