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Standard Practice for Retrieval and Analysis of Medical Devices, and Associated Tissues and Fluids¹

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1. Scope

1.1 This practice covers recommendations for the retrieval, handling, and analysis of implanted medical devices and associated specimens that are removed from patients during revision surgery, at postmortem, or as part of animal studies. This practice can also be used for analysis of specimens and lubrication fluids from *in vitro* wear tests and joint simulators. The aim is to provide guidance in preventing damage to the associated specimens which could obscure the investigational results, and in gathering data at the proper time and circumstance to validate the study.

1.2 This practice offers guidelines for the analysis of retrieved implants to limit damage to them, and to allow comparisons between investigational results from different studies. The protocols are divided into three stages, where Stage I is the minimum non-destructive analysis, Stage II is more complete non-destructive analysis, and Stage III is destructive analysis. Standard protocols for the examination and collection of data are provided for specific types of materials in relation to their typical applications. For particular investigational programs, additional, more specific, protocols may be required. If special analytical techniques are employed, the appropriate handling procedures must be specified.

1.3 This practice recommendation should be applied in accordance with national regulations or legal requirements regarding the handling and analysis of retrieved implants and excised tissues, especially with regard to handling devices which may become involved in litigation, as per Practice E860.

1.4 A significant portion of the information associated with a retrieved implant device is often at the device-tissue interface or in the tissues associated with the implant and related organ systems. Attention should be given to the handling of adjacent tissues, so as not to interfere with study of the particles in the adjacent tissue, a chemical analysis for the byproducts of degradation of the implant, or a study of the cellular response to the implant.

1.5 *This standard may involve hazardous materials, operations, and equipment. As a precautionary measure, explanted devices should be sterilized or minimally disinfected by an appropriate means that does not adversely affect the implant or the associated tissue that may be subject to subsequent analysis. A detailed discussion of precautions to be used in handling of human tissues can be found in ISO 12891-1. This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:²

- A262 Practices for Detecting Susceptibility to Intergranular Attack in Austenitic Stainless Steels
- A751 Test Methods, Practices, and Terminology for Chemical Analysis of Steel Products
- C20 Test Methods for Apparent Porosity, Water Absorption, Apparent Specific Gravity, and Bulk Density of Burned Refractory Brick and Shapes by Boiling Water
- C158 Test Methods for Strength of Glass by Flexure (Determination of Modulus of Rupture)
- C169 Test Methods for Chemical Analysis of Soda-Lime and Borosilicate Glass
- C573 Test Methods for Chemical Analysis of Fireclay and High-Alumina Refractories³
- C623 Test Method for Young's Modulus, Shear Modulus, and Poisson's Ratio for Glass and Glass-Ceramics by Resonance
- C633 Test Method for Adhesion or Cohesion Strength of Thermal Spray Coatings
- C674 Test Methods for Flexural Properties of Ceramic Whiteware Materials
- C730 Test Method for Knoop Indentation Hardness of Glass
- C1069 Test Method for Specific Surface Area of Alumina or Quartz by Nitrogen Adsorption

¹ This practice is under the jurisdiction of ASTM Committee F04 on Medical and Surgical Materials and Devices and is the direct responsibility of Subcommittee F04.15 on Material Test Methods.

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² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

³ Withdrawn.

- C1161** Test Method for Flexural Strength of Advanced Ceramics at Ambient Temperature
- C1198** Test Method for Dynamic Young's Modulus, Shear Modulus, and Poisson's Ratio for Advanced Ceramics by Sonic Resonance
- C1322** Practice for Fractography and Characterization of Fracture Origins in Advanced Ceramics
- C1326** Test Method for Knoop Indentation Hardness of Advanced Ceramics
- C1327** Test Method for Vickers Indentation Hardness of Advanced Ceramics
- D256** Test Methods for Determining the Izod Pendulum Impact Resistance of Plastics
- D412** Test Methods for Vulcanized Rubber and Thermoplastic Elastomers—Tension
- D570** Test Method for Water Absorption of Plastics
- D621** Test Methods for Deformation of Plastics Under Load³
- D624** Test Method for Tear Strength of Conventional Vulcanized Rubber and Thermoplastic Elastomers
- D638** Test Method for Tensile Properties of Plastics³
- D671** Test Method for Flexural Fatigue of Plastics by Constant-Amplitude-of-Force⁴
- D695** Test Method for Compressive Properties of Rigid Plastics
- D732** Test Method for Shear Strength of Plastics by Punch Tool
- D747** Test Method for Apparent Bending Modulus of Plastics by Means of a Cantilever Beam
- D785** Test Method for Rockwell Hardness of Plastics and Electrical Insulating Materials
- D790** Test Methods for Flexural Properties of Unreinforced and Reinforced Plastics and Electrical Insulating Materials
- D792** Test Methods for Density and Specific Gravity (Relative Density) of Plastics by Displacement
- D1004** Test Method for Tear Resistance (Graves Tear) of Plastic Film and Sheeting
- D1042** Test Method for Linear Dimensional Changes of Plastics Under Accelerated Service Conditions
- D1238** Test Method for Melt Flow Rates of Thermoplastics by Extrusion Plastometer
- D1239** Test Method for Resistance of Plastic Films to Extraction by Chemicals³
- D1242** Test Methods for Resistance of Plastic Materials to Abrasion⁴
- D1505** Test Method for Density of Plastics by the Density-Gradient Technique
- D1621** Test Method for Compressive Properties of Rigid Cellular Plastics
- D1622** Test Method for Apparent Density of Rigid Cellular Plastics
- D1623** Test Method for Tensile and Tensile Adhesion Properties of Rigid Cellular Plastics
- D1708** Test Method for Tensile Properties of Plastics by Use of Microtensile Specimens
- D2240** Test Method for Rubber Property—Durometer Hardness
- D2842** Test Method for Water Absorption of Rigid Cellular Plastics
- D2857** Practice for Dilute Solution Viscosity of Polymers³
- D2873** Test Method for Interior Porosity of Poly(Vinyl Chloride) (PVC) Resins by Mercury Intrusion Porosimetry⁴
- D2990** Test Methods for Tensile, Compressive, and Flexural Creep and Creep-Rupture of Plastics
- D3016** Practice for Use of Liquid Exclusion Chromatography Terms and Relationships
- D3417** Test Method for Enthalpies of Fusion and Crystallization of Polymers by Differential Scanning Calorimetry (DSC)⁴
- D3418** Test Method for Transition Temperatures and Enthalpies of Fusion and Crystallization of Polymers by Differential Scanning Calorimetry
- D3835** Test Method for Determination of Properties of Polymeric Materials by Means of a Capillary Rheometer
- D3919** Practice for Measuring Trace Elements in Water by Graphite Furnace Atomic Absorption Spectrophotometry
- D4000** Classification System for Specifying Plastic Materials
- D4001** Test Method for Determination of Weight-Average Molecular Weight of Polymers By Light Scattering
- D4065** Practice for Plastics: Dynamic Mechanical Properties: Determination and Report of Procedures
- D4754** Test Method for Two-Sided Liquid Extraction of Plastic Materials Using FDA Migration Cell
- D5152** Practice for Water Extraction of Residual Solids from Degraded Plastics for Toxicity Testing³
- D5227** Test Method for Measurement of Hexane Extractable Content of Polyolefins
- D5296** Test Method for Molecular Weight Averages and Molecular Weight Distribution of Polystyrene by High Performance Size-Exclusion Chromatography
- E3** Guide for Preparation of Metallographic Specimens
- E7** Terminology Relating to Metallography
- E8** Test Methods for Tension Testing of Metallic Materials
- E10** Test Method for Brinell Hardness of Metallic Materials
- E18** Test Methods for Rockwell Hardness of Metallic Materials
- E45** Test Methods for Determining the Inclusion Content of Steel
- E92** Test Method for Vickers Hardness of Metallic Materials
- E112** Test Methods for Determining Average Grain Size
- E120** Test Methods for Chemical Analysis of Titanium and Titanium Alloys⁴
- E135** Terminology Relating to Analytical Chemistry for Metals, Ores, and Related Materials
- E168** Practices for General Techniques of Infrared Quantitative Analysis
- E204** Practices for Identification of Material by Infrared Absorption Spectroscopy, Using the ASTM Coded Band and Chemical Classification Index

⁴ Withdrawn. The last approved version of this historical standard is referenced on www.astm.org.

E290 Test Methods for Bend Testing of Material for Ductility

E353 Test Methods for Chemical Analysis of Stainless, Heat-Resisting, Maraging, and Other Similar Chromium-Nickel-Iron Alloys

E354 Test Methods for Chemical Analysis of High-Temperature, Electrical, Magnetic, and Other Similar Iron, Nickel, and Cobalt Alloys

E386 Practice for Data Presentation Relating to High-Resolution Nuclear Magnetic Resonance (NMR) Spectroscopy

E407 Practice for Microetching Metals and Alloys

E562 Test Method for Determining Volume Fraction by Systematic Manual Point Count

E663 Practice for Flame Atomic Absorption Spectroscopy³

E860 Practice for Examining And Preparing Items That Are Or May Become Involved In Criminal or Civil Litigation

E883 Guide for Reflected-Light Photomicrography

E986 Practice for Scanning Electron Microscope Beam Size Characterization

E1188 Practice for Collection and Preservation of Information and Physical Items by a Technical Investigator

E1479 Practice for Describing and Specifying Inductively-Coupled Plasma Atomic Emission Spectrometers

F316 Test Methods for Pore Size Characteristics of Membrane Filters by Bubble Point and Mean Flow Pore Test

F619 Practice for Extraction of Medical Plastics

F981 Practice for Assessment of Compatibility of Biomaterials for Surgical Implants with Respect to Effect of Materials on Muscle and Bone

F1044 Test Method for Shear Testing of Calcium Phosphate Coatings and Metallic Coatings

F1147 Test Method for Tension Testing of Calcium Phosphate and Metallic Coatings

F1854 Test Method for Stereological Evaluation of Porous Coatings on Medical Implants

F1877 Practice for Characterization of Particles

F2102 Guide for Evaluating the Extent of Oxidation in Ultra-High-Molecular-Weight Polyethylene Fabricated Forms Intended for Surgical Implants

F2182 Test Method for Measurement of Radio Frequency Induced Heating On or Near Passive Implants During Magnetic Resonance Imaging

F2214 Test Method for *In Situ* Determination of Network Parameters of Crosslinked Ultra High Molecular Weight Polyethylene (UHMWPE)

2.2 *Other Document:*⁵

ISO 12891-1, Retrieval and Analysis of Implantable Medical Devices, Part 1: Standard Practice for Retrieval and Handling

3. Terminology

3.1 *Definition of Terms Specific to Issues of Microbial Contamination:*

3.1.1 *antiseptic*—a germicide that is used on skin or living tissue for the purposes of inhibiting or destroying microorganisms.

3.1.2 *decontamination*—a process or treatment that renders a medical device, instrument, or environmental surface safe to handle. Ranges from sterilization to cleaning with soap and water.

3.1.3 *disinfectant*—a germicide that is used solely for destroying microorganisms on inanimate objects.

3.1.4 *disinfection*—generally less lethal than sterilization. It eliminates virtually all recognized pathogenic microorganisms but not necessarily all microbial forms (for example, bacterial endospores) on inanimate objects. It does not ensure overkill.

3.1.5 *sterilization*—use of a physical or chemical procedure to destroy all microbial life; including large numbers of highly resistant bacterial endospores.

4. Summary of Practice

4.1 This practice provides recommendations for collection of clinical data, analysis of adjacent tissues, and the material characterizations to be performed when an implant is retrieved as part of a clinical or an animal study. It also provides for analysis of specimens and lubrication fluids from *in vitro* wear tests.

4.2 The clinical data to be recorded include a case history review, roentgenogram reviews, tissue culture, and observations of the implant site.

4.3 Protocols are provided for the handling of the implant tissue interface, and adjacent tissues and fluids for subsequent analysis. These protocols are intended to facilitate (a) histologic and immunohistochemical examination of the tissues, (b) chemical analysis of the tissues for identification and quantification of implant corrosion or degradation products, and (c) digestion of tissues and fluids for subsequent harvesting and analysis of particulate debris.

4.4 The material characterizations include observation and description of the retrieved device and adjacent tissues, determination of chemical composition, macroscopic and microscopic examinations and mechanical property determinations. The guidelines are separated in three stages. Stage I is

⁵ Available from American National Standards Institute (ANSI), 25 W. 43rd St., 4th Floor, New York, NY 10036.

considered to comprise an essential minimum analysis for routine examination of all types of materials. Stage II is nondestructive but provides more detail and is intended for special studies of devices with or without impaired function, made of all types of materials. Stage III includes destructive methods for and material-specific protocols for detailed failure, microstructural, and chemical analysis as well as determination of physical and mechanical properties.

5. Significance and Use

5.1 The investigation of retrieved implantable medical devices and adjacent tissues can be of value in the assessment of clinical complications associated with the use of a specific prosthetic device design; can expand the knowledge of clinical implant performance and interactions between implants and the body; provide information on implant performance and safety; and thus further the development of biocompatible implant materials and devices with improved performance. Comparison of wear patterns and wear particle morphology observed with retrievals and those observed with *in vitro* joint simulator tests can provide valuable insight into the validity of the *in vitro* simulation.

5.2 A significant portion of the information associated with a retrieved implant is obtained with detailed studies of the device-tissue interface. Appropriate methods are provided to facilitate a study of the particles in the tissues, and chemical analysis for the byproducts of degradation of the implant, and histologic evaluation of the cellular response to the implant.

5.3 For the analysis to be accurate, it is essential that the device and associated tissues be removed without alteration of their form and structure. It is also essential that the tissues be handled in such a way as to avoid microbial contamination of the work place or the investigator. Standard protocols for the examination and collection of data are provided for retrieval and handling of implantable medical devices, as well as for specific types of materials in relation to their typical applications. For particular investigational programs, additional, more specific, protocols may be required. If special analytical techniques are employed, the appropriate procedures must be specified.

5.4 In order to interpret the analysis of materials and tissues, it is also essential to capture a minimum data set regarding the clinical findings and laboratory studies documenting device performance and reasons for removal.

5.5 Any destructive analysis of implants must be done so as to not destroy any features that may become the subject of litigation, as per Practice E860. This standard recommendation should be applied in accordance with state or national regulations or legal requirements regarding the handling and analysis of retrieved implants and tissues.

6. Interferences

6.1 Some critical features of the retrieved implant, tissue and the interface can only be accurately described by observation at the time of removal, and prior to sterilization or disinfection. Such observation must be made using appropriate aseptic precautions.

6.2 Due to the destructive nature of some of the analysis protocols provided in this practice, their use precludes any

other type of analysis. It is therefore essential that handling of the device and tissues be done in concert with the requirements of all of the analyses to be performed, including analyses that may be done in the future. When harvesting tissues for subsequent chemical analysis, it is important to use tools that do not contain the materials or elements of interest in the tissues.

7. Hazards

7.1 The handling of retrieved implants and tissues may involve handling of infectious material.

7.2 It is suggested that individuals handling the devices be vaccinated against Hepatitis B. As a precautionary measure, removed implants should be sterilized by an appropriate means that does not adversely affect the implant.

7.3 There are situations where tissues or implants can not be sterilized or disinfected prior to analysis, for example, requirements of specialized protocols in which sterilization will adversely affect tissue or material properties. In such cases, extreme care should be taken to use aseptic technique and disinfection. Where institutional guidelines for the handling of septic material do not exist, details for handling and sterilizing retrievals, and laboratory practice recommendations can be found in ISO 12891-1.

8. Clinical Information Gathered at the Time of Implant Explantation

8.1 The extent of clinical information to be obtained will depend in part on the type of implant and reasons for removal. Similarly, the amount of information provided about the implant site will depend on the circumstances regarding the removal. A detailed listing and format for documentation of the clinical information associated with removal are provided in Appendix X1. Standard patient evaluation scoring schemes such as those developed by clinical societies may also be utilized.

8.2 As a minimum, the clinical information for device tracking should include the following information:

8.2.1 Date of implantation, and date of explantation.

8.2.2 Identification of hospitals, or physicians' offices, where device implantation and removal was performed.

8.2.3 Confidential, unique, patient ID Code to link to hospitals implantation and removal records.

8.2.4 Device identification (manufacturer's name and device catalogue number).

8.2.5 Device lot and serial number.

8.2.6 Indication for use and reason for explantation (clinical diagnosis).

8.3 For purposes of implant retrieval studies, the following information is considered essential:

8.3.1 Patient or animal age and sex.

8.3.2 A generic statement as to level of patient activity relative to the device.

8.3.3 A statement as to any gross evidence of inflammation, implant site infection, or tissue damage such as osteolysis.

8.3.4 Orientation of the implant relative to the patient. It is suggested that the proximal end of the device be identified with a nondestructive marking scheme.

8.4 More detailed clinical information should be gathered, where feasible, as indicated in **Appendix XI**. Obtaining an *in situ*, intraoperative photograph of the implant is highly desirable.

8.5 To facilitate subsequent analysis, it is recommended that the device be removed with the tissue interface intact. However, interface preservation should not jeopardize the practice of medicine and patient safety.

8.5.1 In cases of animal studies of tissue responses to implants, the implant should be removed with at least a 4 mm thick layer of adjacent tissue, as per Practice **F981**.

9. Analysis of the Tissues and the Tissue-Implant Interface

9.1 *Macroscopic Examination of Tissue:*

9.1.1 Record a gross pathologic description of the tissue immediately adjacent to the implant, as to consistency and color, as seen by the naked eye, or with a hand lens or dissecting microscope. Record any differences between the implant-tissue interface and the tissues not in direct contact with the implant. Describe the specimen size either by dimensions or weight.

9.1.2 Since the color of tissue is altered by sterilization and fixation methods, it is recommended that gross observations be made prior to sterilization. Such observations should be made utilizing aseptic techniques.

9.1.3 Where appropriate and feasible, obtain photographic documentation of the explant and adjacent tissue, as well as a photographic record of subsequent dissections.

9.2 *Histopathological Analysis of Tissue:*

9.2.1 Process the excised tissue using standard laboratory procedures for the histological dehydration, embedding and sectioning. These procedures may be for paraffin embedding, methacrylate embedding or other special procedures. Routine staining with hematoxylin and eosin (H & E), or toluidine blue are recommended for light microscopy of soft tissues and bone. Special stains, for example, von Kassa, Masson, Movat pentachrome, may be utilized as indicated and should be fully described.

9.2.2 Provide a detailed histopathologic description of the tissue-implant interface as well as all adjacent tissue specimens, for example, extracellular matrix, necrotic changes, thickness of fibrous capsule, cell types, particulates, hyperplasia, dysplasia, type of inflammatory reaction.

9.2.3 If the implant material is porous, then tissue analysis must include evaluation of the reaction within the pores as well as in the adjacent tissues. This should include the degree and nature of tissue ingrowth, and biological fixation.

9.2.4 For detailed studies of tissue reactions, the use of a quantitative scoring scheme, such as that in Practice **F981** is recommended.

9.2.5 Since some polymeric materials, for example, PMMA bone cement, are altered or dissolved by the solutions used for routine histology, special techniques may be indicated, or special note made of voids formerly occupied by the material.

9.3 *Immunohistochemical and Other Special Histopathology Protocols:*

9.3.1 These procedures can be used for identifying specific cell types and extracellular matrix tissue responses to implant-

able materials and prosthetic devices. This field is constantly changing, and therefore only one such approach is provided as an example.

9.3.1.1 Typical markers chosen are for the presence of immunoglobulins on lymphocytes to indicate B cells or on monocytes/macrophages to indicate activation, the presence of CD2 markers to indicate immature T cells, the presence of CD3 markers to indicate mature T cells, and markers to indicate activated macrophages.

9.3.1.2 The protocols consist of a series of steps or reactions which have been developed to amplify the reactions, and to be cost effective. First, an antibody specific for the CD marker is used (typically mouse anti-human). Then, a biotinylated antibody to the first antibody is applied (typically goat anti-mouse); biotin serves as a marker in this amplification phase of the reactions. Strept-avidine peroxidase is then added to bind to the biotin and immobilize the peroxidase. Finally, a substrate is added which will react with the peroxidase, change color and precipitate. Diaminobenzidine (DAB) is often used, although several substrates are available for different kits or automatic systems. The end result is the peroxidase oxidation of DAB to give a yellow-brown precipitate at the site of the reaction. The sections can be stained with hematoxylin to enhance the visibility of cells.

9.3.1.3 An example of a method to be used is briefly summarized below and is based on standard techniques. Although it was originally described for use on frozen tissues, the use of embedded tissues allows for examination of the same tissue blocks used for routine pathology. This is only one of many approaches.

9.3.2 *Reagents:*

9.3.2.1 The reagents used come from a variety of companies including DAKO, Becton Dickinson, Kirkegaard & Perry, and Oncogene.

9.3.2.2 Antibody for specific markers, for example, CD2, CD3.

9.3.2.3 Biotinylated goat anti-mouse or anti-rabbit IgG.

9.3.2.4 Strept-avidine peroxidase.

9.3.2.5 Diaminobenzidine (DAB), or other suitable substrate.

9.3.3 Sections are deparaffinated in xylene for 5 min twice, and then rehydrated with absolute ethanol for 3 min, 95 % ethanol for 3 min, and then in 70 % ethanol for 3 min.

9.3.4 The sections are then placed in a methanol-hydrogen peroxide solution for 30 min to diminish the background level of peroxidase in the tissue. The sections are rinsed in water, next placed in buffered saline, and then the slide around the section is dried.

9.3.5 The slide is then placed in a humidity chamber, covered with buffer, and the first antibody is added. This will be the antibody specific for the marker (for example, CD2) and will be either of mouse or rabbit origin. This is incubated overnight, then rinsed with buffer, drained, and the slide around the tissue dried.

9.3.6 The second antibody, which is biotinylated, is added. This is usually goat anti-mouse or anti-rabbit IgG. This is incubated for 30 min, rinsed, the slide dried, and then strept-avidin peroxidase is added.

9.3.7 The strept-avidin peroxidase is incubated for 30 min, rinsed, and then a substrate such as DAB is added. The development of the color is watched under the microscope, the action stopped with water, then the slides are dipped into osmium tetroxide for final fixation. The slides may be counterstained with hematoxylin for visualization of all cells. The slides are processed for mounting with eukitt and can be evaluated for presence of label.

9.3.8 This method can be used to detect the production of cytokines in the cells in the tissues. However, caution should be used in the interpretation of findings, since these are soluble mediators and rapidly leave the site of origin.

9.4 *Chemical Analysis of Tissues By Flame Atomic Absorption Spectroscopy (AAS), Graphite Furnace Atomic Absorption Spectroscopy (GFAAS), by Inductively Coupled Plasma Optical Emission Spectroscopy (ICP-OES) or Mass Spectroscopy (ICPMS):*

9.4.1 *Reagents and Materials:*

9.4.1.1 Standard AAS grade solutions (MCB reagents, Fisher, and VWR) are used to make calibration curves. Calibration solutions should be prepared according to Practice **D3919**, using the same matrix solution as the test specimen. Solutions of low concentration should be made fresh daily. The sensitivity and possible interferences depend on the particular element.

9.4.1.2 Any fixing agents, chemicals and solvents must be of analytic purity. The use of 70 % ethanol is recommended as a transport and storage solution. The use of double distilled, deionized water is necessary.

9.4.1.3 Handling of tissues for subsequent chemical analysis requires special precautions to be taken to insure that the specimens are not contaminated with the elements to be analyzed. Surgical knives or instruments used for tissue excision shall be free of any contamination or loose particulates. The use of ceramic or glass knives is recommended for preparation of specimens associated with metallic implants. Glass knives are not recommended for subsequent silicone analysis.

9.4.1.4 Tissues should be transferred to plastic or glass containers of high quality which have been thoroughly acid cleaned or unused from a lot tested to be free of contamination. Acid cleaning which may etch the glass surfaces is not recommended for subsequent silicone analysis. Tissue transfer should be done in a dust free environment.

9.4.2 Test solutions should be analyzed in triplicate, either as is or after dilution with 1 % nitric acid to a concentration which falls within the standards, and the results averaged. Concentrations are determined in μl (ppb), or μg of tissue (ppm). Results from solutions of known volumes from *in vitro* studies can be converted to total micrograms in solution.

9.4.2.1 The concentration of metallic species in tissue may vary according to the location of the specimen relative to the implant. It is therefore important to carefully record the location of the specimen.

9.4.3 These methods of analysis require chemical digestion of the tissue samples prior to analysis, and therefore the samples can not be used for any other analysis. The ability to digest tissue is influenced by the method of tissue fixation. It is

recommended that tissues be fixed in analytical grade 70 % ethanol in analytical grade water. The methods of digestion depend on the type of tissue to be analyzed.

9.4.3.1 *Blood* samples drawn from patients or animals should be done using polypropylene syringes. The blood can be allowed to clot at room temperature and centrifuged at 1850 g for 30 min to separate serum and clot fractions. Blood may also be drawn in heparinized vacutainer tubes. The blood may be allowed to settle so as to isolate red and white cells, or be centrifuged at 400 g and the plasma supernatant drawn off. Plasma is diluted at least $2\times$ in 1 % nitric acid.

9.4.3.2 *Cells*, either red blood cells or cells from cell culture experiments may receive special treatment, such as separation of cell contents and cell membranes. The cells are washed and centrifuged 3 times with physiologic saline to remove trapped serum or growth media. The cell pellet is then lysed with 1 % Triton X100 to release intracellular contents, centrifuged and the supernatant harvested. This solution is pipetted off, diluted $2\times$ in 1 % nitric acid, and referred to as “cell contents.” The pellet of cell membranes is then washed and centrifuged 3 times in saline to remove the Triton and remaining contents. The membranes are then digested in 50 % nitric acid, diluted in 0.5 % nitric acid for analysis as “cell membranes.”

9.4.3.3 *Tissue* from implant sites or joint capsules should be weighed and placed in plastic bags.

(1) For the mechanical tissue digestion appropriate bags for the machine should be used. These may then be frozen until use. For preparation, 5 mL of 50 % nitric acid will be added to each bag. The tissue is then homogenized in a mechanical blender.

(2) Alternatively, tissue should be placed in analytical grade 70 % ethanol in analytical grade water in the proper container that will not allow cross-contamination.

(3) The tissue sample may be dried (15 min at 90°C) prior to digestion, to determine the dry weight. Acid digestion of the dry sample can then be accomplished with nitric acid. The dried tissue sample (~ 100 mg) should be mixed with 5 mL of low trace nitric acid (minimum 70 % HNO_3) and heated for approximately 2 h (or more if needed) at 90°C . Alternatively, the same solution can be placed in a microwave digestion bomb (that is, Parr Microwave Digestion Bombs Model No. 4781 23 mL or 4782 45 mL),⁶ which is a chemically inert vessel designed for high heat where venting may be required. These vessels can be placed in a household microwave for more rapid sample dissolution (that is, 2 min at medium power). There are also commercial microwave digestions systems available that operate at higher pressures and temperatures which also have vessels and carousels as part of the system. (See **Note 1**.)

(4) The samples are then pipetted into the GFAAS or ICPMS for analysis. Dilution as necessary is done with nitric acid. Following the digestion procedure, the solution may need to be diluted to a pre-determined amount (that is, 5:1) using

⁶ The sole source of supply of the apparatus known to the committee at this time is Parr Instrument Co., 211 Fifty Third St., Moline, IL 61265-9984. If you are aware of alternative suppliers, please provide this information to ASTM International Headquarters. Your comments will receive careful consideration at a meeting of the responsible technical committee,¹ which you may attend.