
Ski-poles for alpine and touring skiing — Requirements and test methods

*Bâtons de ski alpin et de ski de randonnée — Exigences et
méthodes d'essai*

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Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular, the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see www.iso.org/directives).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see www.iso.org/patents).

Any trade name used in this document is information given for the convenience of users and does not constitute an endorsement.

For an explanation of the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT), see www.iso.org/iso/foreword.html.

This document was prepared by Technical Committee ISO/TC 83, *Sports and other recreational facilities and equipment*, Subcommittee SC 4, *Snowsports equipment*.

This fifth edition cancels and replaces the fourth edition (ISO 7331:2011), which has been technically revised. The main changes compared to the previous edition are as follows:

- editorial changes;
- addition of requirements and test methods for adjustable poles;

Any feedback or questions on this document should be directed to the user's national standards body. A complete listing of these bodies can be found at www.iso.org/members.html.

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Ski-poles for alpine and touring skiing — Requirements and test methods

1 Scope

This document defines the minimum requirements for safety in poles for alpine and touring skiing. It specifies test methods to check conformity with these requirements.

It is applicable to ski-poles for alpine and touring skiing in the following ranges of total length, l_T :

- group A, $l_T \geq 1\,050$ mm (adults' poles);
- group B, $1\,050$ mm $> l_T \geq 700$ mm (junior poles);
- group C, $l_T < 700$ mm (children's poles).

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO 6508-1, *Metallic materials — Rockwell hardness test — Part 1: Test method*

ISO 6508-2, *Metallic materials — Rockwell hardness test — Part 2: Verification and calibration of testing machines and indenters*

ISO 6508-3, *Metallic materials — Rockwell hardness test — Part 3: Calibration of reference blocks*

3 Terms and definitions

No terms and definitions are listed in this document.

ISO and IEC maintain terminological databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at <https://www.iso.org/obp>
- IEC Electropedia: available at <http://www.electropedia.org/>

4 Symbols

The following symbols are used in the document.

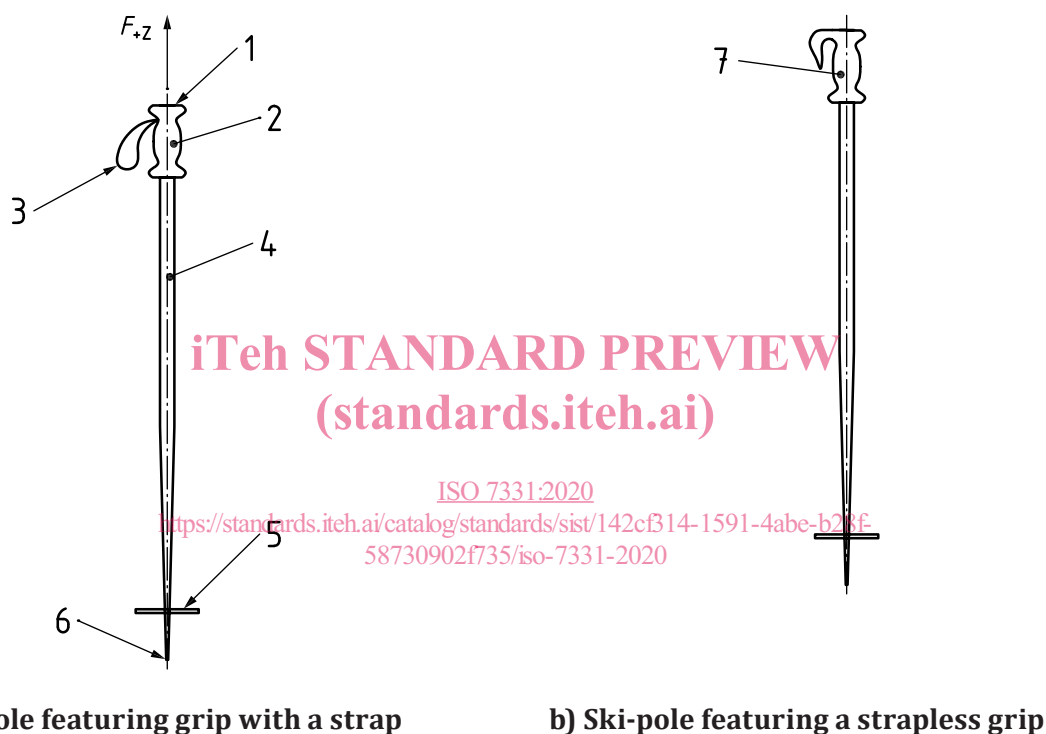
A_G	is the upper surface, expressed in square centimetres, of the grip (impact area).
F_{-Z}	is the compressive force, expressed in newtons, in the axis of the ski-pole.
F_{+Z}	is the tensile force, expressed in newtons, in the axis of the ski-pole.
l_T	is the total length, in millimetres.

- l_H is the length, expressed in millimetres, measured from the tip to the middle of the hand.
- l_B is the length, expressed in millimetres, measured from the tip to the lower surface of the basket.
- d_B is the basket maximum diameter, expressed in millimetres.

5 Parts and categories of ski-poles

5.1 Parts of a ski-pole

Terms used to designate the different parts of a ski-pole are given in [Figure 1](#).



Key

- 1 upper surface of the grip, A_G
- 2 grip
- 3 strap
- 4 shaft
- 5 basket
- 6 tip
- 7 strapless grip

Figure 1 — Terms used to designate the parts of a ski-pole

5.2 Categories of ski-poles

Two types of ski-poles are considered in this document: the alpine skiing poles and the ski-touring poles. Their length can be either adjustable or non-adjustable (see [Figure 2](#)). The alpine ski-poles are further divided in three categories, depending on their total length l_T , for the non-adjustable poles: group A, group B and group C (see [Clause 1](#)).

The length, l_H , is determined by reference to the width of an average hand:

- group A: 93 mm;
- group B: 73 mm;
- group C: 57 mm.

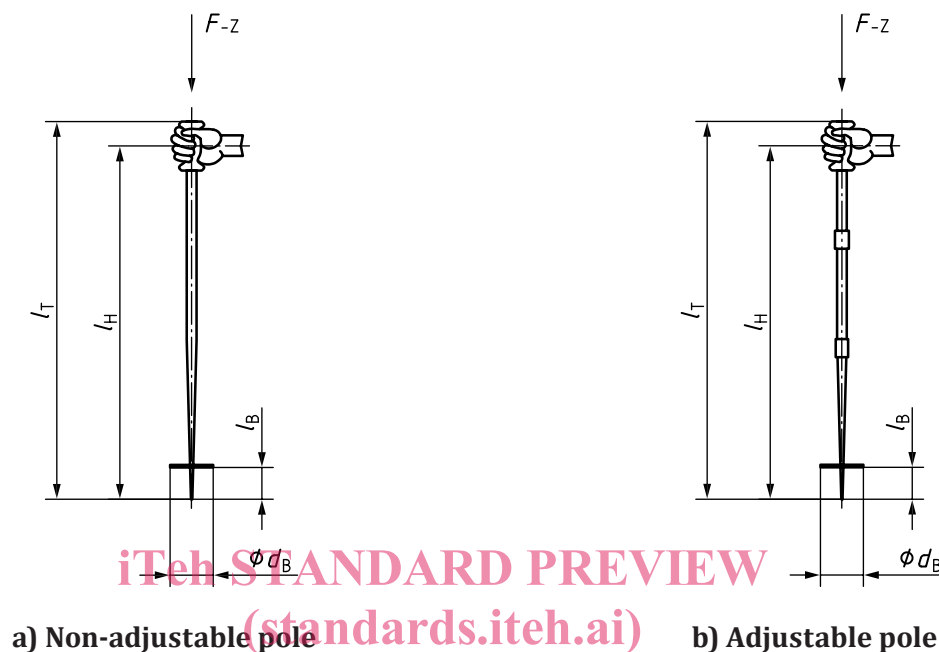


Figure 2 — Centre of rotation and dimensions
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6 Requirements and test methods

6.1 Materials

The materials used shall meet the requirements specified in 6.4 to 6.13.

6.2 Test conditions

Unless otherwise specified, the test shall be carried out as a type test in the standard atmosphere at a temperature of $(23 \pm 2) ^\circ\text{C}$ and a relative humidity of $(50 \pm 5) \%$.

The reference value for the quasi-static structure of force, F , with respect to time, t , is translated to a strain rate of $\leq 2 \text{ mm/s}$.

The test equipment shall be such that all measurable variables such as forces, temperatures, angles, lengths, surfaces, masses and time of oscillation can be measured or determined to the following accuracies:

- Forces, masses: $\pm 2 \%$;
- Temperatures: $\pm 2 ^\circ\text{C}$;
- Angles: $\pm 1^\circ$;
- Lengths of poles: $\pm 1 \text{ mm}$;
- Radii and other lengths: $\pm 0,2 \text{ mm}$.

6.3 Test sampling

The three longest and the three shortest poles from each group shall be submitted to the laboratory.

In addition, three poles of 1 200 mm length l_T from testing group A, and three poles of 1 000 mm length l_T from testing group B shall be submitted to the laboratory.

One long pole and one short pole shall be selected for the tests to be carried out in accordance with 6.4 to 6.13.

If one test sample fails these tests, the tests shall be repeated with two further test poles which shall both pass the repeated tests.

For adjustable touring ski-poles, three samples shall be tested. Adjustment according to the testing requirements to the minimum intended length/maximum intended length. All samples shall pass the test.

6.4 Total length

6.4.1 Requirement

The total length l_T shall not vary from the given length by more than ± 10 mm. For adjustable touring ski-poles, variation of total length to ± 15 mm is allowed. Furthermore, the lengths of one pair of ski-poles shall not differ by more than 7 mm.

6.4.2 Testing

Determine lengths of all test samples indicated in 6.3.

6.5 Outward design

6.5.1 Requirement

Sharp design (except the tip) and rough surfaces, which can cause injury, shall be avoided.

6.5.2 Testing

Check visually.

6.6 Anti-catching design

6.6.1 Requirement

The ski-pole shall be designed to limit the strain that can be transmitted to the wrist and arm of the skier, should the pole get caught during skiing. This requirement can be met by a design according to 6.9.3 or 6.12.4, or by a strapless grip.

6.6.2 Testing

Test according to 6.9.3 or 6.12.4 or carry out a visual and functional test.

6.7 Release mechanism

6.7.1 Function

If so equipped, a release mechanism shall be manufactured so that it functions correctly in environmental conditions encountered during skiing.

6.7.2 Temperature and ice conditions

6.7.2.1 Requirement

If a release mechanism is provided in the shaft, the compressive force in the axis of the pole necessary to cause the release at a temperature of $-20\text{ }^{\circ}\text{C}$ and in icy conditions, and at a temperature of $20\text{ }^{\circ}\text{C}$, shall not vary by more than 30 %.

In addition, the release force at $-20\text{ }^{\circ}\text{C}$ and in icy conditions shall not exceed the values given in 6.9.3.

6.7.3 Testing

Determine the release force at $20\text{ }^{\circ}\text{C}$ five times per function on one test sample and calculate the mean value.

Store the release mechanism at a temperature of $-5\text{ }^{\circ}\text{C}$ until this temperature is reached. Determine the release force once and compare it with the mean value at $20\text{ }^{\circ}\text{C}$.

Again, determine the release force at $20\text{ }^{\circ}\text{C}$ five times on one test sample and calculate the mean value.

Spray the vertically placed ski-pole with water at $10\text{ }^{\circ}\text{C}$ or more for 1 min from a distance of 1 m. Store the pole vertically at $-5\text{ }^{\circ}\text{C}$ until it reaches this temperature, then determine the release force once and compare it with the mean value at $20\text{ }^{\circ}\text{C}$.

6.7.4 Fatigue conditions

6.7.4.1 Requirement

The release mechanisms shall be protected against wear so that they still function correctly after 100 releases.

The release forces shall not vary by more than 20 % after the fatigue test.

6.7.4.2 Testing

Carry out 100 releases on each release mechanism; compare the mean value of the first five releases with the mean value of the last five.

6.8 Grip

6.8.1 Shape

6.8.1.1 Requirement

The shape of the grip shall be designed to facilitate good control of the pole, i.e. the grip shall be shaped to the hand and shall not be slippery. With all grips, whether straps are included or not, the shape of the moulded portion shall not be such as to force the thumb outward or upward beyond the edge of the impact area, A_G , of the top of the handle/grip.

6.8.1.2 Testing

This is accomplished by both visual and manual means.