



SLOVENSKI STANDARD

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Fitnes centri - Zahteve za opremo in delovanje centrov - 1. del: Zahteve za delovanje in vodenje

Fitness centres - Requirements for centre amenities and operation - Part 1: Operational and managerial requirements

Fitness-Studio - Anforderungen an Studioausstattung und -betrieb - Teil 1: Operative und betriebliche Anforderungen

Club de fitness - Exigences à l'équipement et à l'opération - Partie 1 : Exigences opérationnelles et fonctionnelles

Ta slovenski standard je istoveten z: prEN 17229

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Fitness centres - Requirements for centre amenities and operation - Part 1: Operational and managerial requirements

Club de fitness - Exigences à l'équipement et à l'opération - Partie 1 : Exigences opérationnelles et fonctionnelles

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This draft European Standard is submitted to CEN members for enquiry. It has been drawn up by the Technical Committee CEN/TC 136.

If this draft becomes a European Standard, CEN members are bound to comply with the CEN/CENELEC Internal Regulations which stipulate the conditions for giving this European Standard the status of a national standard without any alteration.

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Recipients of this draft are invited to submit, with their comments, notification of any relevant patent rights of which they are aware and to provide supporting documentation.

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EUROPEAN COMMITTEE FOR STANDARDIZATION
COMITÉ EUROPÉEN DE NORMALISATION
EUROPÄISCHES KOMITEE FÜR NORMUNG

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prEN 17229:2018 (E)

European foreword

This document (prEN 17229:2018) has been prepared by Technical Committee CEN/TC 136 “Sports, playground and other recreational facilities and equipment”, the secretariat of which is held by DIN.

This document is currently submitted to the CEN Enquiry.

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Introduction

Risk assessment process (referenced in Annex D) is the basis for the requirements and test methods in this document.

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prEN 17229:2018 (E)**1 Scope**

This document specifies minimum requirements for the provision of physical activity in fitness centres. This includes the operational and managerial procedures for offering and delivering the service together with requirements for selection and positioning of equipment as well as any associated facilities, if present.

This document is applicable to all publically accessible fitness centres where physical activity for groups and/or individuals is delivered to all of its users in order to provide a safe and controlled environment.

NOTE In the event that the fitness centre is designed to be accessible to special populations (e.g. people with disability and/or impairments, minors) attention is drawn to any relevant national guidelines.

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

EN 957 (all parts), *Stationary training equipment*

EN ISO 20957 (all parts), *Stationary training equipment*

EN ISO 20957-1:2013, *Stationary training equipment - Part 1: General safety requirements and test methods (ISO 20957-1:2013)*

3 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

ISO and IEC maintain terminological databases for use in standardization at the following addresses:

- IEC Electropedia: available at <http://www.electropedia.org/>
- ISO Online browsing platform: available at <http://www.iso.org/obp>

<https://standards.iteh.ai/catalog/standards/sist/0c16e733-4fc6-4d16-91ed-50dec8418e8f/sist-en-17229-2019>

3.1**fitness centre**

publically accessible place where diverse physical activity for groups and/or individuals is delivered

Note 1 to entry: A fitness centre can comprise of a workout area with equipment-based strength training, free weights, portable/fixed equipment, and/or most often also cardiovascular training equipment/machines and/or frequently also group fitness training in specific rooms or in a studio.

3.2**strength training**

exercise or activity designed to maintain or improve the function of the musculoskeletal system

3.3**cardiorespiratory training**

exercise or activity designed to maintain or improve the function of the cardiovascular and the respiratory system

3.4**qualified staffed hours**

opening hours which are staffed by suitably qualified fitness professionals who can see the training area

3.5**staffed hours**

opening hours which are staffed by operational personnel who can see the training area

3.6**unstaffed hours**

opening hours during which no staff can directly see the training area

3.7**publically accessible**

use of an installation open to everyone or to a defined group of users, not designated solely for the owner's/proprietor's/operator's family and guests independently from paying an entrance fee

[SOURCE: prEN 15288-1:2017, definition 3.5 – modified: term “public use” changed to “publically accessible”]

3.8**physical activity**

any bodily movement produced by skeletal muscles that requires energy expenditure

3.9**pre-screening****pre-judgement**

means of evaluating individual risk

4 Operational and managerial requirements**4.1 Contract/contractual obligations**

The fitness centre shall provide a contract of the terms and conditions and code of conduct (see Annex C) for the use of the fitness centre's facilities and services. This shall include at least:

- a) contract term;
- b) payment conditions;
- c) extension of term;
- d) termination;
- e) withdrawal.

NOTE 1 In addition, it can, for example contain, dress code, safety and EHFA Anti-Doping Code of Conduct.

Test in accordance with 6.1.

NOTE 2 See national legislation and Directive 2011/83/EU.

4.2 Customer care**4.2.1 General**

The fitness centre shall provide information to all customers on how to safely use its facility and services. Details on this shall be given at national level.

NOTE See ISO/TS 17925.

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Test in accordance with 6.1.

4.2.2 Customer relations

The fitness centre shall provide means of communication to the customer for questions, concerns, complaints and for information for the safe use of the equipment and/or facility.

The fitness centre shall have a procedure on how to deal with customer concerns and complaints (see Figure D.2 as an example).

NOTE See also Annex B.

Test in accordance with 6.1.

4.3 Basic service

The fitness centre shall entitle the customer to at least the following information at least on demand:

- a) normal opening hours;
- b) fees for use of the fitness centre's facilities and services;
- c) code of practice (Annex B);
- d) if present, code of conduct (Annex C);
- e) liability insurance policy or public liability;
- f) fitness qualification of staff who prescribe exercise, if staffed hours;
- g) when opening hours are unstaffed hours.

NOTE The information can, for example, be part of the contract, displayed on a wall, communicated on a website or presented on request.

Test in accordance with 6.1.

4.4 Environmental issues**4.4.1 Related to safety**

NOTE The risk assessment process (see Annex D) is the basis for the requirements and test methods in this document.

4.4.1.1 Electric supply to equipment

The fitness centre shall have a routine to check the electric supply to the equipment and electric supply accessible to the customer. The person conducting the routine shall follow a checklist and shall document it afterwards.

Test in accordance with 6.1.

4.4.1.2 Flooring/surfaces in training areas and corridors

Floor surfaces shall be suitable and appropriate for their intended use and shall be free of unmarked tripping/slipping hazards.

A routine for cleaning and maintenance shall be provided in accordance with the manufacturer's instructions and in accordance with the use to which the floor is subjected.