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**Varovalna obleka za gasilce - Fiziološki vpliv - 2. del: Določanje fiziološke toplotne obremenitve, ki jo povzroča varovalna obleka, ki jo nosijo gasilci (ISO 18640-2:2018)**

Protective clothing for firefighters - Physiological impact - Part 2: Determination of physiological heat load caused by protective clothing worn by firefighters (ISO 18640-2:2018)

Schutzbekleidung für die Feuerwehr - Physiologische Wärmebelastung - Teil 2: Bestimmung der physiologischen Wärmebelastung ausgelöst durch von Feuerwehrleuten getragene Schutzbekleidung (ISO 18640-2:2018)

Vêtements de protection pour sapeurs-pompiers - Impact physiologique - Partie 2: Détermination de la déperdition de chaleur provoquée par les vêtements de protection portés par les sapeurs-pompiers (ISO 18640-2:2018)

**Ta slovenski standard je istoveten z: EN ISO 18640-2:2018**

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**ICS:**

13.220.10	Gašenje požara	Fire-fighting
13.340.10	Varovalna obleka	Protective clothing

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**EN ISO 18640-2**

May 2018

ICS 13.340.10

English Version

**Protective clothing for firefighters - Physiological impact -  
Part 2: Determination of physiological heat load caused by  
protective clothing worn by firefighters (ISO 18640-  
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Vêtements de protection pour sapeurs-pompiers -  
Impact physiologique - Partie 2: Détermination de la  
déperdition de chaleur provoquée par les vêtements de  
protection portés par les sapeurs-pompiers (ISO  
18640-2:2018)

Schutzkleidung für die Feuerwehr - Physiologische  
Wärmebelastung - Teil 2: Bestimmung der  
physiologischen Wärmebelastung ausgelöst durch von  
Feuerwehrleuten getragene Schutzkleidung (ISO  
18640-2:2018)

This European Standard was approved by CEN on 2 January 2018.

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## European foreword

This document (EN ISO 18640-2:2018) has been prepared by Technical Committee ISO/TC 94 "Personal safety - Personal protective equipment" in collaboration with Technical Committee CEN/TC 162 "Protective clothing including hand and arm protection and lifejackets" the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by November 2018, and conflicting national standards shall be withdrawn at the latest by November 2018.

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. CEN shall not be held responsible for identifying any or all such patent rights.

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**Protective clothing for firefighters —  
Physiological impact —****Part 2:****Determination of physiological heat  
load caused by protective clothing  
worn by firefighters**

iTeh STANDARD PREVIEW  
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*Vêtements de protection pour sapeurs-pompiers — Impact  
physiologique —*

*Partie 2: Détermination de la déperdition de chaleur provoquée par  
les vêtements de protection portés par les sapeurs-pompiers*

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## ISO 18640-2:2018(E)

## Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see [www.iso.org/directives](http://www.iso.org/directives)).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see [www.iso.org/patents](http://www.iso.org/patents)).

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For an explanation on the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT) see the following URL: [www.iso.org/iso/foreword.html](http://www.iso.org/iso/foreword.html). (standards.iteh.ai)

This document was prepared by Technical Committee ISO/TC 94, *Personal safety — Protective clothing and equipment*, Subcommittee SC 14, *Firefighters' personal equipment*.

A list of all parts in the ISO 18640 series can be found on the ISO website.

## Introduction

Protective clothing for (structural) firefighting may have a serious physiological impact<sup>1),2)</sup> on the wearer and a serious effect on the acute physical condition of the wearer during activities with increased metabolic heat production<sup>[3][4]</sup>. Protective clothing impedes heat exchange by sweat evaporation and therefore maintenance of a constant core body temperature and thermal homeostasis is disturbed. This could increase the risk of heat strain and subsequently impact on the length and time that the firefighter is able to work safely. If this is identified in a risk assessment, it is important that (thermal) physiological parameters are obtained to ensure the suitability of the protective clothing chosen under the expected conditions of use. The assessment of the physiological impact of the protective clothing provides important information about the effect on individuals undertaking different tasks in various environmental conditions. In ISO 18640-1, relevant physical parameters of protective clothing are measured with a Sweating torso. Standard Sweating torso measurements provide physical parameters about combined and complex heat and moisture transfer (ISO 18640-1). By coupling the sweating torso to a mathematical model for thermo-physiological responses, the thermo-physiological impact of protective clothing is estimated and the maximum exposure time for defined environmental conditions and a defined activity protocol are predicted by Thermal Human Simulator (THS) measurements.

The purpose of this document is to consider aspects of protective clothing performance that cannot be determined by tests described in other standards. The aim of this document is to quantify the thermo-physiological impact of protective garments for (structural) firefighting under relevant exposures. This document provides the background for the specification of a minimum level of performance requirements during defined firefighting scenarios for the assessed firefighters' protective clothing by calculation of the maximum allowable work duration in order to avoid heat stroke.

NOTE The method allows to characterizing the thermo-physiological impact for different levels of complexity. This includes the characterisation of the single PPE ensembles (standard procedure) as well as the characterisation of protective clothing ensembles including under wear and protective clothing, including air layers or including design features of protective clothing ensembles (e.g. pockets, reflective strips) as optional procedures<sup>3)</sup>.

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1) Nunneley (1989) reported a significant physiological burden due to the protective clothing upon the wearer, both in the form of increased metabolic rate and reduced heat dissipation.

2) Taylor (2012) showed that the relative influence of the clothing on oxygen cost was at least three times that of the breathing apparatus.

3) This listing of standard and optional procedures is a first proposal for prioritization. The expressiveness of the different levels of complexity for the characterisation of the thermo-physiological impact needs to be further investigated. Results will be presented at the next ballot.