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# Standard Practice for Evaluating Foreign Odors in <u>and/or Flavors from</u> Paper Packaging<sup>1</sup>

This standard is issued under the fixed designation E619; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon ( $\varepsilon$ ) indicates an editorial change since the last revision or reapproval.

This standard has been approved for use by agencies of the U.S. Department of Defense.

## 1. Scope

1.1 This practice covers the evaluation of odors in paper packaging and establishes smelling and testing procedures for trained sensory panels.

1.2 This practice covers the evaluation of odors and flavors transferred to various food media from paper packaging.

1.3 This practice covers effective techniques for determining the type and source of the <u>odorodor/flavor</u> and establishing the severity of <u>contamination.the off-note</u>.

1.4 The techniques used in this practice are applicable to all paper packaging products and to auxiliary components, such as coatings, inks, and adhesives, as well as plastic materials used in conjunction with paper.

1.5 The values stated in SI units are to be regarded as standard. No other units of measurement are included in this standard.

1.6 This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety safety health, and health environmental practices and determine the applicability of regulatory limitations prior to use.

<u>1.7 This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.</u>

#### 2. Summary of Practice

2.1 Under the leadershipguidance of the test supervisor, panel leader, qualified and trained subjects assessors individually examine sample specimens by one or more of the test procedures described in this practice. Subjects Assessors judge the intensity of a perceived off-odor off-notes in terms of a numerical rating scale and also attempt to give a qualitative description of the taint. off-odor and/or off flavor. The assembled observations are then interpreted by the supervisor. panel leader.

## 3. Significance and Use

3.1 *Use*—This practice should be used by panelists, assessors, trained as described in ASTM STP 758,<sup>2</sup> under the direction of a knowledgeable supervisor.panel leader.

3.2 *Significance*—This practice can be used to evaluate <u>type and intensity of</u> indigenous and foreign odors <u>and/or flavors</u> in paper packaging <u>materials as to type and intensity</u>. A knowledgeable supervisor <u>materials</u>. A knowledgeable panel leader may be able to determine the source of a foreign <u>odorodor/flavor</u> from the information obtained from this procedure.

#### 4. Sensory Test Panel Selection and Training

4.1 General—Sensory panel selection and training are described in STP 758 and in references therein.

4.2 Size—The test panel on a specific odor and/or flavor problem should consist of at least five members and should render a minimum total of ten judgments per sample. A maximum of twelve subjects may be used, if available. (5) members. When possible, the subjects assessors should be drawn from a larger pool of qualified panelists.assessors.

<sup>&</sup>lt;sup>1</sup>This practice is under the jurisdiction of ASTM Committee E18 on Sensory Evaluation and is the direct responsibility of Subcommittee E18.05 on Sensory Applications--General.

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<sup>&</sup>lt;sup>2</sup> Guidelines for the Selection and Training of Sensory Evaluation Panels, ASTM STP 758, ASTM, 1981.



4.3 Selection—The important criteria in panel selection are: (*a*) normal ability to detect and identify odors and flavors; (*b*) ability to discriminate differences, and reproduce results; and (*c*) interest in the testing work for which the panelistsassessors are to be trained. Usually a suitable panel can be recruited from available employees unless their number is limited. It is helpful if panel members have a scientific background, with some knowledge of chemistry or food technology; however, this should not be a criterion for selection. Nontechnical personnel have often proved to be excellent panel members after appropriate training. No willing and available person should be excluded from consideration. Panel members should be requalified periodically.

### 5. Testing Facilities and Apparatus

5.1 General—Appropriate physical conditions for sensory panel operations are described in STP 434.MNL 26<sup>3</sup>

5.2 *Testing Room*—Detection of low levels of odor requires a working space in which individual members of the panel can concentrate on the task. The room should be comfortable as to temperature, humidity, and noise, and relatively free of laboratory industrial odors. If ambient odor levels are too high, testing of the samples must be transferred to another location. Interruptions and other distracting influences should be avoided.

5.3 Sample Containers—Clean, dry, closed, odor-free containers of appropriate sizes are needed for storing samples and for confining specimens to develop maximum odor intensity or to test for taste transfer. <u>maintain sample integrity</u>. Laboratory glassware, capped glass jars, and glass battery jars with plate glass <del>lids</del> lids, and aluminum foil are suitable for this purpose. Rubber gaskets or stoppers should not be used. Closures should provide adequate protection and contribute no odors of their own. Samples for storage may be wrapped directly in clean, low-odor, aluminum foil.

#### 6. Materials

6.1 *Water*—Moistening of material to intensify odors or to develop potential odors is frequently necessary. Tap water may be used provided it is free of a chlorine smell or other residual odor. Bottled spring water or distilled water are suitable alternatives, if odorless. The water, whether distilled, bottled, or tap, should be smelled and tasted before use to assure it does not impart additional odor or flavor. When necessary, water may be further purified by filtering through charcoal. In any case, the water should be smelled and tasted before use to assure its suitability.

6.2 *Fatty Materials*—Various materials containing oil or fat may be used to pick up certain types of odors in transfer tests such as those described in 7.4. Mineral oil (odorless), cream, butter, and milk chocolate are recommended.

6.3 Standard Samples—It is good practice to include reference materials if available. <u>materials</u>. Commercially produced packaging material representing either satisfactory or levels of odor and/or flavor, maximum permissible levels of odor are suitable. <u>and/or flavor</u>, or a currently used product are suitable to use as a control/reference. However, maintenance of such standards is usually difficult, since age and storage conditions may drastically alter odor properties. As part of quality control practices, a schedule should be established for acquiring and discarding standard samples; when appropriate, this schedule should be accepted in advance by both manufacturer and purchaser. (When a product normally contains traces of specific solvents, gas chromatographic analysis is often used to help in selecting standards of uniform quality.)

## 7. Methods for Preparing Test Specimens for Examination

7.1 *General*—A single method will not suffice for the preparation of test specimens because of the wide range of materials that may be tested and the many types of odorsodors/flavors that may be present. The more common methods are described in this section. Each laboratory should select and standardize the particular preparation procedures that seem best for specific products with which it is concerned.

7.2 *Methods that Utilize Direct Examination*—There are two categories of direct testing methods: immediate examination without prior confinement and examination after samples have been confined appropriately in a closed container to enhance odor intensity.

7.2.1 *Direct Examination Without Confinement*—This approach is usual in the preliminary investigation of an odor problem. Testing may be done by one or two experienced persons rather than a full sensory panel. Typical useful techniques are as follows:

7.2.1.1 *Examining Single Sheets*—Crumple one or more individual sheets of the sample into a loose ball, then partially open and sniff immediately while holding up to the face. To sample a large roll, cut or tear a conveniently sized representative specimen and test in the same way.

7.2.1.2 *Examining Stacks of Sheets*—Riffle a stack of sheets to expose many fresh surfaces in rapid succession, while simultaneously sniffing at the edge of the stack.

7.2.1.3 *Examining Samples in Bundles*—When a stack or bundle of sample sheets is received appropriately wrapped in aluminum foil, open one end temporarily and sniff while gently squeezing and releasing the package to expel puffs of air.

7.2.1.4 *Opening Fresh Surfaces*—Valuable information about the origin and severity of an odor contamination can often be obtained by exposing fresh surfaces at the instant of smelling. For example, coated paper board and corrugated sheets can be torn

<sup>&</sup>lt;sup>3</sup> Manual on ASTM Manual 26 MNL26 – 26 2ND, Sensory Testing Methods, Methods: ASTM STP 434, Second Edition, ASTM, 1968.



apart into two layers from a corner or edge; several layers may be separated sequentially from more complex laminar constructions; wax can be scraped with a knife; or glued joints can be broken open.

7.2.2 *Direct Examination After Confinement*—The following confinement methods have been used successfully in preparing paper packaging materials for odor examination:

7.2.2.1 Confining in Glass Pint or Quart Jars—Confine the sample in the glass jar, with foil or polytetrafluoroethylene (PTFE) lined lid, for a standardized period (16 to 24 h) at room temperature (20 to 25°C) or for appropriate periods at 38°C in special situations like those indicated inelevated temperature at 40 or 60°C. Refer to Table 1. Alternatively, heat for 1 h at 52°C, cool, and test immediately. (end of document). Restrict specimen size so as to maintain a minimum of 25 % head space in a jar. Normally, prepare a separate jar for each panelist.assessor. (If the amount of sample is limited, the same jar may be smelled twice, provided 1 h or more is allowed in-between for recovery.) after waiting a minimum of 1 h without opening the jar, in order to allow the headspace to equilibrate.)

7.2.2.2 *Confining in Covered Glass Battery Jars*—Store in battery jars (or similar large containers) for a standardized period (16 to 24 h) at room temperature (20 to 25°C). Use a sample of appropriate size. Prepare one jar per sample; this will normally suffice for the whole panel.

7.3 *Methods That Involve Moistening of Samples*—Water brings out some types of odors. The following techniques may be used, and are particularly appropriate for products that normally may be subjected to moisture (see 5.1 for water quality):

7.3.1 Examination After <u>Dampening</u><u>Moistening</u><u>Sprinkle the sample lightly with water</u>, <u>Put a measured amount of water on</u> the sample to dampen, and smell immediately or after confining for a standardized brief period (30 min to 2 h) at room temperature (20 to 25°C) or at 38°C: at room temperature (20 to 25°C) or elevated temperature (40 to 60°C) for a standardized period (16 to 24 h).

| Packaging Material                                    | Type of Odor   | Recommended Sample Preparation Methods                        |                             |                                    |                                    |   |                      |                         |        |       |                   |                               |
|---|--|---|-----------------------------|------------------------------------|------------------------------------|---|----------------------|-------------------------|--------|-------|-------------------|-------------------------------|
|   |  | Odor Direct   |                             | Odor Moistening                    |                                    |   |                      | Odor or Flavor Transfer |        |       |                   |                               |
|   |  | No<br>Confinement   |                             | Sprinkling<br>After<br>Confinement | Dam <del>Se</del><br>with<br>water | <del>aring</del> Store<br>over<br>Water | Water                | Mineral<br>Oil          | Butter | Cream | Milk<br>Chocolate | Relevan<br>Package<br>Product |
| Paper and board                                       | Inherent kraft   | ×   | ×                           | ×                                  | *                                  |   | 1.4                  | IJ                      |        |       |                   |                               |
| Paper and board                                       | Inherent Kraft<br>Musty or moldy<br>(groundwood,<br>old news, waste)         | D <b>ě</b> cu:  | n <sup>×</sup> e            | ×<br>× <sup>A</sup> P              | rëv                                |   |                      |                         |        |       |                   |                               |
|   | Musty or Moldy (ground<br>wood,  | x   | <u>×</u>                    | <u>x</u>                           | <u>x</u> ^                         |   |                      |                         |        |       |                   |                               |
|   | old news paper, waste)<br>Chlorinated phenol (additive<br>for slime control) | tand <sup>x</sup> rds/sis                                     | <u>AS 1</u><br>st/8eb       |                                    |                                    |   |                      |                         |        |       |                   |                               |
|   | Sour (decomposed starch)   | ×   | ×                           | ×                                  | ×                                  |   |                      |                         |        |       |                   |                               |
|   | Sour (decomposed starch)   | x   | x                           | x                                  |                                    |   |                      |                         |        |       |                   |                               |
| Paper, coated   | Volatile additives (casein decomposition)                                    | ×   | ×                           |                                    |                                    |   |                      |                         |        |       |                   |                               |
|   |  | Volatile<br>additives<br>(casein<br>decomposition)            | x                           | <u>x</u> <sup>B</sup>              |                                    |   | <u>x<sup>B</sup></u> |                         |        |       |                   | X                             |
| Board, waxed or<br>polyethylene-coated                |  | <del>Waxy,</del><br><del>oxidized</del><br><del>(burnt)</del> |                             | ×                                  |                                    |   | ×                    | ×                       | ×      | ×     | ×                 |                               |
|   |  | polyethylene  |                             |                                    |                                    |   |                      |                         |        |       |                   |                               |
| Waxy, oxidized (burnt)<br>polyethylene                |  | <u>x</u> <sup>B</sup>   |                             |                                    | <u>x</u> <sup>B</sup>              | x                                       | x                    | x                       | x      | x     |                   |                               |
| Glassine, coated                                      | Inherent in coating; solvent,<br>plasticizer                                 |   | x <sup>B</sup>              |                                    |                                    | х                                       | x                    |                         |        | х     | х                 |                               |
| nk and varnish  | Oxidizing oils, solvent,<br>plasticizer                                      | х   | х                           | х                                  |                                    | x                                       | x                    |                         | х      |       | х                 |                               |
| Adhesive joints (after                                | Solvents, sour starch, added   | ×   | - <del>x</del> <sup>C</sup> |                                    |                                    |   |                      | ×                       |        |       |                   |                               |
| thorough drying)                                      |  |   | C                           |                                    |                                    | ×                                       |                      | x                       |        |       | v                 |                               |
| thorough drying)<br>Adhesive joints (after<br>drying) | Solvents, sour starch, added   | x   | <u>x</u> <sup>C</sup>       |                                    |                                    | x                                       |                      | <u>^</u>                |        |       | x                 |                               |

TABLE 1 Recommended Sample Preparation Methods for Examiningto Examine Common Paper Packaging OdorsOff-Notes

<sup>*A*</sup>-44 h at <del>38°C.</del>40 or 60°C.

<sup>B</sup>-1616 to 24 h at 38°C.40 or 60°C.

<sup>C</sup> Fresh and after 16 to 24 h at <del>38°C.</del>40 or 60°C.

<sup>D</sup> Fresh shavings at room temperature in small containers.

<sup>E</sup> Confined with cheese, for example.