



Designation: **D6178 – 97 (Reapproved 2008) D6178 – 14**

Standard Practice for Estimation of Short-term Inhalation Exposure to Volatile Organic Chemicals Emitted from Bedding Sets¹

This standard is issued under the fixed designation D6178; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (ϵ) indicates an editorial change since the last revision or reapproval.

1. Scope

1.1 This practice covers the procedures for estimation of short-term human inhalation exposure to volatile organic chemicals (VOCs) emitted from bedding sets when a new bedding set is first brought into a house.

1.2 The estimated exposure is based on an estimated emission profile of VOCs from bedding sets.

1.3 The VOC emission from bedding sets, as in the case of other household furnishings, usually are highest when the products are new. Procedures described in this practice also are applicable to used bedding sets.

1.4 Exposure to airborne VOC emissions in a residence is estimated for a household member, based on location and activity patterns.

1.5 The estimated exposure may be used for characterization of health risks that could result from short-term exposures to VOC emissions.

1.6 The values stated in SI units are to be regarded as standard. No other units of measurement are included in this standard.

1.7 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to its use.*

2. Referenced Documents

2.1 *ASTM Standards:*²

[D1356 Terminology Relating to Sampling and Analysis of Atmospheres](#)

[D5116 Guide for Small-Scale Environmental Chamber Determinations of Organic Emissions from Indoor Materials/Products](#)

[D5157 Guide for Statistical Evaluation of Indoor Air Quality Models](#)

[D6177 Practice for Determining Emission Profiles of Volatile Organic Chemicals Emitted from Bedding Sets](#) ~~16178-14~~

[D6670 Practice for Full-Scale Chamber Determination of Volatile Organic Emissions from Indoor Materials/Products](#)

3. Terminology

3.1 *Definitions*—For definitions and terms used in this practice, refer to Terminology [D1356](#).

3.2 *Definitions of Terms Specific to This Standard:*

3.2.1 *air change rate, n*—the volume of outdoor air that enters the indoor environment in one hour, divided by the volume of the indoor space.

3.2.2 *bedding set, n*—an ensemble that includes a mattress for sleeping and a supporting box spring.

3.2.3 *emission profile, n*—a time-series of emission rates of one or more compounds.

3.2.4 *exposure scenario, n*—a description of how and where an estimated exposure occurs, including (1) the location and emission profile of the product or material that causes exposure, (2) the indoor environment where the individual is exposed to airborne emissions from the product or material, and (3) the location and activity patterns of the exposed individual.

¹ This practice is under the jurisdiction of ASTM Committee [D22](#) on Air Quality and is the direct responsibility of Subcommittee [D22.05](#) on Indoor Air. Current edition approved April 1, 2008; Oct. 15, 2014. Published July 2008; November 2014. Originally approved in 1997. Last previous edition approved in 2003 as [D6178 – 97](#)/[D6178 – 97](#) (2008). (2003). DOI: [10.1520/D6178-97R08](#); [10.1520/D6178-14](#).

² For referenced ASTM standards, visit the ASTM website, [www.astm.org](#), or contact ASTM Customer Service at [service@astm.org](#). For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

3.2.5 *potential inhaled dose, n*—the product of air concentration to which an individual is exposed times breathing rate times duration of exposure.

3.2.5.1 *Discussion*—

The potential inhaled dose is different from the dose actually absorbed by a target organ.

3.2.6 *short-term exposure, n*—an exposure of one week or less in duration.

3.2.7 *volatile organic chemical, n*—an organic compound with saturation vapor pressure greater than 10^{-2} kPa at 25°C.

4. Summary of Practice

4.1 This practice describes procedures for estimation of inhalation exposure to VOCs emitted from new bedding sets (~~“Assessment of Potential Health Risks Resulting from Chemical Emissions from New Bedding Sets,” Project 2797, Prepared for Sleep Products Safety Council, Versar, Inc., Springfield, VA, July 1995,(1).~~)³. The estimation of exposure is based on the emission profiles for a bedding set, the environmental conditions in a residence where the bedding set is being used, and the location and activity patterns of an exposed individual. Emission profiles are derived from environmental chamber emission tests (~~Research Triangle Institute, “Final Report Performance of Testing in Support of Research by the SPSC Indoor Air Quality Task Force,” RTI/5736/00-02RFR, Research Triangle Park, NC, September 1995.~~) (see Practice D6670, Guide D5116, and Practice D6177).

4.2 Estimation of exposure involves development of exposure scenarios, modeling of indoor-air concentrations, and selection and calculation of exposure measures.

5. Significance and Use

5.1 The objective of this practice is to provide procedures for estimation of human inhalation exposure to VOCs emitted from bedding sets. The estimated inhalation exposure can be used as an input to characterization of health risks from short-term VOC exposures.

5.2 The results of exposure estimation for specific raw materials and components, or processes used in manufacturing different bedding sets, can be used to compare their relative impacts on exposures.

6. Procedures for Exposure Estimation

6.1 The procedures for exposure estimation include development of exposure scenarios, modeling of indoor-air concentrations, selection and calculation of exposure measures, and model evaluation.

6.2 *Development of Exposure Scenarios:*

6.2.1 An exposure scenario describes how and where exposure occurs. In specifying the exposure scenario(s), include a description of (1) the emitting product or material, in terms of its age, emission profile, and location, (2) the indoor environment where exposure occurs, and (3) the location and activity patterns of an exposed individual.

6.2.2 *Emitting Product or Material*—For this practice, the emitting product is a bedding set. Specify the assumed age, emission profile, indoor location, and size of the bedding set of interest.

6.2.2.1 For a conservative estimate of exposure, assume that the bedding set has just been purchased and the wrapper is not removed until it is placed in the residence.

6.2.2.2 Estimate the emission profile using adjusted chamber air concentrations (Practice D6177).

6.2.2.3 The indoor location for the bedding set is assumed to be a bedroom.

6.2.2.4 Select a size of bedding set that is appropriate for the size of the bedroom.

6.2.3 *Indoor Environment:*

6.2.3.1 Conceptualize the indoor environment as consisting of the following three zones: (1) the immediate vicinity of the bedding set; (2) the remainder of the bedroom in which the bedding set is located; and (3) the remainder of the house. Specify a volume for the entire residence and for each of the zones. For a typical volume of the total residence, use the average value (369(492 m³)) listed in the *Exposure Factors Handbook*-(12). For a conservative value of the residential volume, use one of the 10th percentile values (147 value (154 m³ or 167 m²)) listed in the *Exposure Factors Handbook*. See X1.1 for example calculations to determine the volumes for the bedroom and the vicinity of the bedding set.

6.2.3.2 To simplify calculations, the indoor environment can be considered as consisting of just two zones, the bedroom and the remainder of the house. Such calculations would result in less realistic yet useful estimates for screening purposes.

6.2.4 *Location and Activity Patterns*—Specify the locations of an exposed individual throughout a 24-h (or longer) period in relation to the two or three indoor zones previously described 6.2.3.1. Also specify the time spent outside the house, during which the individual is assumed not to be exposed to chemical emissions from the bedding set. See X1.2 for examples of location and activity patterns.

³ The boldface numbers in parentheses refer to the list of references at the end of the standard.