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**Ergonomics of human-system  
interaction —**

Part 380:

**Survey result of HMD (Head-Mounted  
Displays) characteristics related to  
human-system interaction**

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## Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular, the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see [www.iso.org/directives](http://www.iso.org/directives)).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see [www.iso.org/patents](http://www.iso.org/patents)).

Any trade name used in this document is information given for the convenience of users and does not constitute an endorsement.

For an explanation of the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT), see [www.iso.org/iso/foreword.html](http://www.iso.org/iso/foreword.html).

This document was prepared by Technical Committee ISO/TC 159, *Ergonomics*, Subcommittee SC 4, *Ergonomics of human-system interaction*.

A list of all parts in the ISO 9241 series can be found on the ISO website.

Any feedback or questions on this document should be directed to the user's national standards body. A complete listing of these bodies can be found at [www.iso.org/members.html](http://www.iso.org/members.html).

## Introduction

The evolution of electronic devices has led to the growing popularity of head-mounted displays (HMDs) for direct human-machine interaction. Although ISO 9241-303 and ISO 305 addressed HMDs as 'virtual displays', the information in these documents was limited to devices available at the time, and the evolution of HMDs requires new parameters to cover the interactions between the user and the HMD itself. To provide the latest information to suppliers, users, and anyone who interacts with HMDs, it is important to establish which HMD characteristics need to be considered.

Unlike a conventional display, a viewer wears an HMD to see the displayed images. In most cases, when images are shown on a conventional display, there is a certain distance between the viewer and display. However, as stated, a viewer of an HMD wears it, usually on their head. Obviously, such viewing conditions affect the viewer in certain ways, by not only the optical characteristics (which are the main concerns for conventional displays) but also other physical characteristics such as weight. Therefore, discussing the ergonomic considerations of HMDs requires a systematic approach by considering several aspects simultaneously, which is the aim of this document.

NOTE The International Electrotechnical Commission (IEC) also works on the standardization of HMDs (the IEC calls them 'eyewear displays'). At the time of publication, the following IEC standards are available and are being developed:

IEC TR 63145-1-1: 2018: *Eyewear display - Part 1-1: Generic introduction*

IEC 63145-20-10:2019: *Eyewear display - Part 20-10: Fundamental measurement methods - Optical properties*

IEC 63145-20-20:2019: *Eyewear display - Part 20-20: Fundamental measurement methods - Image quality*

IEC 63145-22-10:2020: *Eyewear display - Part 22-10: Specific measurement methods for AR type - Optical properties*

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# Ergonomics of human-system interaction —

## Part 380:

### Survey result of HMD (Head-Mounted Displays) characteristics related to human-system interaction

#### 1 Scope

This document provides information based on a study of the characteristics of head-mounted displays (HMDs) regarding the ergonomics of human-system interaction. Although this document covers the broad range of ergonomics issues that arise, it specifically provides more-detailed information about the visual aspects of the interaction, and it provides information that could form the basis for future possible standards related to HMDs.

**NOTE** It is preferable to take systematic approach to consider characteristics of HMD, since HMD affects a viewer not only by visual aspects, but also by some other physical aspects.

#### 2 Normative references

There are no normative references in this document.

#### 3 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

ISO and IEC maintain terminology databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at <https://www.iso.org/obp>
- IEC Electropedia: available at <https://www.electropedia.org/>

##### 3.1

##### **head-mounted display**

##### **HMD**

electronic device that shows information on one or more displays attached to the head of a human

##### 3.2

##### **virtual reality**

##### **VR**

artificial environment presented by a computer

Note 1 to entry: See [Figure 1](#).

Note 2 to entry: Including telepresence and interaction with and reaction from the virtual environment.

[SOURCE: ISO/IEC TR 18121:2015, 3.6]

##### 3.3

##### **mixed reality**

##### **MR**

physical and digital (virtual) objects co-exist and interact in real time

Note 1 to entry: See [Figure 1](#).

### 3.4 augmented reality AR

reality that has virtually added information

Note 1 to entry: See [Figure 1](#).

Note 2 to entry: AR is used in ISO 9241-910 with no definition.

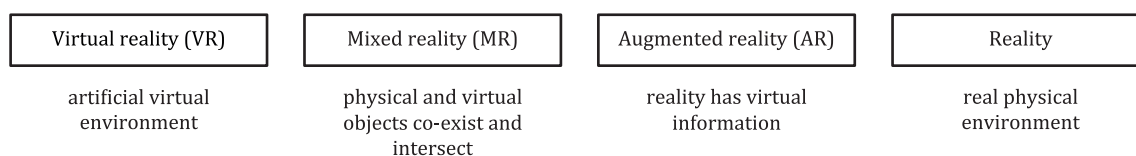
Note 3 to entry: AR is used in ISO/IEC TR 18120:2016 with no definition.

Note 4 to entry: AR is used in ISO 19154:2017 with no definition.

Note 5 to entry: AR is used in ISO/IEC TR 19566-1:2017 with no definition.

### 3.5 reality

world or the state of things as they exist



**Figure 1 — VR, MR, AR, Reality**

Note 1 to entry: See [Figure 1](#).

### 3.6 exit pupil

vertical/horizontal dimension of the QVS (qualified viewing space)

[SOURCE: ISO 9241-302]

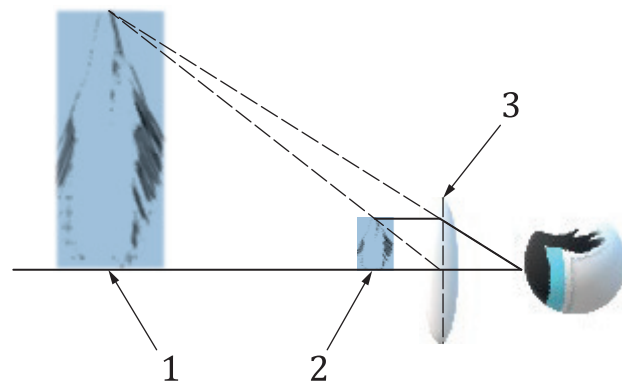
## 4 Head-mounted displays (HMDs)

An HMD is an electronic display device that provides visual information by using one or more displays that are placed on a human head and secured by elastic straps or earpieces or integrated in a helmet (see [Figure 2](#)). An HMD shows information by using virtual images rather than real ones (see [Figure 3](#)). Most HMDs consist of one or more electronic displays and proper optics that treat the images on the display or displays so that they can be seen by one or more human eyes. In some cases, there is no physical display, only optics (see [Figure 4](#)). Because of these considerable differences from conventional displays, numerous characteristics need to be considered regarding human-system interaction. This document explores those characteristics and point out new ways of evaluating HMDs regarding their users (viewers).

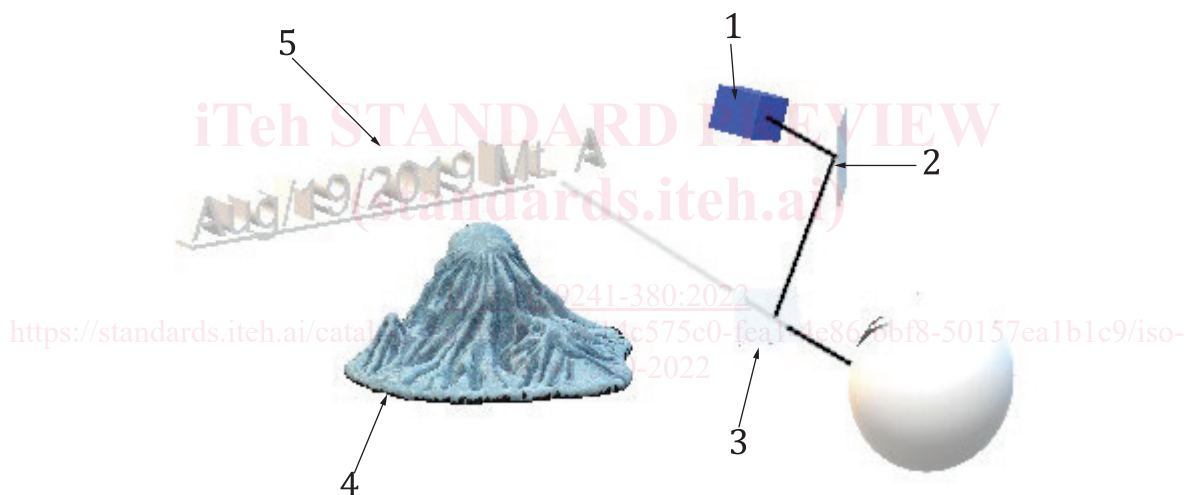


**Figure 2 — Example of a head-mounted display**



**Key**

- 1 virtual image
- 2 real image on a display
- 3 convex lens

**Figure 3 — Example of a virtual image****Key**

- 1 laser source
- 2 mirror array
- 3 half mirror
- 4 real object
- 5 virtual image (projected image)

**Figure 4 — Example of a direct scanning HMD****5 Categories of HMDs****5.1 General**

There are several ways to categorize HMDs, such as by the type of images that the device shows, how the device forms a virtual image, ocularity, and physical configuration ([Figure 5](#))

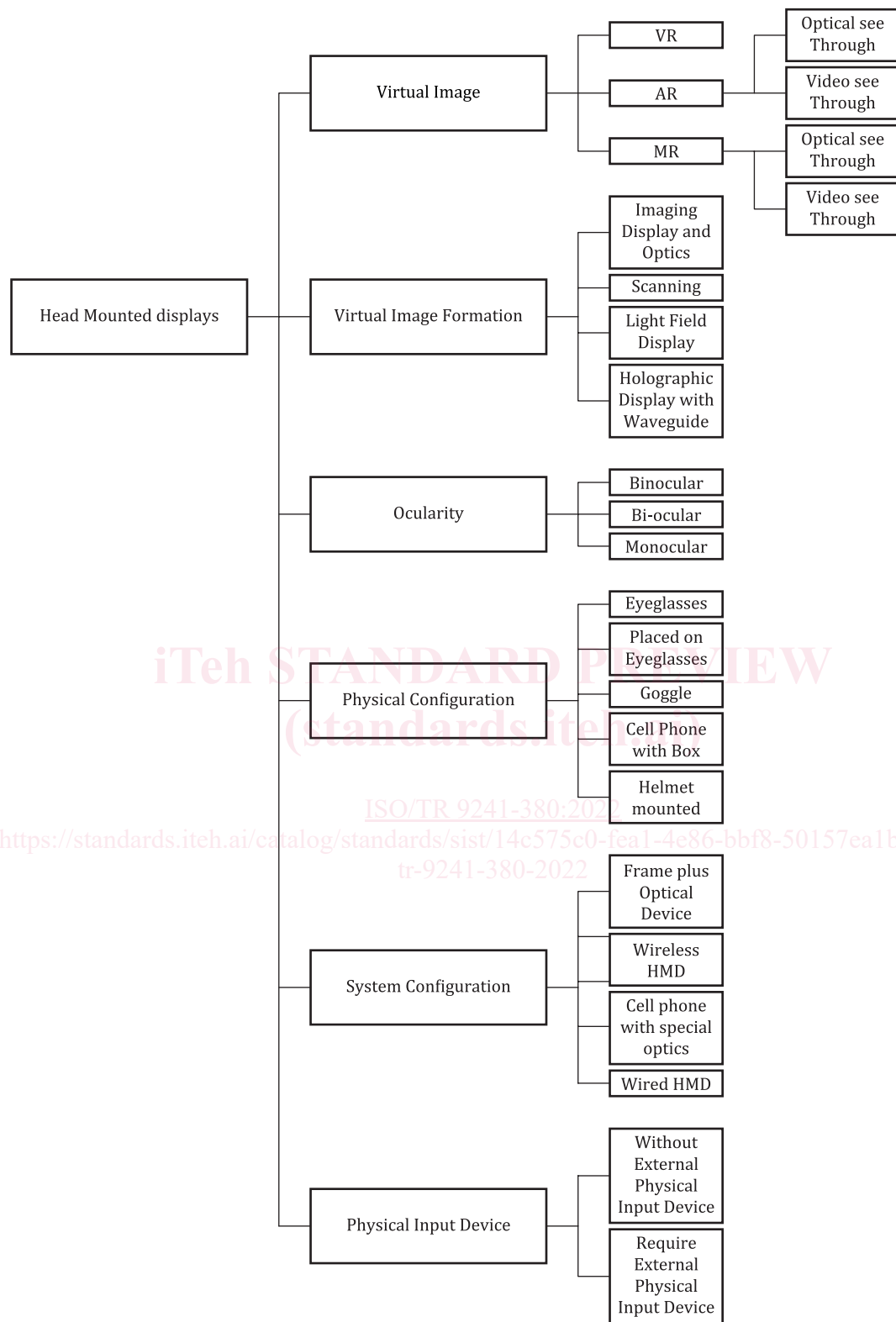


Figure 5 — Example of categorizing HMDs

## 5.2 Categorized by virtual image

### 5.2.1 VR type

The VR type of HMD displays only computer-generated images (virtual images). The HMD covers the viewer's eyes completely, meaning that they can see nothing except the displayed images (see [Figure 6](#)).



Figure 6 — Example of a VR HMD

### 5.2.2 AR type

The AR type of HMD presents images of the real surrounding environment by using either transparent optics (see-through AR type) or electro-optical devices, such as a video camera (video-see-through type), and it shows computer-generated images (virtual images) by using certain electro-optical devices (see [Figure 7](#)).



Figure 7 — Example of an AR type HMD

### 5.2.3 MR type

The MR type of HMD presents mainly computer-generated images and imposes real images (outside scenery) by means of either video see-through or see-through optics (see [Figure 8](#)).

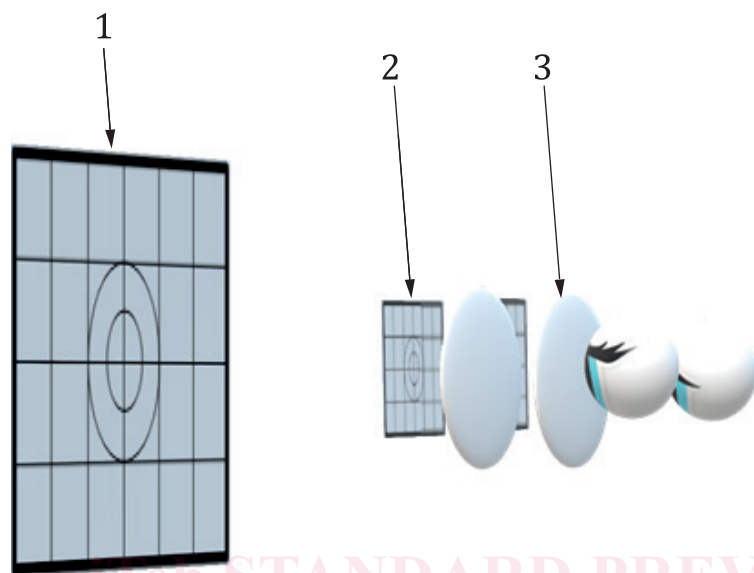


Figure 8 — Example of an MR type

## 5.3 Categorized by virtual image formation

### 5.3.1 Imaging display and optics

This type of HMD shows virtual images by both showing them on displays and forming them by using optics (see [Figure 9](#)).



#### Key

- 1 virtual image
- 2 displays with real image
- 3 convex lenses

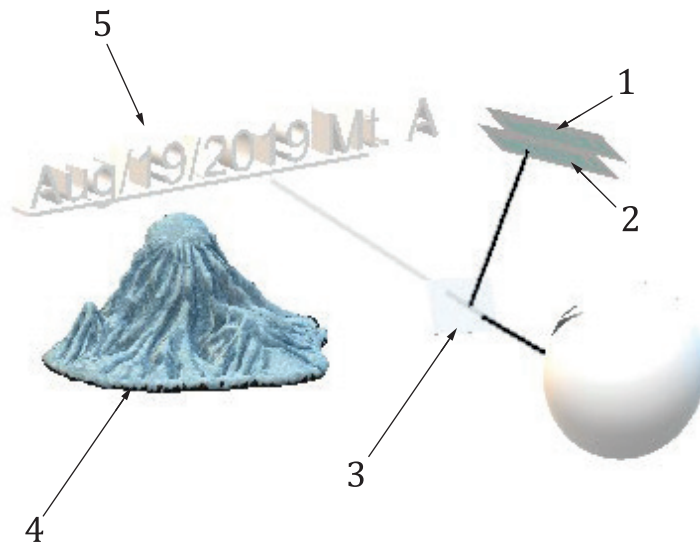
**Figure 9 — Example of an image forming type**

### 5.3.2 Scanning type

This type of HMD does not form images by any means; rather, it uses light rays to scan the human retina via certain optics (see [Figure 4](#)).

### 5.3.3 Light field type

The light-field approach involves providing a near-eye display by using certain optics, such as those based on micro-lenses (see [Figure 10](#)).

**Key**

- 1 LCD
- 2 micro lens array
- 3 half mirror
- 4 real object
- 5 virtual image (projected image)

**Figure 10 — Example of a light field display**

#### 5.3.4 Holographic display with waveguide type

holographic with waveguide to provide near-eye display by using certain optics, such as micro lens-based optics (See [Figure 11](#)).