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## Standard Guide for Characteristics for Extremity Splints<sup>1</sup>

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### INTRODUCTION

The objective of this guide is to begin to address the recognized need to support and immobilize the injured extremity. Although this guide does not quantitatively address performance standards for this device, it does address the characteristics of the device(s) used to provide support and immobilization of the extremities in a patient suspected of receiving trauma to that portion of the body.

### 1. Scope

1.1 This guide covers minimum standards for devices, designated here as extremity splint(s) (ES), commonly known as splints. Extremity splints are designed to be used for the immobilization of an extremity by emergency medical service personnel.

1.2 This guide does not identify specific degrees of limitation of motion achieved by placement of an extrication device (ED) on a patient. Definitive requirements for immobilization of extremities in the out of hospital environment, and, in particular, the degree of limitation associated with the use of an ED in the out of hospital setting, have not been established in the medical literature.

1.3 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

### 2. Referenced Documents

2.1 *ASTM Standards:*<sup>2</sup>

**F1177 Terminology Relating to Emergency Medical Services**

<sup>1</sup> This guide is under the jurisdiction of ASTM Committee F30 on Emergency Medical Services and is the direct responsibility of Subcommittee F30.01 on EMS Equipment.

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<sup>2</sup> For referenced ASTM standards, visit the ASTM website, [www.astm.org](http://www.astm.org), or contact ASTM Customer Service at [service@astm.org](mailto:service@astm.org). For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

2.2 *Centers for Disease Control Standard:*

**Guidelines for Prevention of Transmission of HIV and HBV to Healthcare and Public Safety Workers**<sup>3</sup>

2.3 *OSHA Standard:*

**29 CFR 1910.1030 Occupational Exposure to Bloodborne Pathogens; Final Rule**<sup>4</sup>

### 3. Terminology

3.1 *Definitions:*

3.1.1 *extremity(ies)*—limb; arm or leg.

3.1.2 *extremity immobilization*—immobilization of the injury site and its contiguous proximal and distal joints or bones.

3.1.3 *retention system*—a retention system is an adjunct to, or an integral part of a device that allows the device to be securely attached to the patient, used in whatever configuration and size necessary to accomplish the goal, while still allowing reasonable and necessary access to the patient.

3.2 *Definitions of Terms Specific to This Standard:*

3.2.1 *directions of movement*—movements include flexion, extension, rotation, distraction, lateral motion, and axial compression motion.

3.2.2 *extremity splint*—a device that can be secured to the extremity that will maintain the position and limit motion of the extremity.

3.2.3 *immobilization*—limitation of motion.

3.2.4 *pneumatic devices*—devices utilizing air pressure or vacuum to limit the motion of an extremity.

<sup>3</sup> Available from Centers for Disease Control & Prevention (CDC), 1600 Clifton Rd., Atlanta, GA 30333, <http://www.cdc.gov>.

<sup>4</sup> Available from Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402.