### SLOVENSKI PREDSTANDARD

### **oSIST prEN ISO 11079:2006**

januar 2006

Ergonomija toplotnega okolja - Ugotavljanje in razlaga obremenitev zaradi mraza ob uporabi zahtevanih zaščitnih oblačil (IREQ) in učinkov lokalnega ohlajevanja (ISO/DIS 11079:2005)

(istoveten prEN ISO 11079:2005)

Ergonomics of the thermal environment - Determination and interpretation of cold stress when using required clothing insulation (IREQ) and local cooling effects (ISO/DIS 11079:2005)

#### SIST EN ISO 11079:2008

### iTeh STANDARD PREVIEW (standards.iteh.ai)

SIST EN ISO 11079:2008

### EUROPEAN STANDARD NORME EUROPÉENNE EUROPÄISCHE NORM

### DRAFT prEN ISO 11079

November 2005

**ICS** 

Will supersede ENV ISO 11079:1998

### **English Version**

Ergonomics of the thermal environment - Determination and interpretation of cold stress when using required clothing insulation (IREQ) and local cooling effects (ISO/DIS 11079:2005)

Ergonomie des ambiances thermiques - Détermination et interprétation de la contrainte liée au froid en utilisant l'isolement thermique requis du vêtement et les effets du refroidissement local (ISO/DIS 11079:2005)

This draft European Standard is submitted to CEN members for parallel enquiry. It has been drawn up by the Technical Committee CEN/TC 122.

If this draft becomes a European Standard, CEN members are bound to comply with the CEN/CENELEC Internal Regulations which stipulate the conditions for giving this European Standard the status of a national standard without any alteration.

This draft European Standard was established by CEN in three official versions (English, French, German). A version in any other language made by translation under the responsibility of a CEN member into its own language and notified to the Management Centre has the same status as the official versions.

CEN members are the national standards bodies of Austria, Belgium, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland and United Kingdom.

Recipients of this draft are invited to submit, with their comments, notification of any relevant patent rights of which they are aware and to provide supporting documentation.

**Warning**: This document is not a European Standard. It is distributed for review and comments. It is subject to change without notice and shall not be referred to as a European Standard.



EUROPEAN COMMITTEE FOR STANDARDIZATION COMITÉ EUROPÉEN DE NORMALISATION EUROPÄISCHES KOMITEE FÜR NORMUNG

Management Centre: rue de Stassart, 36 B-1050 Brussels

### **Foreword**

This document (prEN ISO 11079:2005) has been prepared by Technical Committee ISO/TC 159 "Ergonomics" in collaboration with Technical Committee CEN/TC 122 "Ergonomics", the secretariat of which is held by DIN.

This document is currently submitted to the parallel Enquiry.

This document will supersede ENV ISO 11079:1998.

### **Endorsement notice**

The text of ISO 11079:2005 has been approved by CEN as prEN ISO 11079:2005 without any modifications.

### iTeh STANDARD PREVIEW (standards.iteh.ai)

# ISO

### **DRAFT INTERNATIONAL STANDARD ISO/DIS 11079**

ISO/TC 159/SC 5 Secretariat: BSI

Voting begins on: Voting terminates on:

2005-11-17 2006-04-17

INTERNATIONAL ORGANIZATION FOR STANDARDIZATION • МЕЖДУНАРОДНАЯ ОРГАНИЗАЦИЯ ПО СТАНДАРТИЗАЦИИ • ORGANISATION INTERNATIONALE DE NORMALISATION

## Ergonomics of the thermal environment — Determination and interpretation of cold stress when using required clothing insulation (IREQ) and local cooling effects

Ergonomie des ambiances thermiques — Détermination et interprétation de la contrainte liée au froid en utilisant l'isolement thermique requis du vêtement et les effets du refroidissement local

(Revision of ISO/TR 11079:1993)

iTeh STANDARD PREVIEW (standards.iteh.ai)

### **ISO/CEN PARALLEL ENQUIRY**

The CEN Secretary-General has advised the ISO Secretary-General that this ISO/DIS covers a subject of interest to European standardization. In accordance with the ISO-lead mode of collaboration as defined in the Vienna Agreement, consultation on this ISO/DIS has the same effect for CEN members as would a CEN enquiry on a draft European Standard. Should this draft be accepted, a final draft, established on the basis of comments received, will be submitted to a parallel two-month FDIS vote in ISO and formal vote in CEN.

To expedite distribution, this document is circulated as received from the committee secretariat. ISO Central Secretariat work of editing and text composition will be undertaken at publication stage.

Pour accélérer la distribution, le présent document est distribué tel qu'il est parvenu du secrétariat du comité. Le travail de rédaction et de composition de texte sera effectué au Secrétariat central de l'ISO au stade de publication.

THIS DOCUMENT IS A DRAFT CIRCULATED FOR COMMENT AND APPROVAL. IT IS THEREFORE SUBJECT TO CHANGE AND MAY NOT BE REFERRED TO AS AN INTERNATIONAL STANDARD UNTIL PUBLISHED AS SUCH.

IN ADDITION TO THEIR EVALUATION AS BEING ACCEPTABLE FOR INDUSTRIAL, TECHNOLOGICAL, COMMERCIAL AND USER PURPOSES, DRAFT INTERNATIONAL STANDARDS MAY ON OCCASION HAVE TO BE CONSIDERED IN THE LIGHT OF THEIR POTENTIAL TO BECOME STANDARDS TO WHICH REFERENCE MAY BE MADE IN NATIONAL REGULATIONS.

#### PDF disclaimer

This PDF file may contain embedded typefaces. In accordance with Adobe's licensing policy, this file may be printed or viewed but shall not be edited unless the typefaces which are embedded are licensed to and installed on the computer performing the editing. In downloading this file, parties accept therein the responsibility of not infringing Adobe's licensing policy. The ISO Central Secretariat accepts no liability in this area.

Adobe is a trademark of Adobe Systems Incorporated.

Details of the software products used to create this PDF file can be found in the General Info relative to the file; the PDF-creation parameters were optimized for printing. Every care has been taken to ensure that the file is suitable for use by ISO member bodies. In the unlikely event that a problem relating to it is found, please inform the Central Secretariat at the address given below.

## iTeh STANDARD PREVIEW (standards.iteh.ai)

SIST EN ISO 11079:2008

https://standards.iteh.ai/catalog/standards/sist/d5bea5a7-c5cc-4de7-af92-65c5c576e408/sist-en-iso-11079-2008

### Copyright notice

This ISO document is a Draft International Standard and is copyright-protected by ISO. Except as permitted under the applicable laws of the user's country, neither this ISO draft nor any extract from it may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, photocopying, recording or otherwise, without prior written permission being secured.

Requests for permission to reproduce should be addressed to either ISO at the address below or ISO's member body in the country of the requester.

ISO copyright office
Case postale 56 • CH-1211 Geneva 20
Tel. + 41 22 749 01 11
Fax + 41 22 749 09 47
E-mail copyright@iso.org
Web www.iso.org

Reproduction may be subject to royalty payments or a licensing agreement.

Violators may be prosecuted.

#### **Contents** Page Foreword ......iv Introduction ......v 1 2 Terms, definitions and symbols .......7 3 3.1 3.2 Symbols ......9 4 Principles of methods for evaluation......11 General cooling......11 5 5.1 General .......11 Definition of required insulation, IREQ......12 5.2 5.3 Derivation of IREO 5.4 5.5 Interpretation of IREQ......14 5.6 Comparison of IREO and selected clothing insulation......14 5.7 Local cooling ......16 6 6.1 6.2 6.3 64 6.5 Airway cooling......17 7 Practical assessment of cold environments and interpretation ......17 7.1 Procedure for determination of IREQ and $D_{lim}$ ......17 7.2 7.3 Local cooling .......19 Annex A (normative) Heat exchange equations......20 Annex B (informative) Physiological criteria in cold exposure ......23 Annex C (informative) Metabolice heat production and thermal properties of clothing...25 Annex D (informative) Determination of wind cooling......28

### **Foreword**

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

International Standards are drafted in accordance with the rules given in the ISO/IEC Directives, Part 3.

Draft International Standards adopted by the technical committees are circulated to the member bodies for voting. Publication as an International Standard requires approval by at least 75 % of the member bodies casting a vote.

International Standard ISO 11079 was prepared by Technical Committee ISO/TC 159, *Ergonomics*, Subcommittee SC 5, *Ergonomics of the Physical Environment*.

This is the first edition of this ISO standard and replaces the technical report (ISO TR11079:1993).

(standards.iteh.ai)

SIST EN ISO 11079:2008
https://standards.iteh.ai/catalog/standards/sist/d5bea5a7-c5cc-4de7-af92-

### Introduction

Wind-chill is commonly encountered in cold climates, but low temperatures first of all endanger body heat balance. By proper adjustment of clothing man can often control and regulate body heat loss, to balance a change in the ambient climate. The method presented here is therefore based on the evaluation of the clothing insulation required to maintain in equilibrium the thermal balance of the body. The heat balance equation used takes into account the most recent scientific findings concerning heat exchanges at the surface of the skin as well as the clothing.

### iTeh STANDARD PREVIEW (standards.iteh.ai)

## iTeh STANDARD PREVIEW (standards.iteh.ai)

SIST EN ISO 11079:2008

## Ergonomics of the thermal environment — Determination and interpretation of cold stress when using required clothing insulation (IREQ) and local cooling effects

### 1 Scope

This International Standard specifies methods and strategies to assess the thermal stress associated with exposure to cold environments. These methods apply to continuous, intermittent as well as occasional exposure and type of work, indoors and outdoors. This International Standard is not applicable to specific effects associated with certain meteorological phenomena (e.g. precipitation). These effects must be assessed by other methods.

### 2 Normative references

The following standards contain provisions that, through reference in this text, constitute provisions of the Technical Report. At the time of publication, the editions indicated were valid. All standards are subject to revision, and parties to agreements based on this Technical Report are encouraged to investigate the possibility of applying the most recent editions of the standards indicated below. Members of IEC and ISO maintain registers with currently valid International Standards.

ISO 7726, Thermal Environments — Specifications relating to appliances and methods for measuring physical characteristics of the environment

ISO 8996, Ergonomics of the thermal environment — Determination of metabolic rate

ISO 9920, Ergonomics of the thermal environment — Estimation of the thermal insulation and evaporative resistance of a clothing ensemble

ISO 9237, Textiles — Determination of permeability of fabrics to air

ISO/FDIS 13732-3, Ergonomics of the thermal environment — Methods for assessment of human responses to contact with surfaces — Part 3: Cold surfaces

ISO 15831 Clothing — Physiological effects — Measurement of thermal insulation by means of a thermal manikin

### 3 Terms, definitions and symbols

#### 3.1 Definitions

Terms and definitions used are described in ISO 13731, Ergonomics of the thermal environment – vocabulary and symbols.

### ISO DIS 11079:2005

Additional definitions used in this document are given below.

#### 3.1.1

### cold stress

climatic conditions under which the body heat exchange is just equal or too large for heat balance at the expense of significant and sometimes uncompensable physiological strain (heat debt)

### 3.1.2

#### heat stress

climatic conditions under which the body heat exchange is just equal or too small for heat balance at the expense of significant and sometimes uncompensable physiological strain (heat storage)

### 3.1.3

### **IREQ**

required clothing insulation for the preservation of body heat balance at defined levels of physiological strain

### 3.1.4

### thermoneutral zone

the temperature interval within which the body maintains heat balance exclusively by vasomotor reactions

### 3.1.5

### wind chill index

defines a temperature that is related to the cooling sensation on a local skin segment

(standards.iteh.ai)

SIST EN ISO 11079:2008

### **Symbols**

Symbols and units used in subsequent equations are described below.

body surface area, m<sup>2</sup>  $A_{\mathsf{Du}}$ 

air permeability, Im<sup>-2</sup>s<sup>-1</sup> ap

effective radiating area of the body, m<sup>2</sup>  $A_{\mathsf{r}}$ 

convective heat flow, W m<sup>-2</sup> C

water latent heat of vaporization, Jkg-1

specific heat of dry air at constant pressure, Jkg<sup>-1</sup>K<sup>-1</sup>  $c_{\mathsf{p}}$ 

respiratory convective heat flow, Wm<sup>-2</sup>  $C_{\mathsf{res}}$ 

duration limited exposure, h  $D_{\mathsf{lim}}$ 

 $D_{\mathsf{rec}}$ recovery time, h

evaporative heat flow at the skin, Wm<sup>-2</sup> E

respiratory evaporative heat flow, Wm<sup>-2</sup>  $E_{\mathsf{res}}$ 

clothing area factor, n.d.  $f_{\mathsf{cl}}$ 

convective heat transfer coefficient, W m<sup>-2</sup> K<sup>-1</sup>  $h_{c}$ 

radiative heat transfer coefficient. W m<sup>-2</sup> K<sup>-1</sup>  $h_{\mathsf{r}}$ 

boundary layer thermal insulation, m<sup>2</sup> K W<sup>-1</sup>-11079-2008  $I_{\mathsf{a}}$ 

basic clothing insulation, m<sup>2</sup> K W<sup>-1</sup>  $I_{\mathsf{cl}}$ 

resultant clothing insulation, m<sup>2</sup> K W<sup>-1</sup>  $I_{\mathsf{clr}}$ 

mathematical symbol for IREQ, m<sup>2</sup> K W<sup>-1</sup>  $I_{\mathsf{IREQ}}$ 

total insulation, m<sup>2</sup> K W<sup>-1</sup>  $I_{\mathsf{T}}$ 

resultant total insulation, m<sup>2</sup> K W<sup>-1</sup>  $I_{\mathsf{Tr}}$ 

moisture permeability index, n.d.  $i_{\mathsf{m}}$ 

required clothing insulation, m<sup>2</sup> K W<sup>-1</sup> *IREO* 

minimal required clothing insulation, m<sup>2</sup> K W<sup>-1</sup>  $IREQ_{min}$ 

neutral required clothing insulation, m<sup>2</sup> K W<sup>-1</sup> IREQ<sub>neutral</sub>

K conductive heat flow, Wm<sup>-2</sup>.

metabolic rate, Wm<sup>-2</sup> M

water vapour partial pressure, kPa  $p_{\mathsf{a}}$ 

9 © ISO 2005 - All rights reserved