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Measurement of radioactivity in the environment — Guidelines for effective dose assessment using environmental monitoring data —

Part 1: Planned and existing exposure situation

Mesurage de la radioactivité dans l'environnement — Lignes directrices pour l'évaluation de la dose efficace à l'aide de données de surveillance environnementale —

Partie 1: Situation d'exposition existante et planifiée

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Foreword

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This document was prepared by Technical Committee ISO/TC 85, *Nuclear energy, nuclear technologies, and radiological protection*, Subcommittee SC 2, *Radiological protection*.

A list of all the parts in the ISO 20043 series can be found on the ISO website.

Any feedback or questions on this document should be directed to the user's national standards body. A complete listing of these bodies can be found at www.iso.org/members.html.

Introduction

Everyone is exposed to natural radiation. The natural sources of radiation are cosmic rays and naturally occurring radioactive substances existing in the Earth itself and inside the human body. Human activities involving the use of radiation and radioactive substances (NORM) cause radiation exposure in addition to the natural exposure. Some of those activities, such as the mining and use of ores containing naturally-occurring radioactive substances and the production of energy by burning coal that contains such substances, simply enhance the exposure from natural radiation sources. Nuclear installations use radioactive materials and produce radioactive effluent and waste during operation and on their decommissioning. The use of radioactive materials in industry, agriculture and research is expanding around the globe.

All these human activities generally also give rise to radiation exposures that are only a small fraction of the global average level of natural exposure. The medical use of radiation is the largest and a growing man-made source of radiation exposure in developed countries. It includes diagnostic radiology, radiotherapy, nuclear medicine and interventional radiology.

Radiation exposure also occurs as a result of occupational activities. It is incurred by workers in industry, medicine and research using radiation or radioactive substances, as well as by passengers and crew during air travel and for astronauts. The average level of occupational exposures is generally similar to the global average level of natural radiation exposure[1].

As the uses of radiation increase, so do the potential health risks and the public's concerns increase. Thus, all these exposures are regularly assessed in order to

a) improve the understanding of global levels and temporal trends of public and worker exposure,

b) evaluate the components of exposure so as to provide a measure of their relative importance, and

c) identify emerging issues that may warrant more attention and scrutiny. While doses to workers are usually directly measured, doses to the public are usually assessed by indirect methods using radioactivity measurement results performed on various sources: waste, effluent and/or environmental samples.

To ensure that the data obtained from radioactivity monitoring programs support their intended use, it is essential in the dose assessment process that stakeholders (the operators, the regulatory bodies, the local information committee and associations, etc.) agree on appropriate data quality objectives, methods and procedures for: the sampling, handling, transport, storage and preparation of test samples; the test method; and for calculating measurement uncertainty. An assessment of the overall measurement uncertainty also needs to be carried out systematically. As reliable, comparable and 'fit for purpose' data are an essential requirement for any public health decision based on radioactivity measurements, international standards of tested and validated radionuclide test methods are an important tool for the production of such measurement results. The application of standards serves also to guaranty comparability over time of the test results and between different testing laboratories. Laboratories apply them to demonstrate their technical competences and to complete proficiency tests successfully during interlaboratory comparisons, two prerequisites to obtain national accreditation.

Today, over a hundred international standards, prepared by Technical Committees of the International Organization for Standardization, including those produced by ISO/TC 85 working groups, and the International Electrotechnical Commission, are available for measuring radionuclides in different matrices by testing laboratories.

Generic standards help laboratories to manage the measurement process and specific standards describing test methods are used specifically by those in charge of radioactivity measurement. These later cover test methods for:

— Natural radionuclides, including ^{40}K, ^{3}H, ^{14}C and those originating from the thorium and uranium decay series, in particular ^{226}Ra, ^{228}Ra, ^{234}U, ^{238}U, ^{220}Rn, ^{222}Rn, ^{210}Pb, which can be found in every material from natural sources or can be released from technological processes involving naturally