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An American National Standard

Standard Specification for Eye Protective Devices for Paintball Sports¹

This standard is issued under the fixed designation F 1776; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (ε) indicates an editorial change since the last revision or reapproval.

INTRODUCTION

This is the specification for eye, face, and head protective devices, or EHPD, to be used in the sport of paintball. Paintball is a sport that, like all sports, has intrinsic hazards. These hazards include being hit by paintballs. Protective equipment cannot eliminate all injuries but will substantially reduce their severity and frequency. Participation in this sport by a player implies acceptance of injury risk. The goal of protective equipment is to minimize the risk of injury.

Performance requirements are presented and are intended to minimize injury with minimal impairment of the form and appeal of the sport. This specification is subject to revision as indicated by subsequent injury statistics.

The impact requirements are designed to give eye, adnexa of eye, and adnexalhead protection from paintball impacts likely to be encountered under game conditions. While the EHPD also may protect the user from other potential impacts, such as running into tree branches, there are many conceivable impacts, including falls from heights, which could exceed the specification and result in eye injury despite the use of the EHPD.

1. Scope

- 1.1This specification applies to eye protective devices, designed for use by players of the sport of paintball, that minimize or significantly reduce injury to the eye and adnexa due to impact and penetration of paintballs.
- 1.2Eye protective devices meeting the requirements of this specification offer protection to the eyes and adnexa and not necessarily to any other parts of the head.
 - 1.3The values stated in SI units are to be regarded as the standard. The values given in parentheses are for information only.
- 1.1 This specification applies to eye, face, and head protective devices, designed for use by players of the sport of paintball, which minimize or significantly reduce injury to the eye, adnexa of eye, face, and head due to paintball impact or penetration, or both.
- 1.2 EHPDs by nature provide three types of protection. The first type of protection is for the eyes and adnexa of eye and not necessarily for any other parts of the face or head. The second type of protection adds coverage for the ears and face. The third type of coverage adds cranial coverage in addition to that provided to types II and III. These coverage types are defined in Section 8.
 - 1.3 This specification does not limit the wearing of eyeglasses or contact lenses when used in conjunction with the EHPD.
 - 1.4 The values stated in SI units are to be regarded as the standard. The values given in parentheses are for information only.
- 1.5 This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.
 - 1.5This specification does not limit the wearing of eyeglasses or contact lenses when used in conjunction with the EPD.

2. Referenced Documents

2.1 ASTM Standards:

¹ This specification is under the jurisdiction of ASTM Committee F08 on Sports Equipment and Facilities and is the direct responsibility of Subcommittee F08.57 on Eye Safety for Sports.

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D1003ASTM Standards:²

C 1027 Test Method for Determining Visible Abrasion Resistance of Glazed Ceramic Tile

<u>D 1003</u> Test Method for Haze and Luminous Transmittance of Transparent Plastics

F 803 Specification for Eye Protectors for Selected Sports-Specification for Eye Protectors for Selected Sports

F 1979 Specification for Paintballs Used in the Sport of Paintball

2.2 ANSI Standards:

Z80.3ANSI Z80.3 Requirements for Nonprescription Sunglasses and Fashion Eyewear³

Z87.1

ANSI Z87.1 Practice for Occupational and Educational Eye and Face Protectors³

2.3 Federal Standards:⁴

No. 406

No. 3022

2.4 CSA Standard:⁵

CSA Z262.6 Specifications for Facially Featured Headforms

3. Terminology

- 3.1 Definitions of Terms Specific to This Standard:
- 3.1.1 adnexa, n—adjunct parts of the eye, including the orbit, orbital contents, eyelids, and the lacrimal apparatus.
- 3.1.2 astigmatism, n—a condition in a lens that creates two axially separated line foci of each object point, the lines being mutually perpendicular. In other words, the lens has two different refractive powers in meridians that are 90° apart.
- 3.1.3 *base-in*, *adj*—relating to the type of prism imbalance that tends to cause parallel rays of light passing through a protector, an EHPD, spaced apart by the interpupillary distance, to converge.
- 3.1.4 *base-out*, *adj*—relating to the type of prism imbalance that tends to cause parallel rays of light passing through an E<u>H</u>PD, spaced apart by the interpupillary distance, to diverge.
 - 3.1.5 binocular, adj—relating to the field of view that is shared by both eyes simultaneously.
- 3.1.6 central viewing zone, n—that part of a lens that has its center in line with the wearer's line of sight when looking straight ahead. The zone is circular in shape. For the purpose of this specification, it shall be considered to be 38 mm in diameter. The center of the central viewing zone shall be the point of intersection of the line of sight with the lens as mounted on the CSA adult headform,⁵ as specified by the manufacturer.
- 3.1.7 *cleanable*, *adj*—the ability of an EHPD to be made readily free of dirt or grime without being damaged during an appropriate cleaning process, such as the use of soap and water.
- 3.1.8 *coverage*, *n*—a characteristic of an EPD that protects the eyes by obstructing straight line paths that are coincident with the wearer's eyes.—those areas of the eye, face, and head as covered by the EHPD as defined in 8.3.
- 3.1.9 *definition, optical, n*—the characteristic of a lens that allows separate distinct points in close proximity to be discerned when looking through the lens. /catalog/standards/sist/db9592f6-0608-48aa-83de-1d4506cdb08c/astm-f1776-09
- 3.1.10 eyedislodge, n—relating to the eye of the headform or the eye of a person wearing an EPD or that part of an EPD through which a wearer's eye would normally look. v—remove or force an object from its original position.
- 3.1.11 eye of the headformeye, n—all structures contained within the orbital rim of the Alderson or CSA headform. —relating to the eye of the headform or the eye of a person wearing an EHPD or that part of an EHPD through which a wearer's eye would normally look.
- 3.1.12 eye protective device (or EPD)eye of the headform, n— a device that provides protection to the wearer's eyes against specific hazards encountered in sports. —all structures contained within the orbital rim of the CSA headform.
- 3.1.13 <u>EHPD</u>, *n*—device that provides protection to the wearer's eyes, face, and head against paintball impact or penetration, or both.
- 3.1.14 haze, n—the fraction of the total transmitted light from a normally incident beam that is not transmitted in a focused condition but scattered by inclusions or surface defects. Excessive haze will reduce contrast and visibility.
 - 3.1.14headform optical parameters
- 3.1.15 *headform*, *n*—key dimensions for the headform as provided in Fig. 1—as utilized within this standard for the as-worn assessment of EHPDs, key dimensions of which are as provided in CSA Z262.6.

3.1.15

- 3.1.16 lens, n—the transparent part of parts of an EPD through which the wearer normally sees.
- 3.1.16—transparent part of an EHPD through which the wearer normally sees.

² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

³ Available from American National Standards Institute (ANSI), 25 W. 43rd St., 4th Floor, New York, NY 10036, http://www.ansi.org.

⁴ Available from Standardization Documents Order Desk, Bldg. 4 Section D, 700 Robbins Ave., Philadelphia, PA 19111-5094, Attn: NPODS.

⁵ Available from CSA, 178 Rexdale Blvd., Rexdale, Toronto, Canada, M9W1R3.

⁵ Available from Canadian Standards Association (CSA), 5060 Spectrum Way, Mississauga, ON L4W 5N6, Canada, http://www.csa.ca.



- 3.1.16.1 *Discussion*—The most common configurations for lenses are single pane and thermal double pane. Thermal double pane lenses are usually constructed from a single pane lens which has a second clear airtight thermal barrier affixed to it to reduce the effects of lens fogging. Some lenses also are treated with chemical solutions to reduce lens fogging.
- $\underline{3.1.17}$ lens retention component(s), n—components, separate from the lens, that are designed to retain the lens in the frame or body of the EHPD.
- 3.1.173.1.18 *luminous transmittance*, *n*—luminous transmittance is a function of the spectral transmittance of the lens weighted by the corresponding ordinates of the photopic luminous efficiency distribution of the CIE (1931) standard colorimetric observer and by the spectral intensity of standard Illumination C (see ANSI Z80.3).

3.1.18

3.1.19 paintball fragment, n—a part of the shell of the paintball that will not be surrounded completely by a 3 by 5-mm rectangle.

3.1.19

3.1.20 orbital area, n—the area contained in a circle r = 20-mm centered on the pupil of the headform.

3.1.20

- <u>3.1.21</u> power imbalance, n—a condition that exists when the refractive power created by the right lens of the E<u>H</u>PD is different from that of the left lens.
- 3.1.213.1.22 prism, n—the angular deviation of a ray of light as it passes through a lens resulting from the angle at which the ray strikes each surface of the lens and the index of refraction of the material from which it is made.

3.1.22

3.1.23 prism imbalance:

3.1.22.1

 $\underline{3.1.23.1}$ horizontal imbalance, n—the difference in prismatic deviation of incident parallel light beams on the two eyes of an EHPD in the horizontal meridian (see **base-in** and **base-out**).

3.1.22.2

- <u>3.1.23.2</u> *vertical imbalance, n*—the difference in prismatic deviation between parallel light beams incident on the two eyes of an EHPD in the vertical meridian.
 - 3.1.233.1.24 refractive power, n—the focusing effect of a lens expressed in diopters.

3.1.24

<u>3.1.25</u> *spherical power*, *n*—the average of the maximum meridional astigmatic power and the minimum meridional astigmatic power of a lens.

4. Performance Requirements

- 4.1 Optical Requirements:
- 4.1.1 Field of View—When tested in accordance with 6.1, the EPD shall have a field of view equal to or exceeding the following:, the basic EHPD, without any accessories such as a sun visor installed, shall have a field of view equal to or exceeding the following:
 - 4.1.1.1 Temporal Field—50°.
 - 4.1.1.2 Nasal Field—30°.
 - 4.1.1.3 Superior Field—30°.
 - 4.1.1.4 *Inferior Field*—30°.
- 4.1.2 *Refractive Tolerances*—When tested in accordance with 6.6, the spherical power shall not be less than -0.37 diopters and shall not exceed +0.06 diopters.
 - 4.1.3 Astigmatism—When tested in accordance with 6.6, the astigmatism shall not exceed 0.25 diopters.
- 4.1.4 *Power Imbalance*—When tested in accordance with 6.6, the power imbalance in corresponding meridians between the two eyes for straight ahead seeing shall not exceed 0.18 diopters.
- 4.1.5 *Prism*—When tested in accordance with 6.4 or 6.8, the primary viewing position of either eye of a shield shall not exceed 0.5 prism diopters.
 - 4.1.6 Prism Imbalance—When tested in accordance with 6.4 or 6.8, the prism imbalance shall meet the following criteria:
 - 4.1.6.1 *Vertical Imbalance*, shall not exceed +0.25 diopters.
- 4.1.6.2 *Horizontal Imbalances*—Negative values (base-in) shall not be less than −0.25 prism diopters, and positive values (base-out) shall not be more than +1.0 prism diopters.
- 4.1.7 *Luminous Transmittance*—When tested in accordance with 6.3, the luminous transmittance shall not be less than 60 % for clear lenses and not less than 20 % for tinted lenses, unless labeled **very dark** in which case the minimum transmittance shall be no less than 8 %. All tinted lenses shall be labeled "**Not for use in low light conditions**—."
 - 4.1.8 Haze—When tested in accordance with 6.5, the haze of the EHPD lens shall not exceed 3 %.
- 4.1.9 Optical Quality—Within the central viewing zone, striae, warpage, surface ripples, or other defects that are apparent under the optical inspection test conditions of 6.2 shall be considered a failure. An exception is when small specks or inclusions, which are not seen when the lens is held close to the eye in the as-worn position, shall not be a cause of rejection.
 - 4.1.10 Physical Lens Defects—Within the central viewing zone, pits, scratches, grayness, bubbles, cracks, water marks, or other



defects that are apparent under the visible inspection test conditions of 6.7 shall be considered a failure. An exception that small specks or inclusions, which are not seen when the lens is held close to the eye in the as-worn position, shall not be cause of rejection.

- 4.2 Mechanical Requirements:
- 4.2.1 No contact by components of the EPD or paintball fragments with the orbital area of the headform shall be permitted when tested in accordance with Section When tested in accordance with Section 7.
 - 4.2.2Any visible fracture of the lens or frame constitutes a failure.
 - 4.2.3:
 - 4.2.1.1 No contact by components of the EHPD or paintball fragments with the orbital area of the headform shall be permitted.
 - 4.2.1.2 Any visible fracture of the lens, frame, or EHPD constitutes a failure.
 - 4.2.1.3 Any dislodging of the lens from the frame constitutes a failure.
 - 4.2.4Any dislodging of a lens retention component from the lens constitutes a failure.
 - 4.2.5 Any dislodging of an EPD from the face protection component to which it is attached constitutes a failure.
- 4.2.6Any rotation of the headgear system in the headform that would permit contact of a 15.9-mm (0.625-in.) diameter eylindrical probe to the orbital area of the headform constitutes failure.
 - 4.2.1.4 Any dislodging of a lens retention component from the EHPD constitutes a failure.
- 4.2.1.5 Any dislodging of a component of the EHPD that would permit contact of a 5-mm diameter probe to the orbital area of the headform constitutes failure.
- 4.2.1.6 Any contact of an intact paintball, on the portion of the headform protected by the EHPD, after said paintball penetrated or passed through the protective portion of the EHPD, constitutes failure.
- 4.2.1.7 Any rotation of the headgear system in the headform that would permit contact of a 5-mm diameter probe to the orbital area of the headform constitutes failure.

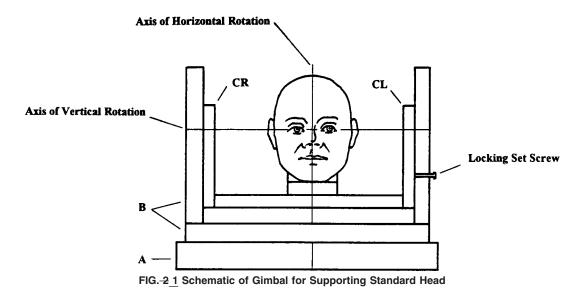
5. Sample Preparation

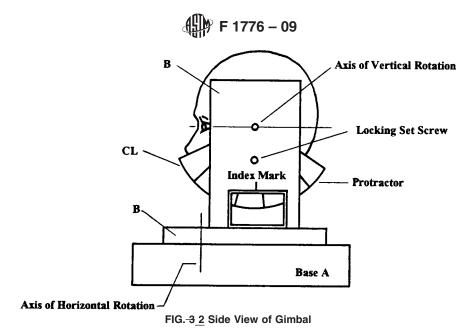
- 5.1 Eye Protective Devices Eye and Head Protective Devices:
- 5.1.1 Only new and complete EHPDs as offered for sale shall be tested.
- 5.1.2 EHPDs shall be subjected to a single impact test.
- 5.1.3 The EHPD shall be conditioned for a minimum of 4 h at the specified temperature prior to each test.
- 5.2 *Test Temperatures*:
- 5.2.1 *Cold Test*, $-12.2^{\circ}C \pm 2^{\circ}C$ (10°F $\pm 3.5^{\circ}F$).
- 5.2.2 Room Temp, $23^{\circ}C \pm 2^{\circ}C$ ($73^{\circ}F \pm 3.5^{\circ}F$).
- 5.2.3 Hot Test, $37.8^{\circ}C \pm 2^{\circ}C$ ($100^{\circ}F \pm 3.5^{\circ}F$).
- 5.3 Paintballs: dards.iteh.ai/catalog/standards/sist/db9592f6-0608-48aa-83de-1d4506cdb08c/astm-f1776-09
- 5.3.1All impact testing shall be done using paintballs manufactured within the previous eight months. Paintballs shall be used for impact testing only after a sampling of paintballs taken from the bulk container fall within the parameters specified in 5.3.3 and 5.3.4. The paintball bulk container shall be resealed immediately after each group of paintballs is removed. Paintball storage
- and nontest handling shall be done at a relative humidity below 55% and at a temperature between 12.7°C (55°F) and 29°C (85°F). 5.3.2Paintballs used for impact testing shall be conditioned in a sealed packet (bag) for at least 4 h at the specified temperature for each test. Impact testing shall be completed within 3 min after removal of the paintballs from their temperature conditioning
- 5.3.3Weight and Dimension Test—Measure a sampling of 25 paintballs. Their weight shall be at or between 3.1 and 3.3 g. Their diameter, measured both at the seam and polar, shall be at or between 16.89 and 17.78 mm (0.665 and 0.700 in.).

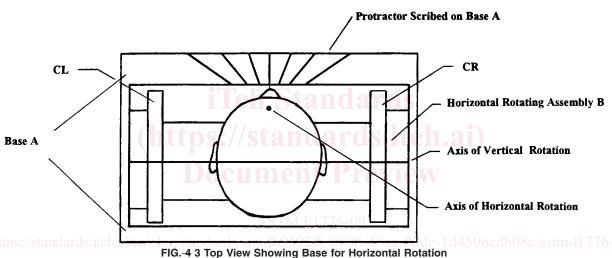
- 5.3.1 All impact testing shall be done using paintballs manufactured in accordance with the requirements of Specification F 1979. Paintballs shall be used for impact testing only after a sampling of paintballs taken from the bulk container fall within the parameters specified in 5.3.3. The paintball bulk container shall be resealed immediately after each group of paintballs is removed. Paintball storage and nontest handling shall be done at a relative humidity below 55 % and at a temperature between 12.7 and 29°C (55 and 85°F).
- 5.3.2 Paintballs used for impact testing shall be conditioned in a sealed packet (bag) for at least 4 h at the specified temperature for each test. Impact testing shall be completed within 3 min after removal of the paintballs from their temperature conditioning atmosphere.
- 5.3.3 Burst Strength Test—Drop 100 paintballs, individually, from a height of 1.83 m (6 ft) onto a clean concrete floor. At least three but no more than 25 of the 100 paintballs shall break. Discard the unbroken paintballs.—Drop 100 paintballs, individually, from a height of 2.44 m (8 ft) onto a clean smooth glazed ceramic tile of appropriate size with a surface abrasion rating of class three based upon the PEI rating scale, tested according to Test Method C 1027. At least three but no more than 25 of the 100 paintballs shall break. Discard the unbroken paintballs.

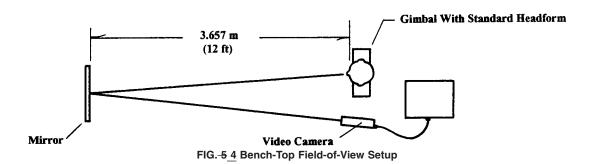
6. Optical Test Methods

- 6.1 Field of View (Angle of Vision):
- 6.1.1 *Purpose*—This test method is intended to determine the relative unobstructed angle visually available to the user. With the EHPD mounted on the standard headform, the pole of the cornea shall be visible to an observer when sighted from the required field angles in accordance with 4.1.1. Any sighting method may be used. Paragraphs 6.1.2-6.1.4 give one method.
- 6.1.2 Apparatus—The concept is to mount a CSA headform, size specified by the manufacturer or chosen by the test lab, in a gimbal. Any gimbal that is sufficiently large and sturdy and properly inscribed with horizontal and vertical protractor markings is acceptable. Figs. 2-Figs. 1-4-3 show front and side vertical schematic views of a wooden gimbal that can be constructed with simple tools. Item A is the base and support for horizontal rotation. A protractor should be marked on the base with its center coincident with the axis of rotation. Base A should protrude forward to allow for the protractor markings. These indicate the position of B. Item B comprises the main carriage of the gimbal. Item C comprises the vertically rotating member. Sections CR and CL are the right and left vertical supports. Fig. 2 shows the horizontal view. A window in the left of the vertical B support makes the protractor markings on section CL visible for accurate setting. Section CL can be pie-shaped, providing that a 60° angle can be read. The markings should be made every 5° and marked every ten. A set screw should be threaded into the B section or a 1/4-20 nut can be inlayed if section B is wooden. Ensure that 1/4-20 thumb screws are available readily for use as the set screw. The location of the standard head should be planned to obtain a good balance for vertical rotations. The horizontal rotation axis should be in the plane of the corneas. The axis themselves can be 12-mm (½-in.) dowels or 6-mm (¼-in.) metal rods. Fig. 4-Fig. 3 shows the location of the pivots for their respective rotations. Fig. 5Fig. 4 shows an example of a test setup. The total path from gimbal to the eye, camera, or light source should be at least 7.31 m (24 ft). Using a mirror facilitates adjusting the gimbal while observing the position of the corneas in the protector. A low power telescope or simply a monocular eye locating ring or washer can be substituted for the video camera. The corneas should be painted white or covered with white or reflecting tape in the form of an 8-mm disk. A high level ambient light is desirable. Visual optics may be replaced with photo detectors in the corneas having separate readout means for the two eyes. A strong light source would replace the video camera in which case a low level of ambient light is desirable. A collimating lens would increase the signal to noise ratio of the photo-detectors. The set up as indicated in the drawing introduces a horizontal angle of error of -0.2° and a vertical angle of error of approximately -0.6° at 60° . The location of the vertical angle of tip is centered in the headform to help balance the gimbal. These errors can be accounted for in the decision process. A longer path between the input and output devices will decrease the errors proportionately.
- 6.1.3 *Test Procedure*—Mount the EHPD to be tested on the headform in the intended wearing position. Set the gimbal in the straight ahead position and verify the visibility of metered response of the two eyes. The gimbal then is rotated to determine the horizontal and vertical extreme angles of view in all four directions along which the appropriate corneas can be seen monocularly.
 - 6.1.4 Report—Record and report the maximum angles of view in all four directions.
- 6.2 Optical Quality—Localized power errors or aberrations that are detected by the visual inspection procedure of 6.2.1 are permissible if no measureable or gross foci meter or telescope target distortion or blur is found when the localized area is examined with an instrument as indicated in 6.2.2.
- 6.2.1 *Inspection Procedure*—One method of optical inspection is to view a high-contrast grid pattern of dark and white lines through the lens, scanning it area by area and moving it about. The grid pattern should be at least 45 by 45 cm (18 by 18 in.) and constructed of high contrast black lines on a white background (the white separations being equal to the black lines, both being approximately 6 mm [1/4 in.] wide). The target should be at least 1.8 to 2.5 m (6 to 8 ft) from the observer, and the lens should









be held at least 45 to 60 cm (18 to 24 in.) from the eye. Any ripples in the lens detected by this test method should be further examined in accordance with 6.2.2.

6.2.2 The referee method of detecting optical defects and local aberrations is to scan the central viewing zone, especially areas of suspicion arising form the visual test of 6.2.1. The lens of shield should be scanned with a precision foci meter or an 8×8 to $10\times$ telescope using the targets and arrangements described in 6.6.2-6.6.3.2. The aperture should be 5 to 7 mm for this examination. Areas outside the central viewing zone or within 6 mm of the edge need not be tested. When the central viewing area is scanned, there shall be no sudden jump, doubling, or blurring of the image greater than 0.08 diopters change in power. Gradual variations in the central viewing zone shall be within the power imbalance tolerances. An optical foci meter with electronic readout repeatable to 0.02 diopters is a satisfactory alternate method. These scanning procedures may be made by scanning across the lens surface not necessarily in the "as worn" mode.

6.3 Luminous Transmittance—Use a suitable photometer, such as a Gardner Hazemeter, or other device comprised of a light