
**Protective equipment for martial
arts —**

**Part 4:
Additional requirements and test
methods for head protectors**

iTEH Standards
Équipement de protection pour les arts martiaux —
Partie 4: Exigences et méthodes d'essai complémentaires relatives aux
protecteurs de la tête
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ISO copyright office
Ch. de Blandonnet 8 • CP 401
CH-1214 Vernier, Geneva, Switzerland
Tel. +41 22 749 01 11
Fax +41 22 749 09 47
copyright@iso.org
www.iso.org

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Introduction

Head protectors are an individual item of protective equipment to protect the front, the sides and the rear of the head in martial arts.

They are designed to provide a degree of safety in case of accidental contact during martial arts. Martial arts can be dangerous and severe blows to the head may cause serious injury even if the protector is fitted and used properly.

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