Technical Specification

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Traditional Chinese medicine — Chuzhen instruments

Médecine traditionnelle chinoise — Instruments Chuzhen

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Foreword

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Introduction

Non-invasive meridian and acupoint stimulators are essential external instruments of traditional Chinese medicine, with a rich historical background, diverse typology, and a thriving global market.

As a commonly utilized non-invasive meridian and acupoint stimulation instrument, the Chuzhen instrument stimulates acupoints, meridians, muscles and fascia through manipulations such as tapping, pressing, scraping, and rotating to prevent and treat diseases. Currently, it has been used in Germany, the Netherlands, France, China, Malaysia, South Africa and other countries.

The safety and quality of Chuzhen instruments are closely linked to the safety and efficacy of Chuzhen therapy. Currently, there is a wide variety of Chuzhen instruments available on the market, presenting issues such as excessive sharpness at the tip, high surface roughness, and immature structural design. However, there is no standardized guidance for their manufacturing and processing. This lack of standardization poses potential safety risks and raises concerns among operators and consumers. Standardizing Chuzhen instruments enhances their safety and quality, and promotes more scientific, safe, and effective global use of Chuzhen instruments.