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Acoustics — Determination of occupational noise exposure — Methodology

Acoustique — Détermination de l'exposition au bruit en milieu de travail — Méthodologie

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Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular, the different approval criteria needed for the different types of ISO document should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see www.iso.org/directives).

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This document was prepared by Technical Committee ISO/TC 43, *Acoustics*, Subcommittee SC 1, *Noise*, in collaboration with the European Committee for Standardization (CEN) Technical Committee CEN/TC 211, *Acoustics*, in accordance with the Agreement on technical cooperation between ISO and CEN (Vienna Agreement). This second edition cancels and replaces the first edition (ISO 9612:2009), which

has been technically revised.

The main changes are as follows:

- A reshaping of the guidance on measurement of L_{p,A,eqT_m} for the task based strategy (9.3).
- A revision of the measurement plan for the job-based strategy (<u>10.2</u>).
- The addition of Homogenous noise Exposure Groups (HEG) sampling requirements for the full day measurement strategy and the addition of criteria to validate sampling (<u>11.3</u>).
- Some precisions and clarifications on the instrumentation section.
- Some additions to the test report section: number of peak events, $L_{\text{EX.8h.95\%}}$.
- The addition of <u>C.7</u> in <u>Annex C</u>, which gives the formulae to calculate the measurement uncertainty when multiple nominal days are used. An <u>Annex H</u> is also introduced to clarify uncertainty of peak measurements.
- The introduction of a new <u>Annex G</u>.
- The introduction of a new <u>Annex H</u>.
- A full revision of the Excel calculation file attached to this document.

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Introduction

This document provides a stepwise approach to the determination of occupational noise exposure from noise level measurements. The procedure contains the following major steps: work analysis, selection of measurement strategy, measurements, error handling and uncertainty evaluations, calculations, and presentation of results. This document specifies three different measurement strategies: task-based measurement; job-based measurement; and full-day measurement. This document gives guidance on selecting an appropriate measurement strategy for a particular work situation and purpose of investigation. This document also provides an informative spreadsheet to allow calculation of measurement results and uncertainties. ISO is not responsible for errors that shall arise or occur with the use of this spreadsheet.

This document recognizes the use of hand-held sound level meters as well as personal sound exposure meters. The methods specified optimize the effort required for obtaining a given accuracy.

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Acoustics — Determination of occupational noise exposure — Methodology

1 Scope

This document specifies a method for measuring workers' exposure to noise in a working environment and calculating the noise exposure level. This document deals with A-weighted levels but is applicable also to C-weighted levels. Three different strategies for measurement are specified. The method is applicable for detailed noise exposure studies or epidemiological studies of hearing damage or other adverse effects.

The measuring process requires observation and analysis of the noise exposure conditions so that the quality of the measurements can be controlled. This document provides methods for estimating the uncertainty of the results.

This document is not intended for assessment of masking of oral communication or assessment of infrasound, ultrasound and non-auditory effects of noise. It does not apply to the measurement of the noise exposure of the ear when hearing protectors are worn.

Results of the measurements performed in accordance with this document can provide useful information when defining priorities for noise control measures.

2 Normative references ://standards.iteh.ai)

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO 1999, Acoustics — Estimation of noise-induced hearing loss

ISO/IEC Guide 98-3, Uncertainty of measurement — Part 3: Guide to the expression of uncertainty in measurement (GUM:1995)

IEC 60942, Electroacoustics — Sound calibrators

IEC 61252, Electroacoustics — Specifications for personal sound exposure meters

IEC 61672-1, Electroacoustics — Sound level meters — Part 1: Specifications

3 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

ISO and IEC maintain terminology databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at https://www.iso.org/obp
- IEC Electropedia: available at https://www.electropedia.org/

3.1

A-weighted equivalent continuous sound pressure level

$L_{p,A,eqT}$

ten times the logarithm to the base 10 of the ratio of the time average of the square of the A-weighted sound pressure, p_A , during a stated time interval of duration T (starting at t_1 and ending at t_2), to the square of a reference value, p_0 , expressed in decibels

$$L_{p,A,eqT} = 10 \lg \left[\frac{\frac{1}{T} \int_{t_1}^{t_2} p_A^2(t) dt}{p_0^2} \right] dB$$

where the reference sound pressure, p_0 , is 20 µPa

Note 1 to entry: Adapted from ISO/TR 25417:2007^[9].

3.2

A-weighted noise exposure level normalized to an 8 h work day <daily noise exposure level>

 $L_{\rm EX,8h}$

daily noise exposure level, in decibels, given by the formula:

$$L_{\rm EX,8h} = L_{p,A,eqT_{\rm e}} + 10 \, \text{lg} \left[\frac{T_{\rm e}}{T_0} \right] \text{dB}$$

where

$$L_{p,A,eqT}$$
is the A-weighted equivalent continuous sound pressure level for T_e ; T_e is the effective duration, in hours, of the working day; T_0 is the reference duration, $T_0 = 8$ h. $L_{p,A,eqT}$ $L_{p,A,eqT}$

Note 1 to entry: If the effective duration of the working day, T_e , is equal to 8 h, then $L_{EX,8h}$ equals $L_{p,A,eq8h}$.

Note 2 to entry: If the average or normalized exposure over a number of days is desired, the following formula can be used:

$$\overline{L}_{\text{EX,8h}} = 10 \, \text{lg} \left[\frac{1}{X} \sum_{x=1}^{X} 10^{0,1 \cdot L_{\text{EX,8h,x}}} \right] \text{dB}$$

where $L_{\text{EX,8h, }x}$ is the daily noise exposure level for day *x*.

The value of X is chosen according to the purpose of the averaging process. For example, X = 5 leads to a daily noise exposure level normalized to a nominal week of five 8 h working days.

Note 3 to entry: This definition differs from that given in ISO/TR 25417:2007^[9].

3.3

nominal day

working day over which it is chosen to determine the noise exposure

Note 1 to entry: The nominal day is determined from the work analysis and depends on the purpose of the measurements. See also 7.3.

Note 2 to entry: The noise exposure level is normally calculated on a daily basis, but there can be circumstances where the use of weekly or longer noise exposure periods is considered appropriate.

Note 3 to entry: The nominal day can be a synthesized working day that includes fragments of different real working days of a week or of several consecutive weeks.

3.4 C-weighted peak sound pressure level

 $L_{p,Cpeak}$ ten times the logarithm to the base 10 of the ratio of the square of the C-weighted peak sound pressure, p_{Cpeak} , to the square of a reference value, p_0 , expressed in decibels

$$L_{p,\text{Cpeak}} = 10 \lg \frac{p_{\text{Cpeak}}^2}{p_0^2} \, \text{dB}$$

where the reference sound pressure, p_0 is 20 µPa

3.5 task

distinct part of a worker's occupational activity

Note 1 to entry: Figure 1 illustrates the hierarchy of jobs and tasks.

3.6

job

overall occupational activity that is carried out by a worker, consisting of all the tasks performed by the worker during the entire working day or shift

Note 1 to entry: A worker often has a job title that describes his or her job, sometimes complemented with an additional description to ensure clear identification, e.g. "welder - process line A".

Note 2 to entry: Figure 1 illustrates the hierarchy of jobs and tasks.

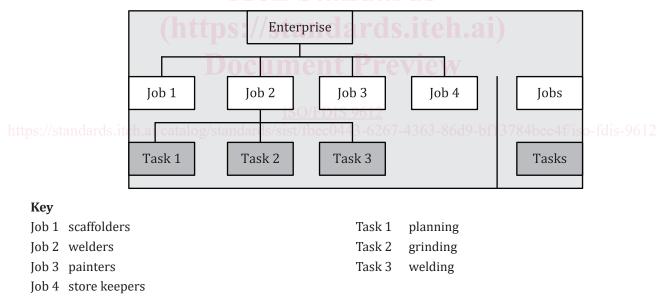


Figure 1 — An example illustrating the hierarchy of jobs and tasks

4 Symbols

Symbol	Description	Unit
C _i	sensitivity coefficient related to each input quantity	
<i>c</i> ₁	sensitivity coefficient associated with job noise level sampling	
<i>c</i> _{1<i>a,m</i>}	sensitivity coefficient associated with noise level sampling of task m	
<i>c</i> _{1<i>b,m</i>}	sensitivity coefficient associated with estimation of duration of task m	
<i>c</i> ₂	sensitivity coefficient associated with measurement instrumentation	

Symbol	Description	Unit
<i>c</i> ₃	sensitivity coefficient associated with microphone position	
i	task sample number	
Ι	total number of task samples	
j	number of observations of task duration	
J	total number of observations of task duration	
k	coverage factor related to a confidence interval	
K_N	denominator as given in <u>C.3.3</u> , Note 2	
$L_{\rm EX,8h}$	A-weighted noise exposure level normalized to a nominal 8 h working day	dB
$\overline{L}_{\mathrm{EX,8h}}$	A-weighted noise exposure level normalized to a nominal 8 h working day averaged over a number of days	dB
L _{EX,8h,95 %}	A-weighted noise exposure level including its associated uncertainty - 95 % level of confidence	dB
	NOTE Statistically, assuming a normal distribution of the noise exposure, 95 % of the workers are exposed at or below this level	
$L_{\mathrm{EX,8h},m}$	A-weighted noise exposure level of task <i>m</i> contributing to the daily noise exposure level	dB
$L_{p,A,eqT}$	A-weighted equivalent continuous sound pressure level over a period T	dB
L_{p,A,eqT_m}	A-weighted equivalent continuous sound pressure level for task m	dB
$L_{p,A,eqT_m,i}$	A-weighted equivalent continuous sound pressure level of sample <i>i</i> for task <i>m</i>	dB
L_{p,A,eqT_n}	A-weighted equivalent continuous sound pressure level of job sample <i>n</i>	dB
L_{p,A,eqT_e}	A-weighted equivalent continuous sound pressure level for the effective duration of the working day	dB
L _{p,Cpeak}	C-weighted peak sound pressure level ent Preview	dB
m	task number	
М	total number of tasks ISO/FDIS 9612	
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N	total number of job/day samples	
n _G	number of workers in a homogenous noise exposure group	
p_0	reference sound pressure; $p_0 = 2 \times 10^{-5}$ Pa	Ра
p_{A}	A-weighted sound pressure	Ра
<i>p</i> _{Cpeak}	C-weighted peak sound pressure	Ра
Q_2	correction for measurement instrumentation	dB
Q_3	correction for microphone position	dB
Q3 T	time period over which an average is taken	h
T_0	reference duration; $T_0 = 8 \text{ h}$	h
T_0 T_e	effective duration of the working day	h
T _e T _m	duration of task m	h
	duration of sample <i>j</i> of task <i>m</i>	h
$T_{m,j}$		
T_n	duration of sample <i>n</i> (job or full-day approaches)	h
U	expanded uncertainty	dB
и	combined standard uncertainty	dB
u _i	standard uncertainty of each input quantity	dB
<i>u</i> ₁	standard uncertainty of the energy average of a number of measurements of A-weight- ed equivalent continuous sound pressure level	dB

Symbol	Description	Unit
u _{1a,m}	standard uncertainty due to noise level sampling of task m	dB
<i>u</i> _{1<i>b</i>,<i>m</i>}	standard uncertainty due to the estimation of duration of task m	h
<i>u</i> ₂	standard uncertainty due to the instrumentation	dB
u _{2,m}	standard uncertainty due to the instrumentation in the task method	dB
<i>u</i> ₃	standard uncertainty due to microphone position	dB
Ū	expanded uncertainty for multiple nominal days	dB
X	day number for multiple nominal days	
X	total number of days for multiple nominal days	

5 Instrumentation

5.1 Sound level meters and personal sound exposure meters

Measurements can be made by using either integrating-averaging sound level meters or personal sound exposure meters.

Sound level meters, including the microphone and associated cables, shall meet the requirements for IEC 61672-1, class 1 or class 2 instrumentation. Class 1 instrumentation is preferred and should be used when measuring at very low temperatures or when the noise is dominated by high frequencies (see also NOTES 2 and 4).

Personal sound exposure meters, including the microphone and cable, shall meet the requirements specified in IEC 61252. Personal sound exposure meters also fulfilling the requirements of IEC 61672-1, class 1, are recommended when measuring at very low temperatures or when the noise is dominated by high frequencies (see also NOTES 2 and 4).

NOTE 1 Personal sound exposure meter is often referred to as "noise dose meter" or "noise dosimeter".

NOTE 2 For IEC 61672-1, class 1 instruments, the specified tolerance limits are applied for the temperature range from -10 °C to +50 °C. For instrumentation in accordance with IEC 61672-1, class 2, and for personal sound exposure meters in accordance with IEC 61252, the influence of variations in the air temperature on the measured signal level is specified over the range from 0 °C to +40 °C. In order to maintain accuracy when performing measurements outside this temperature range, it can be necessary to use an instrument for which the manufacturer specifies compliance for a wider temperature range. Alternatively, a sound level meter in accordance with IEC 61672-1, class 1, can be selected. In cold conditions, the measuring instrument can be kept warm, e.g. under clothing, such that only the microphone is exposed to low temperatures.

NOTE 3 The choice of the instrumentation influences the uncertainty of the measurements.

NOTE 4 For personal sound exposure meters, IEC 61252 allows wide tolerances in the frequency characteristics above 4 000 Hz, which can lead to incorrect measurement of high frequency sound such as that from air nozzles. In order to reduce the uncertainty when measuring noise dominated by high frequencies, it can be necessary to use a measuring instrument for which the manufacturer specifies high frequency characteristics within a narrower tolerance range. Alternatively, a sound level meter specified in accordance with IEC 61672-1, class 1 or 2, can be selected in the following way: Due to the tolerances defined in IEC 61672-1, class 2 sound level meters can be appropriate for measurements up to 8 kHz. Measurements up to 16 kHz can only be performed by using a sound level meter meeting the requirements of class 1. Assessment of airborne sound beyond 16 kHz can produce unreliable results even when using class 1 sound level meters (see also <u>Clause 1</u>).

Personal sound exposure meters can have a cut-off level at around 70 dB. This can influence the value of the measured noise exposure, but only at low exposure levels.

5.2 Calibrator

For class 1 measuring instrument, the sound calibrator shall conform to class 1 specifications of IEC 60942.

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For class 2 measuring instrument, the sound calibrator shall conform to either class 1 or 2 specifications of IEC 60942.

5.3 Periodic verification

The calibration of the sound calibrator and the compliance of the instrumentation system with the requirements of IEC 61672-1, IEC 61252 and other relevant standards shall be verified at intervals in a laboratory making calibrations traceable to appropriate standards.

Unless national regulations dictate otherwise, it is recommended that the sound calibrator and the compliance of the instrumentation system with the requirements of IEC 61672-1 be verified at intervals not exceeding 2 years.

The date for the last periodic verification and the name of the laboratory that performed it shall be recorded and given in the measurement report.

6 Methodology – Chronological steps

6.1 Step 1: Work analysis

The work analysis shall provide sufficient information about the work and the workers under consideration so that an appropriate measurement strategy can be selected and measurements can be planned. Work analysis shall be carried out in accordance with <u>Clause 7</u>.

6.2 Step 2: Selection of the measurement strategy

A measurement strategy shall be selected from task-based measurement, job-based measurement and full-day measurement as specified in <u>Clause 8</u>. More than one measurement strategy can be used, if relevant (see <u>B.6</u>).

6.3 Step 3: Measurements

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The basic measurement quantity shall be $L_{p,A,eqT}$. In addition, $L_{p,C_{peak}}$ shall be measured, if relevant.

The measurements shall follow the chosen strategy as specified in one of <u>Clauses 9</u>, <u>10</u> or <u>11</u> and comply with the requirements of <u>Clause 12</u>.

6.4 Step 4: Error handling and uncertainties

Sources of errors and uncertainties that shall influence the result shall be evaluated in accordance with <u>Clauses 13</u> and <u>14</u>.

6.5 Step 5: Calculation and presentation of results and uncertainty

Calculate $L_{\text{EX,8h}}$ as specified for the selected strategy (see <u>Clauses 9</u>, <u>10</u>, and <u>11</u>) and the uncertainty as specified in <u>Annex C</u>. The results and uncertainties can be calculated by using the spreadsheet in <u>https://standards.iso.org/iso/9612/ed-3/en</u>.

The results shall be presented as specified in <u>Clause 15</u>. <u>Annexes D</u>, <u>E</u> and <u>F</u> provide practical examples for the task-based, job-based, and full-day measurements, respectively.