



Designation: F1154 – 99a (Reapproved 2004)

## Standard Practices for Qualitatively Evaluating the Comfort, Fit, Function, and Integrity of Chemical-Protective Suit Ensembles<sup>1</sup>

This standard is issued under the fixed designation F1154; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon ( $\epsilon$ ) indicates an editorial change since the last revision or reapproval.

### INTRODUCTION

Workers involved in the production, use, storage, maintenance, and transportation of chemicals can be exposed to numerous substances capable of causing harm upon contact with the human body. The deleterious effects of these chemicals can range from acute trauma, such as dermatitis or burns, to chronic degenerative disease, such as cancer or pulmonary fibrosis. Since engineering controls may not eliminate all possible exposures, attention is often given to reducing the potential for direct skin contact through the use of protective clothing that resists degradation, penetration, and permeation.

Chemical-protective clothing ensembles range from outfits of gloves, boots, and coveralls to totally-encapsulating chemical-protective suits employing self-contained or airline-supplied, or both, breathing apparatus. The ensemble of a chemical-protective suit in combination with gloves, boots, a breathing apparatus, and other auxiliary protective equipment can provide maximum protection to wearers in situations when no contact with hazardous chemicals is permitted. Chemical-protective suits are often selected on the basis of material chemical resistance, but equally important are the comfort, fit, functionality, and overall integrity of the suit allowing the wearer to safely carry out his or her assigned tasks. Few standards, if any, apply to the design and manufacture of chemical-protective suits. Additionally, protective suit designs vary depending on different end use applications in industrial settings, hazardous waste site clean up, and emergency response. As a consequence, users are faced with a variety of commercial products and generally depend on manufacturer sales information to decide which protective suits are appropriate for their own application. Other protective equipment such as gloves, boots, respiratory protective equipment, communications systems, and cooling devices must also be selected and integrated with the chemical-protective suit to provide an ensemble with adequate protection.

This standard is intended to provide standardized methods for qualitatively evaluating the comfort, fit, function, and integrity of chemical-protective suit ensembles. It may also be used by protective clothing manufacturers to assess current or proposed suit designs.

### 1. Scope

1.1 These practices are intended for evaluating chemical-protective suit ensembles to determine the suitability of the ensemble in a work environment on the basis of its comfort, fit, function, and integrity.

1.1.1 *Option A* is a manned exercise scenario intended to test the strength and durability of the garment material and seams.

1.1.2 *Option B* is a manned work task scenario intended to determine human factor characteristics and the ability of the

suit subject to perform tasks that may be encountered on a routine basis in a typical work environment.

1.2 These practices apply to all types of chemical-protective suits and auxiliary protective equipment including, but not limited to, splash-protective suits, totally encapsulating chemical-protective suits, and gas-tight, totally encapsulating chemical-protective suits.

1.3 The values as stated in inch-pound units are to be regarded as the standard. The values in brackets are given for information only.

1.4 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use. Specific safety precautions are given in Section 7.*

<sup>1</sup> These practices are under the jurisdiction of ASTM Committee F23 on Protective Clothing and are the direct responsibility of Subcommittee F23.30 on Chemicals.

Current edition approved January 1, 2004. Published February 2004. Originally approved in 1988. Last previous edition approved in 1999 as F1154 – 99a. DOI: 10.1520/F1154-99AR04.

## 2. Referenced Documents

### 2.1 ASTM Standards:<sup>2</sup>

**F1052** Test Method for Pressure Testing Vapor Protective Suits

**F1359** Test Method for Liquid Penetration Resistance of Protective Clothing or Protective Ensembles Under a Shower Spray While on a Mannequin

### 2.2 OSHA Specifications:<sup>3</sup>

**29 CFR Part 1910.25** Portable Wood Ladders

**29 CFR Part 1910.26** Portable Metal Ladders

## 3. Terminology

### 3.1 Definitions of Terms Specific to This Standard:

3.1.1 *chemical-protective suit ensemble, n*—the combination of a chemical-protective suit (totally encapsulating, splash-protective) with the wearer's respiratory protective equipment, gloves, boots, communications system, and cooling device, or some combination of those.

3.1.2 *degradation, n*—the deleterious change in one or more physical properties of a protective clothing material due to surface contact with a chemical.

3.1.3 *hazardous chemical*—any solid, liquid, gas, or mixture thereof that can potentially cause harm to the human body through inhalation, ingestion, or skin absorption.

3.1.4 *overall gas penetration resistance, n*—the integrity of a totally encapsulating chemical protective suit to resist the inward leakage of gases when exposed to a hazardous chemical environment.

3.1.4.1 *Discussion*—For the purpose of this practice, overall gas penetration resistance is demonstrated by the limited flow of a gas under pressure from the inside of an inflated totally encapsulating chemical protective suit at a prescribed pressure and time interval.

3.1.5 *overall liquid penetration resistance, n*—the integrity of a chemical protective suit to resist the inward leakage of liquids when exposed to a hazardous chemical environment.

3.1.5.1 *Discussion*—For the purpose of this practice, overall liquid penetration resistance is demonstrated by the absence of liquid on the inside of a chemical protective suit when exposed to a liquid spray at a prescribed flow rate, orientation of liquid contact, and time interval.

3.1.6 *penetration, n*—in a protective clothing material or item, the process by which a solid, liquid, or gas moves through closures, seams, interstices, and pinholes or other imperfections on a non-molecular level.

3.1.7 *permeation, n*—the process by which a chemical moves through a protective clothing material on a molecular level.

3.1.7.1 *Discussion*—Permeation involves the following: (1) sorption of molecules of the chemical into the contacted (challenge side) surface of the material, (2) diffusion of the

sorbed molecules in the material, and (3) desorption of the molecules from the opposite (collection side) surface of the material.

3.1.8 *protective clothing material, n*—any material or combination of materials used in an item of clothing for the purpose of isolating parts of the wearer's body from direct contact with a hazardous chemical.

3.1.9 *splash-protective suit*—a one or multi-piece garment which is constructed of protective clothing materials, designed and configured to protect the wearer's torso, head, arms, and legs against liquid splashes of hazardous chemicals.

3.1.10 *totally encapsulating chemical-protective suit*—a full body garment that is constructed of protective clothing materials; covers the wearer's torso, head, arms, and legs; may cover the wearer's hands and feet with permanently or tightly attached gloves and boots, completely encloses the wearer by itself or in combination with the wearer's respiratory equipment, gloves, and boots.

## 4. Summary of Practices

4.1 In Option A, the integrity of the chemical-protective suit, its materials and seams, are evaluated by subjecting the protective ensemble to a manned exercise scenario. The suit is inspected prior to and after the series of exercises to assess any changes in the garment's integrity.

4.2 In Option B, the function of the chemical-protective suit ensemble is evaluated by observing the ability of a test subject to perform routine work tasks while wearing the protective ensemble. As in Procedure A, the suit is inspected prior to and after the series of tasks to assess changes in the garment's integrity.

4.3 For each option, the fit and comfort of the chemical-protective suit ensemble are assessed by measuring the test subject's body dimensions and mass, and the dimensions and mass of the ensemble. These measurements can be qualitatively used to evaluate fit and comfort by relating test subject and ensemble measurements to test subject responses following each test.

## 5. Significance and Use

5.1 These practices establish standard procedures designed for qualitatively evaluating the performance characteristics of chemical-protective suit ensembles in terms of comfort, fit, function, and overall integrity.

5.2 These practices are suitable for both end users and manufacturers to evaluate chemical-protective suit ensemble performance characteristics.

5.2.1 End users may use these practices to qualitatively determine how well specific chemical-protective suits and ensemble components (gloves, boots, breathing apparatus, communications systems, and cooling devices) meet their particular application.

5.2.2 Manufacturers of chemical-protective clothing and equipment may use these practices to determine the qualitative performance characteristics in existing or proposed chemical-protective suit and equipment designs.

5.3 Procedure A permits a *qualitative* evaluation of chemical-protective suit integrity (materials, seams, and components) by subjecting the protective ensemble to a manned

<sup>2</sup> For referenced ASTM standards, visit the ASTM website, [www.astm.org](http://www.astm.org), or contact ASTM Customer Service at [service@astm.org](mailto:service@astm.org). For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

<sup>3</sup> The *Code of Federal Regulations* is available from the Superintendent of Documents, Government Printing Office, Washington, DC 20401.

exercise routine. Option B permits a *qualitative* evaluation of chemical-protective suit ensemble function. Each procedure can be used to assess chemical-protective suit ensemble comfort and fit by relating test subject responses and by comparing the dimensions and weights of both the test subject and suit.

NOTE 1—The accumulation of suit and human subject dimension data may eventually be used by manufacturers or end users in standards to improve the sizing of chemical-protective suits and the integration of ensemble components in protective ensembles.

5.4 The use of these practices is for qualitative purposes only. In general, results from use of these practices on one type ensemble may not be comparable to other test results on a different ensemble due to the subjective nature of test results.

5.5 These practices are not intended to assess heat stress resulting from wearing a chemical-protective suit ensemble, although thermal comfort of the suit ensemble may be subjectively evaluated.

5.6 End users and manufacturers of chemical-protective suit ensembles should consider these practices to be *minimum* procedures for evaluating protective ensemble performance characteristics. Users of these practices may wish to consider additional tests and procedure that relate directly to their particular application. Each facility performing these practices should establish its own criteria for assessing acceptable ensemble performance.

## 6. Apparatus

6.1 *Fiberboard Boxes*—Four standard shipping containers of not less than 1.5 ft<sup>3</sup>[0.03 m<sup>3</sup>] and not exceeding 2 ft<sup>3</sup>[0.06 m<sup>3</sup>] and filled with a non-hazardous material weighing 20 lb [9.1 kg]. The container shall be packed in such a way as to preclude any internal movement or shifting of the mass.

6.2 *Drum*—A standard 55-gal [208-L] drum that is filled with 200 lb [90 kg] of a non-hazardous material.

6.3 *Handtruck*—A standard, commercial grade handtruck that is typically employed for the transportation of 55-gal [208-L] drums.

6.4 *Valve*—Any standard handwheel valve, or similar representation, that may be vertically mounted in such a manner to provide actuation in the overhead position (placed at least at the same height as the test subject). The valve handle should be a minimum of 7 in. [1179 ± 25 mm] in diameter and a maximum of 8 in. [203 mm] in diameter.

6.5 *Wrench*—A 10-in. [254-mm] crescent wrench.

6.6 *Screwdriver*—A 10-in. [254-mm] slotted end screwdriver.

6.7 *Blot and Screw Assembly*—A metal stand shall be threaded for a ½-13 UNC size bolt and a ⅜-16 UNC screw. A ½-13 UNC 2-in. [51-mm] long hex head bolt shall be provided for bolt installation and removal exercises. A ⅜-16 UNC 2-in. [51-mm] long slotted round head screw shall be used for screw installation and removal exercises. The metal stand shall be placed on a waist-high table for the operations.

6.8 *Hoses*—Two vinyl or chloroprene hoses with a 1-in. [25-mm] outside diameter. Individual hose length shall be 25-ft [7.6 m]. One hose should have screw type connections and the

other should have quick-connect connections. The type of connection shall be documented in the report.

6.9 *Ladder*—Nine-foot [2.7-m] or longer ladder (the ladder should be supported by at least one assistant and used in accordance with 29 CFR 1910.25 and 29 CFR 1910.26).

6.10 *Tape Measures*—Any non-rigid tape measure suitable for measuring human body dimensions, or anthropometer, (with graduations of ¼ in. [1 mm]); a second rigid standard tape measure for measuring dimensions up to 8 ft [2.4 m].

6.11 *Weight Scales*—Human weighing scales with a range of 0 to 300 lb [0 to 136 kg].

6.12 *Thermometer*—A standard thermometer or other temperature measuring device capable of measuring environmental temperatures ranging from –20 to 120°F [–28.5 to 49.2°C].

6.13 *Wet Bulb Thermometer or Hygrometer*—Any device capable of making measurements for determining environmental relative humidities.

## 7. Safety Precautions

7.1 A safety monitor shall be present during all testing specified in this test method. The safety monitor shall continuously observe the condition of the test subject.

7.2 Testing shall be stopped and the subject removed from the protective ensemble for any of the following reasons: request of the test subject, or indications of shortness of breath, difficulty in breathing, fatigue, flushed face, profuse sweating, erratic movements, coughing, nausea, or cramps in the test subject.

7.3 Test subjects should be in good physical condition, experienced in the use of protective clothing, and well hydrated before performing these tests.

7.4 Emergency equipment, such as drinking containers filled with cold water and liquids such as fruit juices, etc., to replace body fluids, should be readily accessible at the test area.

7.5 The selection of breathing apparatus and other ensemble equipment shall take into account the length of the test and the burden on the test subject.

## 8. Procedures

8.1 Select the chemical-protective suit and ensemble components to be used during test. Record applicable suit/equipment data for each item including, but not limited to the following:

8.1.1 Type of item (totally encapsulating chemical-protective suit, splash-protective suit, breathing apparatus, etc.);

8.1.2 Manufacturer;

8.1.3 Model number, serial number;

8.1.4 Size;

8.1.5 General description of suit, glove, boot, and visor materials;

8.1.6 Special suit features; and

8.1.7 Any relevant suit dimensions (that is, height and girth).

8.2 Visually inspect each chemical protective suit for flaws or defects in the base materials and seam construction. An illustration of the chemical-protective suit, such as that given in **Fig. 1**, may be used to mark and record the location of suit