
**Protective equipment for martial
arts —**

**Part 7:
Additional requirements and test
methods for hand and foot protectors**

Équipement de protection pour les arts martiaux —

*Partie 7: Exigences et méthodes d'essai complémentaires pour
protecteurs de main et pied*

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ISO copyright office
Ch. de Blandonnet 8 • CP 401
CH-1214 Vernier, Geneva, Switzerland
Tel. +41 22 749 01 11
Fax +41 22 749 09 47
copyright@iso.org
www.iso.org

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Foreword

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Introduction

Hand and foot protectors are used in martial arts to protect the hand or the foot of the user from injuries when strikes are executed against persons or objects by the hand or the foot.

This document does not consider the protective performance of the hand protector or the foot protector for the opponent.

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