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**Respiratory protective devices —  
Human factors —**

Part 4:  
**Work of breathing and breathing  
resistance: Physiologically based limits**

*Appareils de protection respiratoire — Facteurs humains —*

*Partie 4: Travail de respiration et de résistance à la respiration:  
limites physiologiques*

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## Foreword

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This document was prepared by Technical Committee ISO/TC 94, *Personal safety — Personal protective equipment*, Subcommittee SC 15, *Respiratory protective devices*.

This second edition cancels and replaces the first edition (ISO/TS 16976-4:2012), which has been technically revised. The main changes compared to the previous edition are as follows:

- a) adjustment of key-points in [Figures 3, 4](#) and [7](#) to correspond with the 50 %-reference line;
- b) adjustment of keys in [Figures 3, 4, 7](#) and [8](#);
- c) adjustment of [Figures 3, 4](#) and [6](#);
- d) clarification on flow resistance and elastic load given in [7.4](#).

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