



Designation: **E132–04 (Reapproved 2010) E132 – 17**

Standard Test Method for Poisson's Ratio at Room Temperature¹

This standard is issued under the fixed designation E132; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (ϵ) indicates an editorial change since the last revision or reapproval.

This standard has been approved for use by agencies of the U.S. Department of Defense.

1. Scope

1.1 This test method covers the determination of Poisson's ratio from tension tests of structural materials at room temperature. This test method is limited to specimens of rectangular section and to materials in which and stresses at which creep is negligible compared to the strain produced immediately upon loading.

1.2 The values stated in inch-pound units are to be regarded as standard. The values given in parentheses are mathematical conversions to SI units that are provided for information only and are not considered standard.

1.3 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use.*

1.4 *This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.*

2. Referenced Documents

2.1 *ASTM Standards:*²

[E4 Practices for Force Verification of Testing Machines](#)

[E6 Terminology Relating to Methods of Mechanical Testing](#)

[E177 Practice for Use of the Terms Precision and Bias in ASTM Test Methods](#)

[E8 Test Methods for Tension Testing of Metallic Materials](#)

[E83 Practice for Verification and Classification of Extensometer Systems](#)

[E111 Test Method for Young's Modulus, Tangent Modulus, and Chord Modulus](#)

[E1012 Practice for Verification of Testing Frame and Specimen Alignment Under Tensile and Compressive Axial Force Application](#)

3. Terminology

3.1 *Definitions:* Terms common to mechanical testing.

3.1.1 The definitions of mechanical testing terms that appear in Terminology [E6](#) apply to this test method. These terms include extensometer and stress-strain diagram.

3.1.2 In addition, the following common terms that appear in Terminology [E6](#) apply to this test method.

3.1.3 The terms accuracy, bias, and precision are used as defined in [E177](#).

3.1.4 *axial strain, n* —linear strain in a plane parallel to the longitudinal axis of the specimen.

3.1.5 *Poisson's ratio—ratio, μ , n* —the negative of the ratio of transverse strain to the corresponding axial strain resulting from an axial stress below the proportional limit of the material.

¹ This test method is under the jurisdiction of ASTM Committee [E28](#) on Mechanical Testing and is the direct responsibility of Subcommittee [E28.04](#) on Uniaxial Testing. Current edition approved Sept. 1, 2010; July 15, 2017. Published November 2010; September 2017. Originally approved in 1958. Last previous edition approved in 2004 as [E132–04](#); [E132–04\(2010\)](#). DOI: [10.1520/E0132-04R10](#); [10.1520/E0132-17](#).

² For referenced ASTM standards, visit the ASTM website, [www.astm.org](#), or contact ASTM Customer Service at [service@astm.org](#). For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

3.1.5.1 *Discussion*—

Poisson's ratio may be negative for some materials. For example, a tensile transverse strain will result from a tensile axial strain.

3.1.5.2 Discussion—

Poisson's ratio will have more than one value if the material is not isotropic.

3.1.6 Discussion—*proportional limit, $[FL^{-2}]$, n* —Above the proportional limit, the ratio of transverse strain to axial strain will depend on the average stress and on the stress range for which it is measured and, hence, should not be regarded as Poisson's ratio. If this ratio is reported, nevertheless, as a value of "Poisson's ratio" for stresses beyond the proportional limit, the range of stress should be stated: the greatest stress that a material is capable of sustaining without any deviation from proportionality of stress to strain (Hooke's Law).

3.1.6.1 Discussion—

Many experiments have shown that values observed for the proportional limit vary greatly with the sensitivity and accuracy of the testing equipment, eccentricity of loading, the scale to which the stress-strain diagram is plotted, and other factors. When determination of the proportional limit is required, the procedure and the sensitivity of the test equipment should be specified.

3.1.7 Discussion—*transverse strain, ϵ_p , n* —Poisson's ratio will have more than one value if the material is not isotropic. Deviations from isotropy should be suspected if the Poisson's ratio, μ , determined by the method described below differs significantly from that determined when the ratio linear strain in a plane perpendicular to E/G of Young's modulus, E , to shear modulus, G , is substituted in the following equation: the axis of

$$\mu = (E/2G) - 1 \quad (1)$$

the specimen.

where E and G must be measured with greater precision than the precision desired in the measurement of μ .

3.1.7.1 Discussion—

Transverse strain may differ with direction in anisotropic materials.

3.2 Definitions of Terms Specific to This Standard:

3.2.1 *longitudinal strain, ϵ_p , n* —the strain in the direction of the major axis of the specimen and parallel to the direction of the applied uniaxial force.

4. Significance and Use

4.1 When uniaxial force is applied to a solid, it deforms in the direction of the applied force, but also expands or contracts laterally depending on whether the force is tensile or compressive. If the solid is homogeneous and isotropic, and the material remains elastic under the action of the applied force, the lateral strain bears a constant relationship to the axial strain. This constant, called Poisson's ratio, is an intrinsic material property just like Young's modulus and Shear modulus.

4.2 Poisson's ratio is used for design of structures where all dimensional changes resulting from application of force need to be taken into account, and in the application of the generalized theory of elasticity to structural analysis.

4.3 In this test method, the value of Poisson's ratio is obtained from strains resulting from uniaxial stress only.

4.4 Above the proportional limit, the ratio of transverse strain to axial strain will depend on the average stress and on the stress range for which it is measured and, hence, should not be regarded as Poisson's ratio. If this ratio is reported, nevertheless, as a value of "Poisson's ratio" for stresses below the proportional limit, the range of stress should be reported.

4.5 Deviations from isotropy should be suspected if the Poisson's ratio, μ , determined by the method described below differs significantly from that determined when the ratio E/G of Young's modulus, E , to shear modulus, G , is substituted in the following equation:

$$\mu = (E/2G) - 1 \quad (1)$$

where E and G must be measured with greater precision than the precision desired in the measurement of μ .

4.6 The accuracy of the determination of Poisson's ratio is usually limited by the accuracy of the transverse strain measurements because the percentage errors in these measurements are usually greater than in the axial strain measurements. Since a ratio rather than an absolute quantity is measured, it is only necessary to know accurately the relative value of the calibration factors of the extensometers. Also, in general, the values of the applied forces need not be accurately known. It is frequently expedient to make the determination of Poisson's ratio concurrently with determinations of Young's modulus and the proportional limit.