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# Standard Guide for Inspecting Water Systems for Legionellae and Investigating Possible Outbreaks of Legionellosis (Legionnaires' Disease or Pontiac Fever)Designation: D 5952 – 08

# Standard Guide for the Inspection of Water Systems for Legionella and the Investigation of Possible Outbreaks of Legionellosis (Legionnaires' Disease or Pontiac Fever)<sup>1</sup>

This standard is issued under the fixed designation D 5952; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon ( $\varepsilon$ ) indicates an editorial change since the last revision or reapproval.

#### 1. Scope

1.1 This guide covers appropriate responses for employers, building owners and operators, facility managers, health and safety professionals, public health authorities, and others: (1) to a concern that a water system may be contaminated with the bacteriabacterium known as legionellae (see 6.1); and (2) to the identification of one or more cases of Legionnaires' disease or Pontiac fever (see 6.3-6.5). Comprehensive and explicit recommendations to limit legionella multiplication in water systems and to-systems, disinfect potential sources of human exposure to legionella, and prevent health-care associated infections are beyond this guide's scope.

1.2 This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use. See 7.3 and 8.5 for specific hazard statements.

#### 2. Referenced Documents

2.1 ASTM Standards: ASTM Standards: <sup>2</sup>

C 1080 Specification for Asbestos-Cement Products Other Than Fill For Cooling Towers

D 512 Test Methods for Chloride Ion inIn Water is / 6/2228b-cd8e-4dcb-ac58-aff2d17ab4a/astm-d5952-08

D 596Practice\_Guide for Reporting Results of Analysis of Water

D 887 Practices for Sampling Water-Formed Deposits

D 1067 Test Methods for Acidity or Alkalinity of Water

D 1129 Terminology Relating to Water D1192Specification for Equipment for Sampling Water and Steam in Closed Conduits

D 1293 Test Methods for pH of Water

D 1356 Terminology Relating to Sampling and Analysis of Atmospheres

D 2331 Practices for Preparation and Preliminary Testing of Water-Formed Deposits

D 3370 Practices for Sampling Water from Closed Conduits

D 3856 Guide for Good Laboratory Practices in Laboratories Engaged in Sampling and Analysis of Water

D 4840Guide for Sample Chain-of-Custody Procedures \_ Guide for Sampling Chain-of-Custody Procedures

E 645<del>Test Method for Efficacy of Microbicides Used in Cooling Systems</del> <u>Test Method for Efficacy of Microbicides Used in</u> Cooling Water Systems

F 444 Consumer Safety Specification for Scald-Preventing Devices and Systems in Bathing Areas

F 445 Consumer Safety Specification for Thermal-Shock-Preventing Devices and Systems in Showering Areas

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<sup>&</sup>lt;sup>2</sup> For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For Annual Book of ASTM Standards volume information, refer to the standard's Document Summary page on the ASTM website.



2.2 APHA Documents:<sup>3</sup>

The Public Health Law Manual, Second Third Edition Standard Methods for the Examination of Water and Wastewater, TwentiethTwenty-first Edition Control of Communicable Diseases Manual, SeventeenthEighteenth Edition 2.3 ASHRAE Documents:<sup>4</sup> Cooling Towers. Handbook—Heating, Ventilating, and Air-Conditioning Systems and Equipment Codes and Standards. 2004 ASHRAE Handbook-Heating, Ventilating, and Air-Conditioning Systems and Equipment Cooling Towers. 2004 ASHRAE Handbook—Heating, Ventilating, and Air-Conditioning Systems and Equipment\_ Water Treatment. 2004 ASHRAE Handbook-Heating, Ventilating, and Air-Conditioning Systems and Equipment Minimizing the Risk of Legionellosis Associated with Building Water Systems 12–2000 Minimizing the Risk of Legionellosis Associated with Building Water Systems 62.1-2007 ASHRAE Standard. Ventilation for Acceptable Indoor Air Quality 2.4 ASM Documents: Manual of Clinical Microbiology, FifthNinth Edition <sup>5</sup> Manual of Environmental Microbiology Manual of Environmental Microbiology, Third Edition<sup>6</sup> Manual of Molecular and Clinical Laboratory Immunology, Seventh Edition<sup>7</sup> 2.5 AWT Document:<sup>8</sup> Legionella 2003: An Update and Statement by the Association of Water Technologies (AWT) 2.6 CDC Documents: Guidelines for Prevention of Nosocomial Pneumonia<sup>9</sup> 2000 Guidelines for Preventing Opportunistic Infections Among Hematopoietic Stem Cell Transplant Recipients Hospital-Laboratory Diagnosis of Legionella Infections 2003 Guidelines for Environmental Infection Control in Health-Care Facilities 2003 Guidelines for Preventing Health-Care-Associated Pneumonia 2005 Procedures for the Recovery of Legionella from the Environment Final Recommendations to Minimize Transmission of Legionnaires' Disease from Whirlpool Spas on Cruise Ships 2005 Case Definition for Legionellosis (Legionella pneumophila) 2.7 Code of Federal Regulations:<sup>10</sup> Title 42, Volume 1, 84. Approval of Respiratory Protective Devices 2.8 CTI Document:<sup>11</sup> Case Definitions for Infectious Conditions Under Public Health Surveillance Guidelines for Preventing Opportunistic Infections Among Hematopoietic Stem Cell Transplant Recipients Occupational Safety and Health Administration Technical Manual, Section II - Chapter 7, Legionnaires' Disease 2.6 State of Maryland Documents: Report of the Maryland Scientific Working Group to Study Legionella in Water Systems in Healthcare Institutions Legionellosis Guideline: Best Practices for Control of Legionella 2.9 OSHA Document:<sup>12</sup> 2003 Occupational Safety and Health Administration (OSHA) Technical Manual, Section III: Chapter 7, Legionnaires' Disease 2.10 WHO Document:<sup>13</sup> Legionella and the Prevention of Legionellosis Available from the American Public Health Association, 1015 18th800 I St. N.W., Washington, DC 20036,20001, USA, 1990, 1989.http://www.apha.org. <sup>4</sup> Available from the American Society of Heating, Refrigerating, and Air-Conditioning Engineers, Inc. (ASHRAE), 1791 Tullie Circle, NE, Atlanta, GA 30329, USA, http://www.ashrae.org. Winn, W.C., "Legionella <sup>5</sup> Edelstein, P.H., "*Legionella*," in *Manual of Clinical Microbiology*, Murray, P.R., Ed., American Society for Microbiology, Washington, DC 20005, USA, 1999;2007,

pp. 572-585.835-849.

<sup>6</sup> Fields, B.S., "Legionellae and Legionnaires' disease" in Manual of Environmental Microbiology. Hurst, C.J., Ed., American Society for Microbiology, Washington, DC 20005, USA, 1997, 2007, pp. 666-675.1005-1015.

<sup>7</sup> Available from the U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control and Prevention, Atlanta, GA 30333, USA, 1987, 1994, 1996, 1997, 2000.

<sup>7</sup> Edelstein, P.H., "Detection of Antibodies to Legionella," in Manual of Molecular and Clinical Laboratory Immunology. Detrick, B., Hamilton, R.G., Folds, J.D., Eds., American Society for Microbiology, Washington, DC 20005, USA, 2006, pp. 468-476.

<sup>8</sup> Available from State of Maryland, Department of Health & Mental Hygiene, Baltimore, MD, USA, 2000.

Available from the Association of Water Technologies, 15245 Shady Grove Rd., Rockville, MD 20850, USA, http://www.awt.org, 2003.

Available from the U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control and Prevention, 1600 Clifton Rd., Atlanta, GA 30333, USA, http://www.cdc.gov.

<sup>o</sup> Available from the U.S. Government Printing Office, 732 N. Capitol St., N.W., Washington DC, 20401, USA, 42CFR84, 2004.

<sup>11</sup> This guide is under the jurisdiction of ASTM Committee D22 on Air Quality and is the direct responsibility of Subcommittee D22.05 on Indoor Air.

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<sup>13</sup> Available from the World Health Organization, Geneva, Switzerland, http://www.who.int/en/, 2007.

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## 3. Terminology

3.1 Definitions from Compilation of ASTM Standard Definitions.

3.1.1 *aerosol*, *n*—a dispersion of solid or liquid particles in a gaseous medium.

<u>3.1.2 air conditioning</u>, n—the simultaneous control of all, or at least the first three, of those factors affecting both the physical and chemical conditions of the atmosphere within any structure. These factors include temperature, humidity, motion, distribution, dust, bacteria, odor, and toxic gases.

<del>3.1.2</del>

3.1.3 *biocide*, *n*—any chemical intended for use to kill organisms.

<u>3.1.4 *biofilm*, *n*—an accumulation of cells immobilized on a substratum and frequently embedded in an organic polymer matrix of microbial origin.</u>

3.1.5 *cooling tower*, *n*—a structure used to dissipate heat in open recirculating cooling systems.

3.1.6 *exposure*, *n*—contact with a chemical, biological, physical, or other agent over a specified time period.

3.1.7 *inspection*, *n*—the process of measuring, examining, testing, gaging, or otherwise evaluating materials, products, services, systems, or environments.

<u>3.1.8</u> monitoring, n—the continual sampling, measuring, recording, or signaling, or both, of the characteristics of water or waterborne material.

<del>3.1.3</del>

 $3.1.9 \ pH$ , *n*—the negative logarithm of hydrogen-ion activity in aqueous solution or the logarithm of the reciprocal of the hydrogen-ion activity.

<del>3.1.4</del>

3.1.10 sample, n-a portion of a population intended to be representative of the whole.

<u>3.1.11</u> sampling, n—obtaining a representative portion of the material concerned.

3.1.5—a process consisting of the withdrawal or isolation of a fractional part of the whole.

<u>3.1.12</u> scale, *n*—a deposit formed from solution directly upon a surface.

<del>3.1.6</del>

<u>3.1.13</u> sludge, n—a water-formed sedimentary deposit.

<u>3.1.14 *testing*, *n*—the determination by technical means of properties; performance; or elements of materials, products, services, systems, or environments which involve application of established scientific principles and procedures.</u>

3.2 Definitions of Terms Specific to This Standard:

3.2.1 acute phase, n- of legionellosis, the initial phase of infection; the first weeks following symptom onset.

3.2.2 aerosol, n-solid or liquid particles suspended in air.

<del>3.2.3</del>*antibody*, *n*—*to legionellae*, a substance in blood synthesized in response to <u>a</u> legionella antigen that enters the body.

3.2.43.2.3 antibody rise, n— in legionella antibody, an increase in the highest serum dilution at which legionella antibody is detected in a blood sample collected weeks or months after legionellosis onset as compared with the highest dilution for a sample collected before or shortly after illness onset.

<del>3.2.5</del>

<u>3.2.4</u> antigen, n—to legionella to legionella, a legionella molecule that stimulates an antibody response by a host immune system.

3.2.6

3.2.5 *aseptically, adv*—using precautions to prevent contamination of samples by microorganisms.

3.2.7

<u>3.2.6</u> back-flow preventer, n-a control valve to prevent reverse flow of water.

<del>3.2.8</del>

3.2.7 bacterium, n-pl. -ria, typically small unicellular microorganism.

3.2.9biocide, n-for legionellae, a chemical used to kill legionellae and other microorganisms.

3.2.10biofilm, n—a layer of microorganisms contained in a matrix that may form a slime on surfaces in contact with water. 3.2.11, a typically small unicellular microorganism.

3.2.8 CDC, n-Centers for Disease Control and Prevention, U.S. Public Health Service, Atlanta, Georgia.

3.2.12

<u>3.2.9</u> *clean, adj*—visibly free of sludge, sediment, scale, biofilm, algae, fungi, rust, corrosion, and extraneous matter. 3.2.13

<u>3.2.10</u> *clean*, *v*—to remove sludge, sediment, scale, biofilm, algae, fungi, rust, corrosion, and extraneous matter by physical or chemical means.

<del>3.2.14</del>

<u>3.2.11</u> colony, n—of legionellae of legionella, a macroscopic group of legionella cells arising from bacterial multiplication on the surface of semisolid culture medium.

<del>3.2.15</del>

<u>3.2.12</u> colony-forming unit, n— of legionellae, a colony arising from the multiplication of one or a cluster of viable legionellae.



3.2.163.2.13 confirmed case, n— of Legionnaires' disease, a case of physician-diagnosed pneumonia verified by at least one comfirmatory laboratory confirmatory test as meeting the laboratory criteria jointly developed by the CDC and the Council of State and Territorial Epidemiologists (CSTE). Epidemiologists.

3.2.173.2.14 contamination, n- with legionellae, the presence of legionellae on or in inanimate articles or substances.

3.2.183.2.15 convalescent phase, n— of legionellosis, the recovery phase of infection, typically four to eight weeks following symptom onset.

3.2.19*cooling tower*, n—a structure for lowering water temperature evaporatively by contact with atmospheric air. 3.2.20

3.2.16 DFA, adj-direct fluorescent-antibody.

3.2.21

<u>3.2.17</u> dead leg, n—a length of pipe closed at one end or ending at a fitting through which water flows only when the fitting is open.

<del>3.2.22</del>

<u>3.2.18</u> direct fluorescent-antibody test, n—for legionellae, a staining procedure that detects legionella surface antigens through the use of specific antibodies labelled labeled with fluorescent compounds; bacteria to which antibody has attached fluoresce when viewed under appropriate irradiation.

3.2.233.2.19 *disinfect*, v—to eliminate virtually all pathogenic microorganisms, but not necessarily all microbiological forms, outside the body by direct exposure to chemical or physical agents.

<del>3.2.24</del>

<u>3.2.20</u> *drift*, *n*—*from water-cooled heat-transfer equipment*, water droplets carried from a cooling tower or other water-cooled heat-transfer system by air movement through the unit; drift can be confused with condensed water vapor appearing as steam leaving a unit.

<del>3.2.25</del>

3.2.21 drift eliminator, n-a plastic, metal, or wood baffle designed to entrain water droplets and to reduce aerosol escape.

3.2.26*enzyme immunoassay (EIA)*, *n*—a technique to detect very small quantities of antigens through use of an anti-antibody attached to an enzyme that causes a color change in its substrate

<del>3.2.27</del>

<u>3.2.22</u> evaporative condenser, n—a heat exchanger in which refrigerant is cooled by a combination of air movement and water spraying.

3.2.27.1

<u>3.2.22.1</u> *Discussion*—Evaporative air coolers (swamp coolers), which do not produce large numbers of water droplets, have not been associated with legionella transmission to date.

<del>3.2.28</del>

<u>3.2.23</u> exhaust outlet, n— in a ventilation system, an outlet from which an air-handling system discharges air outdoors. 3.2.29

3.2.24 false-negative, adj-incorrectly indicating the absence of a finding, condition, or disease.

3.2.30

3.2.25 false-positive, adj-incorrectly indicating the presence of a finding, condition, or disease.

<del>3.2.31</del>

<u>3.2.26</u> free residual chlorine, *n*—the total concentration of hypochlorous acid and hypochlorites available to act as disinfectant. <u>3.2.32</u>

<u>3.2.27</u> genus, *n*—a taxonomic classification of organisms; the division between the family or tribe and the species; a group of species alike in broad organizational features but different in detail.

3.2.33

3.2.28 gram-negative, adj-losing the primary violet or blue stain during decolorization in Gram's staining method.

<del>3.2.34</del>

3.2.29 HVAC, adj-heating, ventilating, and air-conditioning.

<del>3.2.35</del>

3.2.30 humidifier, n-a device for adding moisture to air by boiling, spraying, or atomizing water.

<del>3.2.36*IFA*</del>

3.2.31 IHC, adj-indirect fluorescent-antibody.

3.2.37<u>n</u>—immunohistochemistry.

<u>3.2.32</u> *immunocompromised, adj*—a person's state when the body's natural defenses to infection are below normal.  $\frac{3.2.32}{3.2.38}$ 

3.2.33 *immunohistochemistry*, *n*—a staining procedure that detects antigens in tissue sections through the use of specific labeled antibodies.

<u>3.2.34</u> *in vitro*, *adj*—(Latin: in glass), refers to laboratory tests performed in a test tube or other container as opposed to a living system; the opposite of *in vivo*.



<del>3.2.39</del>

3.2.35 in vivo, adj—(Latin: in living), refers to laboratory tests performed in living organisms; the opposite of in vitro. 3.2.40

<u>3.2.36</u> incubation period, n— of legionellosis, the time interval between initial contact with legionellae and appearance of the first legionellosis sign or symptom.

3.2.41*indirect fluorescent-antibody test, n—for legionella antibodies,* a staining procedure that detects serum antibodies to legionellae through the use of bacteria fixed on a glass slide; secondary test antibodies labelled with fluorescent compounds attach to fixed legionellae/serum antibody complexes and fluoresce when viewed under appropriate irradiation.

3.2.42, the time interval between initial contact with legionella and appearance of the first legionellosis sign or symptom.

<u>3.2.37</u> infection, n—with legionellae, the entry and development, or multiplication, of legionellae in humans.

3.2.433.2.38 inspector, n—a person examining an environment for possible contamination with legionellae.

 $\frac{3.2.443.2.39}{3.2.45}$  *investigator*, *n*—a person conducting an epidemiological investigation of a potential legionellosis outbreak.

<u>3.2.40</u> *isolate*, *n*—a microorganism grown from a clinical or environmental sample.

3.2.46

<u>3.2.41</u> *isolate*, *v*—*in vitro* growth of microorganisms on culture medium.

<u>3.2.473.2.42</u> Legionella, n—a bacterial genus containing over 4050 species and at least 5071 serogroups; abbreviated to the first initial when used repeatedly with <u>a</u> species names, name, for example, *L. pneumophila*.

3.2.48

3.2.43 legionella, n-pl. -ae, a bacterium in the genus Legionella.

3.2.49

<u>3.2.44</u> *legionellosis*, n—an <u>a respiratory</u> illness caused by or associated with <del>legionella infection</del>; <u>legionella</u>; two forms of legionellosis due to inhalation of airborne legionellae are recognized, that is, Legionnaires' disease and Pontiac fever.

3.2.503.2.45 Legionnaires' disease, n—an illness characterized by pneumonia and caused by or associated with legionella infection, most often *L. pneumophila*.

<del>3.2.51</del>

<u>3.2.46</u> maintain, v—to perform regular and routine activities aimed at preserving equipment, operational standards, and cleanliness; includes inspection, repair, preventive servicing, and cleaning.

3.2.523.2.47 maintenance program, n—the assembly of relevant data and the setting out of a formal strategy and recording system for effective management of a series of maintenance procedures.

3.2.53

<u>3.2.48</u> *make-up water*, *n*—fresh water added to <u>a</u> circulating water <del>systems</del><u>system</u> to compensate for losses due to evaporation, purging, drift, or leakage.

<del>3.2.54</del>3.2.49 *microorganism*, *n*—a microscopic organism.

3.2.55 ps://standards.iteh.ai/catalog/standards/sist/1612228b-cd8e-4dcb-ac58-afff2d17ab4a/astm-d5952-08

<u>3.2.50 N95 filtering facepiece respirator</u>, n— a device that has met the requirements of 42 Code of Federal Regulations, Part 84, to protect the wearer against inhalation of a harmful atmosphere and provides a minimum of 95 % filter efficiency against certain solid and non-oil-based particles.

<u>3.2.51</u> opportunistic infection, n—an infection caused by normally nonpathogenic organisms in a host whose resistance has been decreased.

3.2.56

<u>3.2.52</u> *outbreak*, *n*—of *legionellosis*, the occurrence of two or more confirmed legionellosis cases in a limited time period (for example, weeks to months) and geographic region (for example, a building, limited area within a building, or up to several kilometres around a potential source); the occurrence of cases in excess of the number expected in a given time period and locale. 3.2.57

<u>3.2.53</u> outdoor air intake, n— for ventilation systems, an opening through which outdoor air is introduced into a building's air-handling system.

3.2.58

3.2.54 PCR, adj-polymerase chain reaction.

3.2.59

<u>3.2.55</u> polymerase chain reaction test, n— a technique for selecting and amplifying specific genetic sequences.

3.2.60— a technique for the selection and amplification of specific genetic sequences.

<u>3.2.56</u> Pontiac fever, n—a self-limited, short-duration, non-fatal disease characterized by fever and cough caused by or associated with legionellae.

3.2.613.2.57 protozoan, n—pl. -a, single-celled microorganism representing the lowest form of animal life.

3.2.62

<u>3.2.58</u> sensitivity, n— of a test for legionellosis or legionellae, a method's ability to <u>accurately</u> detect the presence of the disease <u>being tested</u> (that is, legionellosis) or the causative agent (that is, <del>legionella</del>) being tested if present. <u>a legionella</u>).



3.2.633.2.59 serogroup, n-of legionella, a subgroup within a legionella species.

<del>3.2.64</del>

<u>3.2.60</u> serology, n—the study of blood serum for evidence of infection, performed by evaluation<u>g of</u> antigen-antibody reactions *in vitro*.

<del>3.2.65</del>

<u>3.2.61</u> serum, n-pl. -a, the clear, thin, sticky fluid portion of blood remaining after coagulation.

3.2.66

<u>3.2.62</u> source, *n*—of legionellae, the water system, supply, or equipment from which legionellae pass to a host.

3.2.67 <u>3.2.63</u> species, n—a taxonomic classification of organisms; the division between genus and variety or individual; a group of organisms bearing a close resemblance in essential organizational features.

#### 3.2.68

<u>3.2.64</u> specificity, n— of a test for legionellosis or legionellae, a method's ability to identify accurately an illness as legionellosis or a bacterium as a legionella; a method's ability to select and distinguish legionella from all other bacteria in the same environment.

<del>3.2.69</del>

<u>3.2.65</u> sporadic case, n— of legionellosis, an occurrence of legionellosis apparently independent of other cases.

<del>3.2.70</del>

<u>3.2.66</u> subtype, n—of legionella, a subgroup within a legionella serogroup.

#### <del>3.2.71</del>

<u>3.2.67</u> surveillance, n— of legionellosis, the continuing scrutiny of aspects of the occurrence and spread of legionellosis that are pertinent to effective control.

## <del>3.2.72</del>

<u>3.2.68</u> susceptibility, n— to legionellosis, the state of not possessing sufficient resistance against legionella to prevent infection or disease, if or when, exposed to the bacterium.

<del>3.2.73</del>

3.2.69 titer, n-in legionellosis serology, the highest serum dilution at which a test detects legionella antibody.

3.2.74

<u>3.2.70</u> *viable*, *adj*—capable of living or replicating under a given set of growth conditions; usually determined by isolation of legionellae on culture medium, that is, *in vitro*, or in laboratory animals, that is, *in vivo*.

3.3 Refer to Terminology D 1129 and Terminology D 1356 for definitions of other terms used in this guide.

## 4. Summary of Guide

4.1 Section 6 of this guide provides background information on (1) legionella bacteria; (2) microbiological analysis of environmental samples for legionellae; and (3) recognition and diagnosis of legionellosis. Section 7 describes environmental inspections of water systems for legionellae and suggests general control measures to limit legionella multiplication. Section 8 explains how to collect environmental samples to detect the presence of legionellae. Section 9 outlines an epidemiological investigation of a possible legionellosis outbreak. Section 10 recommends control measures for (1) water-cooled heat-transfer systems; (2) potable hot and cold water supplies; (3) heating, ventilating, and air-conditioning (HVAC) systems; (4) spas, whirlpool baths, and jacuzzis; and (5) decorative fountains. This guide uses the term *inspectors* when referring to peoplea person examining the environment for possible legionellosis outbreaks (see Section 7) and the term *investigators* when referring to a person conducting an epidemiological study of a possible legionellosis outbreak (see Section 9). An inspection or Inspection and investigation teams may include public health authorities, corporate or institutional health-care providers, building owners and operators, facility managers, employee representatives, and public or private health and safety professionals.

## 5. Significance and Use

5.1 Water systems may be inspected (see Section 7) and tested (see Section 8) for legionellae under three circumstances (1) in the absence of reported legionellosis (see 5.2); (2) when a single legionellosis case has been reported (see 5.3); and (3) when two or more legionellosis cases are reported in a limited time period and geographic region (see 5.4). Following are factors building owners and operators need to understand when considering testing water systems for legionellae in the absence of illness (see 5.2) and for single legionellosis cases (see 5.3). Refer also to the CDC Guidelines for Prevention of Nosocomial Pneumonia and Guidelines for Preventing Opportunistic Infections Among Hematopoietic Stem Cell Transplant Recipients. Detecting legionellae in a water system is not sufficient to identify the system as a health hazard. However, failure to detect legionellae does not indicate, eonclusively, that the bacteria are not present (see). Refer also to the CDC 2003 Guidelines for Preventing Health-Care Associated Pneumonia, and the CDC 2000 Guidelines for Preventing Opportunistic Infections Among Hematopoietic Stem Cell Transplant Recipient Cell Transplant Recipients, and the WHO Legionella and the Prevention of Legionellosis. Detection of legionella in a water system is not sufficient to identify the system may not pose a potential health hazard. Methods to detect legionella vary in sensitivity and specificity (see 6.2), and laboratories vary in their skill and experience in isolating-the isolation and identifying



legionellae.identification of legionella. Isolation of apparently identical legionellae from clinical and environmental samples (see 6.2.1, 6.6.2.4, and Section 8) may suggest that a water system was the source of the legionella responsible for a patient's infection (see 5.3.2). However, cases of Legionnaires' disease due to different legionella serogroups or species need not necessarily have different sources of exposure because a system may be contaminated by more than one legionella. Timely inspection, testing, and treatment of possible legionella sources may reduce legal liabilities for facility owners and operators. Refer also to the APHA Public Health Law Manual.

#### 5.2 Environmental Testing for Legionellae in the Absence of Illness:

5.2.1 Concerned employers, building owners and operators, facility managers, and others seek to prevent real and potential health hazards, if possible. Water system operators may identify undesirable situations by monitoring routinely for legionellae and may be able to implement control measures before the bacteriaum reaches an amounts sufficient to cause human illness (see 6.2.4.2). The CDC 2000 Guidelines for Preventing Opportunistic Infections Among Hematopoietic Stem Cell Transplant Recipients advises that because transplant recipients are at much higher risk for disease and death from legionellosis compared with other hospitalized persons, periodic culturing for legionellae in water samples from a center's potable water supply could be regarded as part of an overall strategy for the preventiong of Legionnaires' disease in transplant centers and other facilities housing persons at high risk of infection if exposed (see 6.4.2). There is some evidence that environmental legionella surveillance should be considered a proactive strategy for the prevention of hospital-acquired Legionnaires' disease (1). However, the optimal methodology (that is, frequency or number of sites) for environmental surveillance cultures in transplant centers has not been determined, and the cost-effectiveness of such a strategy has not been evaluated for either transplant centers or other health-care settings nor for institutional, commercial, or residential buildings.

5.2.2 Some experts advise against testing water systems for legionellae in the absence of illness, particularly in buildings other than hospitals or other health-care facilities, given that absolute exclusion of these bacteriathis bacterium from water systems may not be necessary to prevent legionellosis nor may it be achievable without considerable expense. Microbiological water monitoring increases operational costs, and interpretation of test results may be difficult (see 6.2.4). Identification of legionellae in environmental samples may cause unwarranted alarm and unnecessary remediation. J. Identification of legionella in environmental samples also may cause unwarranted alarm and unnecessary remediation. The WHO publication states that legionella testing cannot be considered a control measure, but does provide some evidence that the water safety plan is effective and that control measures are operating properly. Sampling for legionella cannot provide results sufficiently quickly to be useful in operational monitoring, which instead should be by measures that provide real-time results, for example, monitoring of the biocide concentration, temperature, and pH of the water.

5.3 Environmental Testing for Legionellae for a Single (Sporadic) Legionellosis Case:

5.3.1 Testing potential legionella sources as soon as possible after confirmation of legionellosis may increase the likelihood of identifying the responsible source. Environmental conditions and equipment operation may change frequently, which may affect the likelihood of detecting legionellae.legionella detection. Inspectors may fail to identify the responsible source if they postpone sampling until an illness is confirmed as legionellosis (see 6.6 and 6.7) or until a search for other cases identifies common exposures (see Section 9).

5.3.2 PeoplePersons with legionellosis often have been exposed to more than one possible source during the disease's incubation period (see 6.4.3, 6.5.3) and may not recognize or recall all possible exposures. Isolation of apparently identical legionellae from clinical and environmental samples (see 6.2.1, 6.6.2.16.6.2.4, and Section 8) is suggestive, but does not identify a source absolutely as the site of a patient's exposure because the distribution of legionella species, serogroups, and subtypes (see 6.1.1 and 6.1.2) in the environmental source responsible for legionella transmission may be difficult if no clinical isolate is available for comparison with environmental isolates (see 6.2.1, 6.6.2.16.6.2.4). Legionellae haveLegionella has been found in a substantial proportion of water systems tested in prevalence surveys and outbreak investigations. Without a clinical isolate, identification of the probable source of legionella transmission must be based on other environmental and epidemiological information (see Sections 7-9).

5.4 Environmental Testing for Legionellae for Multiple Legionellosis Cases—Identification of multiple legionellosis cases in a circumscribed area and limited time period or that share a potential source warrants (1) environmental inspection of suspect sources to identify the water system responsible for legionella transmission to prevent further illness (see Sections 7-9); and (2) epidemiological investigation to identify common risk factors for cases (see 6.4.2, 6.5.2). Information from an epidemiological investigation (see Section 9) often facilitates identification of specific environments the legionellosis patients shared and on which inspectors should focus attention (see Sections 7 and 8). Environmental testing supplements, but does not replace, inspection and prompt correction of identified problems (see Section 10) at all possible legionella sources regardless of whether or not legionellae arelegionella is detected or the potential source is implicated in patient exposure.

#### 6. Background

6.1 *Legionellae*Legionella—Refer to the APHA Standard Methods for the Examination of Water and Wastewater, the ASM Manual of Clinical Microbiology, the ASM Manual of Environmental Microbiology, and Refs (1-3) for background information on legionellae., the WHO Legionella and the Prevention of Legionellosis, and Refs (2 and 3) for background information on legionella.

6.1.1 *The Genus Legionella*—<u>EThe legionella family is a diverse group of mesophilic, motile, obligately aerobic, nutritionally fastidious, poorly staining, gram-negative, rod-shaped bacteria. Microbiologists currently recognize over 4050 species in this genus of which at least 19approximately one half have been associated with human illness. The genus name *Legionella* is abbreviated when used repeatedly with species names, for example, *Legionella pneumophila*-is written as *L. pneumophila*. Microbiologists can distinguish serogroups, identified by number, within some legionella species, for example, *L. pneumophila*Serogroup 1. Some serogroups can be separated further into subtypes.</u>

6.1.2 Pathogenic Legionellae—L. pneumophila (in particular Serogroup 1, also Serogroups 4 and 6) 1) accounts for more than 80%90 % of legionellosis cases that have been studied in the United States. Other species associated with clinical infections include *L. micdadei*, *L. dumoffii*, *L. bozemanii*, *L. feeleii-bozemanii*, and *L. longbeachae*. L. longbeachae . It is likely that most *Legionella* species can cause human disease under appropriate conditions; however, such infections are reported infrequently because they are rare and diagnostic reagents are lacking. Some legionellae cannot be grown on routine legionella medium and have been termed Legionella-like amebal pathogens, of which at least one is considered a human pathogen.

6.1.3 Legionellae in the Environment— Legionellae areLegionella is found world-wide in a variety of natural and man-made aquatic environments, usually ones with moderately elevated temperatures (see 6.1.4, 6.3.4, 7.3.6). Legionellae lives in biofilms near the surfaces of lakes, rivers, and streams and in conjunction with specific free-living protozoa.

6.1.4 Legionellae in Man-Made Water Systems—Factors known to enhance legionella colonization of man-made water systems (see 6.1.3 and 6.3.4) include warm temperature (25 to 45°C), suitable pH (2.5 to 9.5), and water stagnation followed by agitation, and as well as the presence of other organisms, sediment, and scale (see 6.1.3, 6.1.5). It is uncommon to find legionella proliferation at water temperatures below 20°C and the bacteriaum does not survive in waters warmer than 60°C. Chlorinationg of potable water supplies may not eradicate legionellae (see 6.1.5). Low concentrations of legionellae (even below concentrations detectable by conventional test methods, see 6.2) can colonize water systems and can multiply under suitable conditions. Monochloramine rather than chlorine disinfection of municipal water supplies may reduce legionella transmission (4, 5).

6.1.5 Association of Legionellae with Other Organisms —In humans, legionellae infects alveolar macrophages, a type of white blood cell in the hungs whereas, in lungs. In the environment, the bacteriaum infects free-living aquatic amebae and other protozoa (see 6.1.3 and 6.1.4). Legionellae inside protozoa may be protected from biocides, desiccation, and other environmental stresses.

6.2 Microbiological Analysis of Environmental Samples for Legionellae-Legionellae can be detected in environmental samples by three methods (1) growth of viable bacteria on culture medium (see 6.2.1); (2) detection of legionella cells with a direct fluorescent-antibody (DFA) stain (see 6.2.2); and (3) detection of legionella genetic material with a polymerase chain reaction (PCR) test (see 6.2.3). The standard or primary laboratory method to detect legionellae is isolation (see ). DFA and PCR results are available sooner than culture, but isolation is the standard or primary laboratory method to detect legionella (see 6.2.1). DFA and PCR results are available sooner than culture. All samples should be submitted for culture to determine bacterial viability and to obtain legionella isolates for serogroup and subgroup identification, as needed (see-) because it provides information on bacterial viability (necessary for infection) and allows more thorough bacterial characterization (necessary for outbreak investigation and source identification) (see 6.2.1.2). Refer to Test Methods D596, Practices D2331, and Guide D3856). Legionella cells in water samples and washings of other materials (see Section 8) typically are concentrated by filtration or centrifugation before testing. Detection limits for these methods depend on the source material, volume of sample analyzed, and analytical method. Refer to Guides D 596 and D 3856, Practice D 2331, the APHA Standard Methods for the Examination of Water and Wastewater, and the CDC Procedures for the Recovery of Legionella from the Environment for information on detection and identification of legionellae from environmental samples., the CDC 2005 Procedures for the Recovery of Legionella from the Environment, and the WHO Legionella and the Prevention of Legionellosis for information on the detection and identification of legionella from environmental samples.

6.2.1 Isolation of Legionellae from Environmental Samples Legionella Isolation:

6.2.1.1 *Primary Isolation*—Water samples and washings of other materials (see Section 8) can be inoculated onto culture medium directly, after dilution, or after concentration by centrifugation or filtration. Samples may be treated with heat or buffered acid solution to reduce the numbers of nonlegionella organisms. The detection limit for culture methods typically is one colony-forming unit  $mL^{-1}$ . The specificity of legionella isolation from environmental samples is 100%, but its sensitivity may vary depending on the water source and sample handling. Preliminary culture results typically are not available for three to five days after sample receipt because the method depends on bacterial multiplication into visible colonies. Some legionellae may not form visible colonies for 10 to 14 days. Confirmation of culture results may require an additional three to five days following primary isolation. Hold primary plates for at least 14 days before reporting them as negative, that is, no legionellae isolated. ) may be treated with heat or buffered acid solution to reduce the numbers of nonlegionella organisms prior to inoculation of culture medium; specificity: 100 %; sensitivity: varies with water source and sample handling. Preliminary culture results typically are not available for three to five days after sample receipt because the method depends on bacterial multiplication into visible colonies. Some legionellae isolated. Some legionellae isolated. Some legionellae isolated isolated is no legionellae isolated isolated isolated is no legionellae isolated. The specificity is no legionellae isolation is because the method depends on bacterial multiplication into visible colonies. Some legionellae isolated is no legionellae isolated is no legionellae isolated. The specificity is no legionellae isolated is no legionellae isolated. The specificity is no legionellae isolated is no legionellae isolated is no legionellae isolated.

6.2.1.2 Isolate Identification-The specific species, serogroup, and subtype to which an environmental legionella isolate

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belongs may be identified with a DFA test (see 6.2.2 and 6.6.2.2) or other test. Laboratories should preserve (until completion of the investigation) by biochemical or nucleic acid analyses. Laboratories should preserve any environmental legionella isolates from outbreaks for possible outbreak investigations to allow further examination by public health authorities and for more specific identification by methods that may not be available commercially (see 5.3.2 and 6.6.2.16.6.2.4).

6.2.2 *Direct Fluorescent-Antibody (DFA) Test for Environmental Samples* Direct Fluorescent-Antibody (DFA) Test— Microbiologists can detect bacteria in environmental samples with DFA stains similar to those used to identify culture isolates (see 6.2.1.2 and 6.6.2.16.6.2.4) and to detect legionellae directly in clinical specimens (see 6.6.2.2). However, DFA stains react with both living and dead legionellae and also may stain other bacteria, giving false-positive test results. Legionellae in water samples and washings of other materials (see Section 8) typically are concentrated by filtration or centrifugation before staining. The DFA detection limit for legionellae in water samples is 10 cells mL<sup>-1</sup>. This method allows rapid sample screening because results are available in one day.—). However, DFA stains react with both living and dead legionella cells and may stain other bacteria. Contaminants in specimen containers and laboratory reagents also may give false-positive test results. This method allows rapid sample screening because results are available in one day, but optimal sensitivity and specificity require exacting staining procedures and experience.

6.2.3 *Polymerase Chain Reaction (PCR) Test for Environmental Samples*—The PCR technique selects pre-determined sequences of genetic material and then amplifies and labels them with detectable markers. The PCR technique, although specific, amplifies genetic material from living and dead legionellae. Legionellae in water samples and washings of other materials (see Section 8) typically are concentrated by filtration or centrifugation before testing. Not all environmental samples can be analyzed by PCR because some samples may contain compounds or materials that interfere with or inhibit a PCR test. The PCR detection limit, in theory, is a single, intact copy of a target genetic sequence. Current PCR systems for legionella in water samples are designed to detect 10 to 100 cells mL<sup>-1</sup>. This method allows rapid sample screening because results are available in one day, but kits to conduct the test are no longer commercially available. Polymerase Chain Reaction (PCR) Test—The PCR technique, although specific, amplifies genetic material from living and dead legionellae, as well as contaminants in specimen containers and laboratory reagents. Not all environmental samples can be analyzed by PCR because some samples may contain compounds or materials that interfere with or inhibit a PCR technique, although specific, amplifies genetic material from living and dead legionellae, as well as contaminants in specimen containers and laboratory reagents. Not all environmental samples can be analyzed by PCR because some samples may contain compounds or materials that interfere with or inhibit a PCR test. This method has been described in the literature and allows rapid sample screening because results are available in one day. Although, commercial PCR kits are available for clinical specimens, none are available for environmental samples.

6.2.4 Interpretations of Water Sampling Results—Determine, before testing environmental samples for legionellae, (1) the reasons for sampling (see Section 5); (2) how to interpret laboratory results (see 6.2.4.1 and 6.2.4.2); and (3) what action to take based on the information obtained (see Section 10). Use only culture methods (see 6.2.1) to document legionella presence conclusively in environmental samples because the DFA test occasionally gives false-positive results (see 6.2.2) and the PCR procedure currently is experimental (see ), the PCR procedure has not been validated (see 6.2.3). ), and both of these analyses identify both viable and nonviable legionella cells.

6.2.4.1 Legionellae Not Detected—Rule out the possibility of false-negative test results when legionellae arelegionella is not detected in environmental samples before concluding that the baeteria arebacterium is not present. Possible reasons for not detecting a legionellae that areis present are (1) limited sample number or volume (see 8.2 and 8.3.1); () limited sample number or volume; (2) testing unconcentrated samples (see 6.2.1.1 and 6.2.2); () testing unconcentrated samples; (3) culturing samples without heat or acid treatment (see 6.2.1.1); (), which may allow overgrowth by other organisms; (4) failing to run proper control samples to detect field or laboratory errors; (5) collection of unrepresentative samples; and (6) improper collection or handling of samples (see 8.3 and 8.4). Detection methods that rely on culturing legionellae (see 6.2.1) may fail to isolate them if the bacteria um loses viability during sample storage or transport to a laboratory or during the culturing process, for example, as a result of heat or acid treatment (see 6.2.1.1). Laboratories also may fail to isolate legionellae by the culture method if the bacteria havebacterium has lost viability due to biocide treatment or natural die-off or if the bacteria areit is unable to grow on available culture media or under given laboratory conditions.

6.2.4.2 *Legionellae Detected*—Detection of <u>viable legionellae</u> in environmental samples by the culture method (see 6.2.1) is not uncommon (see 6.1.3 and 6.1.4). Experts do not agree on the reliability of methods to quantify legionellae or on the concentrations of these bacteria in various water supplies that represent hazardous situations. Legionellae detected by DFA (see ). Variation between laboratories and sampling protocols is too large to allow adequate quantification of legionella by current methods, and experts do not agree on the concentration of this bacterium in various water supplies that represents a hazardous situation. The WHO Legionella and the Prevention of Legionellosis provides examples of limit values for corrective action in piped water systems and of target, alert, and maximum limit values for health-care settings. Legionella cells detected by DFA (see 6.2.2) or PCR (see 6.2.3) may be viable or non-viable by the culture method (see 6.2.1). Pontiac fever can result from exposure to non-viable legionellae (see ). Pontiac fever has been associated with exposure to non-viable legionella (see 6.3, 6.5). However, only viable legionellae can cause Legionnaires' disease (see 6.3 and 6.4).

6.2.5 Air Monitoring for Legionellae— Investigators have isolated legionellae<u>detected legionella</u> from air samples collected near >250 m from sources associated with Legionnaires' disease outbreaks; for example, operating HVAC equipment before decontamination outbreaks (46). However, do not rely on air sampling to measure potential exposure to legionellae because of the

high likelihood of failure to detect the bacteria:bacterium. Inspectors may obtain false-negative test results if the concentration of airborne legionellae is below an air sampling method's detection limit. Detection methods that rely on culturing legionellae (see 6.2.1) may fail to isolate themit from air samples if the bacteriaum loses culturability while airborne, during the collection procedure, during sample storage or transport to a laboratory, or during the culturing process. Methods not based on bacterial multiplication (for example, DFA and PCR tests, see 6.2.2 and 6.2.3) may detect legionellae in air samples testingthat test negative by the culture method.

6.3 Legionellosis—The term legionellosis is used for any disease caused by or associated with legionellae (see 6.1). Inhaling airborne legionellae and aspirating the bacteria into the lungs can lead to two types of disease, that is, Legionnaires' disease and Pontiac fever (see ). Inhalation of airborne legionella and aspiration of the bacterium into the lungs is associated with two types of respiratory illness, that is, Legionnaires' disease and Pontiac fever (see 6.4 and 6.5). Possible explanations for the manifestation of two disease syndromes caused by or associated with the same bacteriabacterium include the inability of some legionellae to multiply in human tissue (for a variety of reasons, including virulence, host range, or viability of the bacteria) and differences in host susceptibility. Exposure to the same environmental source has resulted in pneumonia and a nonpneumonic, Pontiac fever-like illness (57). Exposure to legionellae may occur indoors or outdoors, in residences, workplaces, or public settings, but infection is not transmitted from person to person. Legionnaires' disease may occur as isolated, sporadic cases or as outbreaks when several peoplepersons are exposed to the same source and become infected (see 6.3.3). Pontiac fever, by definition, is an epidemic disease. Refer to the ASM Manual of Clinical Microbiology, the CDC Guidelines for Prevention of Nosocomial Pneumonia). In contrast, Pontiac fever, by definition, is an epidemic disease, that is, it is recognized only when there are two or more cases (see 6.3.3). Refer to the ASM Manual of Clinical Microbiology, the 2003 CDC Guidelines for Preventing Health-Care Associated Pneumonia, the WHO Legionella and the Prevention of Legionellosis, and Refs (1-3(2 and 3)) for background information on legionellosis.

6.3.1 *History of Legionellosis*—In 1977, the U.S. Centers for Disease Control and Prevention (CDC)CDC identified a bacterium as the causative agent of a pneumonia outbreak at a 1976 American Legion Convention in Philadelphia. This bacterium later was named *Legionella pneumophila*. The 1976 outbreak resulted in more than 200 Legionnaires' disease cases and 34 deaths among the more than 4000 convention attendants. Although legionellac undoubtedly legionella caused disease before 1976 (at least two prior Legionnaires' disease outbreaks have been identified retrospectively), 1976, laboratories initially failed to isolate or detect the bacteriabacterium because of their is unusual growth requirements and poor staining characteristics (see 6.1).

6.3.2 Incidence of Legionellosis—Legionnaires' disease is a serious but fairly common form of pneumonia (see 6.4) responsible for an estimated 3 to 15% of adult hospitalizations for community-acquired pneumonia. Extrapolations from a study of sporadic pneumonia due to legionellae that was acquired in the community yield an estimate of 17000 to 23000 cases per year nationally in the United States () responsible for an estimated 0.5 to 5 % of adult hospitalizations for community-acquired pneumonia. Extrapolation from a prospective study of sporadic, community-acquired pneumonia due to legionella yielded an estimate of 8000 to 18 000 Legionnaires' disease cases annually nationally in the United States (2). The number of reported cases (see 9.2) is less than the probable incidence much lower because mostmany patients do not require hospitalization and appropriate confirmatory laboratory tests rarely are done (see 6.4, 6.6). The incidence of Pontiac fever is not known, in part, because it is indistinguishable from influenza and other common viral syndromes and is recognized only in epidemic form, but Pontiac fever also may be fairly common.

6.3.3 Legionellosis Outbreaks and Sporadic Cases—A legionellosis outbreak is defined as (1) the occurrence of two or more cases linked by time of onset and location; or (2) the occurrence of cases in excess of the number expected in a given time period and locale based on previously observed incidence of the disease. At least 65 to 80 % of Legionnaires' disease cases reported in the United States and the United Kingdom apparently occur as sporadic eases, infections, that is, isolated events in which no other cases are identified (see 9.1, 9.3.3). Underreporting of sporadic legionellosis cases probably is even higher than underreporting of cases that occur in clusters (see 6.3.2, 9.2). Legionellae may cause a large percentage of hospital-acquired pneumonia\_cases (see 6.4.5).

6.3.4 Sources Implicated in Legionellosis Outbreaks —Legionellosis outbreaks have been associated with exposure to contaminated aerosols generated by cooling towers, evaporative condensers, spas, respiratory therapy and dental equipment, showers, water faucets, decorative fountains, ultrasonic mist machines, and damp potting soil.

6.3.5 Legionella Transmission—The likelihood of legionella transmission and subsequent infection is related to (1) the presence of legionella in a water system; (2) spraying or splashing of contaminated water and transfer of legionellae to the air; (3) air temperature and moisture content; (4) the presence of amebae and other protozoa that may protect <u>the</u> legionellae; (5) the intensity and duration of a person's exposure to airborne legionellae; and (6) an exposed person's susceptibility (see 6.4.2, 6.5.2)<del>.</del> ). The inoculum required for human infection or disease is not known.

6.4 Clinical Aspects of Legionnaires' Disease—Refer to the ASM Manual of Clinical Microbiology, the CDC Guidelines for Prevention of Nosocomial Pneumonia, and Refs (1-3), the CDC 2003 Guidelines for Preventing Health-Care Associated Pneumonia, the WHO Legionella and the Prevention of Legionellosis, and Ref (3) for information on clinical aspects of Legionnaires' disease.

6.4.1 Symptoms—Legionnaires' disease is a form of pneumonia that can present with other multiple-system a range of signs and symptoms. Symptoms may range from symptoms, for example, mild cough and low fever to rapidly progressive pneumonia and coma. Early symptoms include loss of appetite, malaise, muscle pain, and headache; later symptoms include high fever